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R U L E S
FIS Continental Cup Nordic Combined
2009-2010

Legend: COC-NC = Continental Cup Nordic Combined

- 1. Calendar Planning and Entry and Appointment of the Competitions**
 - 1.1 Continental Cup Nordic Combined**
 - 1.1.1 Each National Ski Association is entitled to apply to the Committee for Nordic Combined for COC-NC competitions by the pre-established deadline.
 - 1.1.2 The application has to be made two years in advance and on the official FIS entry form.
 - 1.1.3 Only one COC-NC competition can be carried out on the same date.
 - 1.1.4 The last COC-NC event in a competition season is carried out as the COC-NC final. In connection with the COC-NC final the overall COC-NC prize-giving ceremony will take place.
 - 1.2 Appointment of the COC-NC events**
 - 1.2.1 The Committee for Nordic Combined examines:
 - the suitability of the hill/course in question for COC-NC competitions by means of the valid hill/course certificate;
 - the accommodation capacity and the spectator appeal of the competition site;
 - the standard of the race organisation.

1.2.2 According to the result of this evaluation and the proposed dates the Committee for Nordic Combined establishes a provisional COC-NC competition schedule for the upcoming two years. The final COC-NC competition calendar for the current season requires the approval of the FIS Council.

1.3 Cancellations

In the event that the selected competition site cannot be used, the respective National Ski Association must cancel the event(s) and this must be done at latest eight (8) days before the competition

2. Participation Right for COC-NC Competitions

2.1 Only competitors with a FIS-Code are allowed to be entered. Each National Ski Association has full responsibility for the qualification of its competitors for COC-NC competitions and for their ability to handle the jumping hills being used.

2.2 Number of Participants for the National Ski Associations

The number of participants will be calculated periodically according to the Continental Ranking List (CRL), see art. 2.3

The basis for the calculation is:

- the top 50 competitors of the CRL (with a maximum of 8 athletes per nation);
- each nation with less than four athletes in the nations quota or without nations quota is entitled to enter up to four athletes as a maximum;
- the host nation has the right to enter an additional National Group of four (4) athletes (1-A-group);
- the maximum starting quota of the host nation can therefore be 12, however, all other participating nations up to a maximum quota of eight (8) athletes.
- If more than four (4) COC-NC competitions are planned to be carried out in one country, the host nation is only entitled to enter a National Group in a maximum of 4 competitions per competition season.

2.3 Continental Ranking List

The quota calculation will be done according to the Continental Ranking List which is established according to the following criteria:

- The points system is the same as for the COC-NC Standings (1st rank 100 points, 30th rank 1 point)

- The competition results of the 5 periods of the past COC-NC season will gradually be replaced by the competition results of the 5 periods of the current COC-NC season.
- This updating procedure is repeated after each of the periods;
- The top 50 competitors of this CRL will be taken into consideration for the quota calculation.
- The nation's quota is valid for the entire period that follows and is not affected by actual competition results.

3. COC-NC Evaluation

3.1 Individual competitions

1st place = 100 points	16th place = 15 points
2nd place = 80 points	17th place = 14 points
3rd place = 60 points	18th place = 13 points
4th place = 50 points	19th place = 12 points
5th place = 45 points	20th place = 11 points
6th place = 40 points	21st place = 10 points
7th place = 36 points	22nd place = 9 points
8th place = 32 points	23rd place = 8 points
9th place = 29 points	24th place = 7 points
10th place = 26 points	25th place = 6 points
11th place = 24 points	26th place = 5 points
12th place = 22 points	27th place = 4 points
13th place = 20 points	28th place = 3 points
14th place = 18 points	29th place = 2 points
15th place = 16 points	30th place = 1 point

3.1.1 In case of equality in points between competitors each jumper receives the points corresponding to the rank (the following place is omitted).

3.1.2 A minimum of six (6) National Ski Associations must participate if a COC-NC competition is to count for the COC-NC evaluation.

3.1.3 **Continental Cup Standings**
The COC-NC points of all individual competitions of the current season, will be counted for the COC-NC overall winner. In case of an equality of points in the COC-NC standings the better ranking order of the different competitions will be used to decide the ranking. If the competitors are still equal, the starting order will be drawn.

4. Competition Mode and Starting Order

The COC-NC competitions have to be carried out according to ICR art. 540 (individual competitions) with the following supplements:

4.1 For the competition round in Ski Jumping the number of competitors will be divided into three groups. The number sequence of the groups is as follows:

- Group I-A of the organising country
- Group I and II (athletes without COC-NC points)
- Group III (athletes with COC-NC points)

The starting order within the group will be determined as follows:

- Group I-A: draw or seeding
- Group I and II: draw
- Group III: reverse order of the actual COC-NC standings. As soon as athletes appear in the COC-NC standings they are seeded in group III according to their ranking. For the first COC-NC competition of the season, the final COC-NC standing of the past season is decisive.

5. COC-NC Prizes

5.1 FIS Continental Cup Trophy

The COC-NC overall winner receives the Continental Cup trophy. The first six competitors receive FIS COC medal.

5.2 FIS Nation's Continental Cup Trophy

The winner of the FIS Nation's Continental Cup receives the FIS Nation's Continental Cup Trophy.

5.3 Provision of Awards

The trophies and the medals will be provided by the FIS.

5.4 Presentation

The Continental Cup trophies and the medals shall only be awarded at the COC-NC final.

6. Payment of COCJ Expenses

6.1 Every COC-NC organiser must take over the following costs for each participating National Association according to the following key:

- four (4) athletes per nation (except National Group)
- two (2) officials per nation

6.1.1 Accommodation

Room and full pension in a good hotel in the competition resort for the duration of the event, beginning one night before the first official training resp. the following night after the last competition. An invitation and information packet must be sent by the organiser to each National Ski Association. Participating teams must enter their competitors prior to the published entry deadline. By doing so, secure their required number of booked reservation.

For booked room reservation not used, the organiser has the right to demand a cancellation fee from the resp. National Ski Association.

By no means is the organiser or the hotel manager allowed, without agreement of the team captain, to demand the vacating of the rooms on the day of the competition.

6.1.2 **Transportation**

The organizer has to provide and take over a shuttle service between the accommodation and the competition site.

6.2 **COC-NC periods**

1 st period:	12.12.2009 – 20.12.2009	Soldier Hollow - Lake Placid
2 nd period:	09.01.2010 – 10.01.2010	Otepää
3 rd period:	16.01.2010 – 24.01.2010	Neustadt/Hinterzarten - Bischofshofen
4 th period:	06.02.2010 – 28.02.2010	Eisenerz –Karpacz
5 th period:	06.03.2010 – 14.03.2010	Höydalsmo - Kuusamo

6.3 The reimbursement of expenses for travel and accommodation for the TD, the TD Assistant and the foreign Jumping Judge has to be paid according to ICR art. 505.3.

7. **COC-NC Reports**

7.1 Each COC-NC organiser must get in touch with his national "press agency" before the competition season and make sure that, immediately after the COC-NC competition, the COC-NC result list or at least the COC-NC ranks will be distributed by this agency.

7.2 The press-/media service has to be organised and performed according to the recommendations and guidelines of the International Ski Federation as well as the International Association of Ski Journalists (AIPS).

7.3 The TD is responsible for the control and the report on the COC-NC event. The writing and the prompt dispatch of the report to the FIS Office, together with the COC-NC result list must be completed from the competition site.

8. **Coordination**

The FIS nominates a COC-NC Coordinator who must possess a TD-license for Nordic Combined. The COC-NC Coordinator reports to the Head of Nordic Combined. The respective organiser has to pay for accommodation, board and travel expenses of the COC-NC Coordinator.

Prize-money: CHF 1'500.— divided by the first 6 athletes
