

To the
- National Ski Associations

For information to:
- FIS Council
- FIS Race Directors and Co-ordinators
- World Anti-Doping Agency
- Relevant National Anti-Doping Agency

INTERNATIONAL SKI FEDERATION

Blochstrasse 2
3653 Oberhofen/Thunersee
Switzerland
Tel +41 33 244 61 61
Fax +41 33 244 61 71

Oberhofen, 26.04.2010

FIS International Registered Testing Pool starting with season 2010/2011

Dear Mr. President,
Dear Ski friends,

According to art. FIS.D.1 ff of the FIS Anti-Doping Rules 2010 the new International Registered Testing Pool (FIS RTP), which is defined based on the valid standings/rankings as of 15th April 2010, has been established. Please find enclosed the list of athletes from your National Ski Association in the FIS International Registered Testing Pool for the season 2010/11. It is your responsibility to inform your athletes accordingly.

Required Whereabouts information

Athletes included in the FIS RTP must notify FIS of where they will be for each day of the next quarter, ie for each day of the period from May to June, July to September, October to December, January to March, April to June, by providing the following information:

1. For each day during the forthcoming quarter (including weekends), athletes must specify one specific location and one specific 60-minute time-slot between 6am and 11pm where he/she will be available for testing at that location.
2. For each day during the forthcoming quarter (including weekends), athletes must give full address of the place where he/she will residing (staying overnight) (e.g. home, hotel , temporary lodging). (If plans change, an update is required!)
3. Regular activities (e.g. training, work) as far as possible and existing.

How to provide the information to FIS

For providing Whereabouts information, athletes are asked to use the on-line system ADAMS. In order to be able to use the system, the athlete needs to obtain a password. He/she is requested to send an email to FIS Anti-Doping (antidoping@fisski.com) and he/she will receive a password as well as instructions.

How to update Whereabouts information

Naturally, it is often not possible to know in advance the exact whereabouts on each day in the next quarter. Nonetheless, the athlete should be sure to meet the filing deadline and provide required details for each day to the best of his/her knowledge. The athlete can then update them as and when the details change.

Additionally when the current plan changes after the athlete has made the initial filing, he/she should immediately update the information.

The important thing is that the information that is filed is accurate at all times.

- Athletes can update their information directly in ADAMS
- Athletes can register their cell phone number in ADAMS and send messages directly to the ADAMS system (pls register the cell phone number in the ADAMS system)
- Athletes can send a SMS text message to the FIS text message service number. In order to do so it is necessary to register the cell phone number through antidoping@fiski.com

Please remind your athletes to make sure their contact details in ADAMS (“My Profile”) are up to date, especially the email addresses, to enable the athletes to request new passwords automatically through the system.

Sanctions for non-compliance

It is very important to ensure that the athlete files the required whereabouts information in advance of every quarter. A failure to do so will constitute a „Filing Failure“ under the FIS Anti-Doping Rules.

It is also very important that the athlete files accurate information about the whereabouts. A failure to be available at the whereabouts the athlete has specified for the 60-minute time-slot is a „Missed Test“ under the FIS Anti-Doping Rules.

If the athlete commits three Filing Failures and/or Missed Tests on one 18-month period, that constitutes an anti-doping rule violation under the FIS Anti-Doping Rules, for which the sanction is a ban of between 12 and 24 months (first offence) or more (for second and subsequent offences).

Personal responsibility

An athlete may wish to have a coach, ski association or agent assist in complying with these whereabouts requirements which is permitted. However, please note that the athlete remain personally responsible for any failure to comply with the requirements of the Anti-Doping Rules.

Therapeutic Use Exemptions

Athletes included in the FIS International Registered Testing Pool need to obtain a Therapeutic Use Exemption through FIS. Approvals by other ADOs will not be accepted. Therefore, please make sure that athletes re-submit their applications to FIS in case they have an approval at national level. (For clarification: Therapeutic Use Exemptions issued by NADOs are accepted for all other athletes, ergo non-FIS RTP athletes.)

DOUs (Declaration of Use) maybe made directly through ADAMS with the assistance of their team physician. Forms for TUEs (Therapeutic Use Exemption) are available on the FIS website and enclosed to this communication. (DOUs may still be submitted on the paper form as well).

Retirement and return to competition

If an Athlete who is qualified for the FIS Registered Testing Pool has retired, he/she has to send the retirement form to FIS. If the Athlete decides to return to competition, re-registration by his/her National Ski Association must be in accordance with the FIS Anti-Doping Rules art. 5.6, namely art. 5.6.2 “[...] a period of three months is required between re-registration and actual return to competition”.

All information regarding FIS Anti-Doping, whereabouts information and forms can be downloaded from the FIS Website: <http://www.fis-ski.com/uk/medical/fisanti-doping.html>

To confirm receipt of this notice, please print out the enclosed list of athletes, sign it and return it at your earliest convenience to FIS by mail, email antidoping@fisski.com or via Fax to +41 33 244 6171.

Please do not hesitate to contact FIS Anti-Doping (e-mail: antidoping@fisski.ch) should you have further questions.

With kind regards

INTERNATIONAL SKI FEDERATION



Sarah Lewis
Secretary General



Sarah Fussek
Administrator FIS Anti-Doping

Enclosures

- List of Athletes qualified for the FIS Registered Testing Pool
- Therapeutic Use Exemption application form
- Info Sheet for FIS RTP Athletes