



**FÉDÉRATION INTERNATIONALE DE SKI**  
**INTERNATIONAL SKI FEDERATION**  
**INTERNATIONALER SKI VERBAND**

**To:**

- National Ski Associations

**For Information:**

- FIS Council
- FIS Race Directors and Co-ordinators
- World Anti-Doping Agency
- National Anti-Doping Agencies

Oberhofen, 8<sup>th</sup> May 2009

**FIS International Registered Testing Pool starting with season 2009/2010**

Dear Mr. President,  
Dear Ski friends,

According to art. FIS.D.1 ff of the FIS Anti-Doping Rules 2009 the new International Registered Testing Pool (FIS RTP), which is defined based on the valid standings/rankings as of 15<sup>th</sup> April 2009, has been established. Please find enclosed the list of athletes from your National Ski Association in the FIS International Registered Testing Pool for the season 2009/2010. May we ask you to inform your athletes accordingly.

**Required Whereabouts information**

Athletes included in the FIS RTP must notify FIS of where they will be for each day of the next quarter, ie for each day of the period from May to June, July to September, October to December, January to March, April to June, by providing the following information:

1. For each day during the forthcoming quarter (including weekends), athletes must specify one specific location and one specific 60-minute time-slot between 6am and 11pm where he/she will be available for testing at that location.
2. For each day during the forthcoming quarter (including weekends), athletes must give full address of the place where he/she will residing (staying overnight) (e.g. home, hotel , temporary lodging). (If plans change, an update is required!)

**How to provide the information to FIS**

For providing Whereabouts information, please use the on-line system ADAMS. In order to be able to use the system, you need to obtain a password. Please send an email to FIS Anti-Doping ([antidoping@fisski.com](mailto:antidoping@fisski.com)) and you will receive a password as well as instructions.

**How to update Whereabouts information**

Naturally, it is often not possible to know in advance the exact whereabouts on each day in the next quarter. Nonetheless, the athlete should be sure to meet the filing deadline and



provide required details for each day to the best of his/her knowledge. The athlete should then update them as and when the details change.

Alternatively, the current plan may subsequently change after the athlete has made the initial filing, in which case he/she should immediately update the information.

The important thing is that the information that is filed is accurate at all times.

- Athletes can update their information directly in ADAMS
- Athletes can register their cell phone number in ADAMS and send messages directly to the ADAMS system
- Athletes can send a SMS text message to the FIS text message service number. In order to do so it is necessary to register the cell phone number through [antidoping@fiski.com](mailto:antidoping@fiski.com)

### **Sanctions for non-compliance**

It is very important to ensure that the athlete files the required whereabouts information in advance of every quarter. A failure to do so will constitute a „Filing Failure“ under the FIS Anti-Doping Rules.

It is also very important that the athlete files accurate information about the whereabouts. A failure to be available at the whereabouts the athlete has specified for the 60-minute time-slot is a „Missed Test“ under the FIS Anti-Doping Rules.

If the athlete commits three Filing Failures and/or Missed Tests on one 18-month period, that constitutes an anti-doping rule violation under the FIS Anti-Doping Rules, for which the sanction is a ban of between 12 and 24 months (first offence) or more (for second and subsequent offences).

### **Personal responsibility**

An athlete may wish to have a coach, ski association or agent assist in complying with these whereabouts requirements. That is permitted. However, please note that the athlete remain personally responsible for any failure to comply with the requirements of the Anti-Doping Rules.

### **Therapeutic Use Exemptions**

Athletes included in the FIS International Registered Testing Pool need to obtain a Therapeutic Use Exemption through FIS. Approvals by other ADOs will not be accepted anymore. Therefore, please make sure that athletes re-submit their applications to FIS in case they have an approval at national level.

### **Retirement and return to competition**

If an Athlete who is qualified for the FIS Registered Testing Pool has retired, he/she has to send the retirement form to FIS. If the Athlete decides to return to competition, re-registration by his/her National Ski Association must be in accordance with the FIS Anti-Doping Rules art. 5.6, namely art. 5.6.2 *“[...] a period of six months is required between re-registration and actual return to competition”*.

All information regarding FIS Anti-Doping, whereabouts information and forms can be downloaded from the FIS Website: <http://www.fis-ski.com/uk/medical/fisanti-doping.html>

**To confirm receipt of this notice, please print out the enclosed list of athletes, sign it and return it at your earliest convenience to FIS by mail, email [antidoping@fisski.com](mailto:antidoping@fisski.com) or via Fax to +41 33 244 6171.**

Please do not hesitate to contact FIS Anti-Doping (e-mail: [antidoping@fisski.ch](mailto:antidoping@fisski.ch)) should you have further questions.

With kind regards

INTERNATIONAL SKI FEDERATION



Sarah Lewis  
Secretary General



Sarah Füsseck  
Administrator FIS Anti-Doping

**Enclosures**

- List of Athletes qualified for the FIS Registered Testing Pool
- Therapeutic Use Exemption application form
- Declaration of Use form