

FIS Alpine Childrens Competition Rules

Note: These Rules are a summary of all rules in the Alpine ICR governing Childrens Competitions

(under General Rules)

607 Age Limits

607.1 The FIS competition year is July 1st - June 30th of the following year. In order to compete in international competitions (except children's competitions) a competitor must have reached his 15th birthday before the end of the calendar year (January 1st - December 31st) in question. The right to compete starts at the beginning of the competition year (July 1st) even if the competitor has not yet reached his 15th birthday at that time.

607.3 Classification at International Competitions

Admitted years of birth

FIS Competition Year	08/09	09/10	10/11	11/12
K 1	1997	1998	1999	2000
	1996	1997	1998	1999
K 2	1995	1996	1997	1998
	1994	1995	1996	1997
Juniors I ¹⁾	1993	1994	1995	1996
	1992	1993	1994	1995
Juniors II	1991	1992	1993	1994
	1990	1991	1992	1993
	1989	1990	1991	1992

608 Childrens International Alpine Competitions (Only for Children's)

608.1 Approval by the FIS

International children's competitions are to be approved by the FIS and published in the FIS Calendar.

608.2 TD Assignment

TD's are proposed by the Sub-Committee for Youth & Children, and are to be confirmed by the Sub-Committee for Alpine Technical Delegates. (art 602.2.3)

608.3 Age Limits

In order for children to compete in international competitions a competitor

must have reached his 11th birthday before the end of the calendar year (January 1st - December 31st) in question.

The right to compete starts at the beginning of the competition year (July 1st) even if the competitor has not yet reached his 11th birthday at that time. Each competitor at children's events has to prove their year of birth with an official document (Identity card, passport). The year of birth has to be mentioned on the race entry. Admitted years of birth. See art. 607.3

608.4 Limits on Competitions

608.4.1 A K1 competitor may take part in a maximum of two international Children's alpine competitions outside their own country.

608.4.2 A competitor in the first year of K2 may take part in a maximum three, international Children's alpine competitions outside their own country.

608.4.3. A competitor in the second year of K2 may participate in a maximum four international Children's alpine competitions outside their own country.

608.4.4 Athletes from the Southern Hemisphere are granted the following exception: K1 competitors may participate in a maximum of 4 competitions in the Northern Hemisphere and K2 competitors may participate in a maximum of 8 competitions in the Northern Hemisphere.

608.4.5 Adherence to these Rules should be monitored by the Alpine Sub-Committee for Youth and Children.

608.5 Quota regulations for Europe, USA and CAN

608.5.1 The quota per nation is max. 4 K1 and 6 K2 resulting in the total number of max. 10 competing athletes per nation. No more than 4 athletes of the same sex may be registered within each category. The organizing nation is entitled to a double quota, that is max. 20 competing athletes.

608.5.2 Under regular circumstances, the max. number of competing athletes must not exceed 140 per category and gender.

608.5.3 Pursuant to Rules of FIS Points, the organizing nation may register more than the double quota of participants, under invitation also other nations.

608.5.4 For children's competitions where the organising nation is unable to register his quota participants, of other nations, may be eligible for the double quota on the invitation of the organizing nation.

608.6 Allotment into groups and start order

608.6.1 In each group each participating nation is allotted one starting place max.

608.6.2 If more than 15 nations have registered, the following principles apply:

- > Group 1: The first group will contain one athlete from each nation registered. Each nation is allotted only one start place.
- > Group 2 - 3 - 4: Same as group 1.
- > Last group: The last group consists of the athletes of the organizing nation, in double quota. If the number of competing athletes exceeds the double quota a separate group will be drawn after the entire starting field in the same procedure as group 1.

608.6.3 In children's races with few participants (see art. 608.5.4), the draw follows the principles described for the double quota of organizing nations.

608.6.4 The team leaders are responsible for the identification of participants in each group.

608.6.5 Each group is drawn separately

608.6.6 Start order 2nd runs - The best 30 of the 1st run start in the reversed order.

608.7 Children's Events

608.7.1 Children's Events may include, slalom, giant slalom, super-G, parallel, and kombi events and may also have a team competition.

608.7.2 Except where noted in ICR 608 for Children the Alpine Rules in ICR are to be followed.

608.7.3 Team competitions may be conducted for K1 and K2. Such team competitions should be described as «Specifications for Team Competitions for Children».

608.7.3.1 For the team evaluation, only the team declared at the first team captains meeting as "A" will be considered.

608.8 Equipment

608.8.1 All equipment used by Children is governed by the FIS Specifications for Competition Equipment.

608.8.2 Children are required to wear a crash helmet that conforms to the FIS specifications for competition equipment.

608.9 Border Regions

Children's events across nearby border regions, as long as they involve only neighbouring regional ski associations, are to be registered in writing with the FIS.

608.10 Club Competitions

Club competitions, so long as they really involve only teams from various clubs, are to be registered in writing by the organising club with its National

Ski Association.

608.11

Parallel Events

The corresponding FIS ICR for the running of Parallel Events (ICR 1220) apply.

608.12

Kombi

The Children's Kombi is an internationally recognized event that consists of a mixture of standard turns and gates. The event meets developmental needs for this age group, creating a tactical awareness by blending sections of different gates in a flowing, rhythmical, constantly changing pattern. Results may be determined by combined times of each run, or each run may be classified separately. The OC must indicate the method in advance.

608.12.1

Course Setting

608.12.1.2

The Course Setter and Jury are to provide an interesting but safe course.

608.12.1.3

The racer's speed must be controlled when transitioning from one section to a different section and the course setting should allow skiers a smooth transition from jumps or waves back into the course.

608.12.2

Kombi Design

There can be 2 different forms of the Kombi:

SL / GS Format (technical orientation) Setting with stubbies, SL gates and GS gates or coloured ground indicators and GS / SG Format (speed orientation) Setting with GS and SG gates or coloured ground indicators. The selected race style must be announced on the race notice prior to the race and again at the first team captains meeting.

608.12.3

SL / GS Kombi: Technical Data

Slalom Skis are recommended to be used for SL/GS Kombi and the OC must announce in advance the type of Kombi to permit ski selection.

608.12.3.1

Terrain and Vertical drop.

Use Children's GS slope, vertical drop between 140 - 200 metres

608.12.3.2

Gates

Gates consist of two poles. Outside gate must be the same type as turning gate.(stubbie gate with stubbie gate, SL gate with SL gate, GS panel with GS panel)

- Consecutive gates must alternate in red and blue.
- SL gates must have a minimum distance of 4m and max. 6m.
- GS gates must have a minimum distance of 4m and a max. 8m.
- SL Minimum distance between Turning gate to Turning gate 0.75m.
- SL Maximum distance Turning gate to turning gate 12m.
- GS Minimum distance Turning gate to Turning gate. No minimum restriction
- GS Maximum distance Turning gate to turning gate 20m.

608.12.3.3

Course characteristics and recommendations:

- Minimum of 30 turns

- Recommended to have a minimum of 5 different sections.
- Slalom skis recommended
- The course should test the skier's ability to react and adapt to an ever changing rhythm and radius, but allow the competitors smooth transition between the various sections of gates.
- Building terrain is optional but not necessary as the course itself should apply enough demand. Use creativity with available terrain.
- Include a minimum of one jump
- Avoid gates that cause sudden braking and deceleration.
- Use the entire slope and natural terrain and skiing across the fall line as often as possible
- It is recommended to use only a single pole for vertical combinations
- The first and last gates should lead the skier comfortably.
- There should be at least one section of stubby gates.
- Forerunners or course testers should be available for course setting.

608.12.4 *GS / SG Kombi: Technical Data*

Giant Slalom Skis are recommended to be used for GS/SG Kombi and the OC must announce in advance the type of Kombi to permit ski selection.

608.12.4.1 *Terrain and Vertical drop.*

Use homologated GS course, 250 meters maximum vertical drop

608.12.4.2 *Gates*

- Gates consist of two poles. Outside gate must be the same as turning gate.
- Consecutive gates must alternate in red and blue.
- GS gates must have a minimum distance of 4m and a max. 8m.
- SG gates must have a minimum distance of 6m and a max of 8m.
- GS Turning gate to Turning gate minimum 10m maximum 20m
- SG Turning gate to Turning gate minimum 15m maximum 28m

608.12.4.3 *Course characteristics and recommendations:*

- Number of Direction changes 20% of Vertical drop.
- Recommended to have 3-5 different sections.
- Giant Slalom skis recommended.
- The course should test the skier's ability to react and adapt to an ever changing rhythm and radius, but allow the competitors smooth transition between the various sections of gates.
- Building terrain is optional but must allow course to flow smoothly.
- Include a minimum of one jump
- Avoid gates that cause sudden braking and deceleration.
- The first and last gates should lead the skier comfortably.
- Forerunners or course testers should be available for course setting.

608.12.5 *Kombi Inspection*

A normal one run inspection and with a set inspection time is suggested. The concept is to test reaction and adaptability from a standard amount of inspection time.

608.12.6 *Number of runs*

The OC and Jury should decide on the number of runs by the first team captains meeting. Depending on weather and course conditions it is

recommended that entries up to 140 competitors should be 2 runs and entries over 140 competitors should be one run.

608.12.7

Rules

The ICR Slalom and Giant Slalom rules apply for running of the Kombi race except as modified in 608.

608.12.8

Starting order

By team seeding .

608.12.9

Gate keeping

A sufficient number of gate keepers should be present. For the Stubby sections it is recommended to have one gate keeper for every two gates. It is also recommended to spray a blue line on the inside of the gate to help with identifying straddles.

(under Particular Rules for each Discipline)

800

Slalom

801.1

Vertical Drop

801.1.3

Children's Courses

- K1: maximum 120 m
- K2: maximum 160 m

801.2

Gates

801.2.3

A gate must have a minimum width of 4 m and a maximum of 6 m. The distance between gates within combinations (hairpin, vertical or delayed gates) must not be less than 0.75 m. The distance from turning pole to turning pole of successive gates must not be less than 6.00 m and not more than 13 m (valid for all categories). Exception Children competitions - not more than 12 m.

801.2.4

Number of Direction Changes:

FIS, Continental Cup, Entry League races and Children competitions:
- 30% to 35% of the vertical drop +/- 3 direction changes

803

Course Setting

803.1

Course Setters

803.2

Number of Gates and Combinations of Gates

A Slalom must contain horizontal (open) and vertical (closed) gates as well as a minimum of one and a maximum of three vertical combinations consisting of three to four gates and at least three hairpin-combinations. It must also contain a minimum of one and a maximum of three delayed turns. Delayed gates must have a minimum distance of 12 m and a maximum distance of 18 m from turning pole to turning pole.

803.2.1

Children

- K1: Maximum 2 hairpin combinations and maximum 1 vertical combination consisting of maximum 3 gates.
- K2: Maximum 3 hairpin combinations and maximum 2 vertical combinations consisting of 3 - maximum 4 gates.
- It must also contain a minimum of one and a maximum of three delayed turns

The course should have no special technical difficulties.

Flex-poles must be light poles (25 - 28.9 mm).

806.2

Limitation in the Second Run

The Jury has the right to reduce the number of competitors in the second run to half, provided that notice was given in the invitation or on the official notice board before the race started, and at the team captain's meeting before the draw.

900

Giant Slalom

901.1

Vertical Drop

901.1.4

Children's Courses

- K1 and K2: maximum 250 m

Giant Slalom for K2 must consist of two runs, and for K1 this possibility should be granted.

901.2.4

The Giant Slalom has to be set as follows (number of direction changes by rounding up or down of the decimals):

- Children: 13% - 15% of the vertical drop

903.1.4

The course setter in setting the course for children should take particular consideration of the physical ability of the competitors.

906.2

Giant Slalom for K1 may be conducted in one run or two runs. Giant Slalom for K2 will be conducted in two runs.

An organizer may limit the number of participants in the second run to 60.

1000

Super-G

1001.1

Vertical Drop

1001.1.3

Children's Courses

- K1: minimum 250 m, maximum 350 m
- K2: minimum 250 m, maximum 400 m

1001.3.4

The Super-G has to be set as follows:

10% of the vertical drop equals the maximum number of gates, respectively changes of direction. If the vertical drop is between 400 and 500 m, a minimum of 32 direction changes must be set and if the vertical drop is between 500 and 650 m a minimum of 35 direction changes must be set for men. A minimum of 30 gates must be set for ladies. The

minimum number of gates (men 35, ladies 30) counts only those requiring change of direction.

In case of Ladies' and Men's events held together (same start, resp. same finish), the Men's rule is valid also for the Ladies (minimum 32 direction changes if the VD is less than 500 m / 35 if it is higher than 500 m).

The distance between the turning poles of two successive gates must be at least 25 m (exception: art. 1003.1.1).

Children competitions: minimum 8%, maximum 10% direction changes of the vertical drop

1002.4 Homologation of Children´s Super-G courses

All courses used for Children's SG must be homologated. If the course to be used is homologated for FIS GS, then a safety inspection by a FIS Technical Advisor is required.

1003.1.4 Children's Super-G should be carried out in a form of varied run. The basic form should consist of jumps and gliding elements. The choice of course and course setting has to follow the speed and the children's level of skill. The children should learn controlled speed and gliding.

1003.1.5 Course Setting for K1

Different courses must be adapted for K1 and K2, which should have turning radiuses corresponding to their age. The ski to be used is the appropriate GS skis for K1 events.

1210 Team Competitions

1210.7 Team competitions may be conducted for Childrens competitions. Such team competitions should be described as «Specifications for Team Competitions for Children»