

FIS CROSS-COUNTRY WORLD CUP 2018/19

| Date | Day | Site | Nation | Ladies | Men | Remarks |
|---------------------------|------|---------------|--------|---------------|---------------|------------|
| Period I | | | | | | |
| 24.11. | Sat | Ruka | FIN | Sprint C | Sprint C | |
| 25.11. | Sun | Ruka | FIN | 10km C | 15km C | |
| Lillehammer Triple | | | | | | |
| 30.11.. | Fri | Lillehammer | NOR | Sprint F | Sprint F | |
| 01.12. | Sat | Lillehammer | NOR | 10km F | 15km F | |
| 02.12. | Sun | Lillehammer | NOR | 10km C | 15km C | Pursuit |
| 08.12. | Sat | Beitostolen | NOR | 15 km F | 30 km F | |
| 09.12. | Sun | Beitostolen | NOR | Relay | Relay | |
| 15.12. | Sat | Davos | SUI | Sprint F | Sprint F | |
| 16.12. | Sun | Davos | SUI | 10km F | 15km F | |
| Period II | | | | | | |
| Tour de Ski | | | | | | |
| 29.12. | Sat | Toblach | ITA | Sprint F | Sprint F | |
| 30.12. | Sun | Toblach | ITA | 10km F | 15km F | |
| 01.01. | Tue | Val Müstair | SUI | Sprint F | Sprint F | |
| 02.01. | Wed | Oberstdorf | GER | 10km C | 15km C | Mass Start |
| 03.01. | Thu | Oberstdorf | GER | 10km F | 15km F | Pursuit |
| 05.01. | Sat | Val di Fiemme | ITA | 10km C | 15km C | Mass Start |
| 06.01. | Sun | Val di Fiemme | ITA | Final Climb | Final Climb | |
| Period III | | | | | | |
| 12.01. | Sat | Dresden | GER | Sprint F | Sprint F | |
| 13.01. | Sun | Dresden | GER | Team Sprint F | Team Sprint F | |
| 19.01. | Sat | Otepää*) | EST | Sprint C | Sprint C | |
| 20.01. | Sun | Otepää*) | EST | 10km C | 15 km C | |
| 26.01. | Sat. | Ulricehamn | SWE | 10km F | 15km F | |
| 27.01. | Sun. | Ulricehamn | SWE | Relay | Relay | |
| Period IV | | | | | | |
| 09.02. | Sat | Lahti | FIN | Sprint F | Sprint F | |
| 10.02. | Sun | Lahti | FIN | Team Sprint C | Team Sprint C | |
| 16.02. | Sat | Cogne | ITA | Sprint F | Sprint F | |
| 17.02. | Sun | Cogne | ITA | 10km C | 15km C | |
| 19.02. | | WSC 2019 | | | | |
| 03.03. | | Seefeld | AUT | | | |
| Period V | | | | | | |
| 09.03. | Sat | Oslo | NOR | | 50km C | Mass Start |
| 10.03. | Sun | Oslo | NOR | 30km C | | Mass Start |
| 12.03. | Tue | Drammen | NOR | Sprint C | Sprint C | |
| 16.03. | Sat | Falun | SWE | Sprint F | Sprint F | |
| 17.03. | Sun | Falun | SWE | 10km F | 15km F | |
| World Cup Final | | | | | | |
| 22.03. | Fri | Québec | CAN | Sprint F | Sprint F | |
| 23.03. | Sat | Québec | CAN | 10km C | 10km C | Mass Start |
| 24.03. | Sun | Québec | CAN | 15km F | 15km F | Pursuit |

FIS Nordic Junior World Ski Championships, Lahti (FIN), 21.-27.01.2019

FIS Nordic World Ski Championships, Seefeld (AUT), 19.02.-03.03.2019

*) Requirement on TV production