



RULES FOR THE FIS ROLLER SKI WORLD CUP/ WORLD CHAMPIONSHIPS

EDITION 2018

1. General Rules

1.1 The matters covered within these rules are intended to focus on the unique aspects of FIS Roller Ski World Cup (hereinafter referred to as „ROL WC“). For other questions which are not covered in within these rules refer to the FIS ICR (especially chapter 396).

1.1.1 The ROL WC organiser must also follow the “FIS Roller Ski World Cup Organisers Checklist”.

1.1.2 Some rules in this document are valid for FIS Roller Ski World Championships (ROL WSC) if it is mentioned additionally. See FIS WSC Rules regarding the candidature and organizing a ROL WSC for the general issues and ceremonies.

1.1.3 New FIS ROL WC organiser candidates must organise FIS Roller Skiing competition test event one season before to test competition courses and technical aspects of OC.

1.1.4 FIS ROL WSC candidates must organise FIS ROL WC at least one season before event.

1.2 Organisation, Number of Competitions, Awarding of Competitions

1.2.1 The FIS Roller Ski World Cup consists of individual competitions on distances longer than 5 km and on Sprint competitions. Furthermore, a number of Relays and Team Sprints are organised which are included in the “Winner Nation” calculation.

The minimum number of competitions for one ROL WC stage are two. Only one competition can be held in one day.

Calendar Frame; World Cup selection (3-6 stages)

1-3 competitions Interval start

1-2 competitions Pursuit

2-3 competitions Mass start

2-6 competitions Individual Sprint Competition

2-3 competitions Team Sprint (including Mixed Team Sprint)

Total 8-14 competitions

All distance competitions (Interval start, Mass start, Pursuit) can be organised on courses with undulating or uphill height profile.

1.2.2 **The FIS Roller Ski World Cup Calendar** is planned by the FIS Roller Ski Sub-committee in a close collaboration with the National Ski Associations two years in advance. The FIS Sub-committee for Roller Skiing, however, has the right to make any changes in venue in order to guarantee the quality of the event. Between the Sub-committee meetings period the Chairman of FIS Roller Ski Sub-committee has the authority to do the necessary changes.

1.2.3 In principle, FIS Roller Ski World Championships should be organised in September, preferably if possible, in the second half of September.

1.2.4 The FIS Roller Ski World Championship programme consist of the following competitions:

- Interval start
Men 10-15km C/F
Ladies 5-10km C/F
- Mass start or Skiathlon
Men 10-30km C/F
Ladies 10-20km C/F
- Sprint
- Team Relay or Team Sprint

At least one of the FIS Roller Ski World Championship competitions must be held in classic style.

1.2.5 FIS ROL WC candidates may declare the provisional race programme during the application. Final competition programme for each FIS ROL WC stage are decided in close cooperation of OC and FIS Sub-committee for Roller Skiing.

1.2.6 Substitution, Cancellation
If for any reason a FIS ROL WC or FIS ROL WSC competition cannot take place, the FIS Nordic Office and Chairman of FIS Sub-committee for Roller Skiing must be informed immediately.

Depending on the case, the competitions can be transferred to an alternate location, cancelled or postponed to a later date in the season.

1.2.6.1 Alternate Location
In principle, a transferred competition shall be carried out in the same country. The National Ski Association is responsible to coordinate and ensure the transfer of knowledge, information and finances to the new OC.

If that is not possible, the competition may be carried out in another country.

1.2.6.2 Cancellation
If the decision is taken later than 14 days before the event, the original OC must pay the travel costs to the teams entered at the date of the decision and be in charge for cancellation fees of the accommodation.

1.2.6.3 Last minutes decisions
Depending on the case, the Chairman of FIS Sub-committee for Roller Skiing will be called to make a decision together with the Organising Committee and the representative of the National Ski Federation involved.

2. Distances and Techniques

- 2.1** In principle, the FIS Roller Ski World Cup competitions will be carried out both in free technique and classic skiing technique. Race formats of each WC events should be confirmed by FIS Sub-committee for Roller Skiing during the calendar planning.

3. Age Categories, Number of Participants

3.1 Age Categories

- 3.1.1** The FIS Roller Ski World Cup is carried out for Senior and Junior age categories for both Men and Ladies. For years of birth for Junior categories see FIS CC ICR art. 341.1.

- 3.1.2** If Junior age competitors decide to start in Senior categories from that moment they must remain in Senior category until end of FIS Roller Ski World Cup season. Only in Team Sprint and Team Relay competitions Juniors can start together with Senior category competitors.

3.2 Number of Participants

Each National Ski Association may enter no more than 10 athletes per category per one WC competition day. See exceptions for additional quota.

For Roller Ski World Championships the basic quota is 4 athletes per category per discipline per nation.

- 3.2.1** Additional quotas

3.2.1.1 Seniors

Nations with more than 6 members on the World Cup Ranking list within Top 20, have the right to have additional quota. Six members within top 20 equals one additional participant in respective category, greater than seven members in the top 20 equals maximum two additional participants in respective category.

3.2.1.2 Juniors

Nations with more than 4 members on the Junior World Cup Ranking list within Top 10, have the right to have additional quota. Four members within top 10 equals one additional participant in respective category, greater than 5 members within top 10 equals maximum two additional participants in respective category.

- 3.2.1.3** Only the last ROL WSC winner athletes of the same competitions authorised to start additionally for the ROL WSC competitions.

- 3.2.2** The previous season's **FIS Roller Ski World Cup winners** may start in addition to a nation's calculated quota. Juniors must be still Juniors.

- 3.2.3** **The number of participants of the organising country**, called national group, may not exceed fifteen (15) competitors for each gender and

category for FIS ROL WC. Those competitors must have a FIS CC code number. Same rule (to have a FIS code) is valid for ROL WSC as well.

3.3 Starting Order

3.3.1 Seeded Group

The Seeded Group consists of the 5 -10 best Men and the 5-10 best Ladies in the current Roller Ski World Cup Standing. After each WC competition a new Standing will be updated and the latest Standing is valid for the next WC competition. Exact size of Seeded Group in WC competition is decided by Jury depending on number of received entries, level of entered athletes and format of competition. Size of Seeded Group is announced by Jury in TCM before each competition.

3.3.2 The same starting order method will be used also at the FIS Roller Ski World Championships. Defending World Champion in respective discipline will always start from the best start position depending on competition format.

3.3.3 Starting Order for Interval Start (Distance Races)

3.3.3.1 Grouping

- The athletes registered to compete will be assigned to 3 groups as follows: Group 1: Seeded group
- Group 2: athletes after the seeded group according to the FIS distance
- Group 3: athletes with no FIS distance points

3.3.3.2 Starting Order

The start list will be established as follows:

- Group 3: athletes start in order decided by draw
- Group 2: athletes will start according to their FIS distance points in reserve order (higher FIS points start first)
- Seeded group, the athletes will start according to Standings in reserve order (higher Standing points start last)

3.3.4 Starting Order for Mass Start

For Mass start competitions (including Skiathlon) the Overall World Cup leader is always assigned the first start position and the remaining competitors in the seeded group are assigned the next start positions in order to their current RWR standing. Following the seeded group all other competitors will be assigned start positions according to their FIS distance points (order by points) and lastly a group for those with no FIS distance points is drawn.

3.3.5 Starting Order for Individual Sprint Qualification

For the individual Sprint qualification round the seeded group starts first and the starting order within the group is drawn. Following the seeded group all other competitors will be assigned start positions according to their FIS

sprint points (ordered by pts) and lastly a group for those with no FIS sprint points is drawn.

3.4 Sprint Final Heats

Sprint final heats can be organised with 8 to 30 athletes in the final with 2 - 6 athletes in the heat. See competition principles in FIS ICR 325.4.2.5 - 325.5.3.6.

3.4.1 For Sprint finals with 2 athletes in the heat see table in Annex I

3.5 Team Sprint

Qualification (Semi Final)

Each athlete runs three laps (for the Senior Men category 5 laps) by changing after each lap. After the qualification, there is a break of at least 30 minutes, before starting the finales.

Final

The athletes will run 3 laps (for the Senior Men category 5 laps) by changing after each lap.

3.6 In case of a tie

In case of a tie, each competitor receives the points for that placing. Example: Three-way tie for 12th place. All three competitors get 22 points; the competitor gets 16 points for the 15th place.

4. The Winners

The winner of the **Overall FIS Roller Ski World Cup** is the athlete, male and female, who scores the highest number of World Cup points during the respective WC season.

4.1 Tie-Breaker

If two or more competitors score the same number of points in the final evaluation, the winner is the competitor who has:

- a) the highest number of individual wins
- b) the best results (i.e. most 2nd places, most 3rd places, etc.)

If the competitors are still equal, two (or more) World Cups will be awarded.

5. FIS Roller Ski World Cup ranking scoring

5.1 Evaluation

Each WC OC is responsible for providing WC ranking scoring after each competition. The FIS Roller Ski World Cup final stage OC must provide also scoring of WC season overall ranking. The calculated rankings must be checked by FIS ROL TD and confirmed by The Chairman of the Sub-committee for Roller Skiing before official publishing. In order to WC season evaluation, FIS Roller Ski TD's also should send a copy of TD reports to Chairman of the Sub-committee for Roller Skiing immediately after the competitions.

5.1.1 During the ROL WSC years, all the competitions within the ROL WSC program will be counted for the ROL WC Overall Standings.

5.2 Points

5.2.1 Men and Ladies (Senior and Junior) for individual competitions:

1 st place = 100 points	16 th place = 15 points
2 nd place = 80 points	17 th place = 14 points
3 rd place = 60 points	18 th place = 13 points
4 th place = 50 points	19 th place = 12 points
5 th place = 45 points	20 th place = 11 points
6 th place = 40 points	21 st place = 10 points
7 th place = 36 points	22 nd place = 9 points
8 th place = 32 points	23 rd place = 8 points
9 th place = 29 points	24 th place = 7 points
10 th place = 26 points	25 th place = 6 points
11 th place = 24 points	26 th place = 5 points
12 th place = 22 points	27 th place = 4 points
13 th place = 20 points	28 th place = 3 points
14 th place = 18 points	29 th place = 2 points
15 th place = 16 points	30 th place = 1 point

5.2.2 Bonus World Cup points in Mass Start races

Use of Bonus World Cup points in given Mass Start races will be decided before the WC season together with OC and FIS s.c. for Roller Skiing.

If Bonus World Cup points in given Mass Start races will be used it will be published in FIS ROL WC calendar in beginning of WC season.

The first 10 athletes will get the following World Cup points at the defined bonus positions as mentioned below:

1 st place = 15 points	6 th place = 5 points
2 nd place = 12 points	7 th place = 4 points
3 rd place = 10 points	8 th place = 3 points
4 th place = 8 points	9 th place = 2 points
5 th place = 6 points	10 th place = 1 point

In order for these World Cup points to be awarded, the competitor must complete the competition (reach the finish line).

If an athlete is ranked in the top 10 in an intermediate sprint and does not finish the competition, the positions and bonus points in the intermediate sprints remain the same for the other athletes. There is no reallocation of the points that were earned by the athlete who did not finish. This does not apply in the case of disqualification.

In all Mass Start races the additional bonus positions are implemented like:

Race length	Number of bonus positions
until 10 km	1
11 - 20 km	2
30 km	4

5.2.3 The Winner Nation Scoring

5.2.3.1 The FIS Roller Ski World Cup “Winner Nation”

The best three scores of each country’s competitors for each competition and category will be added and to this sum each country’s Relay/Team Sprint scores will be added for a final total for the “Winner Nation” title. The Relay/Team Sprint and Mixed Team Sprint competitions are scored as follows:

1 st place = 200 points	16 th place = 30 points
2 nd place = 160 points	17 th place = 28 points
3 rd place = 120 points	18 th place = 26 points
4 th place = 100 points	19 th place = 24 points
5 th place = 90 points	20 th place = 22 points
6 th place = 80 points	21 st place = 20 points
7 th place = 72 points	22 nd place = 18 points
8 th place = 64 points	23 rd place = 16 points
9 th place = 58 points	24 th place = 14 points
10 th place = 52 points	25 th place = 12 points
11 th place = 48 points	26 th place = 10 points
12 th place = 44 points	27 th place = 8 points
13 th place = 40 points	28 th place = 6 points
14 th place = 36 points	29 th place = 4 points
15 th place = 32 points	30 th place = 2 points

5.2.3.2 Each nation can enter WC with two teams to the team events (Relay, Team Sprint and Mixed Team Sprint). Best Men’s team per nation and best Ladies’ team per nation will count to Winner Nation score for each event.

5.2.3.3 For Team Sprint and Mixed Team Sprint (one man and one lady) the same rules and point-giving system as above will be used.

5.2.3.4 Mixed teams consisting of different countries are not allowed to compete.

5.3 FIS Roller Ski World Cup Stage events

5.3.1 Basic rules

- Only entry for the all stages is possible.
- Abandonment in one race will lead to exclusion from the rest of the stage event.
- The overall results for the FIS ROL WC will be based on the overall time score in the all stages (including sprint).
- There will be bonus seconds for the top 30 in the Sprint race. The bonus seconds listed below are subtracted from the competitor’s actual race time before being added into the overall time score.

1st place = 30 seconds

- 2nd place = 27 seconds
- 3rd place = 24 seconds
- 4th place = 23 seconds
- 5th place = 22 seconds
- 6th place = 21 seconds
- 7th place = 16 seconds
- 8th place = 15 seconds
- 9th place = 14 seconds
- 10th place = 13 seconds
- 11th place = 12 seconds
- 12st place = 11 seconds
- 13th place to 15th place = 5 seconds
- 16th place to 20th place = 4 seconds
- 21st place to 25th place = 3 seconds
- 26th place to 30th place = 2 seconds

5.3.1.2 FIS ROL WC points for the FIS ROL WC stage event

FIS ROL WC stage event points will be awarded after the last Stage according to the final FIS ROL WC stage standings. The factor will be 2, i.e. the winner will receive 200 points:

1. = 200 points	11. = 48 points	21. = 20 points
2. = 160	12. = 44	22. = 18
3. = 120	13. = 40	23. = 16
4. = 100	14. = 36	24. = 14
5. = 90	15. = 32	25. = 12
6. = 80	16. = 30	26. = 10
7. = 72	17. = 28	27. = 8
8. = 64	18. = 26	28. = 6
9. = 58	19. = 24	29. = 4
10. = 52	20. = 22	30. = 2

In addition to the Overall World Cup points awarded, each stage will also receive the following World Cup points. The daily World Cup points will count for the overall and the discipline World Cup standings. On the last day, the winner of the day (fastest time on this stage for those specific kilometres) will get the World Cup points and Daily Prize-Money.

1. = 50 points	11. = 24 points	21. = 10 points
2. = 46	12. = 22	22. = 9
3. = 43	13. = 20	23. = 8
4. = 40	14. = 18	24. = 7
5. = 37	15. = 16	25. = 6
6. = 34	16. = 15	26. = 5
7. = 32	17. = 14	27. = 4
8. = 30	18. = 13	28. = 3
9. = 28	19. = 12	29. = 2
10. = 26	20. = 11	30. = 1

5.4 The Winners

5.4.1 The FIS Winner Nation

The **Winner Nation** is that country with the highest number of points calculated by adding the Men/Junior Men and Ladies/Junior Ladies FIS World Cup points (best three for each) from all competition within the ROL WC Calendar of the current season.

5.4.2 Tie-Breaker

If two or more nations have the same number of points the winner is that country which has:

- a) the highest number of first places
- b) the best results (most 2nd places, most 3rd places, etc.).

5.4.3 Competition dossier

The OC has to prepare a competition dossier at the end of each World Cup stage which has to include:

- Participating nations with number of competitors and officials;
- Programme of the event;
- Start list and results of all competitions;
- Minutes of the Jury meeting;
- Minutes of the Team captains' meetings;
- Day and time of TV broadcast of the event (if known).
- The competition dossier should be sent to FIS Nordic Office and to Chairman of the FIS Roller Ski Sub-committee and shall be given to FIS Officials and Jury members.
- All the results have to be sent to FIS Nordic Office: results@fisski.com in XML format and to aschhoff@fisski.com in PDF format in the same competition day.

6. Advertising / FIS World Cup Title Sponsor / Media service

6.1 Advertisement / Marketing

Advertising and marketing must conform to the FIS Advertising Rules and Guidelines.

The advertising and marketing rights for FIS World Cup events belong to the National Ski Association. They can be transferred to the Organizing Committee, the resort or the ski club.

6.2 FIS World Cup Title Sponsor

The FIS may conclude a contract with the official FIS World Cup title or presenting sponsor company (open) or with an agency. In this case the FIS World Cup Organiser contract, concluded between FIS and the National Ski Association/Organising Committee respectively club, contains all advertising matter to be strictly observed by the parties involved.

6.3 Media

6.3.1 Press- and Media Service

The press and media service organized by the Organising Committee must conform to the FIS PR and media regulations, elaborated in cooperation between AIPS Nordic, the FIS PR and Media Committee and the FIS Marketing and Communications Management.

6.3.2 Each FIS World Cup Organiser must produce World Cup Stage summary highlights video and make it available online for public viewing.

6.3.3 Each FIS World Cup Organiser must provide instant results upload during the competition to official FIS live timing system.

6.3.4 Each FIS World Cup Roller Ski Organiser must organize top 1-3 winner picture and short interview right after the top 1-3 athletes of the respective race are in the finish area. Pictures and interview quotes must be sent within same competition day to the FIS Office as well as published in respective NSA or event website.

7. Prizes

7.1 Prize-Money

The prize money should be paid in Euros (EUR) at the Prize Giving Ceremony.

7.1.1 Minimum prize money for FIS ROL WC stage is EUR 6000,00

7.1.2 No prize money is provided for ROL WSC.

7.1.3 Prize money is equally split between top 1-10 places in Senior Men (EUR 3000,00) and Senior Ladies (EUR 3000,00) categories and proportionally divided according to number of disciplines per WC event (see example of prize money distribution in Annex II)

7.1.4 The local organizer can increase the prize money but cannot decrease. The local organizer can provide prize money or valuable material prizes also for Junior categories.

7.1.5 For Pursuit competitions the prize money will be paid separately for Prologue and Pursuit (each competition will be awarded separately).

7.1.6 Prize money is only planned for individual events/races if there are minimum five (5) athletes per category.

7.1.7 For Team Sprint or Mixed Team Sprint competitions, the prize money will be shared between the two athletes of the winning teams equally.

7.2 Medals

The Organising Committee is responsible for providing medals for each WC competition. Medals must not be mass production article. The official inscription on the front/back of the medals is as follows:

English: FIS ROLLER SKI WORLD CUP 2017, PLACE, COUNTRY
or in French: COUPE DU MONDE FIS DE ROLLER SKI 2017, LIEU, PAYS
or in German: FIS ROLLERSKI WELTCUP 2017, ORT, LAND

7.3 FIS World Cup Trophies (for Ladies and Men) and Medals

- a) The Overall World Cup winners of Senior Men and Senior Ladies categories receive the FIS World Cup trophy, as well as 2 sets of medals for the three best ranked athletes (Ladies and Men) which will be provided by FIS.
- b) The Overall World Cup winners of Junior Men and Junior Ladies categories receive the 2 sets of medals for the three best ranked athletes (Ladies and Men) which will be provided by the organizer of the FIS ROL WC Final stage.
- c) The "Winner Nation" of the WC season receives a trophy which will be provided by the Organiser of the FIS ROL WC Final stage.

7.4 Leader Bib of the World Cup Leaders

The leader of the Overall World Cup wears officially the yellow bib (seniors) and red bib (juniors) which will be provided by FIS.

7.5 Flower Ceremony / Prize Giving Ceremony

The Flower Ceremony/ Prize Giving Ceremony will be standardized respectively a real ritual is celebrated. For the Flower Ceremony/ Prize Giving Ceremony the official banner of the organization and FIS flags must be at the background of the podium. Every organizer has to provide these materials earlier and FIS TD must check it before the ceremonies. If an appropriate stage (location, town etc.) is available, the award ceremony will be carried out separately, otherwise the following procedure will be carried out.

Procedure:

- Introduction with the FIS Fanfare
- Flower Ceremony / Award Ceremony
- Ranking of the day 1-3 (Relay and Team Sprint 1 – 3)
(3 – 2 – 1) => photos
- In case of a new leader in the overall World Cup standing: Handing over of the yellow bib (overall leader).
- The leader bibs will be handed over by the highest FIS representative present there.
- Official persons OC and FIS (2-3) & maid of honours.

7.6 For ROL WSC, FIS WSC Rules will be applied for all official ceremonies.

8. Carrying Costs

8.1 The NSA and respective local organizing committee are responsible for the all respective FIS Roller Ski World Cup organizing costs to provide organisation according FIS ICR and these respective rules.

8.2 The OC must reimburse FIS TD (and FIS TD Ass. if appointed) for travel and accommodation costs during the inspection and during the WC competition according to FIS ICR article 304.1.1.

8.4 Transport

8.4.1 Transport Airport - Venue

Teams arriving or leaving by plane have to be transported to and from the venue free of charge under the following conditions:

- Only one free of charge transfer per team from the official airport to the venue and one from the venue to the airport.
- The arriving and departing times have to be communicated to the organiser latest 10 days before the first competition.
- The official airport(s) has to be chosen in cooperation with the organising committee. The official airport has to offer sufficient flight possibilities for all the teams and has to be named early in advance in the official invitation.

8.4.2 Transport Hotel-Venue

The OC has to provide to the teams a free of charge shuttle service between the hotels and the stadium. A suitable transport schedule will be fixed in cooperation between the teams and the OC. Teams booking accommodation on their own are responsible to arrange their own transportation. The OC does not have to provide a shuttle service for these teams.

8.5 Accommodation

8.5.1 OC should offer teams accommodation at least in 3 star (or equivalent) hotel.

8.5.2 The prices for the accommodation may not be higher than the official local prices offered at the time of the World Cup event. Accommodation details have to be announced in the official competition invitation.

8.5.3 Lunch and dinner should be served in the hotel or next to the hotel in an adequate restaurant (up to 5 min walking distance). The restaurant or hotel must reserve a separate area for the teams to guarantee that the teams can eat when they arrive for lunch or dinner. The distance between the hotel and the competition site should not exceed 25km. Hotels have to be informed by the OC that flexibility is requested concerning the meal times. Food must be healthy, plentiful and correspond to the needs of highly competitive athletes.

9. Rescue Service – Medical Support Requirements

The Organiser is responsible for setting up and operating during all competition times (training and competitions) an appropriate rescue service. The Medical Support Requirements for FIS Event Organisers are given in the ICR, 221.6 as well as chapter 1 of the FIS Medical Guide.

10. Other

10.1 No athletes shall be forced to enter a FIS Roller Ski World Cup competition

10.2 TD nomination/ Members of the Jury

10.2.1 For Roller Ski WSC, according ICR art. 303.1.5

10.2.2 For Roller Ski WC and FIS competitions, according ICR art. 303.1.6

10.3 TD inspection

For every World Cup stage an early TD inspection has to be done. The time of the TD inspection has to be agreed by OC and TD and has to be done at latest one month before the first competition day. The expenses and reimbursement of the TD is covered by the OC according ICR art. 304.1.

Table for Sprint finals with 2 athletes in the heat

1/8 finals		1/4 finals		1/2 finals		Final A		
1	16							
8	9							
5	12							Final A
4	13							S1 #1
								S2 #1
3	14							Final B (if used)
6	11							S1 #2
								S2 #2
7	10							
2	15							

FIS ROL WC Prize money distribution table (for 2 days & 3 days event).

FIS ROL WC stage with 2 disciplines	WC stage with 2 days EUR	WC stage with 3 days EUR
1st place	500	350
2nd place	300	220
3rd place	200	120
4th place	120	80
5th place	100	60
6th place	80	45
7th place	60	40
8th place	55	35
9th place	45	30
10th place	40	20
Total per 1 day/per Category	1500	1000
Total per Category/WC stage	3000	3000

FIS ROL WC stage with 3 disciplines	1st and 2nd day EUR per day	Stage Overall rank EUR per day
1st place	200	500
2nd place	150	300
3rd place	100	200
4th place	80	120
5th place	50	100
6th place	45	80
7 th place	40	60
8 th place	35	55
9 th place	30	45
10 th place	20	40
Total per 1 day/per Category	750	1500
Total per Category/WC stage	1500	3000