

FIS REGISTERED TESTING POOL – INFORMATION FOR ATHLETES

Rules based on:

WADA Code 2015

FIS Anti-Doping Rules

Whereabouts:

- each day/quarter
- full address details
- plus: 60-min. time-slot
- regular activities
- to be sent prior to each quarter
- through ADAMS

Help:

antidoping@fisski.com

Updates:

- through ADAMS
- SMS to ADAMS
- or SMS to FIS

TUEs:

International Registered Testing Pool (FIS RTP) and/or FIS World Cup or World Championships

International Ski Federation (FIS)

National Registered Testing Pool or according NADO Rules

National Anti-Doping Agency (NADO)

Required Whereabouts Information

- Each day in the quarter (Apr-Jun, Jul-Sep, Oct-Dec, Jan-Mar, etc.)
- Complete location information (full address details, etc.)
- In addition specify one specific 60-minute time-slot between 5am and 11pm
- In addition regular activities (e.g. training, work) as far as possible/existing
- to be sent the latest by the 15th of the previous month

Remember: It is your responsibility to ensure that the information provided is sufficient to enable the Doping Control Officer to locate you for Testing on any given day, including, but not limited during the 60-minute time-slot.

How to provide the information to FIS

Through the on-line system ADAMS

No ADAMS account?

Please request your userdata at antidoping@fisski.com

Changes in your Whereabouts information?

- Updates are naturally possible
- To be done directly through ADAMS
- Short notice changes can be done through SMS to ADAMS (cell phone needs to be registered in ADAMS first)
- or through SMS text message to the FIS SMS service number

Remember: Keep your Whereabouts information up to date

Sanctions for non-compliance

- No timely submission, incomplete or incorrect Whereabouts = Filing Failure
- Not available for Testing during the 60-minutes time-slot = Missed Test

Three Filing Failures and/or Missed Tests during 12 months = Anti-Doping Rule Violation

Therapeutic Use Exemptions

As an International-Level athlete (=included in FIS RTP and/or competing at the FIS World Cup or World Championships level) you have in principle to obtain your TUE approval from FIS. If you do have a valid TUE approval from the national level, please re-submit the documentation to FIS to recognise.

More information, ADAMS user guides, forms, etc

<http://www.fis-ski.com/inside-fis/medical-antidoping/anti-doping/index.html>