

2005 STATE FARM U.S.SNOWBOARD CUP
Lake Placid, New York USA March 1 - 6, 2005

*On behalf of the United States Ski & Snowboard Association,
and the Olympic Regional Development Authority, the Lake Placid Organizing Committee
cordially invites your nation, as a member of Federation Internationale de Ski (FIS),
to participate in the*



Lake Placid, New York USA
March 1 - 6, 2005



2005 STATE FARM U.S. SNOWBOARD CUP

Olympic Regional Development Authority
2634 Main Street, Olympic Center, Lake Placid, NY 12946
Phone: 518-523-1655, Ext. 248 Fax: 518-523-9275 Email: hroland@orda.org
Visit us at: www.orda.org



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COMPETITION RULES

FIS rules will be applied to this competition.

ENTRIES

Registration Form # 1 - Announcement of Team Size

The announcement of team size form must be submitted to the organizers *no later than February 4, 2005*

Registration Form #2 - Registration

The final number of your competition team (including competitors and officials) and the names of participants must be sent to the organizing committee *no later than February 14, 2005*.

Registration Form #3 - Accommodations

Your application for accommodations must be forwarded to the organizers with a complete rooming list
no later than February 14, 2005.

Please note: It is essential that birthplace, date of birth and passport # for all athletes, coaches and officials be included on the accommodations application form.

Registration Form #4 - Athlete Biography

Athlete Biography Form to be completed and forwarded to the organizing committee
no later than February 23, 2005.

Entry information should be sent to:

Olympic Regional Development Authority

2634 Main Street, Olympic Center
Attention: Heidi Roland
Lake Placid, NY 12946 USA

E-Mail: hroland@orda.org

Phone: (518)523-1655 ext. 248
www.orda.org

Fax: (518) 523-0159

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ACCOMMODATIONS

Lodging & meals have been arranged at the United States Olympic Training Center (OTC), the Best Western Golden Arrow, the Lake Placid Hilton Resort and the Lake Placid Resort Holiday Inn at the FIS determined rate of 50 CHF per person per day for the time period of Monday, February 28 through departure on Monday, March 7. Please indicate on the Team Size Form #1 and the Accommodation Application Form #3 your lodging preference.

Please note that the Olympic Training Center is a facility designed for world caliber athletes. The facility includes athlete fitness training, specially designed menus for athletes and it will also be the site for the competition office and all team captain meetings. If your team chooses to stay at the Olympic Training Center, rooms for athletes will be assigned as double (2), triple (3) or quad (4) occupancy. Coaches and officials will be accommodated according to FIS rules. Please note that smoking and alcohol consumption are **not** permitted at the U.S. Olympic Training Center. The OTC requires birth date, birth place and passport information for all athletes, coaches and team support as background security checks are required.

Fees for all accommodations are payable at the Registration/Check-in office in the Ausable Room at the Olympic Training Center. Major Credit Cards and US currency are acceptable forms of payment. The organizers are not responsible for teams staying at any other facility outside the official program.

Please complete the attached Accommodation Application Form #3 and return to the organizers **no later than February 14, 2005**. Upon confirmation of your housing application, additional forms will be forwarded to you for completion as required by the organizers. Each team will be held responsible for any damage incurred during their stay.

TRANSPORTATION

Rental Vehicles

For teams arriving at Pierre Trudeau (formally Dorval) International Airport in Montreal, Canada or Albany International Airport in Albany, NY rental vehicles are available through many national car rental agencies. Arrangements can be made by calling the agency directly at the following North American telephone numbers:

Thrifty	1-800-367-2277	or	www.thrifty.com
Hertz	1-800-654-3131	or	www.hertz.com
Avis	1-800-331-1212	or	www.avis.com
Dollar	1-800-800-4000	or	www.dollar.com
National	1-800-227-7368	or	www.nationalcar.com

Cargo Vans

Budget	1-800-527-0700	or	www.budget.com
Ryder	1-800-467-9337	or	www.ryder.com

For your convenience, the organizers have secured special rates with Hertz Car Rentals at both Albany and Montreal Airports. These special rates include unlimited mileage and can be reserved by calling Hertz directly at 1-800-654-2240 and using the Lake Placid Olympic Authority 2005 Events identification **CDP#19056**.

Automobile rental is available locally:

Avis (518) 523-3506 or 1-800-331-1212

Hertz (518) 523-3158 or 1-800-654-3131

VISA/FOREIGN ATHLETES ENTERING USA

Each person with foreign nation teams traveling into the United States must have an American Visa. At the border crossing you will be required to pay a fee of \$6.00 (U.S. Dollars) and fill out an I-94 registration card. This is very important in facilitating arrival in the United States. Please note a new visa is required **each time** you enter the United States.

CURRENCY EXCHANGE

Teams are encouraged to exchange foreign currency to US Dollars prior to arriving in the United States - we suggest at an airport. National Bank & Trust (NBT) in Lake Placid will exchange Euro's to US Dollars. The transaction fee is \$30.00.

LIABILITY/INSURANCE

The organizer cannot be held liable for any damage or accident. All participants have to be sufficiently insured against accidents and illness by themselves or their National Federation.

REGISTRATION/CHECK-IN/ACCREDITATION

Registration and Accreditation will be held in the Adirondack Room at the Olympic Training Center. Please see schedule for registration times. All Team Leaders must report to the Registration Area for check-in before proceeding to Whiteface Mountain. All fees will be collected upon check-in.

COMPETITION OFFICE

The competition offices will be located in the Olympic Training Center's Adirondack Room. Mailboxes will be set up at this location for each team and officials for daily updates and results.

TEAM CAPTAINS MEETINGS

All Team Captains meetings will be in the AuSable Room, Olympic Training Center. Please see schedule for meeting times.

DOPING CONTROL

Doping control testing may be conducted in accordance with the rules and regulations set forth by FIS.

FIS LICENSE

All athletes are required to have a valid FIS license in order to compete.

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PRESS CENTER

The press center will be located at Whiteface Mountain Base Lodge.

CEREMONIES

Awards Ceremonies will take place immediately following each competition at the venue.

MEDICAL FACILITIES

A fully equipped first aid center is on site. The full-time medical officer will be on site at all times and a physician will be on site for all Official Training and Competition days. An ambulance with re-animation capabilities is available.

HEALTH & FITNESS FACILITIES

Olympic Training Center (OTC)

Athletes staying at the Olympic Training Center have full access to the Health & Fitness facilities on site. Included in the facility is a full strength area with power lifting platforms as well as a sauna for recovery training.

The Athlete's Club

The Athletes Club is a new weight room and training facility located in the Olympic Center. It is designed to meet the needs of the local and visiting athletes that frequent the Olympic venues as well as athletes from other recreational sports. The Athletes Club is an open membership facility with an array of equipment geared for serious to world class athletes, which includes Olympic lifting platforms, medicine balls, squat cages, plyo boxes, heavy and speed bags to name a few. Instruction is available upon request. Team pricing is available. Call Kyle Meadows at 518-523-1655, ext.340 or email him at theathletesclub@hotmail.com.

Lake Placid Health & Fitness Club

Lake Placid Health & Fitness is Lake Placid's premier health club- a 14,000 sq. foot operation on route 86, 2 miles from Main Street (next to Price Chopper). The facility includes men's and women's sauna and two group fitness programming rooms, state-of-the-art cardiovascular machines and strength training equipment, a juice bar and tanning booths. Call Gavin Johnston, Operations Manager, for more information at 518-523-4127, ext.16 or email him at: info@placidhealth.com

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FORM #1 ANNOUNCEMENT OF TEAM SIZE

Please return by February 4, 2005

<u>NATION:</u>	PGS	HP	SBX
<u>ATHLETES:</u> TOTAL # of ATHLETES:			
<u>COACHES:</u> TOTAL # of COACHES:			
<u>#of TEAM SUPPORT:</u> TOTAL # of TEAM SUPPORT			
<u>ACCOMMODATION CHOICE:</u> Olympic Training Center, Lake Placid Resort Holiday Inn, Lake Placid Hilton, Best Western Golden Arrow 1st: 2nd: 3rd: 4th:			

DATE:

Submitted by:

CONTACT INFORMATION:

E-MAIL:

PHONE:

FAX:

Entry information should be sent to:

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