



FIS WORLD CUP
CROSS COUNTRY
YAROSLAVL REGION
DEMINO-2009



The Organizing Committee has the pleasure of inviting the National Ski Associations of the International Ski Federation (FIS) to participate in the Viessmann FIS WORLD CUP, Cross Country, RYBINSK 30.01-01.02, 2009 (27.01.2009 – arrival date, 02.02.2009 – departure date), sanctioned by the International Ski Federation (FIS)

The competitions will be held in compliance with FIS Competition Rules (ICR).

Registration

The enclosed registration forms have to be returned to the Organizer at the latest **December 20th 2008** by e-mail: worldcup@demino.com

Please fill in correct name, sex, year of birth of all athletes and officials.

We must receive from you:

- The FIS standard entry form A for competitors
- The FIS standard entry form A for officials

Please visit <http://www.demino.com/worldcup/en/participants/registration> for registration.

Restrictions

FIS rules apply in this competition.

Liability

The participants own ski association must insure the competitors. The Organization Committee takes responsibility only for their own part.

Arena and tracks

Please visit <http://www.demino.com/worldcup/en/participants/maps> for stadium map and track profiles. Competition programme will also be presented at our web site.

Accommodation

To facilitate the administration of accommodation we need accurate details of each team's arrival and departure.

Please fill Form B and send a mail to worldcup@demino.com before **January 20th 2009**.

Please visit <http://www.demino.com/worldcup/en/participants/registration> for **Form B**.



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ЦЕНТР СПОРТА И ОТДЫХА
SATURN



Transport service

Free transport service will be offered during your stay in **Rybinsk**, including pick-up and delivery service from the place of accommodation to a stadium and back, as well as from/to Yaroslavl airport (to charter flights to Munich) and Moscow. Please send a mail (Form C) to worldcup@demino.com regarding transfer before **December 24th 2008**.

Transports can be arranged for a fee.

Please send a mail for transfer to worldcup@demino.com

Team's delivering will be organized by two charter flights:

27.01.2009 – from Tallinn (Estonia) to Yaroslavl, Tunoshna airport.

28.01.2009 – from Munich (Germany) to Yaroslavl, Tunoshna airport.

Return flight 02.02.2009 (information on flight departure, cargo requirements will be presented later), further transfer to a place of accommodation.

Waiting time at the airport since the plain arrival – 30 min maximum. Approximate time during the way to the destination – 1,5 hours

We kindly ask you do not forget about regulation concerning one free transfer for the team, also, please, inform the organizer about your arrival till the November 30-th 2008.

Transfer from the airports of Moscow to Demino is paid (bus Neoplan for 52 seats – 590 Euro, bus Ikarus for 51 seats – 500 Euro, minibus for 18 seats – 250 Euro, minibus for 13 seats – 220 Euro). Time in a trip – 6-8 hours.

Free transport service will be offered during your stay in Rybinsk, including pick-up and delivery service from the place of accommodation to a stadium and back, as well as from/to Yaroslavl airport to charter flights.

Please send a mail (Form C) to worldcup@demino.com

regarding transfer before **December 24th 2008**.

Transports can be arranged for a fee.

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Visa support

Visa support is provided by the Russian Cross Country Ski Federation.

Visa Application **Form D** (please visit <http://www.demino.com/worldcup/en/participants/registration>) should be sent to the Russian Cross Country Ski Federation before **December 20th 2008** by e-mail: ski@roc.ru.

Please contact : Mrs. Belyaeva Anna

Tel. +7 495 637 0265

Fax +7 495 637 0615

e-mail: ski@roc.ru



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Waxing facilities

Waxing is arranged according to FIS WC rules (2m² per each person). Places for ski preparation will be available at the stadium.

Should additional rent of tables for ski preparation be necessary (rent of one table – 100 EUR), as well as additional areas for ski servicing, we kindly ask you to inform us in advance using [Form B](#).

Attachés

Each team has the opportunity to invite one attaché for the period of competitions, whose services are offered by the organizer for free.

Please indicate in form B the necessity of attaché invitation.

Payment

Financial conditions apply as stated in FIS WC rules. All travel and accommodation costs will be settled in finance office with the Team Captain at Demino Ski Sport Center, Rybinsk.

January 29th 2009 – accommodation and transport service.

30.01. – 01.02.09 – the prize fund.

Travel payments by the Organizer to the Competition winners will be made in cash.

Team payments to the Organizer can be done in cash or with major credit cards.

Technical Delegates

Pierre Gay-Perret - FIS Technical Delegate

Uros Ponikvar - FIS Technical Delegate Assistant

Arseniev Andrey was nominated as the race director.

Organizing committee

contact person: Kunicheva Maria

mob.phone: +7-902-225-5884

tel.: +7-4855-294-020

fax.: +7-4855-294-050

e-mail: worldcup@demino.com



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Programme FIS WC, Demino Ski Sport Center, Rybinsk

Tuesday January 27, 2009- Team's arrival day	
Wednesday January 28, 2009 - Team's arrival day	
8.00 - 22.00	Meeting of the delegations in the airport. Team's delivery to the hotels. Registration and accommodation of the teams, according to applications and layout.
Thursday January 29, 2009	
8.00	Technical service departure from the hotel to the stadium
9.00	Athletes departure from the hotel to the stadium
10.00 - 12.00	Official training
12.00	Departure from the stadium to hospitals
17.00	Team captains meeting
18.00	Athletes departure to hotels
Friday January 30, 2009	
7.30	Technical service departure from the hotel to the stadium
9.30	Athletes departure (women) from the hotel to the stadium
11.00	Athletes departure (men) from the hotel to the stadium
11.45	<u>Opening ceremony</u>
12.00	Mass start/ women/ free technique/ 10 km
12.35	Flower ceremony
12.45	Press-conference/women 1-3 prize-winning places
13.30	Mass start/ men/ free technique/ 15 km
13.00	Athletes departure (women) from the hotel to the stadium
14.20	Flower ceremony. Men
14.30	Press-conference/men 1-3 prize-winning places
15.00	Athletes departure (men) from the hotel to the stadium
17.00	Team captains meeting
18.00	Athletes departure from the stadium
Saturday January 31, 2009	
7.30	Technical service departure from the hotel to the stadium
9.00	Athletes departure (women) from the hotel to the stadium
9.30	Athletes departure (men) from the hotel to the stadium
11.30	Sprint /qualification start / women/ men
13.30	Quarter finals / semifinals/ finals/women / men
15.30	Flower ceremony/ women
15.40	Flower ceremony/ men
15.50 – 16.30	Press-conference men, women
15.30	Departure from the stadium to hotels
16.00 - 18.00	Official training
17.00	Team captains meeting
18.00	Athletes departure from the stadium
Sunday February, 01,2009	
7.30	Technical service departure from the hotel to the stadium
10.30	Athletes departure (men) from the hotel to the stadium
12.00	Athletes departure (women) from the hotel to the stadium
13.00	Mass-start / men / 15+15 км Pursuit
14.30	Flower ceremony/ men
14.40	Press-conference/men 1-3 prize-winning places
15.00	Mass-start / women / 7,5+7,5 км Pursuit
15.50	Flower ceremony/ women
16.00	Press-conference/women 1-3 prize-winning places

FIS WORLD CUP CROSS COUNTRY, Russia, Demino Ski Sport Center, 30.01-01.02, 2009
Tel. +7-4855-294-020, Fax +7-4855-294-050, e-mail: worldcup@demino.com



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15.00	Athletes departure (men) from the stadium to the hotel
16.00	Athletes departure (women) from the stadium to the hotel
Monday January, 02, 2009	Departure day
	Breakfast, lunch, departure to the airport

The organizers of Rybinsk competitions reserve the right to change the programme.



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ENTRY FORM Cross-Country

Form A

FORMULAIRE D'INSCRIPTION Ski de fonds

ANMELDEFORMULAR Langlauf

Competition (Name/Place) <i>Manifestation (Nom/Lieu)</i> FIS WORLD CUP DEMINO, RYBINSK <i>Veranstaltung (Name/Ort)</i>				Date of race 30.01-01.02, 2009 <i>Date de la course</i> <i>Datum des Wettkampfs</i>										
National Association <i>Fédération Nationale</i> <i>Nationaler Verband</i>				Cat.	WC	Tech- nique		F						
					COC			C						
					FIS			Mixed						
Responsible for entry <i>Responsable de l'inscription</i> <i>Für die Meldung verantwortlich</i>				Tel										
				Fax										
				e-mail										
COMPETITORS <i>COUREURS</i> <i>WETTKÄMPFER</i>														
FIS Code <i>Code FIS</i>	Surname, First Name <i>Nom de famille, Prénom</i>	YB <i>AN</i>	Gender		Formats/Distances <i>Bewerbe/Distanzen</i>									
FIS Code	Familienname, Vorname	JG	Men	La-dies	Spr- int	Pur- suit	Re- lay	5 km	10 km	15 km	30 km	50 km		

Site/Lieu/Ort _____ Date/Date/Datum _____ Signature/Unterschrift _____



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OFFICIALS OFFICIELS OFFIZIELLE

Surname, First Name <i>Nom de famille, Prénom</i> Familiennamen, Vorname	Function <i>Fonction</i> Funktion	Arrival <i>Arrivée</i> Anreise	Departure <i>Départ</i> Abreise
	Team Captain/Chef d'équipe/ Mannschaftsführer		
	Trainer/Entraîneur/Trainer		
	Doctor/Médecin/Arzt		
	Physiotherapist/Masseur/Masseur		
	Technicians/Techniciens/Techniker		
	Service personnel/Personnel de service/Servicepersonal		
Place, Date <i>Lieu, Date</i> Ort, Datum	Signature: <i>Signature:</i> Unterschrift:		
<p>Block letters please! <i>Ecrire en majuscules s.v.p.</i> Bitte in Blockschrift schreiben!</p>			



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ACCOMODATION and ATTACHE INFORMATION

Form B

Competition (name/site) <i>FIS WORLD CUP DEMINO, Rybinsk, Russia</i>	Date 27.01 - 02.02, 2009
National association	

Hotels/ Cottages	Person	Arrival date	Departure date
Accommodation in Demino Skiing Centre (starting point)			
Cottage for 4 persons + 2 extra places (two double bedrooms, W.C., sauna, living room, equipped kitchen, TV, telephone), 3-meals per day included - 75 Euro/place/day.			
Cottage for 6 persons+ 2 extra places, three double bedrooms, 2 W.C., sauna, living room, equipped kitchen, TV, telephone), 3-meals per day included - 75 Euro/place/day.			
Cottage for 8 persons + 2 extra places including 3 meals per day, (three bedrooms: two double bedrooms, one bedroom with 4 beds, 2 W.C., sauna, living room, equipped kitchen, TV, telephone), 3-meals per day included - 75 Euro/place/day.			
New Sport Hotel in Demino (starting point)			
Double room, 3-meals per day included - 75Euro/place/day.			
Accommodation in Rybinsk hotels (18 km from the starting point)			
Double room, 3-meals per day included - 75Euro/place/day.			
Single room, 3-meals per day included - 70 Euro/place/day.			

Special wishes:



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ATTACHE

- Yes, we need an assistance of the attache. Language
- No, we do not need an assistance of the attache
- We need additional areas for ski servicing
- We need to rent tables for ski servicing

Site _____ Date _____ Signature _____

Please fill Form B and send a mail to worldcup@demino.com before **January 20th 2009**.



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Form C

Transport service

Competition (name/site) <i>FIS WORLD CUP DEMINO, Rybinsk, Russia</i>	Date: 30.01-01.02, 2009 (27.01.2009 – arrival date, 02.02.2009 – departure date)
National association	

INFORMATION ON THE TEAM ARRIVAL

Airport	
Arrival date	
Number of people	
Flight number	
Time of Arrival	
Load amount, kg	

In accordance with the FIS rules for the World Cup Cross Country events (par. 8.4), the teams are planned to be transferred by motor transport from Yaroslavl airport to the place of accommodation.

Waiting time in the airport from the moment of the airplane arrival is 0.5 hour maximum.
Approximate time of journey from the airport to the accommodation place is 1.5 hours.

Ordered trip from the Moscow airports to Demino is 590 Euro (Neoplan bus, 52 seats), 500 Euro (Ikarus bus, 51 seat), 220 Euro (minibus, 13 seats), 250 Euro (minibus, 18 seats).

Approximate time of journey from the Moscow airport to the accommodation place is 6 hours.

Please inform us on the necessity of organization of additional trips for you (place, time, number of people) and your plans to rent the motor transport.

TEAM DEPARTURE INFORMATION

Departure airport	
Departure date	
Number of people	
Air company	
Time of the flight	

Site _____ Date _____ Signature _____

Please fill Form C and send a mail to worldcup@demino.com before **December 24-th 2008**.

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