



# Freestyle FIS World Cup Nature Valley Freestyle Cup

Lake Placid, New York USA January 13-19, 2009



## LAKE PLACID TEAM INVITATION

On behalf of the United States Ski & Snowboard Association, and the Olympic Regional Development Authority, the Lake Placid Organizing Committee cordially invites your nation, as a member of the Federation Internationale de Ski (FIS), to participate in the Nature Valley Freestyle Cup, as part of the 2009 Freestyle FIS World Cup. The FIS rules will be applied to this competition.

### ENTRIES

#### **Form #1 – Registration (FIS Entry Form)**

Entries will be accepted from National Ski Associations with the FIS quotas and rules. Please submit the anticipated number of your competition team (including competitors and officials) and the names of participants by December 19, 2008.

The **FINAL** number of your competition team (including competitors and officials) and the names of participants must be submitted to the organizing committee **no later than January 2, 2009**.

### ACCOMMODATIONS

#### **Form #2 – Accommodations Application**

Your application for accommodations must be submitted to the organizers *with a complete rooming list* **no later than December 19, 2008**. *Incomplete application forms are not accepted.*

Accommodations at FIS rate are for the dates of the program only. Early arrivals and late departures are subject to availability and are not available at the FIS Rate. The hotel rates for early arrival and late departure are available upon request.

*Please note: It is essential that birthplace, date of birth and passport # for all athletes and officials be included on the accommodations application form. No U.S. Olympic Training Center (OTC) space will be assigned without this information. **OTC rooms are double (officials) and triple (athletes) only.***

### TRANSPORTATION

#### **Form #3 - Transportation Request**

Requests for transportation from Albany, NY, Plattsburgh, NY or Montreal, CAN must be submitted to the organizing committee **no later than December 19, 2008**.

#### **All entry information should be sent to:**

Olympic Regional Development Authority, Attention: Elizabeth Moeller  
2634 Main Street, Olympic Center, Lake Placid, NY 12946 USA

Phone: (518)523-1655 ext. 231

Fax: (518) 523-9275

E-Mail: [emoeller@orda.org](mailto:emoeller@orda.org)

[www.orda.org](http://www.orda.org)



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## IMPORTANT INFORMATION

### ACCOMMODATIONS

FIS World Cup Freestyle lodging & meals have been arranged at the U.S. Olympic Training Center (OTC), Northwoods Inn, The Pines and Swiss Acres Inn at the FIS determined rate. The organizers are not responsible for teams staying at any other facility then those noted above. Local fitness facilities offer special rates for athletes staying at local hotels.

Rooms are assigned based on availability and will be available for check-in:

**AERIALS:** Tuesday, January 13 at 16:00. Departure is on Monday, January 19 by 10:00.

**SKIER CROSS:** Thursday, January 15 at 16:00. Departure is on Tuesday, January 20 by 10:00.

Accommodations at FIS rate are for the dates of the program only. *Early arrivals and late departures are subject to availability and will be charged at the hotel rate and are not available at the FIS Rate. The rates are available upon request.*

### **U.S. Olympic Training Center (OTC) Guidelines:**

The U.S. Olympic Training Center is designed for world caliber athletes. The facility includes athlete fitness training, specially designed menus for athletes and it will also be the site for the competition office and all team captain meetings. ***If your team requests to stay at the OTC, rooms will be assigned as double (officials) or triple (athletes) occupancy and there are no single rooms.*** Please note that smoking and alcohol consumption are not permitted at the OTC. The OTC requires birth date, birth place and passport information for all athletes, coaches and team support as background security checks are required.

Please complete the attached Accommodation Application Form #2 and return to the organizers **no later than December 19, 2008.** Upon confirmation of your housing application, additional forms will be forwarded to you for completion as required by the organizers.

### TRANSPORTATION

#### **AIRPORT SHUTTLE – From Airports: Albany, Plattsburgh & Montreal Only**

The organizers will provide round-trip transportation from Albany, NY, Plattsburgh, NY or Montreal, CAN and training/competition transportation at the cost of \$150 (US) per person. Reservations for transportation are required by January 2, 2009.

#### **GROUND TRANSPORTATION**

Ground Transportation is provided from Lake Placid to Whiteface Mountain for Skier Cross teams via the Placid Xpress Bus Shuttle. For Aerial Teams in need of ground transportation please mark the appropriate box on the Transportation Request Form #3.

#### **RENTAL VEHICLES**

For teams arriving at Pierre Trudeau International Airport (YUL) in Montreal, Canada or Albany International Airport in Albany (ALB), NY rental vehicles are available through many national car rental agencies. Arrangements can be made by calling the agency directly at the following North American telephone numbers:

Thrifty	1-800-367-2277	or	www.thrifty.com
Hertz	1-800-654-3131	or	www.hertz.com
Avis	1-800-331-1212	or	www.avis.com
Dollar	1-800-800-4000	or	www.dollar.com
National	1-800-227-7368	or	www.nationalcar.com

#### **Cargo Vans**

Budget	1-800-527-0700	or	www.budget.com
Ryder	1-800-467-9337	or	www.ryder.com

#### **Automobile rental is available locally:**

Hertz	(518) 891-9044	1-800-654-3131
Enterprise	(518) 891-9216	1-800-325-8007
Priceless	(518) 523-4838	
Ford	(518) 891-5560	highpeaksrental@adelphia.net

# *Freestyle FIS World Cup*

## **Nature Valley Freestyle Cup**

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### **DRIVING DIRECTIONS FROM AIRPORTS**

**From Albany** - Take I87 North to exit 30 (Keene/Lake Placid). Off exit take left on to Route 9. Continue on Route 9 and follow signs for Route 73 and Lake Placid. Continue on Route 73 through Keene Valley and Keene into Lake Placid.

**From Montreal** - Take Route 15 south to Champlain Crossing, connecting with I-87 south. Take Exit 34 west, following Route 9N, then follow Route 86 to the Whiteface Mountain/Lake Placid area. Continue on Route 86 past Whiteface Mountain to Lake Placid.

### **DRIVING DIRECTIONS FROM LAKE PLACID TO VENUES**

**To Whiteface** - Follow Route 86 East for 8 miles. Turn left into the entrance to Whiteface Mountain.

**To MacKenzie-Intervale Ski Jump Complex** - Follow Route 73 South for 3 miles. Turn right into the entrance to MacKenzie-Intervale Ski Jump Complex.

### **VISA/FOREIGN ATHLETES ENTERING USA**

American Visas are required for each person traveling into the United States. At the border crossing each person will be required to pay a fee (\$6.00 US) and complete an I-94 registration card. Please remember that you will need a new visa *each* time you enter the United States.

### **CURRENCY EXCHANGE**

Your team is encouraged to exchange foreign currency to U.S. Dollars prior to your arrival. The best location for currency exchange is at the airport

### **LIABILITY/INSURANCE**

The organizer cannot be held liable for any damage or accident. All participants have to be sufficiently insured against accidents and illness by themselves or their National Federation.

### **REGISTRATION/CHECK-IN/ACCREDITATION**

Registration and Accreditation will be held in the Event Registration Room at the U.S. Olympic Training Center. Please see schedule for registration times. All Team Leaders must report to the Registration Area for check-in before proceeding to the Whiteface (moguls venue) or the MacKenzie-Intervale Jumping Complex (aerial venue). All fees will be collected upon check-in.

### **COMPETITION OFFICE**

The competition offices will be located at the U.S. Olympic Training Center. Mailboxes will be provided for each team and official for daily updates and results.

### **TEAM CAPTAINS MEETINGS**

All Team Captains meetings will be in the U.S. Olympic Training Center AuSable Room, 196 Old Military Road, Lake Placid. Please see schedule for meeting times.

### **DOPING CONTROL**

Doping control testing may be conducted in accordance with the rules and regulations set forth by FIS.

### **FIS LICENSE**

All athletes are required to have a valid FIS license in order to compete.

### **CEREMONIES**

Awards Ceremonies will take place at the conclusion of each competition.

### **PRESS CENTER**

The main press center will be at the Whiteface Base Lodge. An ancillary center will be at the Ski Jumping Complex on the competition days.

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### SCHEDULE

*As of 9/25/08 – Subject to change*

#### **Tuesday, January 13**

3:00 pm – 8:00pm

#### **Aerials Arrival**

Race Registration - Aerials

OTC

#### **Wednesday, January 14**

8:00 am – 11:00am

9:00 am – 12:00 pm

12:00 pm – 2:00 pm

2:00 pm – 5:00 pm

5:00 pm

Race Registration - Aerials

Aerial Jump Shaping

Aerial Unofficial Training

Race Registration- Aerials

Team Captain Meeting

OTC

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

OTC

OTC

#### **Thursday, January 15**

8:00 am – 11:00am

10:00 am – 10:15 am

10:15 am - 12:15 pm

12:30 pm – 12:45 pm

12:45 pm – 2:45 pm

5:00 pm

6:00 pm – 9:00pm

#### **SX Arrival**

Race Registration - SX

Aerial Group A Speed Check

Aerials Training Group A

Aerial Group B Speed Check

Aerials Training Group B

Team Captain Meeting/Medical Meeting

Race Registration - SX

OTC

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

OTC

OTC

#### **Friday, January 16**

8:00 am – 11:00am

10:30 am -12:30pm

10:00am – 10:15am

10:15 am - 12:15 pm

12:30 pm – 12:45 pm

12:45 pm – 2:45 pm

5:00 pm

6.30 pm – 7.00pm

Race Registration - SX

Ski Cross Course Inspection/Test Runs

Aerial Group B Speed Check

Aerials Training Group B

Aerial Group A Speed Check

Aerials Training Group A

Team Captain Meeting

Coaches Light Check

OTC

Lower Valley

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

OTC

MacKenzie-Intervale Jumping Complex

#### **Saturday, January 17**

9.30 am – 12.00pm

10:00 am – 10:15 am

10:15 am - 12:15 pm

12:30 pm – 12:45 pm

12:45 pm – 2:45 pm

5:00 pm

6.30 pm – 8.00 pm

Ski Cross Official Training

Aerial Group A Speed Check

Aerials Training Group A

Aerial Group B Speed Check

Aerials Training Group B

Team Captain Meeting

Aerials Open Training

Lower Valley

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

OTC

MacKenzie-Intervale Jumping Complex

#### **Sunday, January 18**

7:00 am – 1:00pm

8.15am – 8.45am

9.00am - 9.30am

**9.45am – 11.15am**

12:00 pm – 10:00pm

12:00 am – 12:15 pm

12:15 pm – 1:30pm

**1:30 pm – 2:30pm**

3.45 pm – 4:00 pm

4.00 pm – 5:15 pm

**5.15 pm – 6.15 pm**

6.30 pm – 7:15 pm

7.20 pm – 7.30 pm

**7.40 pm – 8:10 pm**

**8.15 pm – 8.45 pm**

#### **Aerial Competition**

Press Room Open

Men and Women's Ski Cross Inspection

Men and Women's Ski Cross Training

**Men and Women's Ski Cross Qual**

Press Room Open

Women's Speed Checks

Women's Training

**Women's Qualifications**

Men's Speed Checks

Men's Aerials Training

**Men's Qualifications**

Finalist Official Training

Showcase

**Women's Aerial Finals (12)**

**Men's Aerial Finals (12)**

Whiteface Ausable Room

Lower Valley

Lower Valley

**Lower Valley**

MacKenzie-Intervale Jumping Complex

MacKenzie-Intervale Jumping Complex

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**Monday, January 19**

8:00 am – 2:00pm

9.15 am – 9.45 am

9.45 am – 10.30 am

**11.00 am – 12.00 pm**

**Skier Cross Competition**

Press Room

Men and Women's Ski Cross Inspection

Men and Women's Ski Cross Training

**Men and Women's Ski Cross FINALS**

Whiteface Ausable Room

Lower Valley

Lower Valley

**Lower Valley**