

<p>FIS FREESTYLE EUROPEAN CUP 2010</p> 	<p>SIERRA NEVADA, GRANADA, SPAIN</p> 	<p>REAL FEDERACION ESPAÑOLA DEPORTES DE INVIERNO</p> 
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The Spanish Royal Winter Sports Association and the Sierra Nevada Organizing Committee are pleased to invite all of the national associations to attend the FIS Freestyle European Cup to be held on March 09th, 10th & 11th, 2010 and the National Championships to be held on the same slopes the days before and after the European Cup.

ORGANIZING COMMITTEE

Cetursa Sierra Nevada, S.A.

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DATES

- March 07th, 2010 (Sunday), Spanish National Skicross Championship.
- March 09th, 2010 (Tuesday), European Cup Skicross.
- March 10th, 2010 (Wednesday), European Cup Moguls.
- March 11th, 2010 (Thursday), European Cup Moguls
- March 15th, 2009 (Monday), Spanish National Moguls Championship.

RULES

1. – The dates of the European Cup and those of the National and the Regional Championships have been published in the International Calendar of the FIS (<http://www.fis-ski.com/uk/disciplines/fiscalendar.html>).
2. – The competitions will be held under FIS rules and regulations for Freestyle Skiing.
3. – The European Cup competitions as well as the National Championships are open for both men and women.
4. – The Organizing Committee reserves the right to change the order, the timetable and the slope stated in the program depending on the snow conditions and the weather or according to the Jury decision.

ENTRIES

Entries will be accepted from National Ski Associations in accordance with the FIS quotas and rules for the FIS Freestyle European Cup and must be submitted to the Organizing Committee, preferably by e-mail, not later than February 25th, 2010 (Monday). The entry form can be downloaded at <http://eventos.sierranevadaski.com/>

ADMISSION FEE

- Spanish National Skicross and Moguls Championship. Per race: 32.5€.
- European Cup Skicross and Moguls. Per race: 32.5€.

LIFT AND PARKING TICKETS

Free for competitors, coaches and team captains included in the entry form from March 06th until March 15th. There will be training possibilities for Skicross and Moguls throughout this period depending on the snow preparation.

ACCOMMODATION AND RESERVATION

Teams are free to book the accommodation of their choice, but can arrange it through the Organizing Committee using the phone and e-mail already provided. Minimum price in Sierra Nevada is 45€ about only for the accommodation and 69€ for the half board, but it's possible to find cheaper places in Granada or the road to Sierra Nevada. The races are going to be held in a busy period, so we recommend checking the availability of rooms as soon as possible.

METHOD OF PAYMENTS

Admission fee shall be paid to the Organizing Committee in cash or by credit card at the time of registration. Accommodation shall be paid directly to the Hotel. Payment by credit card is possible at most places.

BIBS

All competitors must wear their bibs during all official trainings, competitions and award winning ceremonies. Each team leader will be asked for a 20€ deposit per bib upon registration. The total amount will be refunded by the end of the competitions when bibs are returned.

TEAM CAPTAINS MEETING

The team Captains meetings will be held at the Organizing Committee Office located in Plaza de Andalucía 4, over the big underground parking and close to the Al-Andalus Gondola bottom station.

AWARDS CEREMONIES AND PRIZE MONEY

Awards ceremonies will be held right after the event at the Finish Area.

INSURANCE/LIABILITY

All athletes, officials and other members of the national ski associations who attend and participate in the competitions shall do so at their own risk. The Sierra Nevada Organizing Committee and the Spanish Royal Winter Sports Association shall not be

responsible for any losses or injuries incurred or suffered by any athlete, official or other person in conjunction with the organization or standing of the event. Every competitor must have their own medical insurance. The Sierra Nevada Organizing Committee and the Spanish Royal Winter Sports Association decline any responsibility for accidents, damaged equipment and second and third party claims during the competitions. All athletes must have previously signed the "FIS Athletes Declaration" form in order to be registered.

INFORMATION

In case of any problems or inquiries please contact the Organizing Committee by e-mail or phone, or check the internet: <http://eventos.sierranavadaski.com/>

RACING PROGRAMME (subject to changes)

	Date	Time	
SKICROSS	March 06 th 2010 Saturday	08.00-16.00	Registration
			Inspection Ski Cross
			Training Ski Cross
		16.00	Team Captains Meeting
	March 07 th 2010 Sunday	09.45-10.00	Inspection Ski-cross
		10.30-11.00	Training Ski-cross
		11.30-12.45	Qualifications
		13.00-14.00	SPANISH SKICROSS CHAMPIONSHIP
		14.00	Prizes giving Ceremony
	March 08 th 2010 Monday		Inspection Ski-cross
			Training Ski-cross
		16.00	Team Captains Meeting
	March 09 th 2010 Tuesday	09.45-10.00	Inspection Ski Cross
		10.30-11.00	Training Ski Cross
		11.00-12.45	Qualifications
		13.00-14.00	EUROPEAN CUP SKICROSS
		14.00	Prizes giving Ceremony

	Date	Time	
MOGULS	March 09 th 2010 Wednesday		Inspection Moguls
			Training Moguls
		16.00	Team Captains Meeting
	March 10 th 2010 Wednesday	08.45	Inspection
		9.05-9.45	Training
		10.00-12.00	Qualifications
		12.30	Inspection
		12.40-12.50	Training for finalists
		13.00-14.00	EUROPEAN CUP MOGULS
		14.00	Prizes giving Ceremony
	March 11 th 2010 Thursday	08.45	Inspection
		9.05-9.45	Training
		10.00-12.00	Qualifications
		12.30	Inspection
		12.40-12.50	Training for finalists
		13.00-14.00	EUROPEAN CUP MOGULS
		14.00	Prizes giving Ceremony
	March 14 th 2010 Sunday		Inspection Moguls
			Training Moguls
		16.00	Team Captains Meeting
	March 15 th 2010 Monday	08.45	Inspection
		9.05-9.45	Training
		10.00-12.00	Qualifications
		12.30	Inspection
		12.40-12.50	Training for finalists
		13.00-14.00	SPANISH MOGULS CHAMPIONSHIP
		14.00	Prizes giving Ceremony