

# LG Snowboard FIS World Cup La Molina (SPA)

Preliminary program (changes may possible)

Monday, 15.03.2010

Official Arrival Day (no training possible - Opening Hours Accreditation 15.00-20.00)

	OFFICIAL ARRIVAL DAY	Training	Training	SBX Qualification (ladies 33, men 67)
	Monday, 15.03.2010	Tuesday, 16.03.2010	Wednesday, 17.03.2010	Thursday, 18.03.2010
Race Office Opening Hours:	15.00-20.00	08.00-20.00	08.00-20.00	08.00-20.00
Lift open:		07:30	7:30	07.30
Inspection Training:				09.40-09.50 Ins.m/ 13.00-13.10 Ins.w 10.00-10.30 Tm / 13.20-13.50 Tw
Entry for all closed:				10.35m / 13.55w
Forerunners (4):				10.45 / 14.05 w
Start time Qualification:				10.50-12.50 / 14.10-15.10 w
Start interval:				1-65 - 0,50 min= 60 min x 2 = 120min 1-30 - 0,50 min= 30 min x 2 = 60 min 2 x Break á 5 min = 10min 242 min
Timed run around:				Approx. 50 sec.
Connection Coach:				
Course Setter:				
Inspection/Training Finale:				
Entry for all closed:				
Forerunners (4):				
<b>Start Time Final:</b>				
Start interval:				
Flower Ceremony:				
Prize Giving Ceremony:				
Public bib draw:				
Team Captains Meeting:	18.00 (Informational Meeting)	18.00	18.00	18.00
Training:		Freeriding only	08.00-13.00 Alpine (3 lines) at ROC BLANC STADIUM 09.00-09.15 SBX inspection men 09.20-10.50 SBX training men 11.00-11.15 SBX inspection ladies 11.20-12.50 SBX training ladies 10.00-11.30 HP ladies 11.30-13.00 HP men	08.00-13.00 Alpine (3 lines) at ROC BLANC STADIUM 10.00-11.30 HP ladies 11.30-13.00 HP men
Miscellaneous:		SBX training bibs from OC 18.30 Team Doctors meeting HP training bibs from OC		

	<b>SBX</b> <b>(ladies 16, men 32)</b> Friday, 19.03.2010	<b>HP</b> <b>(ladies 34, men 64)</b> Saturday, 20.03.2010	<b>PGS</b> <b>(ladies 46, men 53)</b> Sunday, 21.03.2010	<b>DEPARTURE DAY</b> Monday, 16.03.2010
	Race Office Opening Hours:	08.00-20.00	08.00-22.00	08.00-20.00
Lift open:	07.30	07.30	07.00	
Inspection Training:		08.00-08.20 H1 m / 12.00-12.20 H1l 10.00-10.20 H2 m	08.20-08.50	
Entry for all closed:		08.20 H1m / 12.20 H1l 10.20 H2m	08.45 at the start	
Forerunners (4):		----- / -----	08.55	
Start time Qualification:		08.25-09.55 H1 m / 12.25-13.55 H1l 10.25-11.55 H2m	09.00 – ca. 11.00	
Start interval:		H1m 1-30 = 1,30 min x 2 = 90 min H2m 1-30 = 1,30 min x 2 = 90 min H1l 1-30 = 1,30 min x 2 = 90 min	1-50 – 25 heats – 1,15 min = 30 min 1-50 – 35 heats – 1,15 min = 30 min 32w+m-32 heats – 1,15 min = 40 min 4 changes betw. w&m = 20 min 120 min	
Timed run around:	Approx. 55 sec.	Approx. 1,30 min per run	Approx. 40 sec.	
Connection Coach:				
Course Setter:				
Inspection/Training Finale:	10.55-11.05 Ins./11.15-11.45 Tr.	14.00-14.20	12.10 – 12.40	
Entry for all closed:	11.45 at the start	14.20	12.35 at the start	
Forerunners (4):	11.55	14.25	12.55	
<b>Start Time Final:</b>	<b>12.00-13.15</b>	<b>14.30-15.30 12 men / 6 women</b>	<b>13.00-15.00</b>	
Start interval:	1/8 Fm 8 H á 2,30 min = 20 min 1/4 Fw+m 8 H á 2,30 min = 20 min SRQ + 1/2 Fw+m 8 H á 2,30 min = 15 min CON + F w+m 8 H á 2,30 min = 15 min 70 min	Approx. 1.30	Heat 1-32 - 1,30 min = 48 min Heat 33-48 – 1,30 min = 24 min Heat 49-56 – 1,50 min = 15 min Heat 57-64 – 1,50 min = 15 min Heat 65-80 – 1,50 min = 15 min 120 min	
Flower Ceremony:	immediately after race in finish area	Immediately after event in finish area	immediately after event in finish area	
Prize Giving Ceremony:	immediately after race in finish area	Finish area	Finish area	
Public bib draw:	-----	-----	-----	
Team Captains Meeting:	18.00	18.00		
<b>Training:</b>	<b>08.00-13.00 Alpine (3 lines)</b> <b>10.00-11.30 HP training ladies</b> <b>11.30-13.00 HP training men</b>	<b>08.00-13.00 Alpine (3 lines)</b>		
Miscellaneous:	5 skidoos for finals	No semi finals but 12 men 6 ladies directly to the finals 5 skidoos for finals	5 skidoos for finals	No reserve day