



# FIS TELEMARK WORLD CUP GRANPALLARS ESPOT 2010

#### INVITATION TO THE FIS TELEMARK WORLD CUP GRANPALLARS ESPOT 2010 13 – 15 MARCH

Firstly, I would I like to welcome you all to our Pyrenees ski resort - GRANPALLARS ESPOT. It is the first time that a World Cup is being held at GranPallars and we hope that everybody takes away fond memories of our resort.

The Organising Committee of the FIS Telemark World Cup is prepared and motivated to organise this event and ensure that it is an enjoyable experience for both the competitors and everybody else involved.

GranPallars is aiming to establish itself in the world of international competition, at a national, European and international level.

GranPallars wants to bring worldwide renown to everything that the Pallars Sobirà region has to offer, including Romanesque style, hotels and services, gastronomy, culture, natural landscapes and much more.

# **GENERAL INFORMATION**

Pallars Sobirà is situated in the heart of the Spanish Pyrenees, in the province of Lleida. The region offers a broad range of different ways to enjoy the mountain and its surrounding area, where there is room for everyone, as well as the Aigüestortes i Estany de Sant Maurici National Park, museums and some exceptional cuisine.

# LOCATION / HOW TO GET THERE

# Airports

Lleida – Alguaire 175 km Barcelona – El Prat 254 km

# By Train

Lleida Pirineus – La Pobla de Segur 175 km Barcelona – Lleida – La Pobla de Segur 254 km

# By Car

- ✓ From Barcelona: Head towards Lleida, passing through Igualada, Cervera, Agramunt, Artesa deSegre, Tremp, Sort, Llavorsí and finally, Espot.
- ✓ From Madrid: Take the A-2 up to Zaragoza. From there continue on towards Lleida, Balaguer, Tremp, Sort, Llavorsí and Espot.
- ✓ From Valencia: Head towards Amposta, Tortosa, Mora d'Ebre, Flix, Lleida, Balaguer, Tremp, Sort, Llavorsí and Espot.







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#### Distances between Espot and the main cities

CITY	KILOMETRES	JOURNEY TIME (BY CAR)
Madrid	631 km	6 hr 56 min
Barcelona	264 km	3 hr 24 min
Valencia	487 km	5 hr 50 min
Granada	1029 km	10 hr 58 min
Lleida	158 km	2 hr 22 min

#### For more information:

www.granpallars.com www.visitpirineus.com www.turisme.pallarssobira.cat www.fceh.cat www.rfedi.es

#### SCHEDULE

Friday, 12 March 2010 Saturday, 13 March 2010 Sunday, 14 March 2010 Monday, 15 March 2010 Team arrival and registration. Team managers' meeting. SPRINT. Team managers' meeting. GIANT SLALOM. Team managers' meeting. CLASSIC.

#### **ENTRY / REGISTRATION**

Please send us your entry forms so we can reserve your accommodation. You should send them in via e-mail to <u>reserves@granpallars.com</u> before 3 March 2010, although if you could send them in before the end of February it would be greatly appreciated.

After arriving in Espot, you should register at the Espot Town Hall building, just by the entrance to the town on the right-hand side.











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# ACCREDITATIONS AND RACE OFFICE

All accreditations must be collected on arrival, at the times and locations shown below:

#### **Opening hours:**

Team reception (Espot Town Hall): Friday, 12 March 2010

from 16.00 to 21.00

Race Office (GranPallars Espot Offices – at the foot of the slopes):Saturday, 13 March 2010from 8.00 to 18.00Sunday, 14 March 2010from 8.00 to 18.00Monday, 15 March 2010from 8.00 to 18.00

If any team is arriving outside of the regular hours, they must notify the race office in advance. Only team registration is possible for this competition.

# **OFFICIAL INFORMATION**

Changes to the schedule and additional information will be displayed in the race office and in Espot Town Hall. The competitors and team managers are responsible for keeping themselves informed.

# CONTACT INFORMATION

For information and reservations:

E-mail: <u>reserves@granpallars.com</u> Telephone: +34 902 190 192







