The Organizing Committee has the pleasure of inviting the National Ski Associations of the International Ski Federation (FIS) to participate in the Viessmann FIS WORLD CUP – World Cup Cross Country Rybinsk/ Demino 04/02 – 06/02 2011

The competitions are sanctioned by the FIS and will be held in compliance with FIS Competition Rules (ICR).

Registration

For registration of the team you should fill in a FIS standard entry application for athletes and officials – form "A".

The enclosed registration form "A" has to be returned to the Organizer until **December 27, 2010** by e-mail: worldcup@demino.com

Please, pay attention to correct name, sex, year of birth, and FIS-number of all the athletes and officials while filling in the registration form.

You may also visit www.demino.com/worldcup/ for registration.

Restrictions

FIS rules apply in this competition.

Liability

Every participant must have an insurance of his/her Ski Association and a signed Declaration of an Athlete. The Organization Committee takes responsibility only for their own part.

Stadium and courses

Please visit <u>www.demino.com/worldcup</u> to see stadium map and track profiles. The programme of the Competitions is also presented on our web site.

Accommodation

To facilitate the organization of accommodation we need accurate details of each team's arrival and departure.

Please fill Form "B" and send it by e-mail to <u>worldcup@demino.com</u> until **January 24, 2011.** Please visit <u>www.demino.com/worldcup/</u> for **Form B**.

Transport service

The teams are to be delivered by two charters: **02.02.2011** from Munich to Yaroslavl, airport "Tunoshna" at 11:00 and 14:00 (CET).

Return flight to Munich on 07.02.2011 at 10:00 and 13:00 (LOC) / 8:00 and 11:00 (CET).

Waiting time at the airport since the plane arrival -30 min maximum. Approximate time on the way from the airport to the place of accommodation -1.5 -2 hours.

We kindly ask you not to forget about regulation concerning one free transfer for the team. Please, do not forget to inform the Organizer about your arrival till December 27, 2010.

FIS WORLD CUP CROSS COUNTRY, Russia, Demino Ski Sport Center, 04.02-06.02, 2011 Tel. +7-4855-294-014, Fax +7-4855-294-050, e-mail: worldcup@demino.com

Transfer from the airports of Moscow to Demino is paid (bus for 50 seats – 850 Euro, minibus for 18 seats – 400 Euro, minibus for 13 seats – 300 Euro). Transit time– 6-8 hours.

Free transport service will be offered during your stay in **Rybinsk**, including pick-up and delivery service from the place of accommodation to the stadium and back, as well as from/to Yaroslavl airport "Tunoshna" (to charter flights).

Please send an application for transport service (Form "C") by e-mail: worldcup@demino.com until **December 30, 2010.**

The teams can take vehicles on lease at the airport. Reservation of cars should be made in advance by filling in Form "C" on our web-site: worldcup@demino.com

Visa support

Visa support is provided by the Russian Cross Country Ski Federation.

You can find Visa application **Form D** on our web-site: www.demino.com/worldcup/. The applications should be sent before **January 24, 2011** by e-mail: ski@roc.ru.

Please contact: Mrs. Anna Belyaeva, National Ski Association in Moscow

Tel. +7 495 637 0265 Fax +7 495 637 0615 e-mail: ski@roc.ru

Waxing facilities

Waxing is arranged according to FIS WC rules. At all FIS Sprint and Distance competitions each team has the right for minimum of 10 m2 (1 to 2 athletes) and 15 m2 (3-5 athletes). For more than 5 athletes, each athlete has the right to get 2 m2 for waxing and 1 m2 for changing athlete's lounge. Places for ski preparation will be available at the stadium.

In case additional rent of tables for ski preparation is necessary (rent of one table -100 EUR), as well as additional areas for ski servicing, we kindly ask you to inform us in advance using Form "B".

If team arrives with the motor home (wax cabins on the truck), the connections and the parking space are available for the team, but the teams have to inform the Organizing Committee latest 30 days before the competitions with the request form (size, power supplier, design etc.) for the motor home and the wax cabins size will be reduced.

Attachés

Each team has the opportunity to invite one attaché for the period of the competitions, whose services are offered by the organizer for free.

Please indicate in form "B" the necessity of attaché invitation.

Payment

Financial conditions apply as stated in FIS WC rules. All travel and accommodation costs will be settled in finance office with the Team Captain at Demino Ski Sport Center, Rybinsk.

03.02. 2011 – accommodation and transport service.

04.02. - 06.02.2011 – prize fund issues.

Travel payments by the Organizer to the Competition winners will be made in cash.

Team payments can be done in cash or with credit cards.

Technical Delegates

Jussi Prykări (Finland) - FIS Technical Delegate Pierre Gay-Perret (France- FIS Technical Delegate Assistant Andrei Arseniev (Russia) - Race Director.

FIS World Cup Rybinsk/Demino-2011 Organizing Committee

Programme FIS WC 04.02.11 – 06.02.11

Tuesday, February 01, 2011

Wednesday, February 02, 2011 – Teams' arrival day

8.00 - 22.00 Meeting of the delegations at the airport.

Thursday, February 03, 2011

10.00 - 12.00 Official training, examination of the course

17.00 Team captains' meeting

Friday, February 04, 2011

12.40 Opening ceremony

13.00 Pursuit/ ladies/ 5 + 5 km

13.50 Flower ceremony/ ladies

14.15 Pursuit/ men/ 10 + 10 km

15.25 Flower ceremony/ men

15.35 - 16.15 Press-conference/ ladies and men top three athletes

15.30 - 17.00 Official training

17.00 Team captains' meeting

Saturday, February 05, 2011

11.30 Sprint/ qualification start/ ladies/ men

12.45 Baby-sprint

13.30 Quarter-finals/ semi-finals/ finals/ ladies/ men

15.30 Flower ceremony. Ladies

15.40 Flower ceremony. Men

15.50 - 16.30 Press-conference/ men and ladies top three athletes

15.30 - 17.00 Official training

17.00 Team captains' meeting

19.00 Ceremony of Awarding the winners and

prize winners of WC "Demino-2010" in Rybinsk

Sunday, February 06, 2011

12.45 FIS Cross-Country World Cup presented by Viessmann, men 4x10km

14.45 Flower ceremony. Men

15.00 FIS Cross-Country World Cup presented by Viessmann, ladies 4x5km

16.20 Flower ceremony. Ladies

16.30 - 17.10 Press-conference/ men and ladies top three athletes

Monday, February 07, 2011

Departure day

ENTRY FORM Cross-Country

FORMULAIRE D'INSCRIPTION Ski de fonds

ANMELDEFORMULAR Langlauf

Competition (Name Manifestation (Nom/ Veranstatlung (Name	Lieu) FIS WORLD CUP DEMINO, RYBINSK (2/Ort)					<i>Da</i> Da	<i>te de</i> tum o	<i>la co</i> des W	<i>urse</i> ettka	, 05.02 ,		
National Associatio						Ca	t.	WC		Tech-		F
Fédération National	2							COO		nique		C
Nationaler Verband								FIS	5		Mi	xed
Responsible for ent						Te						
Responsable de l'inc						Fax						
Für die Meldung ver	antwortlich					e-n	nail					
COM	I PETITORS COUREURS WETTKÄMPFER											
FIS Code Code FIS	Surname, First Name Nom de famille, Prénom	YB AN	Gen	der	Formats/Distances Bewerbe/Distanzen							
FIS Code	Familienname, Vorname	JG	Men	La- dies	Spr- int	Pur- suit	Re- lay	5 km	10 km	15 km	30 km	50 km

Site/Lieu/Ort	Date/Date/Datum	Signature/Unterschrift	

OFFICIALS *OFFICIELS* OFFIZIELLE

Surname, First Name	Function	Arrival	Departure
Nom de famille, Prénom	Fonction	Arrivée	Départ
Familienname, Vorname	Funktion Team Captain /Chef d'équipe/	Anreise	Abreise
	Mannschaftsführer		
	Trainer/Entraîneur/Trainer		
	Doctor/Médecin/Arzt		
	Physiotherapist/Masseur/Masseur		
	Technicians/Techniciens/Techniker		
	Service personnel/Personnel de		
	service/Servicepersonal		
	 		
			
Place, Date			
	Signature:		
Lieu, Date	Signature: Unterschrfit:		
Ort, Datum	Unterschifft.		
Block letters please! Ecrir	re en majuscules s.v.p. B	itte in Blockschi	rift schreiben!

ACCOMODATION

Form B

FI	ition (name/site) S WORLD CUP DEMINO, Rybinsk, Russia	Date 04.02, 05.02, 06.02 2011 (01-02.01.2011 – days of arrival, 07.02.2011 – day of departure)		
National association				,
	Hotels/ Cottages	Person	Arrival date	Departure date
Accomn	nodation in SSC "Demino" (starting point)			
Sport Ho	otel in "Demino" (starting point)			
Double r	room, 3-meals per day included			
Accomn	nodation in Rybinsk hotels (18 km from the star	tinq point)		
Double r	room, 3-meals per day included			
Single ro	oom, 3-meals per day included			
Speci	ial wishes:			
	TACHE			
	TACHE Yes, we need an assistance of the attaché. Lang	•		
	ACHE	•		
	Yes, we need an assistance of the attaché. Lang No, we do not need an assistance of the attaché We need additional areas for ski servicing	•		
	Yes, we need an assistance of the attaché. Lang No, we do not need an assistance of the attaché	•		

Please fill Form B and send a mail to worldcup@demino.com before January 24, 2011.

Transport service

Competition (name/site) FIS WORLD CUP DEMINO, Rybinsk, Russia	Date 04.02, 05.02, 06.02 2011 (01-02.01.2011 – days of arrival, 07.02.2011 – day of departure)
National association	

INFORMATION ON THE TEAM ARRIVAL

Airport	
Arrival date	
Number of people	
Flight number	
Time of Arrival	
Load amount, kg	

In accordance with the FIS rules for the World Cup Cross Country events (par. 8.4), the teams are planned to be transferred by motor transport from Yaroslavl airport to the place of accommodation.

Waiting time in the airport from the moment of the plane arrival is 0.5 hour maximum. Approximate time on the way from the airport to the accommodation place is 1.5 hours.

Ordered transfer from Moscow to "Demino" is paid (bus for 50 seats – 850 Euro, minibus for 18 seats – 400 Euro, minibus for 13 seats – 300 Euro). Approximate time of journey from the Moscow airport to the place of accommodation is 6 hours.

Please inform us on the necessity of organization of additional trips for you (place, time, and number of people) and your plans to rent a motor transport.

TEAM DEPARTURE INFORMATION

Departure airport	
Departure date	
Number of people	
Issuing Airline	
Departure time	

Site	Date	Signature	

Please fill Form C and send a mail to worldcup@demino.com before December 30, 2010.