



Freestyle FIS World Cup Nature Valley Freestyle Cup

Lake Placid, New York USA January 17-24, 2011



LAKE PLACID TEAM INVITATION

On behalf of the United States Ski & Snowboard Association, and the Olympic Regional Development Authority, the Lake Placid Organizing Committee cordially invites your nation, as a member of the Federation Internationale de Ski (FIS), to participate in the Nature Valley Freestyle Cup, as part of the 2011 Freestyle FIS World Cup. The FIS rules will be applied to this competition.

ENTRIES

Form #1 – Registration (FIS Entry Form)

Entries will be accepted from National Ski Associations with the FIS quotas and rules. Please submit the anticipated number of your competition team (including competitors and officials) and the names of participants by December 22, 2010.

The **FINAL** number of your competition team (including competitors and officials) and the names of participants must be submitted to the organizing committee **no later than January 13, 2011.**

ACCOMMODATIONS

Form #2 – Accommodations Application

Your application for accommodations must be submitted to the organizers *with a complete rooming list* **no later than December 22, 2010.** *Incomplete application forms are not accepted.*

Accommodations at FIS rate are for the dates of the program only. Accommodations will be at the Comfort Inn, located at 2125 Saranac Ave. and their phone number is 518-523-9555.

Early arrivals and late departures are subject to availability and are not available at the FIS Rate. The hotel rates for early arrival and late departure are available upon request.

TRANSPORTATION

Form #3 - Transportation Request

Requests for transportation from Albany, NY, Plattsburgh, NY or Montreal, CAN must be submitted to the organizing committee **no later than December 22, 2010.**

All entry information should be sent to:

Olympic Regional Development Authority, Attention: Elizabeth Moeller
2634 Main Street, Olympic Center, Lake Placid, NY 12946 USA
Phone: (518)523-1655 ext. 231 Fax: (518) 523-9275
E-Mail: emoeller@orda.org www.whitefacelakeplacid.com



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IMPORTANT INFORMATION

ACCOMMODATIONS

FIS World Cup Freestyle lodging & meals (breakfast and dinner) have been arranged at the Comfort Inn at the FIS determined rate. The organizers are not responsible for teams staying at any other facility. Local fitness facilities offer special rates for athletes staying at local hotels. Rooms are assigned based on availability and will be available for check-in:

AERIALS: Monday, January 17 at 16:00. Departure is on Saturday, January 22 by 10:00.

MOGULS: Monday, January 17 at 16:00. Departure is on Monday, January 24 by 10:00.

Accommodations at FIS rate are for the dates of the program only. *Early arrivals and late departures are subject to availability and will be charged at the hotel rate and are not available at the FIS Rate. The rates are available upon request.*

Please complete the attached Accommodation Application Form #2 and return to the organizers **no later than December 22, 2010.**

TRANSPORTATION

AIRPORT SHUTTLE – From Airports: Albany, Plattsburgh & Montreal Only

The organizers will provide round-trip transportation from Albany, NY, Plattsburgh, NY or Montreal, CAN and training/competition transportation at the cost of \$150 (US) per person. Reservations for transportation are required by December 22, 2010.

GROUND TRANSPORTATION

Ground Transportation is provided from Lake Placid to Whiteface Mountain for Mogul teams via the Placid Xpress Bus Shuttle. For Aerial Teams in need of ground transportation please mark the appropriate box on the Transportation Request Form #3.

RENTAL VEHICLES

For teams arriving at Pierre Trudeau International Airport (YUL) in Montreal, Canada or Albany International Airport in Albany (ALB), NY rental vehicles are available through many national car rental agencies. Arrangements can be made by calling the agency directly at the following North American telephone numbers:

Thrifty	1-800-367-2277	or	www.thrifty.com
Hertz	1-800-654-3131	or	www.hertz.com
Avis	1-800-331-1212	or	www.avis.com
Dollar	1-800-800-4000	or	www.dollar.com
National	1-800-227-7368	or	www.nationalcar.com

Cargo Vans

Budget	1-800-527-0700	or	www.budget.com
Ryder	1-800-467-9337	or	www.ryder.com

Automobile rental is available locally:

Hertz	(518) 891-9044	1-800-654-3131
Enterprise	(518) 891-9216	1-800-325-8007
Priceless	(518) 523-4838	
Ford	(518) 891-5560	highpeaksrental@adelphia.net

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DRIVING DIRECTIONS FROM AIRPORTS

From Albany - Take I87 North to exit 30 (Keene/Lake Placid). Off exit take left on to Route 9. Continue on Route 9 and follow signs for Route 73 and Lake Placid. Continue on Route 73 through Keene Valley and Keene into Lake Placid.

From Montreal - Take Route 15 south to Champlain Crossing, connecting with I-87 south. Take Exit 34 west, following Route 9N, then follow Route 86 to the Whiteface Mountain/Lake Placid area. Continue on Route 86 past Whiteface Mountain to Lake Placid.

DRIVING DIRECTIONS FROM LAKE PLACID TO VENUES

To Whiteface - Follow Route 86 East for 8 miles. Turn left into the entrance to Whiteface Mountain.

To MacKenzie-Intervale Ski Jump Complex - Follow Route 73 South for 3 miles. Turn right into the entrance to MacKenzie-Intervale Ski Jump Complex.

VISA/FOREIGN ATHLETES ENTERING USA

For countries that participate in the USA Visa waiver program, you will need to register online at the following link: <http://www.cbp.gov/xp/cgov/travel/id Visa/esta/>. If you are a country that does not participate in the USA Visa waiver program, you may contact Elizabeth Moeller at emoeller@orda.org for an official invitation. At the border crossing each person is required to pay a fee of \$6.00 (USD) and complete an I-94 registration card.

CURRENCY EXCHANGE

Your team is encouraged to exchange foreign currency to U.S. Dollars prior to your arrival. The best location for currency exchange is at the airport.

LIABILITY/INSURANCE

The organizer cannot be held liable for any damage or accident. All participants have to be sufficiently insured against accidents and illness by themselves or their National Federation.

REGISTRATION/CHECK-IN/ACCREDITATION

Registration and Accreditation will be held in the Event Registration Room at the U.S. Olympic Training Center. Please see schedule for registration times. All Team Leaders must report to the Registration Area for check-in before proceeding to the Whiteface (moguls venue) or the MacKenzie-Intervale Jumping Complex (aerial venue). All fees will be collected upon check-in.

COMPETITION OFFICE

The competition offices will be located at the U.S. Olympic Training Center. Mailboxes will be provided for each team and official for daily updates and results.

TEAM CAPTAINS MEETINGS

All Team Captains meetings will be in the U.S. Olympic Training Center Adirondack Room, 196 Old Military Road, Lake Placid. Please see schedule for meeting times.

DOPING CONTROL

Doping control testing may be conducted in accordance with the rules and regulations set forth by FIS.

FIS LICENSE

All athletes are required to have a valid FIS license in order to compete.

CEREMONIES

Awards Ceremonies will take place at the conclusion of each competition.

PRESS CENTER

The main press center will be at the Whiteface Base Lodge. An ancillary center will be at the Ski Jumping Complex on the competition days.

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SCHEDULE

Subject to change – 10/13/10

Start	Finish	Duration	Event	Location
Monday, January 17, 2011				
10:00 - 20:00	10:00		Mogul and Aerial Team Arrival	OTC
17:00 - 21:00	4:00		Team Registration	OTC
Tuesday, January 18, 2011				
09:00 - 11:00	3:00		Team Registration	OTC
10:00 - 20:00	10:00		Mogul and Aerial Team Arrival	OTC
10:00 - 15:00	5:00		All Athlete Free Skiing	WF
11:00 - 14:00	3:00		Moguls and Aerials Jump Shaping (Coaches Only)	Wilderness/OJC
17:00 - 17:30	0:30		M+AE Team Captains Meeting	OTC
17:30 - 18:00	0:30		Lake Placid All Teams Medical Meeting	OTC
Wednesday, January 19, 2011				
10:15 - 12:45	2:30		Aerial Training - Group 1	OJC
11:30 - 13:30	2:00		Ladies' and Men's Mogul Training	Wilderness
13:00 - 15:30	2:30		Aerial Training - Group 2	OJC
Thursday, January 21, 2011				
10:15 - 12:45	2:30		Aerial Training - Group 2	OJC
11:30 - 13:30	2:00		Ladies' and Men's Mogul Training	Wilderness
13:00 - 15:30	2:30		Aerial Training - Group 1	OJC
17:30 - 18:00	0:30		Aerial Draw	OTC
Friday, January 21, 2011 – Aerial Competition				
8:00 - 8:15	0:15		Ladies' Speed Checks	OJC
8:15 - 9:35	1:20		Ladies' Aerials Official Training	OJC
9:45 - 10:30	0:45		Ladies' Aerial Qualifications	OJC
10:30 - 10:45	0:15		Men's Aerial Speed Checks	OJC
10:45 - 12:15	1:30		Men's Aerial Training	OJC
11:30 - 13:30	2:00		Ladies' and Men's Mogul Training	Wilderness
12:25 - 13:25	1:00		Men's Aerial Qualifications	OJC
13:35 - 13:50	0:15		Ladies' and Men's Finalist Speed Checks	OJC
13:50 - 14:20	0:30		Ladies' and Men's Finalist Training	OJC
14:30 - 14:50	0:20		Ladies' Aerial Finals	OJC
14:55 - 15:20	0:25		Men's Aerial Finals	OJC
15:30 - 15:45	0:15		Awards	OJC – Finish Area
17:30 - 18:00	0:30		Mogul Draw	OTC

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SCHEDULE CONTINUED

Subject to change – 10/13/10

Saturday, January 22, 2011 – Mogul Competition

8:00 – 8:10	0:10	Ladies' Mogul Qualifications Inspection	Wilderness
8:25 – 9:00	0:35	Ladies' Mogul Qualifications Training	Wilderness
9:15 – 10:15	1:00	Ladies' Mogul Qualifications	Wilderness
10:20 – 10:30	0:10	Men's Mogul Qualifications Inspection	Wilderness
10:45 – 11:25	0:40	Men's Mogul Qualifications Training	Wilderness
11:35 – 13:00	1:25	Men's Mogul Qualifications	Wilderness
13:10 – 13:30	0:20	Ladies' and Men's Mogul Finalist Training	Wilderness
13:45 – 14:15	0:30	Ladies' Mogul Finals	Wilderness
14:20 – 14:50	0:30	Men's Mogul Finals	Wilderness
15:00 – 15:15	0:15	Awards	Base Lodge – Outside
18:00 – 18:30	0:30	Mogul Draw	OTC
10:00		Aerial Team Departures	

Sunday, January 23, 2011 – Mogul Competition

8:00 - 8:10	0:10	Ladies' Mogul Qualifications Inspection	Wilderness
8:25 - 9:00	0:35	Ladies' Mogul Qualifications Training	Wilderness
9:15 - 10:15	1:00	Ladies' Mogul Qualifications	Wilderness
10:20 - 10:30	0:10	Men's Mogul Qualifications Inspection	Wilderness
10:45 - 11:25	0:40	Men's Mogul Qualifications Training	Wilderness
11:35 - 13:00	1:25	Men's Mogul Qualifications	Wilderness
13:10 - 13:30	0:20	Ladies' and Men's Mogul Finalist Training	Wilderness
13:45 - 14:15	0:30	Ladies' Mogul Finals	Wilderness
14:20 - 14:50	0:30	Men's Mogul Finals	Wilderness
15:00 - 15:15	0:15	Awards	Base Lodge – Outside

Monday, January 24, 2011

10:00		Mogul Team Departures	
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Location Key:

OTC = Olympic Training Center

OJC = Olympic Jumping Complex

Wilderness = mogul competition trail at Whiteface Mountain