



## **FIS FREESTYLE EUROPEAN CUP 2011**

### **Polyarnie Zori, Murmansk, RUS**

The Freestyle Federation of Russia is pleased to invite you to attend the FIS Freestyle European Cup 2011 competitions held at Salma ski resort, Polyarnye Zori, Murmansk, Russia on

**Friday, March 11<sup>th</sup> – Sunday, March 14<sup>th</sup> 2011**

### **ORGANIZER**

#### **Russian Freestyle Federation**

##### **Local organizer – Russian Alpine League**

*Mailing address: NGL, Bumazhniy proezd 14, stroenie 1  
127015, Moscow, Russia*

*Tel/Fax: +7-499-257-3452*

*E-mail: race@ngl.ru*

### **RULES**

- 1 The Freestyle Federation of Russia and Salma ski resort are organizing European Cup Freestyle competitions for the FIS 2011 freestyle circuit.
- 2 The dates of the competitions are published in the International Calendar of FIS.
- 3 The Competitions are held according to the FIS rules and regulations for freestyle skiing competitions.
- 4 The program of the Competitions comprises two events for both ladies and men: Aerials (2), Moguls, and Dual Moguls.
- 5 The Organizing Committee reserves the right to change the schedule or the place of the events from those stated in the program, according to the snow conditions or the decision of the Competition Jury.

### **ENTRIES**

Entries are accepted from National Ski Associations in accordance with the FIS quotas and must be submitted to the Organizing Committee by mail, fax or E-mail no later than **Tuesday, February 1<sup>st</sup>, 2011**. Please, complete the enclosed Entry Form and send it to the Organizing Committee by the deadline mentioned above:

#### **Russian Alpine League**

E-mail: race@ngl.ru

Mailing address: NGL, Bumazhniy proezd 14, stroenie 1  
127015, Moscow, Russia  
Tel/Fax: +7-499-257-3452



## ENTRY FEES

FIS European Cup:

**SFR 42** – per competitor and event, i.e. 27 EUR

**SFR 62** – per competitor and 2 events. 40 EUR

Entry fees are payable to the Organizing Committee upon registration.

Currency exchange kiosk will be set up on-site. Alternatively currency exchange services are also available in Polyarnye Zori.

## VISAS

**Most foreign citizens require a valid visa in order to enter Russia.**

Please check with your local Russian Embassy or Consulate to determine if you need a visa to travel to Russia and what regulations apply in your case. Contacts of Russian consulates can be found via the Russian Ministry of Foreign Affairs website [www.mid.ru](http://www.mid.ru) (direct link to the [MFA website](#))

To assist you with getting a visa the Organizing Committee should be informed about the form of the documents necessary to obtain a visa and provided a fax number, regular mail address, e-mail or express-mail address as well as the personal details for every participant.

### Information required for a visa invitation:

1. Name
2. Date of birth
3. Passport №
4. Sex
5. Russian Embassy or Consulate where a visa will be obtained (country, city).
6. Arrival and departure dates (travel itinerary)
7. Accommodation details

### Please send all the data to:

[race@nql.ru](mailto:race@nql.ru)

by Tuesday, February 1st, 2011

Mailing address:

Russian Alpine League  
NGL, Bumazhniy proezd 14, str. 1  
127015, Moscow, Russia  
Tel/Fax: +7-499-257-3452

### Questions / problems / info:

Ms. Evgenia Sedelnikova

[race@nql.ru](mailto:race@nql.ru)

Tel.: +7 499 257 34 52

Mob.: +7 903 211 93 90

Mr. Oleg Kitov

[pvakov@mail.ru](mailto:pvakov@mail.ru)

Mob.: +7 812 923 31 33

+7 812 966 31 33

*NOTE: invitation issue process may take several days. To avoid delays/problems with visas make sure all data is submitted to the OC no later than **Tuesday, February 1<sup>st</sup>, 2011** We kindly ask you to send us a confirmation upon receiving the invitation and notify the OC once you receive your visa.*



## ACCOMMODATION AND RESERVATION

Accommodation for athletes and officials is provided at Salma ski resort. All teams must first register at the Race Office and get an accommodation voucher for a cottage at Salma ski resort or a hotel in Polyarnye Zori.

The Organizing Committee offers the following accommodation options for competition participants:

### **Cottages 10+1persons:**

1st floor: 1 double sofa, WC, shower, 3 beds, mini-kitchen

2nd floor: 4 bedroom, WC, shower

### **Hotel in the city 10 km far from SALMA ski resort:**

Standard DBL: 1 double bed, shower cabin + WC

Standard TW: 2 beds, shower cabin + WC

## MEALS

FB (3 meals a day: breakfast, lunch, dinner) 19 EUR – per person/day

HB (2 meals a day: lunch, dinner) 12 EUR – per person/day

HB (2 meals a day: breakfast, lunch) 10 EUR – per person/day

Please, pay attention to **check out date and time**, when you are to leave the cottages!

## METHODS OF PAYMENT

Accommodation as well as entry fees are to be paid to the Organizing Committee in cash at the Race Office during the registration.

## RACE OFFICE AND REGISTRATION

During the Competitions the Race Office will be located at Salma ski resort. Team registration procedure for the European Cup competitions will take place daily, starting from Wednesday, 9<sup>th</sup> of March from 18:00 pm at the Race Office.

## TEAM LEADERS MEETING

The first Team Leaders Meeting will be held on Wednesday, 9<sup>th</sup> of March at 19:00 at the Race Office.



## **BIBS**

All competitors must wear their bibs during all official trainings, competitions and award ceremonies. Each team leader will be asked for a deposit of €20 per bib upon registration.

## **SKI PASSES**

Ski lift tickets for competitors and coaches will be provided on the days of competitions and official trainings free of charge. Other days – 8 EUR per day. Each team leader will be asked for a deposit of 5 EUR per ski lift card upon registration.

## **AWARD CEREMONY**

Award ceremonies will be held right after each event at the special award area.

## **INSURANCE/ LIABILITY**

All athletes, officials and other members of the National Associations, who attend and participate in the competitions, shall do so at their own risk. The Organizing Committee, the Russian Freestyle Ski Federation and Salma Ski Resort shall not be responsible for any losses or injuries occurred or suffered by any athlete, official or other person, in accordance with the organization or standing of the event.

Every competitor must have his/her own medical insurance. The Organizing Committee, the Russian Freestyle Ski Federation and Salma Ski Resort decline any responsibility for accidents, damaged equipment and second and third party claims during the competitions. All athletes must have previously signed "FIS Athletes Declaration" form, in order to be registered.

## **TRANSPORTATION**

Teams are responsible for their own transportation from the airport of Murmansk to Salma ski resort and back. Please, note that we have finalized special arrangements with a transport company (see details below). We would advise you to consider their services rather than using public transportation system being relatively expensive and uncomfortable.

**Please, provide us with your flight arrival and departure information as soon as possible.**

Salma Ski Resort is located about 350 km south of Murmansk airport. It is possible to reach this area by car or coach. We can organize coaches, transporter or passenger car transportation if required

### **Airport transfer cost:**

- \* **Minibus 3-11 seats:** 200 EUR (return), 120 EUR (one way)
- \* **Bus 12-50 seats:** 300 EUR (return), 180 EUR (one way)



**Transportation costs for the teams coming from/via Finland**  
(Kuusamo or Rovaniemi):

- \* **Minibus 3-11 seats**      550 EUR (return), 350 EUR (one way)
- \* **Bus 12-50 seats**      900 EUR (return), 500 EUR (one way)

The transfer fee should be paid directly to the driver.

**For transportation arrangements, please, contact OC**

**E-mail: [pvakov@mail.ru](mailto:pvakov@mail.ru)**

Cars can also be rented in Murmansk in the local transport companies.

Car rental in Murmansk:

**Hertz Rent-A-Car in Murmansk:**

[www.hertz.ru](http://www.hertz.ru) e-mail: [hertzres@sovintel.ru](mailto:hertzres@sovintel.ru)

**Itinerary:**

**From Murmansk:** (Мурманск) to Polyarnie Zori (Полярные Зори) 270km about, Road №M18, down to the St. Petersburg direction Salma Ski Resort respectively. We hope to set some extra road-signs showing the direction for the competition time.

**From the boarder SALLA:** (operation hours: from 7.00 to 19.00) Kandalaksha (Кандалакша) about 150km, next left turn to the road №M18 direction Murmansk, follow signs **Мурманск** about 40km, pass the right turn to Polyarnye Zori then after 8km take the left turn to Salma Ski Resort, main crossroad (T-shape). We hope to set some extra road-signs showing the direction for the competition time.

## INFORMATION

The Invitation will be available on the FIS website and National Freestyle Federation web site from **January 22** at <ftp://ftp.fisiski.ch> for the latest information about Russia, changes or fresh news and weather forecast please refer to: [www.Rp5.ru](http://www.Rp5.ru)

For pictures from SALMA ski resort please refer to:  
<http://www.salma-ski.ru/veb-kamera.html>

In case of any problems and for inquiries please contact the Organizing Committee by e-mail or phone:

Ms. Evgenia Sedelnikova  
[race@ngl.ru](mailto:race@ngl.ru)  
Tel.: +7 499 257 34 52  
Mob.: +7 903 211 93 90

Mr. Oleg Kitov  
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## COMPETITION PROGRAM

<b>Wednesday 9th, March</b>	<b>Arrival, Accommodation, 18:00-21:00 unofficial training 18:00-21:00 Race Office open 19:00 Team leaders meeting (Race Office) Arrival, Registration</b>
<b>Thursday 10th, March</b>	<b>08:00-10:00; 19:00-20:00 Race Office open 08:30-08:40 Kickers inspection 9:00-12:00 Aerials training 10:00-13:00 Mogul training 19:00 Team leaders meeting (Race office)</b>
<b>Friday 11th, March</b>	<b>08:00-10:00; 19:00-20:00 Race Office open 08:40-08:50 Course inspection 9:00-9:45 Official training 10:00 Forerunners 10:10 FIS Moguls race, W/M – Elimination 12:00-12:30 Training for finalists 12:45 FIS Moguls race, W/M - finals 14:30 Prize giving ceremony 15:00 Training for aerialists 19:00 Team leaders meeting</b>
<b>Saturday 12th, March</b>	<b>08:00-10:00; 19:00-20:00 Race Office open 08:40-08:50 Course inspection 9:00-9:45 Official training 10:00 Forerunners 10:10 FIS Moguls race, W/M – Elimination 12:00-12:40 Training for finalists 13:00 FIS Dual Moguls race, W/M - finals 14:30 Prize giving ceremony 15:00 Training for aerialists 19:00 Team leaders meeting</b>
<b>Sunday 13<sup>th</sup>, March</b>	<b>08:00-10:00; 19:00-20:00 Race Office open 08:30-08:40 Kickers inspection 9:00-9:40 Aerials official training (W) 9:50-10:30 Women – Elimination EC A 10:30-11:10 Aerials official training (M), 11:15-12:00 Men – Elimination EC A 12:30 Training for finalists 13:00-14:00 FIS Aerial, women/men – finals 16:30 Prize giving ceremony</b>



**Monday 14<sup>th</sup>, March**

**08:00-10:00; 19:00-20:00 Race Office open**

**08:30-08:40 Kickers inspection**

**9:00-9:40 Aerials official training (W)**

**9:50-10:30 Women – Elimination EC A**

**10:30-11:10 Aerials official training (M),**

**11:15-12:00 Men – Elimination EC A**

**12:30 Training for finalists**

**13:00-14:00 FIS Aerial, women/men – finals**

**16:30 Prize giving ceremony**

Time and program are subject to change depending on the weather conditions. The Organizing Committee kindly asks the participants to specify the date and the time of their departure in order keep the accommodation reservation.



## ENTRY FORM

### FIS FREESTYLE EUROPEAN CUP 2011

Polyarnye Zori 11<sup>th</sup> – 13<sup>th</sup> 2011

COMPETITORS and OFFICIALS						
Country	Surname, Name Home address	Competit. / Officials	DOB	FIS Code	Arrival Date	Departure Date
<b>Total</b>						

Entries must be sent to the Organizing Committee no later than February 1<sup>st</sup>, 2011.

#### Organizing Committee / Race Office:

Ms. Evgenia Sedelnikova  
[race@ngl.ru](mailto:race@ngl.ru)  
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***! Please, specify your passport number, surname, first name, date of birth and home address in the application, and e-mail us a scanned colour copy of your passport***





**ACCOMMODATION REQUIREMENTS**  
**FIS FREESTYLE EUROPEAN CUP 2011**  
Polyarnye Zori 11<sup>th</sup> – 13<sup>th</sup> 2011

<b>COMPETITORS and OFFICIALS</b>						
<b>Country</b>	<b>Surname, Name</b>	<b>Competit./ Officials</b>	<b>DOB</b>	<b>Shared with</b>	<b>Arrival Date</b>	<b>Departure Date</b>
<b>Total</b>						

Accommodation requirements in order to guarantee the capacity must be sent to the Organizing Committee no later than February 1<sup>st</sup>, 2011

**Organizing Committee / Race Office:**

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***! Please, specify your passport number, surname, first name, date of birth and home address in the application, and e-mail us a scanned colour copy of your passport***