

Welcome to

FIS World Cup Lillehammer, NOR

3 - 5 December 2010

Bauhaus FIS World Cup Ski Jumping and DKB FIS World Cup Nordic Combined



## RACE PROGRAMME

Ski Jumping Hill: Lysgårdsbakkene, Lillehammer

Cross Country Arena: Sjusjøen Skisenter

### Thursday 2 December 2010

**18.00** Nordic Combined, Team Captains' Meeting, Radisson Blu Lillehammer Hotel

### Friday 3 December 2010

10.00 Ski Jumping, Team Captains' Meeting, Radisson Blu Lillehammer Hotel

**10.00** Nordic Combined, Official Training, SJ HS 138, 2 rounds

**12.00** Nordic Combined, Provisional Competition Round, SJ HS 138

**14.00** Nordic Combined, Official Training Cross Country

16.00 Ski Jumping, HS 138, Official Training (2 rounds)

**17.00** Nordic Combined, Team Captains' Meeting, Radisson Blu Lillehammer Hotel

18.00 Ski Jumping HS 138, Qualification

### Saturday 4 December 2010

**09.00** Nordic Combined, Trial round Ski Jumping HS 138

**10.00** Nordic Combined, Ski Jumping HS 138 Ind. Gundersen

**12.30** Nordic Combined, Cross Country 10 km Ind. Gundersen followed by Prize Ceremony

15.00 Ski Jumping HS 138, Trial round

16.00 Ski Jumping HS 138, First round followed by Final round and Prize Ceremony

**18.30** Nordic Combined, Team Captains' Meeting, Radisson Blu Lillehammer Hotel

### Sunday 5 December 2010

**08.45** Nordic Combined, Trial round Ski Jumping HS 138

09.00 Ski Jumping, Team Captains' Meeting, Radisson Blu Lillehammer Hotel

**09.45** Nordic Combined, Ski Jumping HS 138 Ind. Gundersen

12.30 Ski Jumping HS 138, Qualification

**12.30** Nordic Combined, Cross Country 10 km Ind. Gundersen followed by Prize Ceremony

14.00 Ski Jumping HS 138 First round followed by Final round and Prize Ceremony



**RICOH**



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