











The Organizing Committee has the pleasure of inviting the National Ski Associations of the International Ski Federation (FIS) to participate in the FIS World Cup Cross Country presented by Viessmann Rybinsk/ Demino 04/02 – 05/02 2012

The competitions are sanctioned by the FIS and will be held in compliance with the FIS Competition Rules (ICR).

Registration

For registration of the team use the FIS on-line entry on <u>www.fis-ski.com</u>.

Please, fill in a FIS standard entry application for athletes and officials – form A. The enclosed entry form A is to be returned to the Organizer before **December 27, 2011** to e-mail: worldcup@demino.com. Please, pay attention to correct name, sex, year of birth, and FIS-number of all the athletes and officials while filling in the registration form. You may also visit www.demino.com/worldcup/ for registration.

Restrictions

FIS rules apply in this competition.

Liability

Every participant must have an insurance of his/her Ski Association and a signed Declaration of an Athlete. The Organization Committee takes responsibility only for their own part.

Stadium and courses

Please visit www.demino.com/worldcup to see stadium map and track profiles. The Program of the Competitions is also presented on our web site.

Accommodation

To facilitate the organization of accommodation we need accurate details of each team's arrival and departure. Please fill in Form *B* and send it to worldcup@demino.com before **January 23, 2012.** Please find it attached or visit www.demino.com/worldcup/. Note that number of accommodations in Demino is limited so the Organizer follows the rule *First come – first served*.

Transport service

The teams are to be delivered by a charter flight:

02.02.2012 from Munich to Yaroslavl, airport *Tunoshna* at 13:00 (CET). Number of places is limited, please inform the Organizer about the size of the team for the flight in advance.

Return flight to Munich on 06.02.2012 at 11:00 and 13:00 (LOC) / 8:00 and 10:00 (CET).

Waiting time at the airport after arrival - max. 30 minutes. Approximate time on the road from the airport to the place of accommodation - 1,5 - 2 hours.













We kindly ask you not to forget about regulation concerning one free transfer for a team. Please, do not forget to inform the Organizer about your arrival before **December 27, 2011**.

Transfer from the airports of Moscow to Demino is paid (bus for 50 seats – 850 Euro, minibus for 18 seats – 400 Euro, minibus for 13 seats – 300 Euro). Time on the road – 6-8 hours.

Free transport service will be offered during your stay in Rybinsk, including pick-up and delivery service from the place of accommodation to the stadium and back, as well as from/to Yaroslavl airport "Tunoshna" (to charter flights). Please send an application for transport service (Form C) to: worldcup@demino.com before **December 30, 2011.**

The teams can take vehicles on lease at the airport. Reservation of cars should be made in advance by filling in Form *C* on our web-site: worldcup@demino.com

Visa support

Visa support is provided by the Russian Cross Country Ski Federation.

You can find Visa application Form *D* attached or on our web-site: www.demino.com/worldcup/. The applications should be sent before **January 24, 2012** to: ski@roc.ru ccskirus@mail.ru.

Please contact: Mrs. Anna Belyaeva, Russian Cross-Country Ski Federation in Moscow

Tel. +7 495 637 0265 Fax +7 495 637 0615

e-mail: ski@roc.ru ccskirus@mail.ru

Waxing facilities

Waxing is arranged according to the FIS WC rules. At all FIS Sprint and Distance competitions each team has the right for minimum of 10 m2 (1 to 2 athletes) and 15 m2 (3-5 athletes). For more than 5 athletes, each athlete has the right to get 2 m2 for waxing and 1 m2 for changing athlete's lounge. Places for ski preparation will be available at the stadium.

In case additional rent of tables for ski preparation is necessary (rent of one table -100 EUR), as well as additional areas for ski servicing, we kindly ask you to inform us in advance using Form B.

If team arrives with the motor home (wax cabins on the truck), the connections and the parking space are available for the team, but the teams have to inform the Organizing Committee latest 30 days before the Competitions with the request form (size, power supplier, design etc.) for the motor home and the wax cabins size will be reduced.

Attachés

Each team has the right to invite one attaché for the period of the Competitions, whose services are offered by the organizer for free. Please indicate in Form *B* the necessity of an attaché.

Payment

Financial conditions apply as stated in the FIS WC rules. All travel and accommodation costs will be settled in finance office with the Team Captain in Ski Sport Centre *Demino*, Rybinsk.

03.02. 2012 – accommodation and transport service.

04.02. - 05.02.2012 - prize fund issues.

Travel payment by the Organizer to the Competition winners will be made in cash.

Team payment can be done in cash or with credit cards.

FIS WORLD CUP CROSS COUNTRY presented by VIESSMANN, Russia, Ski Sport Center **Demino** 04.02-05.02 2012. Tel. +7 4855 29 40 14, Fax +7 4855 29 40 50, e-mail: worldcup@demino.com













Technical Delegates

Jussi Prykări (Finland) - FIS Technical Delegate Allan Serrano (USA) - FIS Technical Delegate Assistant Andrei Arsenyev (Russia) - Chief of Competition.

FIS World Cup Rybinsk/Demino-2012 Organizing Committee













Program FIS World Cup cross-country 04.02.12 – 05.02.12

Thursday, February 02, 2012

18.00 - 22.00 Meeting of the teams at the airport

Friday, February 03, 2012

14.00 - 16.00 Official training, examination of the course

17.30 Team Captains' meeting

Saturday, February 04, 2012

14.15 Mass-start Men 15 km F

15.45 Mass-start Ladies 10 km F

16.15 - 18.00 Official training

17.30 Team captains' meeting

19.00 Awarding Ceremony in Rybinsk

Sunday, February 05, 2012

12.30 Skiathlon Men 30 km

14.00 Baby Sprint (FIS SnowKidz Event)

15.45 Skiathlon Ladies 15 km

Monday, February 06, 2012 Departure day













ENTRY FORM Cross-Country

Form A

FORMULAIRE D'INSCRIPTION Ski de fonds

ANMELDEFORMULAR Langlauf

Manifestation (Nom/Lieu) FIS WORLD CUP DEMINO, RYBINSK			Dat	Date of race 04.02, 05.02 2012 Date de la course Datum des Wettkampfs								
National Assoc						Cat		W	C 7	Гесh-		F
Fédération Nati	onale							CO	C :	nique	(С
Nationaler Verb	and							FIS	S		Mi	xed
Responsible for	entry					Tel						
Responsable de						Fax						
Für die Meldung	g verantwortlich					e-m	ail					
C	OMPETITORS COUREURS WETTKÄMPFER											
FIS Code	Surname, First Name	YB	Ger	ıder				nats/I				
Code FIS	Nom de famille, Prénom	AN		Bewerbe/I			Distanzen					
FIS Code	Familienname, Vorname	JG	Men	La- dies	Spr- int	Ski athlon	Re- lay	5 km	10 km	15 km	30 km	50 km
Site/A	Lieu/Ort Date/Da	ute/Datum			\$	Signat	ture/	Unte	rschi	rift		













OFFICIALS *OFFICIELS* OFFIZIELLE

Surname, First Name Nom de famille, Prénom	Function Fonction	Arrival <i>Arrivée</i>	Departure <i>Départ</i>
Familienname, Vorname	Funktion	Anreise	Abreise
	Team Captain /Chef d'équipe/ Mannschaftsführer		
	Trainer/Entraîneur/Trainer		
	Doctor /Médecin/Arzt		
	Physiotherapist/Masseur/Masseur		
	Technicians/Techniciens/Techniker		
	Service personnel/Personnel de service/Servicepersonal		
Place, Date	Signature:	-	•
Lieu, Date	Signature:		
Ort, Datum	Unterschrfit:		
Rlock latters please!	Ferira an majusculas s v n	itte in Blocksch	rift schreiben!













ACCOMODATION

Form B

Competition (name/site) FIS WORLD CUP DEMINO, Rybinsk, Russia	Date 04.02, 05.02 2012 (02.02.2012 – arrival, 06.02.2012 – departure)		
National association			ture
	T		
Hotels/ Cottages	Person	Arrival date	Departure date
Accommodation in Demino (starting point)			
Sport Hotel in <i>Demino</i> (starting point)			
Double room, 3-meals per day included			
Accommodation in Rybinsk hotels (18 km from the start	ting point)		
Double room, 3-meals per day included			
Single room, 3-meals per day included			
Special wishes:			
ATTACHE			
Yes, we need an assistance of the attaché. Langu	age		
No, we do not need an assistance of the attaché			
We need additional areas for ski waxing			
I I Managed to want tables towally maying			
We need to rent tables for ski waxing			

Please fill in Form B and send to worldcup@demino.com before January 23, 2012.













Form C

Transport service

Competition (name/site) FIS WORLD CUP DEMINO, Rybinsk, Russia	Date 04.02, 05.02 2012 (02.01.2012 – arrival, 06.02.2012 – departure)				
National Ski Association					
INFORMATION ON THE TEAM ARRIVAL					

Airport	
Arrival date	
Number of people	
Flight number	
Time of Arrival	
Load amount, kg	

In accordance with the FIS rules for the World Cup Cross Country events (par. 8.4), the teams are planned to be delivered by motor transport from Yaroslavl airport to the place of accommodation.

Waiting time in the airport after arrival is 30 minutes maximum.

Approximate time on the way from the airport to the accommodation place is 1.5 hours.

Ordered bus from Moscow to *Demino* is paid (bus for 50 seats - 850 Euro, minibus for 18 seats - 400 Euro, minibus for 13 seats - 300 Euro). Approximate time on the road from Moscow airports to the place of accommodation is 6 hours.

Please inform us on the necessity of organization of additional trips for you (place, time, and number of people) and your plans to rent motor transport.

TEAM DEPARTURE INFORMATION

Departure airport	
Departure date	
Number of people	
Airline	
Departure time	

Site	Date	Signature	;

Please fill Form C and send a mail to worldcup@demino.com before December 30, 2011.