



INVITATION

On behalf of Bærums Skiklub and Dønski Elite we would like to welcome you to:
FIS races in Kirkerudbakken: 2 x SL 9-10 February 2013 for women and men.

2 Men's races Saturday 9th and 2 Ladies' races Sunday 10th.

Entry by: 04.02.2013

Entry via: Deltager.no
https://www.deltager.no/dnb_cup_fis_baerum_09022013

Info: www.donski.no

Contact: Henry Antonsen
45249263
henry.antonson@gmail.com

FIS-license: All competitors must have signed the FIS racers declaration and have FIS code number.

Race office: 1st floor at Kirkerudbakken club house.
Open from 07.30 on race days.

Team captains meeting: 1st floor at Kirkerudbakken club house 08.02 kl.18.00.

Team captains meeting: 1st floor at Kirkerudbakken club house 09.02 kl.18.00.

The races will be single pole race.



Men's races Saturday and Ladies' races Sunday, approx. same schedule:

Program race 1:	Inspection Round 1:	Kl: 08.30 – 08.45
	Start race 1st round:	Kl: 08.55
	Inspection Round 2:	Kl: 10.20 – 10.35
	Start race round 2:	Kl: 10.45
Program race 2:	Inspection Round 1:	Kl: 12.00 – 12.15
	Start race 1st round:	Kl: 12.25
	Inspection Round 2:	Kl: 13.50 – 14.05
	Start race round 2:	Kl: 14.15
	Prize giving ceremony:	Kl: 15.45

Lift open for runners at 08.00 for freeriding.

Ticket costs 250 kr. foreign runners and coaches have free access.

* Final program will be distributed at the team managers meeting in relation to the number of participants.

Technical data:	Navn: Kirkerudbakken
	Start: 164 m
	Finish: 24 m
	Height difference: 140 m
	Homolog. nummer: 9697/10/10

Race Director	Henry Antonsen
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FIS TD:	Jens Beckman SWE
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For Bærums Skiklub/DTI
Henry Antonsen