



February 14 - 17, 2013  
 Apex Mountain Resort  
 FIS Freestyle NorAm Mogul  
 and Dual Mogul Events



*Penticton Lakeside Resort  
 Convention Centre & Casino*



# WELCOME



December 2012

Dear Athletes, Coaches, Officials and Parents –

Welcome to the 2013 FIS FREESTYLE NORAM CUP. The NorAm Cup is the stepping stone and training ground to the big show, the WORLD CUP. Acting as both an access point and holding area to the best developing skiers in the Americas and the World, the 2013 FIS Freestyle NorAm Cup has events in – Ski Cross, Moguls, Dual Moguls and Aerials.

My goal is to assure that your experience at this level of freestyle skiing is safe, fair and fun. I work closely with USSA, CFSA, the representing officials and the local organizers to assure we are as well prepared to operate a competition as you are to compete. I look forward to your success throughout the 2013 NorAm Cup. If I can be a help throughout the season please do not hesitate to contact me at [konrad@mainstreammarketing.net](mailto:konrad@mainstreammarketing.net) – GOOD LUCK!

Best Regards,

Konrad X. Rotermund

FIS FREESTYLE

CONTINENTAL CUP COORDINATOR

AMERICAS





December 1, 2012

Welcome!

On behalf of the Apex Freestyle Ski Club and the Organizing Committee for the 2013 FIS FREESTYLE NORAM CUP, it is our pleasure to invite you to attend the FIS Freestyle NorAm Cup Mogul and Dual Mogul events at Apex Mountain Resort in Penticton, British Columbia, Canada on the 14<sup>th</sup> through 17<sup>th</sup> of February, 2013.

Following are the event details and registration information.

We look forward to your attendance and wish you the best of luck!

Best Regards,

Todd Finlayson

Event Chair

Apex Freestyle Ski Club Past President





Apex Freestyle Ski Club is pleased to invite all freestyle nations and their athletes to attend the 2013 FIS Freestyle NorAm. The Organizing Committee will host the event in accordance with the International Freestyle Ski Competition Rules (I.C.R.) of the FIS, the FIS Continental Cup Rules and operated in accordance with the NorAm Standard Operating Procedures.

Organizing Committee:

Event Chair – Todd Finlayson, [tjspeedshop@shaw.ca](mailto:tjspeedshop@shaw.ca), 1-250-490-6207

Race Secretary – Gayle Finlayson, [tjspeedshop@shaw.ca](mailto:tjspeedshop@shaw.ca)

Athlete Registrar– Michelle Little, [michelledlittle@gmail.com](mailto:michelledlittle@gmail.com), 1-360-417-1301

Chief of Competition – Brian Spence, [brian@snowshoesams.com](mailto:brian@snowshoesams.com), 1-250-490-7927

Chief of Course – Adam Todd, [amtodd@telus.net](mailto:amtodd@telus.net), 1-250-506-0499

Entry and Registration Information:

- All registration and payment for the event takes place at <http://apexfreestyle.com/events#noram> Online payment has been set up via paypal and includes a 2.5% fee.
- All athletes must be registered and paid by Wednesday, February 6<sup>th</sup> at 6p.m. Pacific Standard Time.
- Athletes must have current FIS registration and provide verification
- Registration Fee: **\$265.00 CAN** (\$160 for first event [includes \$10 toward prize money]) | \$105 additional for second event [includes \$10 prize money]
- Coaches and/or Team Leaders must provide a TEAM LIST (form on last page) to include all attending coaches, technical support and athletes to the organizing committee at [michelledlittle@gmail.com](mailto:michelledlittle@gmail.com) by Wednesday, February 6, 2013 at 6 p.m. Pacific Standard Time







#### Lift Tickets:

Apex Mountain Resort offers reduced ticket prices to athletes.

- Athletes must purchase tickets from the resort ticket booth
- Athletes must show/wear bib when purchasing tickets for 25% discount
- MC/Visa accepted for lift ticket purchase
- Ticket office opens daily at 8 a.m.

Complimentary lift tickets for coaching staff, judges and officials are available at the competition office each day.

#### Basic Event Program:

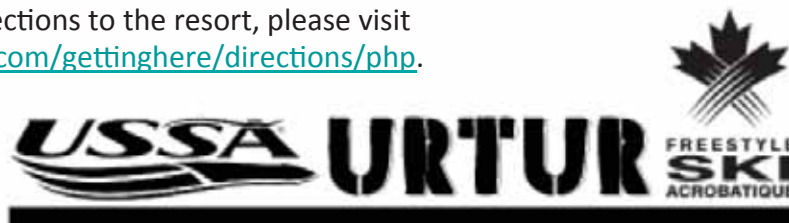
Athletes will compete in two NorAm events on Kristi's Run located within walking distance of the Apex village. Athletes will access the venue from the t-bar. Athletes must ride t-bar to the top... athletes who unload early risk disqualification. Spectators and media are encouraged to watch these young athletes on their way to become Olympians. Medal ceremonies will take place at the end of each competition in front of the Gunbarrel Saloon.

Wednesday, February 13 <sup>th</sup>	Travel/Arrival
Thursday, February 14 <sup>th</sup>	Training/1 <sup>st</sup> Team Captains Meeting
Friday, February 15 <sup>th</sup>	Training
Saturday, February 16 <sup>th</sup>	Mogul Competition
Sunday, February 17 <sup>th</sup>	Dual Moguls Competition

#### Travel and Transportation:

Apex Mountain Resort is located in the Okanagan Region of British Columbia, just 30 minutes from the city of Penticton. Air Canada provides service to the Penticton airport. Major air service is also available to Kelowna, BC (1.5 hours) and Spokane, WA (5 hours). If traveling by car from the US, please confirm border crossing locations and hours (not all have 24 hr access) and passport requirements.

For maps and directions to the resort, please visit [www.apexresort.com/gettinghere/directions/php](http://www.apexresort.com/gettinghere/directions/php).





Amenities and Accommodations:

We are proud to announce our 2013 Hotel Sponsor with special pricing for the Noram Cup! The Penticton Lakeside Resort is an easy 30 minute drive to the ski hill, is located on the shores of Okanagan Lake and is close to nearby shopping in downtown Penticton:



**Penticton Lakeside Resort  
Convention Centre & Casino**

Reservations 250.493.8221  
Toll Free: 1.888.249.7967  
[lakeside@rpbhotels.com](mailto:lakeside@rpbhotels.com)  
[www.pentictonlakesideresort.com](http://www.pentictonlakesideresort.com)

*Penticton Lakeside Resort is a full service hotel in Penticton that offers luxurious amenities, clean, spacious rooms with balconies, and spectacular views of Okanagan Lake and mountains. We offer a number of dining options including the Hooded Merganser Bar, Grill & Marina, the Bufflehead Pasta and Tapas Room or the Barking Parrot Lounge - all offering apres ski food temptations that will satisfy all palates. Room accommodations include Standard Rooms, Business Class Rooms, Executive Suites, Jet-Tub Suites, Penthouse Suite and Pet Friendly Rooms & Suites.*

*The Resort is at the foot of Main Street and includes a Casino, relax in the indoor pool or soak in the jacuzzi after a day on the slopes, Discovery Gift Shop, fitness club, and hair salon with shopping at the doorstep.*

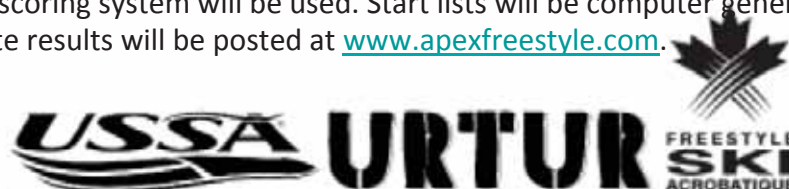
In addition, Apex Mountain Resort offers a variety of accommodations within snowballs throw of the village and runs. There are two restaurants and a coffee shop at the ski hill and a small market and liquor store. The mountain also houses one of the best ski shops in BC.

Team Captains Meeting:

All coaches must attend the 1st Team Captains meeting on Thursday, February 14th, at the Mogul site judges building. This meeting will take place at approximately 2:30pm or 30 minutes after training. Please confirm meeting time with Chief of Competition or Race Secretary.

Scoring and Results:

The CFSA WinFree scoring system will be used. Start lists will be computer generated (no seeding). Immediate results will be posted at [www.apexfreestyle.com](http://www.apexfreestyle.com).





#### Bibs:

Bib deposit fees (\$20) must be paid separately with cash. Athletes must return bib after their last event to get deposit back. Bibs are required to be worn during training and competition.

#### Statement of Liability:

All athletes, officials and other members of their National Association who attend and participate in the event shall do so at their own risk. Apex Freestyle Club (organizing committee), Apex Mountain Resort, the Canadian Freestyle Ski Association, sponsors and suppliers, their agents, employees and volunteers shall not be held responsible for any losses or injuries incurred or suffered by any athlete, official or other person in conjunction with the organization or staging of the event. All participants are urged not to be negligent in safeguarding their personal belongings at all times. The aforementioned parties will take no responsibility for missing belongings.

#### Accident Insurance:

Every competitor must have his/her own medical insurance in accordance with FIS ICR Rule 204.2. The Organizing Committee, Sponsors, Suppliers, Apex Mountain Resort, the Canadian Freestyle Ski Association and the FIS decline any responsibility for accidents, damaged equipment and second and third party claims during the event.

#### Accident Protocol:

In the case of accidents on courses during the event, medical personnel from the Organizing Committee and Ski Patrol personnel will be responsible for any medical decision or evacuation to the local hospital in co-operation with the National Associations' medical personnel identified on the entry form.

#### Statement of Medical Plan:

Copies of the Event Medical Plan are available at the Race Office or upon request.



## Schedule

Schedule subject to change. Changes and updates to the schedule will be posted at the race office. The comp office will open each day from 8-10am and relocate to the event site. The resort ticket office opens daily at 8:00a.m.



Start	Event	Location
<b>Thursday, February 14, 2013</b>		
8 a.m. - Noon	Athlete Registration at Comp Office	Brown Bag lunch room
10a.m. - 2p.m.*	Official Mogul Training (*course closed for ½ hr lunch break from Noon – 12:30pm)	Kristi s Run
2 p.m.	Slip Course – all athletes	Kristi's Run
<b>Friday, February 15, 2013</b>		
7:45 a.m.	Course Prep - Coaches, Athletes, Volunteers	Kristi s Run
10a.m. - 2p.m.*	Official Mogul Training (*course closed for ½ hr lunch break from Noon – 12:30pm)	Kristi s Run
2 p.m.	Slip Course – all athletes	Kristi's Run
2:30p.m.	Team Leaders	Brown Bag lunch room
<b>Saturday, February 16, 2013- Single Moguls Competition</b>		
7:45 a.m.	Course Prep - Coaches, Volunteers	Kristi s Run
8:45 - 9:15 a.m.	Ladies Mogul Qualifications Inspection/Training	Kristi s Run
9:30 a.m.	Ladies Mogul Qualifications	Kristi s Run
10:30 - 11:15 a.m.	Mens Mogul Qualifications Inspection/Training	Kristi s Run
11:30 a.m.	Mens Mogul Qualifications	Kristi s Run
1 p.m. - 1:30 p.m.	Ladies and Mens Mogul Finalist Training	Kristi s Run
1:45 p.m.	Ladies Mogul Finals (F1)(8)	Kristi s Run
1:45p.m.	Mens Mogul Finals (F1)(16)	Kristi s Run
2:15 p.m.	Ladies Mogul Finals (F2)(4)	Kristi s Run
2:45 p.m.	Mens Mogul Finals (F2)(4)	Kristi s Run
4:00 p.m.	Team Leaders	Mogul Stand
4:45 p.m.	Awards	Gunbarrel Podium
<b>Sunday, February 17, 2013 - Dual Moguls Competition</b>		
7:45 a.m.	Course Prep - Coaches, Volunteers	Kristi s Run
8:45 - 9:15 a.m.	Ladies Dual Mogul Qualifications Inspection/ Training	Kristi s Run
9:30 a.m.	Ladies Dual Mogul Qualifications	Kristi s Run
10:30 - 11:15 a.m.	Mens Dual Mogul Qualifications Inspection/ Training	Kristi s Run
11:30 a.m.	Mens Dual Mogul Qualifications	Kristi s Run
1 p.m. - 1:30 p.m.	Ladies and Mens Dual Mogul Finalist Training	Kristi s Run
1:45 p.m.	Ladies and Mens Dual Mogul Finals (F1)(8/16)	Kristi s Run
4 p.m.	Awards	Gunbarrel Podium



# Team Entry



Country:

Team:

Coaches/Medical Staff attending:

Athlete Name / USSA or CFSA# / FIS#			Female	Male	Moguls	Dual Moguls

Please email completed form to Michelle Little by February 6<sup>th</sup>: [michelledlittle@gmail.com](mailto:michelledlittle@gmail.com)



# Athlete Bio

Please complete this bio and submit to race office at registration. Provide as much information as possible. Announcers will use this information when introducing each competitor.



BIB #: \_\_\_\_\_  
(to be completed by office.)

First Name:	
Last Name:	
Nickname:	
Country:	
Team:	
Previous Best Results:	
Other Info	
Favorite Ski Hill:	
Pre-comp rituals/ breakfast:	
Other sports interested in:	
Highlight of the season so far:	
Sponsors:	

Submit completed form to Comp office during registration.





# SPONSORS



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**PENTICTON HERALD**  
The South Okanagan's Daily Newspaper

