



# FIS WORLD CUP RUKA NORDIC OPENING



MAAILMANCUP 30.11.–2.12.2012, KUUSAMO, FINLAND

## INVITATION

CROSSCOUNTRY,  
SKIJUMPING  
AND NORDIC COMBINED



FIS CROSS COUNTRY WORLD CUP

**VIESMANN**

FIS NORDIC COMBINED WORLD CUP

**VIESMANN**

FIS SKI JUMPING WORLD CUP

**VIESMANN**

**VIESMANN**

FIS Presenting Sponsor

Official FIS World Cup Sponsors

FIS Central Sponsor Ski Jumping

Official Timing

LISTEN TO YOUR BODY

[www.nordicopening.com](http://www.nordicopening.com) | [www.ruka.fi](http://www.ruka.fi)

**We cordially invite all member associations of the FIS to participate in the  
11th FIS WORLD CUP RUKA NORDIC OPENING on November 30th – December 2nd 2012 in Kuusamo**

**PROGRAMME**

**Thursday 29.11.2012**

10.00-12.00 Official training, Cross Country, Sprint, C (1,4 km)  
11.00 Team captains' meeting, Ski Jumping  
14.00-16.00 Training, Cross Country, F (5,0 km)  
17.00 Official training (2 rounds), Ski Jumping HS 142  
17.00-18.00 Cross Country training, Nordic Combined, F (2,5 km)  
18.00 Team captains' meeting, Nordic Combined  
19.00 Team captains' meeting, Cross Country  
19.00 **Qualification HS 142, Ski Jumping**

**Friday 30.11.2012**

10.00-12.00 Official training (2 rounds), Nordic Combined HS 142  
11.30 **Sprint Qualification (L+M), Cross Country skiing, C, (1,4 km) Viessmann FIS World Cup**  
12.00-13.00 **Provisional competition round, Nordic Combined, HS 142**  
13.30 **Cross Country, Sprint Ladies+Men, finals, C (1,4 km), Viessmann FIS World Cup**  
16.30-17.30 Official Cross Country Training, Nordic Combined, F (2,5 km)  
17.00 Trial round HS 142, Ski Jumping  
17.00 Team captains' meeting, Cross Country  
17.30 Team captains' meeting, Nordic Combined  
18.00 **Ski Jumping HS 142, Team Competition Viessmann FIS World Cup**

**Saturday 1.12.2012**

08.45 Trial round HS 142, Nordic Combined  
09.00-10.00 Official training, Cross Country, F (5,0 km )  
09.45 **Nordic Combined, Ski Jumping, HS 142, Viessmann FIS World Cup**  
11.00 Team captains' meeting, Ski Jumping  
11.00 **Cross Country, 5 km Ladies, F (1x5 km) Viessmann FIS World Cup**  
12.30 **Cross Country, 10 km Men, F (2x5 km) Viessmann FIS World Cup**  
14.15 Trial round HS 142, Ski Jumping  
14.30 **Nordic Combined, Gundersen, 10 km, F (4x2,5 km) Viessmann FIS World Cup**  
15.15 **Ski Jumping HS 142, Viessmann FIS World Cup**  
16.00 Team captains' meeting, Nordic Combined  
19.00 Team captains' meeting, Cross Country

**Sunday 2.12.2012**

09.00-10.00 Official training, Cross Country, C (2,5 km)  
09.30 Trial round HS 142, Nordic Combined  
10.30 **Nordic Combined, Ski Jumping HS 142, Viessmann FIS World Cup**  
12.00 **Cross Country, 10 km Ladies Pursuit, C (4x2,5 km) Viessmann FIS World Cup**  
13.00 **Cross Country, 15 km Men Pursuit, C (6x2,5 km) Viessmann FIS World Cup**  
14.30 **Nordic Combined, Team Sprint, (2x7,5 km) F 1,5 km Viessmann FIS World Cup**

**ENTRY**

**Ski Jumping and Nordic Combined**

Each Ski Association shall send its entry on the enclosed entry form to the Organizing Committee [entries@nordicopening.com](mailto:entries@nordicopening.com).  
Deadline for the entry is 31st October 2012. For entries arriving later than the deadline the Organizing Committee can't guarantee smooth travel and accommodation arrangements.

**Cross Country**

The entries in Cross Country must be done by FIS online entry system on [www.fis-ski.com](http://www.fis-ski.com).  
Deadline for according to the World Cup rules: preliminary entries before 19<sup>th</sup> of October 2012.  
Final number of rooms and transportation requested before 20<sup>th</sup> of November 2012.

**Radio licence application**

Deadline for the radio licence application is 16<sup>th</sup> November 2012 and is to be sent to FICORA directly :  
[radiotaajuudet@ficora.fi](mailto:radiotaajuudet@ficora.fi) or fax +358 9 6966 410. For more information, please see [www.ficora.fi](http://www.ficora.fi).

**RESTRICTIONS**

FIS rules will apply. The number of participants must comply with World Cup rules and regulations.

**LIABILITY**

Each competitor must be insured by his/her own association. The OC have coverage for their own third part liability only.

**TECHNICAL DELEGATES**

	<b>TD</b>	<b>Assistant TD</b>	<b>National Assistant TD</b>
<b>Cross Country</b>	Uros Ponikvar (SLO)	Torbjörn Broks Pettersen (NOR)	Arto Tili (FIN)
<b>Ski Jumping</b>	Fredi Zaruochi (SUI)	Thomas Hasslberger (GER)	
<b>Nordic Combined</b>	Marco Zaruochi (SUI)	Dmitri Dubrovski (RUS)	Tapio Nurmela (FIN)

**EXPENSES**

Financial conditions according to the FIS World Cup regulations. For electronic payments iban and bic-codes are needed.

**ACCOMMODATION**

Information and reservations Lomarengas tel.+358 306 502 540, fax. +358 306 502 549,  
email: [nordicopening@lomarengas.fi](mailto:nordicopening@lomarengas.fi). See enclosure.

**INFORMATION**

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