







# Dear Snowboard Nations, We are glad to invite you to attend the FIS Europa Cup 2013 2x PSL, February 9<sup>th</sup> and February 10<sup>th</sup> in Marianske Lazne CZE.

## 1. Entries and important forms

Entries will be accepted from National Ski Associations in accordance with the FIS quotas and rules for the FIS Europa Cup.

Please remit the official entry form (ICR art.215) to the Organizing Committee by e-mail, not later than February 3<sup>rd</sup>, 2013.

c/o Lenka Dvořáková Tel.: +420 777114009

e-mail: <a href="mailto:lenka@dvorakova.org">lenka@dvorakova.org</a> with a copy to: <a href="mailto:lvana.dobisova@tiscali.cz">lvana.dobisova@tiscali.cz</a>

## 2. Registration and the TC meeting

Team registration and the first Team Captain's meeting will take place on Friday, February 8<sup>th</sup> in the Race Office, Hotel Krakonoš, from 16:00 – 19:00 (team registration), 19:30 First TC meeting, <a href="http://www.hotelkrakonos.eu/en/">http://www.hotelkrakonos.eu/en/</a>

#### 3. Accommodation for special price

Every team has to book the accommodation through the reception of Hotel Krakonos directly. For the special rate, the "snowboard Europa Cup" has to be mentioned.

Hotel Krakonoš
Mariánské Lázně 660, 353 01 Mariánské Lázně
Tel: +420 354 622 624
Fax: +420 354 622 383
info@hotelkrakonos.eu

Accommodation at the special rate 40 EUR/night/person incl. Full Board (price guaranteed in the double-bed room) will be provided in Hotel Krakonoš in Marianske Lazne from Monday February 4<sup>th</sup> through Monday February 11<sup>th</sup>. The special hotel offer for all the spa services and procedures, massages etc. up to -30% is going to be provided. The hotel info is enclosed. Every team has to pay for the accommodation and the personal expenses directly to the hotel, cash or by credit card. There is an additional parking fee 100 CZK/day/car in secured hotel park place to pay.

On the race days, breakfast and dinner will be provided in hotel Krakonoš, the lunch will be provided in Hotel Koliba on the race site.

It is strongly forbidden to wax boards in the hotel rooms, there will be wax rooms provided in the hotel. Each team will be held responsible for any damage incurred during the stay. For more info about the hotel please check the hotel website <a href="http://www.hotelkrakonos.eu/en/">http://www.hotelkrakonos.eu/en/</a>

#### 4. Transportation

Teams are responsible for their own transportation.

#### 5. Event fee

The event fee 20 EUR/race day includes lift card (free lift card for the coaches).













## 6. Bibs

Is is obligatory for all the competitors to wear bibs during the competition, inspection and award ceremonies. All bibs have to be returned to the organizer!!!

## 7. Accident Insurance

Each competitor is responsible for his/her own medical insurance. The Organizing Committee, the Ski Area, sponsors, suppliers, their agents, the FIS and the Czech Ski Association decline any responsibility for accidents, damaged or lost equipment and second and third party claims during the event. All athletes, officials and members of the National Association who attend and participate in the event shall do so at their own risk.

## 8. Training course

Warm-up space will be provided (closed for the public) for a minimum of 2 lines (minimum 15 gates long) at the race hill, next to the competition course.

## 9. FIS Europa Cup 2013 – Preliminary Time Schedule

FRI 8.2.2013 / official arrival day 16:00 – 19:00 Team registration 19:30 TC meeting

In the race office - hotel Krakonoš, <a href="http://www.hotelkrakonos.eu/en/">http://www.hotelkrakonos.eu/en/</a>

9.2. and 10.2.2013 EC PSL Competition

The race program will be the same for both days, more after the first TC Meeting

08:45 - 09:15 Inspection

09:30 1.qualification run

10:45 2.qualification run

13:00 FINALS LADIES/MEN

Prize Giving Ceremony at 15:30 at the finish area

18:00 TC meeting

## 11. Organizing Committee

Chief of Competition – Mrs. Lenka Dvorakova / +420 777 114 009 TD – Martin Hrbáň SVK Chief of Timing and Calculation – Mr. Jiri Leso / +420 724 632 040

We are looking forward to meet you in the beautiful Spa City of Marianske Lazne.













#### Hotel Krakonoš

#### **Accommodation**

Hotel Krakonoš offers 86 rooms including 2 wheelchair accessible rooms, 5 apartments,18 garrets and 61 double rooms. All rooms are tastefully furnished and cosy. With own social settlement TV / SAT, telephone, fridge, hair dryer. The hotel is situated right next to the cable car leading to the race slope.





## Gastronomy

The hotel's kitchen offers delicious Czech dishes including various specialities. Meals are served in the spacious restaurant with 110 seats, which can be extended to the adjacent lounge for up to 170 seats. The other lounge has a capacity of 50 seats min.



## Swimming pool

Hotel Krakonoš as a private medical facility offers a full range of medical procedures and a pool with a countercurrent right in the building. Medical and rehabilitation staff is professionally trained in the indications treated in Marianske Lazne among which we can include in problems of the locomotion system and blood circulation.

















#### Salt cave



It is a room built of more than 20 tons of salt from the Polish salt mines and the Dead sea. All used materials are strictly on environmental basis. All this has the task of creating and maintaining the necessary microclimate, which is similar to climate of the Baltic Sea. Microclimate contains iodine and other microelements, which have favorable effects on human health. Salt cave is a place where you can breathe healthy air that is saturated with microelements valuable for human organism. Without the need to travel to the seaside, you can use the microclimate, which is similar to the sea. It is pleasant for people who want to care for their own health, it allows healing, relaxation and recreation.

## Offered procedures

- Gas injections
- Gas carbonic wraps
- Inhalation
- Underwater massage
- Electrotherapy
- Reflex massages
- Other Procedures
- Pearl baths
- Massage-classic, sports, massage of soles
- Hot Stone Massage
- Aromatherapeutic massages
- Ultrasound
- Magnetotherapy
- Diadynamic
- Inhalation
- Peat poultices
- Individual and group medical gymnastics
- Lymphoven anti-cellulite
- Manicure, cosmetics, pedicure as an additional program
- Paraffin
- Kneip's baths



