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February 2014

WELCOME

Dear Athletes, Coaches, Officials and Parents -

Welcome to the 2014 FIS FREESTYLE NORAM CUP. The NorAm Cup is the stepping stone and training ground to the big show, the WORLD CUP. Acting as both an access point and holding area to the best developing skiers in the America's and the World, the 2014 FIS Freestyle NorAm Cup has events in – Ski Cross, Moguls, Dual Moguls and Aerials.

My goal is to assure that your experience at this level of freestyle skiing is safe, fair and fun. I work closely with USSA, CFSA, the representing officials and the local organizers to assure we are as well prepared to operate a competition as you are to compete. I look forward to your success throughout the 2014 NorAm Cup. If I can be a help throughout the season please do not hesitate to contact me at konrad@mainstreammarketing.net - GOOD LUCK!

Best Regards,

Konrad X. Rotermund

FIS FRFFSTYLF

CONTINENTAL CUP COORDINATOR

AMERICAS





February 13th, 2014

Welcome!

On behalf of the Apex Freestyle Ski Club and the Organizing Committee for the 2014 FIS FREESTYLE NORAM CUP, it is our pleasure to invite you to attend the FIS Freestyle NorAm Cup Mogul and Dual Mogul events at Apex Mountain Resort in Penticton, British Columbia, Canada on the 13th through 16th of February, 2014.

Following are the event details and registration information.

We look forward to your attendance and wish you the best of luck!

Best Regards,

Brian Spence

Event Chair

Apex Mountain Resort





Apex Freestyle Ski Club is pleased to invite all freestyle nations and their athletes to attend the 2014 FIS Freetsyle NorAm. The Organizing Committee will host the event in accordance with the International Freestyle Ski Competition Rules (I.C.R.) of the FIS, the FIS Continental Cup Rules and operated in accordance with the NorAm Standard Operating Procedures.

Organizing Committee:

Event Chair – Brian Spence, <u>brian@snowshoesams.com</u> 1-250-490-7927 Race Secretary – Berva Kuroda, <u>kbbkuroda@shaw.ca</u> 1-250-490-1769 Athlete Registrar– Gayle Finlayson <u>gaylefinlayson@gmail.com</u> 1-250-488-9525 Chief of Competition – Brian Spence, <u>brian@snowshoesams.com</u> 1-250-490-7927 Chief of Course – Adam Todd, <u>amtodd@telus.net</u> 1-250-506-0499

Entry and Registration Information:

 All registration and payment for the event takes place at <u>http://apexfreestyle.com/events#noram</u>
Online payment has been set up via paypal and includes a 2.5% fee.

- ■All athletes must be registered and paid by Wednesday, February 5th at 6p.m. Pacific Standard Time.
- Athletes must have current FIS registration and provide verification
- Registration Fee: \$245.00 CAN (\$150 for first event [includes \$10 toward prize money]|\$95 additional for second event [includes \$10 prize money])
- Coaches and/or Team Leaders must provide a TEAM LIST (form on last page) to include all attending coaches, technical support and athletes to the organizing committee at gaylefinlayson@gmail.com by Wednesday, February 5, 2014 at 6 p.m. Pacific Standard Time
- Waivers must be printed in color signed by an athlete of age or by parent /coach and presented at the time of registration to receive a bib.

<u>Bibs:</u>

Bib deposit fees (\$20) must be paid separately with cash. Athletes must setup bib after their last event to get deposit back. Bibs are required to be worn during training and competition.





Lift Tickets:

Apex Mountain Resort offers reduced ticket prices to athletes.

- Athletes must purchase tickets from the resort ticket booth
- Athletes must show/wear bib when purchasing tickets for 25% discount
- MC/Visa accepted for lift ticket purchase
- Ticket office opens daily at 8 a.m.

Complimentary lift tickets for coaching staff, judges and officials are available at the competition office each day.

Basic Event Program:

Athletes will compete in two NorAm events on Kristi's Run located within walking distance of the Apex village. Athletes will access the venue from the t-bar. Athletes must ride t-bar to the top... athletes who unload early risk disqualification. Spectators and media are encouraged to watch these young athletes on their way to become Olympians. Medal ceremonies will take place at the end of each competition in front of the Gunbarrel Saloon.

Wednesday, February 12th Thursday, February 13tt Thursday, February 13th Friday, February 14th Saturday, February 15th Sunday, February 16th Travel/Arrival Registration Brown bag lunch room 8-12pm Training/1st Team Captains Meeting Training Mogul Competition Dual Moguls Competition

Travel and Transportation:

Apex Mountain Resort is located in the Okanagan Region of British Columbia, just 30 minutes from the city of Penticton.

If traveling by car from the US, please confirm border crossing locations and hours (not all have 24 hr access) and passport requirements.

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For maps and directions to the resort, please visit www.apexresort.com/gettinghere/directions/php.





Amenities and Accommodations:

We are proud to announce our 2014 Hotel Sponsor with special pricing for the Noram Cup! The Penticton Lakeside Resort is an easy 30 minute drive to the ski hill, is located on the shores of Okanagan Lake and is close to nearby shopping in downtown Penticton:



Penticton Lakeside Resort Convention Centre & Casino

Reservations 250.493.8221 Toll Free: 1.888.249.7967 <u>lakeside@rpbhotels.com</u> www.pentictonlakesideresort.com Penticton Lakeside Resort is a full service hotel in Penticton that offers luxurious amenities, clean, spacious rooms with balconies, and spectacular views of Okanagan Lake and mountains. We offer a number of dining options including the Hooded Merganser Bar, Grill & Marina, the Bufflehead Pasta and Tapas Room or the Barking Parrot Lounge - all offering apres ski food temptations that will satisfy all palates. Room accommodations include Standard Rooms, Business Class Rooms, Executive Suites, Jet-Tub Suites, Penthouse Suite and Pet Friendly Rooms & Suites.

The Resort is at the foot of Main Street and includes a Casino, relax in the indoor pool or soak in the jacuzzi after a day on the slopes, Discovery Gift Shop, fitness club, and hair salon with shopping at the doorstep.

In addition, Apex Mountain Resort offers a variety of accommodations within snowballs throw of the village and runs. There are two restaurants and a coffee shop at the ski hill and a small market and liquor store. The mountain also houses one of the best shops in BC.







Team Captains Meeting:

All coaches must attend the 1st Team Captains meeting on Thursday, February 13th, at the Brown Bag Lunch Room.. This meeting will take place at approximately 2:30pm or 30 minutes after training. Please confirm meeting time with Chief of Competition or Race Secretary.

freestyle ski

Scoring and Results:

Start lists will be computer generated . Immediate results will be posted at www.apexfreestyle.com.

Statement of Liability:

All athletes, officials and other members of their National Association who attend and participate in the event shall do so at their own risk. Apex Freestyle Club (organizing committee), Apex Mountain Resort, the Canadian Freestyle Ski Association, Canadian Snowsports Association, sponsors and suppliers, their agents, employees and volunteers shall not be held responsible for any losses or injuries incurred or suffered by any athlete, official or other person in conjunction with the organization or staging of the event. All participants are urged not to be negligent in safeguarding their personal belongings at all times. The aforementioned parties will take no responsibility for missing belongings.

Accident Insurance:

Every competitor must have his/her own medical insurance in accordance with FIS ICR Rule 204.2. The Organizing Committee, Sponsors, Suppliers, Apex Mountain Resort, the Canadian Freestyle Ski Association, Canadian Snowsports Association and the FIS decline any responsibility for accidents, damaged equipment and second and third party claims during the event.

Accident Protocol:

In the case of accidents on courses during the event, medical personnel from the Organizing Committee and Ski Patrol personnel will be responsible for any medical decision or evacuation to the local hospital in co-operation with the National Associations' medical personnel identified on the entry form.

Statement of Medical Plan:

Copies of the Event Medical Plan are available at the Race Office or upon request.



Schedule

Schedule subject to change. Changes and updates to the schedule will be posted at the race office. The comp office will open each day from 8-10am and relocate to the event site. The resort ticket office opens daily at 8:00a.m.

| Start | Event | Location |
|-----------------------|--|----------------------------|
| Thursday, Februar | | S |
| | | U Nonam CU |
| 8 a.m Noon | Athlete Registration at Comp Office | Apex Administration Office |
| 10a.m 2p.m.* | Official Mogul Training (*course closed for ½ hr lunch break from Noon – 12:30pm) | Kristi's Run |
| 2 p.m. | Slip Course – all athletes (*Coaches Meeting*) | Kristi's Run |
| Friday, February 1 | 4, 2014 | |
| 7:45 a.m. | Course Prep - Coaches, Athletes, Volunteers | Kristi's Run |
| 10a.m 2p.m.* | Official Mogul Training (*course closed for ½ hr lunch break from Noon – 12:30pm) | Kristi's Run |
| 2 p.m. | Slip Course – all athletes | Kristi's Run |
| 2:30p.m. | Team Leaders | Brown Bag lunch room |
| Saturday, Februar | y 15, 2014- Single Moguls Competition | |
| 7:45 a.m. | Course Prep - Coaches, Volunteers | Kristi's Run |
| 8:30 - 9:15 a.m. | Ladies' Mogul Qualifications Inspection/Training | Kristi's Run |
| 9:30 a.m. | Ladies' Mogul Qualifications | Kristi's Run |
| 10:30 - 11:15 a.m. | Mens' Mogul Qualifications Inspection/Training | Kristi's Run |
| 11:30 a.m. | Mens' Mogul Qualifications | Kristi's Run |
| 1 p.m 1:30 p.m. | Ladies' and Mens' Mogul Finalist Training | Kristi's Run |
| 1:45 p.m. | Ladies' Mogul Finals (F1)(16) | Kristi's Run |
| 1:45p.m. | Mens' Mogul Finals (F1)(16) | Kristi's Run |
| 2:15 p.m. | Ladies' Mogul Finals (F2)(6) | Kristi's Run |
| 2:45 p.m. | Mens' Mogul Finals (F2)(6) | Kristi's Run |
| 4:00 p.m. | Team Leaders | Mogul Stand |
| 4:45 p.m. | Awards | Gunbarrel Podium |
| Sunday, February | 16, 2014 - Dual Moguls Competition | |
| 7:45 a.m. | Course Prep - Coaches, Volunteers | Kristi's Run |
| 8:30 - 9:15 a.m. | Ladies' Dual Mogul Qualifications Inspection/Training | Kristi's Run |
| 9:30 a.m. | Ladies' Dual Mogul Qualifications | Kristi's Run |
| 10:30 - 11:15 | Mens' Dual Mogul Qualifications | Kristi's Run |
| a.m. | Inspection/Training | |
| 11:30 a.m. | Mens' Dual Mogul Qualifications | Kristi's Run |
| 1 p.m 1:30 p.m. | Ladies' and Mens' Dual Mogul Finalist Training | Kristi's Run |
| 1:45 p.m. | Ladies' and Mens' Dual Mogul Finals (F1)(16/16) | Kristi's Rug |
| 4 p.m. | Awards | Gunbarrel Podium |

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Team Entry

Country:

Team:

Coaches/Medical Staff attending:

Female Moguls Athlete Name / USSA or CFSA# / FIS# Male Dual Moguls

Please email completed form to Kerissa Martin by February 6th: kerissa@apexresort.com



FIS

Athlete Bio

Please complete this bio and submit to race office at registration. Provide as much information as possible. Announcers will use this information when introducing each competitor.



BIB #:

(to be completed by office.)

| First Name: | |
|---------------------------------|--|
| Last Name: | |
| Nickname: | |
| Country: | |
| Team: | |
| Previous Best Results: | |
| Other Info | |
| Favorite Ski Resort: | |
| Pre-comp rituals/breakfast: | |
| Other sports interested in: | |
| Highlight of the season so far: | |
| Sponsors: | |

Submit completed form to Comp office during registration.

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