

RUKA, FIN

27.11. - 30.11.2014

Competition Programme

DATE	FORMAT	HILL / COURSE	SJ/XC
Sat, 29.11.2014	Ind. Gundersen	HS 142, 2,5 km lap	1 jp / 10 km
Sun, 30.11.2014	Team Sprint	HS 142, 1,5 km lap	1 jp / 2x 7,5 km

Event Programme (Subject to change! LOC time: **CET + 1h**)

DATE	COMPETITION	TRAININGS	MEETINGS	OTHER
Thu, 27.11.			18:00 TCM Konttainen- Valtavaara room 19:00 Athletes' Meeting Konttainen- Valtavaara room	
Fri, 28.11.	12:00 SJ HS 142 PCR/Qualification	10:00 SJ HS 142 Official training 15:30 - 16:30 XC Official training		17:00 Bib distribution ceremony in the village (Red Tower in front of Rantasipi, Top 5) 17:30 Interview opportunity for media & Top 5
Sat, 29.11.	10:30 SJ HS 9142 Trial Round 11:30 SJ HS 142 Ind. Gundersen 15:30 XC 10 km Ind. Gundersen		17:00 TCM Konttainen- Valtavaara room	after the race winner presentation at the venue
Sun, 30.11.	09:00 SJ HS 142 Trial Round 10:00 SJ HS 142 Competition Round Team Sprint 15:00 XC 2x 7,5 km Team Sprint			after the race winner presentation at the venue

Deadlines

PRELIMINARY ENTRIES	FINAL NUMBERS	FINAL ENTRIES
24/10/2014	24/10/2014	27/11/2014 at 16:00

Contacts

General Secretary	Seppo Linjakumpu +358 400 706 433 seppo.linjakumpu@nordicopening.com
Race Office	Päivi Laihola +358 8 8181 122 kev@rukanordic.com
Chief of Competition	Pirjo Karjalainen +358 400 871 416 pirjo.karjal@suomi24.fi
Accommodation Office	Mia Oinas +358 306 502 535 rukanordic@lomarengas.fi
Financial Office	Elina Borgenström +358 45 113 3010 elina.borgenstrom@hiihtoliitto.fi
Transportation Office	Seppo Linjakumpu +358 400 706 433 seppo.linjakumpu@nordicopening.com
Wax Cabins	Pirjo Karjalainen +358 400 871 416 pirjo.karjal@suomi24.fi

Information

1. Accreditation

- Requests for additional accreditation must be sent via the FIS Online System or to the OC Secretariat at kev@rukanordic.com
- All accreditation cards can be picked up at: Accreditation Office in Hotel Rantasipi Rukahovi, near the reception, opening time daily from 09:00 to 19:00

2. Race Office

- The Race Office is located in Hotel Rantasipi Congress Centre; opening times daily from 09:00 to 19:00
- Sub-Race Office open Fri - Sun from 09:00 to 16:00

3. Accommodation

- Booking according the FIS Rules via FIS Online registration system
- The OC offers following accommodation (full board included):
Three star hotel Rantasipi Rukahovi next to the venue: 100 € per person in double room, 133 € single
Three star apartments (RukaTonttu, RukaSuites, AurinkoRinne, RukaVillage, Rantasipi apartments) next to the venue: 100 € per person (minimum number of persons occur)
- Additional information about accommodation will be given to the teams after receiving the preliminary entries and accommodation requests
- Price for additional accommodation outside of the quota: 100 € per person in double room or apartment (minimum number of persons occurs)
- Price for additional single rooms outside of the quota: 133 €

4. Transport

- **Official airport:** Kuusamo and Oulu. The organizing committee will arrange transportation between the airports and the hotels. 1 transport (from and to the airport) free of charge. Price for additional transport :
125 € for Kuusamo airport (up to 7 persons =125 €, 8-17 p.=195 €)
575 € for Oulu airport (up to 7 persons = 575 €, 8-17 p.=655 €)
540 € for Rovaniemi airport (up to 7 persons = 540 €, 8-17 p.=620 €)
- **Shuttle service**
No shuttle service between hotels and venues (walking distance)

5. Payments

- **Accommodation costs:** Persons from the pay lists will be paid by the OC directly. For additional rooms, the teams will pay directly in the Accommodation Office until the 28th of November. Cash and credit cards accepted.
- **Carrying costs/Reimbursement:**
NEW: Expenses sheets will be received in financial office during the race weekend or by e-mail: elina.borgenstrom@hiihtoliitto.fi.
All payments will be done by electronically by bank transfer.

6. Waxing Facilities

- **Wax cabins:** available from 24/11/2013 at 8:00
- The **keys** to the cabins are available at the competition office. The deposit is 100 €/team. Keys return to Ski Jumping info on the day of departure. (tel. +358 40 8765 222)
- **Parking cards** can be picked up at the Race Office together with the keys.
- **Waxing trucks:** teams arriving with trucks have to inform the OC before 17/10/2014 with exact measurements of the truck and details of the needs

7. Radio Equipment Regulations

- The import, export and the operation of radio equipment in Finland is regulated by national law. Permits for the use of radio transmission equipment must be requested according to national specifications.
- Further information: <http://www.ficora.fi>

8. Visa Regulations

- Remember that citizens of some countries will need visa for visiting Finland. Please check with your embassy if you need a visa for Finland.
- For an official letter of invitation, please send a request to kev@rukanordic.com.

9. Prize money and taxes

- Income tax for European and non-European citizens is 15%
- Income tax for US citizens is 0%
- If requested, the OC will provide the athletes with a receipt of taxes paid accompanying the prize money.

10. Media & Communications

<http://www.rukanordic.com>

<https://www.facebook.com/rukanordic>

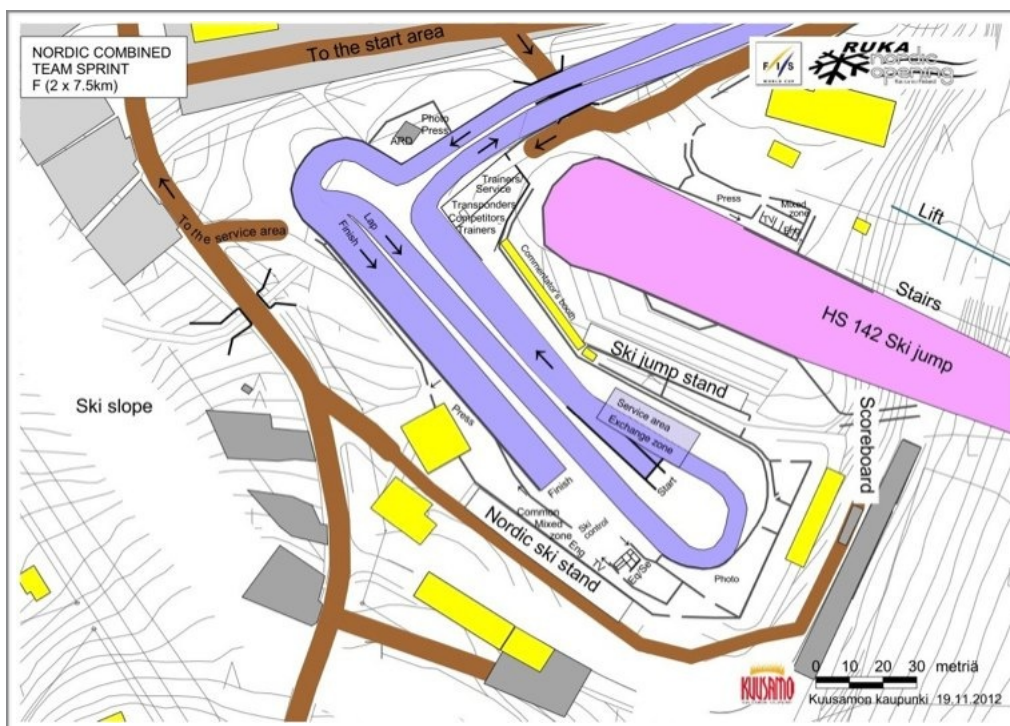
<https://twitter.com/RukaNordic>

<https://vimeo.com/rukanordic>

Instagram: @rukanordic

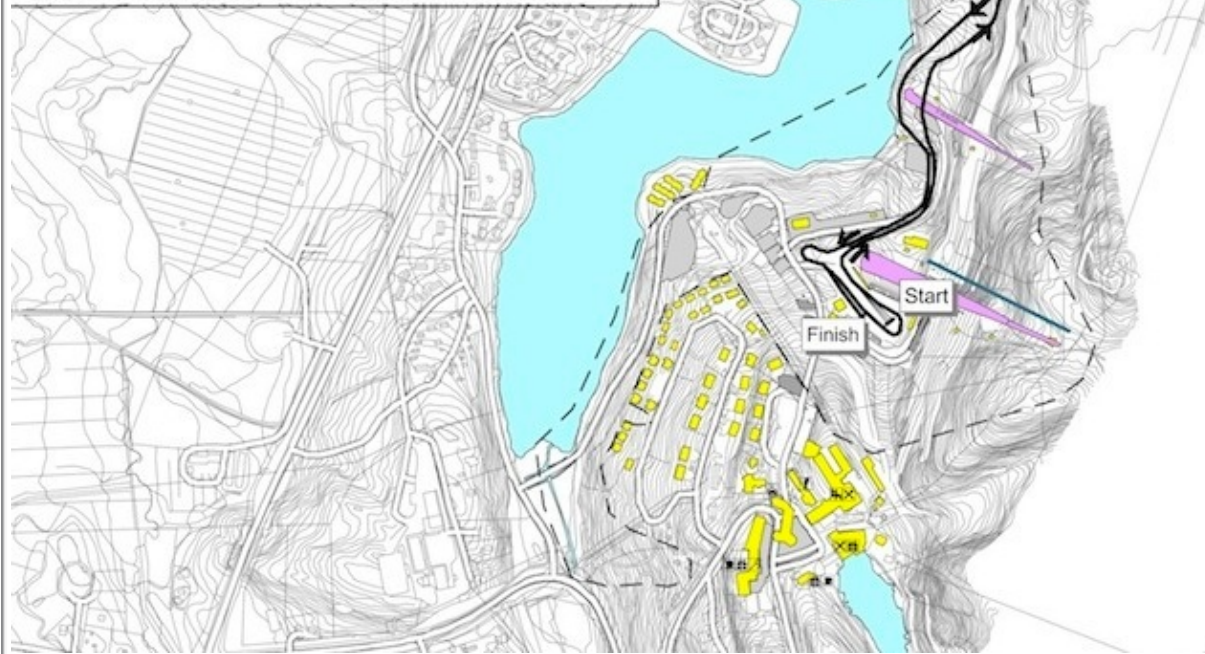
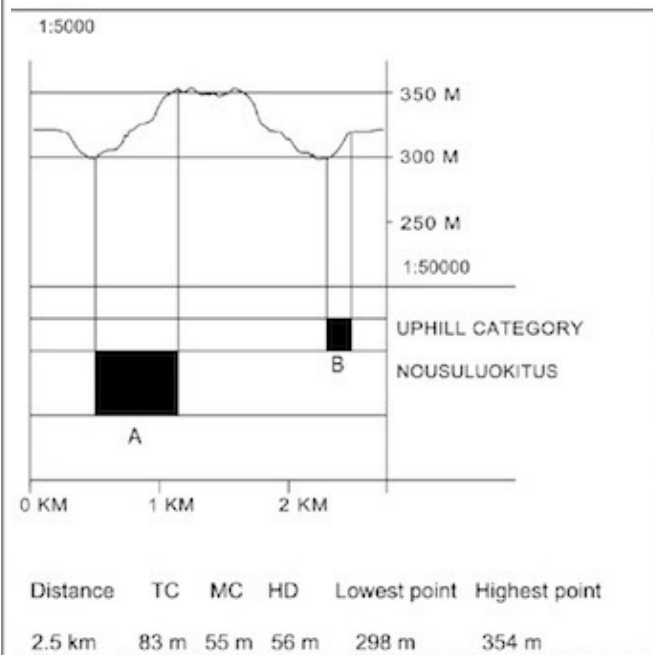
#rukanordic

11. Course Maps



Ruka Finland
 Kilparata Race course 2.5 km
 Kartta 1:10 000
 Profiili 1:50 000 / 5 000

10 km: Nordic Combined (4 x 2.5 km)



Kilparata Race course 1.5 km

Kartta 1:5 000

Profiili 1:50 000 / 5 000

