



Nordic cup Freestyle Moguls MO and DM

13-14 February 2016

Voss Freestyle Club are pleased to invite you to the Nordic Freestyle Cup, to be held in Myrkdalen 13-14 of February.

Rules: FIS Rules and regulations

Classes: Elite: 16 years and older
Youth: 13-15 years
Kids: 8-12 years

Entries: Anders.finne@hfk.no

Entry fee: 300 NOK/31 EUR /day and competitor, for kids under 12 years, 150 NOK/15 EUR per day.

Last date for registration: 7 th of February 2016

Licenses: All competitors aged over 15 years need to have a FIS- license through their National Ski Association.



Lift tickets (special prices for teams)

	Child (7-15 year)	Adult (16 +)
1 day	240 NOK	320 NOK
2 day	450 NOK	600 NOK
3 day	595 NOK	780 NOK

Race arena: www.myrkdalen.no

Team captains meeting: Friday the 12th at 18.00/ 6 pm
Saturday the 13th after prize giving ceremony.

Bib numbers: Will be distributed at the team captains meeting on Friday.

Additional information: joachim.strandborg@gmail.com

Accommodation:

1. <http://www.vosshostel.com/> **Tlf:** +47 56 51 20 17
there are few rooms booked to freestyle so be quick!

2. <http://www.myrkdalen.no/no/myrkdalen-hotel/> **Tlf:** +47 47 47 16 00

Voss freestyleklubb web page: www.freestyleklubben.no

Myrkdalen: myrkdalen.no



Program:

Friday 12.04.

11:00 – 14:00 unofficial training
18.00 Team captains meeting

Saturday 13.04.

Moguls

08.30 – 09.30 Registration and Race Office open. Myrkdalsstovo.
09.30 – 09.40 Inspection
09.40 – 10.40 Official Training
10.55 – 12.10 Qualifications
12:15 – 12.35 B – Qual youth
12.35 – 13.05 Training finals
13.15 – 14.15 Finals

Prize giving at 14.30 in finish area and. Team captain meeting right after.

Sunday 14.04.

Dual moguls

09:00 – 09:10 Inspection
09:10 – 09:40 Official Training Dual Moguls
09:50 – 10:20 Kids run 1
10:20 – 10:50 Kids run 2
11:00 – Dual moguls youth FIS from the beginning based on Saturdays results
Prize giving after competition

The Organizing Committee reserves the right to change the program.

