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| AE | Schedule Aerial FIS World Cup Beida Lake CHN | FS |
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| Tuesday, December 13, 2016 | | | | | | |
|-----------------------------------|--------------|---------------|-----------------|---|-----------------|--|
| | Start | Finish | Duration | Event | Location | |
| AE | 10:00 | - 20:00 | 10:00 | Arrival | | |
| | 20:00 | - 20:30 | 0:30 | Team Captains Meeting / Medical Meeting | | |

| Wednesday, December 14, 2016 | | | | | | |
|-------------------------------------|--------------|---------------|-----------------|------------------------------------|-----------------|--|
| | Start | Finish | Duration | Event | Location | |
| AE | 8:00 | - 10:00 | 2:00 | Aerial Team Jump Shaping | | |
| | 10:00 | - 10:15 | 0:15 | Aerial Inspection and Speed Checks | | |
| | 10:00 | - 10:05 | 0:05 | Course Preparation | | |
| | 10:05 | - 11:50 | 1:45 | Aerial Training Session Group 1 | | |
| | 11:50 | - 11:55 | 0:05 | Course Preparation | | |
| | 11:55 | - 12:10 | 0:15 | Aerial Inspection and Speed Checks | | |
| | 12:10 | - 13:55 | 1:45 | Aerial Training Session Group 2 | | |

| Thursday, December 15, 2016 | | | | | | |
|------------------------------------|--------------|---------------|-----------------|------------------------------------|-----------------|--|
| | Start | Finish | Duration | Event | Location | |
| AE | 8:00 | - 8:10 | 0:10 | Aerial Inspection and Speed Checks | | |
| | 8:10 | - 8:15 | 0:05 | Course Preparation | | |
| | 8:15 | - 10:45 | 2:30 | Aerial Training Session Group 2 | | |
| | 10:45 | - 11:15 | 0:30 | Course Preparation | | |
| | 11:15 | - 11:30 | 0:15 | Aerial Inspection and Speed Checks | | |
| | 11:30 | - 14:00 | 2:30 | Aerial Training Session Group 1 | | |

| Friday, December 16, 2016 | | | | | | |
|----------------------------------|--------------|---------------|-----------------|------------------------------------|-----------------|--|
| | Start | Finish | Duration | Event | Location | |
| AE | 8:00 | - 8:10 | 0:10 | Aerial Inspection and Speed Checks | | |
| | 8:10 | - 8:15 | 0:05 | Course Preparation | | |
| | 8:15 | - 10:45 | 2:30 | Aerial Training Session Group 1 | | |
| | 10:45 | - 11:15 | 0:30 | Course Preparation | | |
| | 11:15 | - 11:30 | 0:15 | Aerial Inspection and Speed Checks | | |
| | 11:30 | - 14:00 | 2:30 | Aerial Training Session Group 2 | | |
| | 17:30 | - 18:00 | 0:30 | Aerial Team Captains Meeting Draw | | |

| Saturday, December 17, 2016 | | | | | | |
|------------------------------------|--------------|----------------|---------------------|--|-----------------|--|
| | Start | Finish | Duration | Event | Location | |
| AE | 8:00 | - 8:10 | 0:10 | Ladies' Inspection and Speed Checks | | |
| | 8:10 | - 8:55 | 0:45 | Ladies' Aerial Training | | |
| | 8:55 | - 9:10 | 0:15 | Course Preparation and Forerunners | | |
| Qual. | 9:10 | - 9:40 | 0:30 | Ladies' Qualifications (Q1) | | |
| | 9:40 | - 9:45 | 0:05 | Course Preparation | | |
| | 9:45 | - 9:55 | 0:10 | Men's Inspection and Speed Checks | | |
| | 9:55 | - 11:15 | 1:20 | Men's Aerial Training | | |
| | 11:15 | - 11:25 | 0:10 | Course Preparation and Forerunners | | |
| | 11:25 | - 12:15 | 0:50 | Men's Qualifications (Q1) | | |
| | 12:15 | - 12:30 | 0:15 | Break | | |
| AE Final | 12:30 | - 12:40 | 0:10 | Ladies and Men's Aerial Finalist Inspection and Speed Checks | | |
| | 12:40 | - 13:15 | 0:35 | Ladies' and Men's Aerial Finalist Training | | |
| | 13:15 | - 13:30 | 0:15 | Showcase, Course Preparation and Forerunners | | |
| | 13:30 | - 13:48 | 0:18 | Ladies' Aerial Finals (F1) (12) | | |
| | 13:48 | - 14:06 | 0:18 | Men's Aerial Finals (F1) (12) | | |
| | 14:06 | - 14:09 | 0:03 | Break | | |
| | 14:09 | - 14:19 | 0:10 | Ladies' Aerial Finals (F2) (4) | | |
| | 14:19 | - 14:29 | 0:10 | Men's Aerial Finals (F2) (4) | | |
| | 14:29 | - 14:34 | 0:05 | Finish Area Awards Preparation | | |
| | 14:34 | - 14:39 | 0:05 | Ladies' Aerial Awards | | |
| 14:39 | - 14:44 | 0:05 | Men's Aerial Awards | | | |
| | 14:44 | - 14:54 | 0:10 | FIS Podium Interviews | | |