

# RUKA (FIN)

22.- 25.11.2018

## Competition Programme

DATE	FORMAT	HILL/COURSE	SJ/XC
Sat, 24.11.	Ind. Gundersen	HS 142, 2.5 km lap	1 jump / 10 km
Sun, 25.11.	Team	HS 142, 4x5 km, lap 2.5 km	1 jump / 4x5 km

## Event Programme (LOC time = CET + 1h)

DATE	COMPETITION	TRAININGS	MEETINGS	OTHER
Thu, 22.11.			<b>19:00</b> TCM Main Media Centre <b>19:30</b> Athletes' Meeting Main Media Centre	Arrival of teams
Fri, 23.11.	<b>16:00</b> SJ HS 142 PCR/Qualification	<b>11:00 - 13:00</b> XC Official training <b>14:00</b> SJ HS 142 Official training		<b>17:30</b> Bib Ceremony Top 3 + National team 3
Sat, 24.11.	<b>12:00</b> SJ HS 142 Ind. Gundersen <b>16:00</b> XC 10 km Ind. Gundersen	<b>11:00</b> SJ HS 142 Trial Round		<b>After the race</b> Winner presentation at the venue
Sun, 25.11.	<b>10:45</b> SJ HS 142 Team <b>16:00</b> XC 4x5 km Team	<b>09:45</b> SJ HS 142 Trial Round		<b>After the race</b> Winner presentation at the venue

## Deadlines

PRELIMINARY ENTRIES	FINAL NUMBERS + WAX TRUCKS	FINAL ENTRIES
11/10/2018	11/10/2018	22/11/2018 at 17:00

## Spectator Information

Ticket Pre-sale	<p>Ticketmaster  +358 600 10 800 (1,98 € min+Inc)  <a href="http://www.ticketmaster.fi">http://www.ticketmaster.fi</a></p>
VIP Ticket Pre-sale	<p>Kuusamon Erä-Veikot  +358 400 706433  <a href="http://seppo.linjakumpu@rukanordic.com">http://seppo.linjakumpu@rukanordic.com</a></p>
Ticket Prices pre-sale	<p>Day Ticket: Fri 19,50 €, Sat 31,00 €,  Sun 22,00 €, Weekend Ticket: 48,50 €  <b>VIP Ticket, Fri 120 €, Sat 150 €, Sun 120 €</b></p>
VIP Ticket	<p>Access to VIP Restaurant “Sudenpesä”</p>
Spectator Parking	<p>Parking hall Ruka  Parking areas near stadium</p>
Catering	<p>Different food and beverage stalls are available  at the stadium area</p>

## Organising Committee

General Secretary

Seppo Linjakumpu  
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Race Office

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Chief of Competition

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Accommodation Office

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Financial Office

Laura Hämäläinen  
+358 45 263 1211  
[laura.hamalainen@hiihtoliitto.fi](mailto:laura.hamalainen@hiihtoliitto.fi)

Transportation Office

Seppo Linjakumpu  
+358 400 706 433  
[kev@rukanordic.com](mailto:kev@rukanordic.com)

Wax Cabins

Seppo Linjakumpu  
+358 400 706 433  
[kev@rukanordic.com](mailto:kev@rukanordic.com)

## Team Information

### 1. Accreditation

- Requests for additional accreditation must be sent via the FIS Online System or to the OC Secretariat at [kev@rukanordic.com](mailto:kev@rukanordic.com).
- All accreditation cards can be picked up at: Accreditation Office in Hotel Scandic Rukahovi, near the reception, opening time daily from 09:00 to 19:00.

### 2. Race Office

- The Race Office is located at Hotel Scandic Congress Centre  
**Opening times:** daily from 09:00 to 19:00.
- Sub-Race Offices located in the SJ and XC compounds; open Fri - Sun from 10:00 to 15:00.

### 3. Accommodation

- Booking according the FIS Rules via FIS Online registration system
- The OC offers following accommodation (full board included):  
Three-star hotel Scandic Rukahovi next to the venue: 110 € per person in double room, 145 € single (FULLY BOOKED)  
Three-star apartments (RukaTonttu, RukaSuites, AurinkoRinne, RukaVillage, Scandic apartments) next to the venue: 110 € per person (minimum number of persons)  
Three-star hotel Holiday Club Kuusamon Tropiikki in Kuusamo, 20 min drive from venue (2 km skiing track beside the hotel, shuttle service available) 105 € per person in double room, 140 € single.
- Additional information about accommodation will be given to the teams after receiving the preliminary entries and accommodation requests
- Limited amount of accommodation available next to venue, mainly for quota. For outside of the quota also self-catering holiday cottages/apartments at Ruka area also possible on request.
- Price for additional accommodation outside of the quota: 115 € per person in double room or apartment (minimum number of persons) at Ruka and 110 € per person HC Kuusamon Tropiikki
- Price for additional single rooms outside of the quota: 160 €
- **NEW! Lunch Service:** Please inform the OC where you plan to take your lunch, in the hotel or in the venue. List your preferences (with Nation and "NC" plus the amount of people eating) here:  
[https://docs.google.com/spreadsheets/d/1\\_ZtDQitLE3Xr5dP7oeodxMfF0RMselZNY4xbE-POxh0o/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1_ZtDQitLE3Xr5dP7oeodxMfF0RMselZNY4xbE-POxh0o/edit?usp=sharing)

### 4. Transport

- **Official airport:** Kuusamo and Oulu. The organizing committee will arrange transportation between the airports and the hotels. 1 transport (from and to the airport) free of charge.

- Prices for additional transport  
 230 € for Kuusamo airport (up to 15 persons =230 €, 16-50 p.=290 €)  
 680 € for Oulu airport (up to 15 persons = 680 €, 6-50 p.=830 €)  
 630 € for Rovaniemi airport (up to 15 persons = 630 €, 6-50 p.=780 €)
- **Shuttle service:** No shuttle service between hotels and venues (walking distance) Shuttle service available for teams living in the HC Kuusamon Tropiikki.

## 5. Payments

- **Accommodation costs:** Persons from the pay lists will be paid by the OC directly. For additional rooms, the teams will pay directly in the Accommodation Office until the 24th of November. Cash and credit cards accepted.
- **Carrying costs/Reimbursement:**  
 Expenses sheets will be received in financial office during the race weekend or by e-mail: [finance@hiihtoliitto.fi](mailto:finance@hiihtoliitto.fi)  
 All payments will be done by electronically by bank transfer.

## 6. Waxing Facilities

- **Wax cabins:** available from 19/11/2018 at 12:00
- **NEW! Waxing trucks:** teams arriving with trucks must inform the OC until 11/10/2018 with exact measurements of the truck and details of the needs  
 To do so, please fill out this form:  
<https://docs.google.com/spreadsheets/d/1kqoqX1Aj6a3CYSraEBuS09XBrRdNLgBHW4Jq9e1K6Ko/edit?usp=sharing>
- The **keys** to the cabins are available at the competition office. The deposit is 100 €/team. Keys return to Ski Cafe/Service Area on the day of departure.
- **Parking cards** can be picked up at the Race Office together with the keys.

## 7. Radio Equipment Regulations

- The import, export and the operation of radio equipment in Finland is regulated by national law. Permits for the use of radio transmission equipment must be requested according to national specifications.
- Each user of a radio transmitter subject to license must obtain a license granted by FICORA. FICORA assigns the frequencies to be used. It is prohibited to use any other frequencies than the ones mentioned in the license. More details and application form:  
<https://www.viestintavirasto.fi/en/spectrum/radiolicences/eventorganisers.html>
- Applications must be submitted to FICORA by **October 22nd 2018**  
 E-mail: [radiotaajuudet@ficora.fi](mailto:radiotaajuudet@ficora.fi), Fax: +358 295 390 270; more information from Mr. Markku Laasonen +358 295 390 454 / [markku.laasonen@ficora.fi](mailto:markku.laasonen@ficora.fi)  
 License-exempted equipment:  
 Please see FICORA Regulation 15 on collective frequencies for license-exempt radio transmitters and on their use:  
<https://www.viestintavirasto.fi/en/steeringandsupervision/actsregulationsdecisions/regulations/regulation15regulationoncollectivefrequenciesforlicence-exempradiotransmittersandontheiruse2011337fin.html>

## 8. Visa Regulations

- Remember that citizens of some countries will need visa for visiting Finland. Please check with your embassy if you need a visa for Finland.
- For an official letter of invitation, please send a request to [kev@rukanordic.com](mailto:kev@rukanordic.com).

## 9. Prize Money and Taxes

- Income tax for European and non-European citizens is 15%
- Income tax for US citizens is 0%
- If requested, the OC will provide the athletes with a receipt of taxes paid accompanying the prize money.

## 10. Media & Communications

<http://www.rukanordic.com>

<https://www.facebook.com/rukanordic>

<https://twitter.com/RukaNordic>

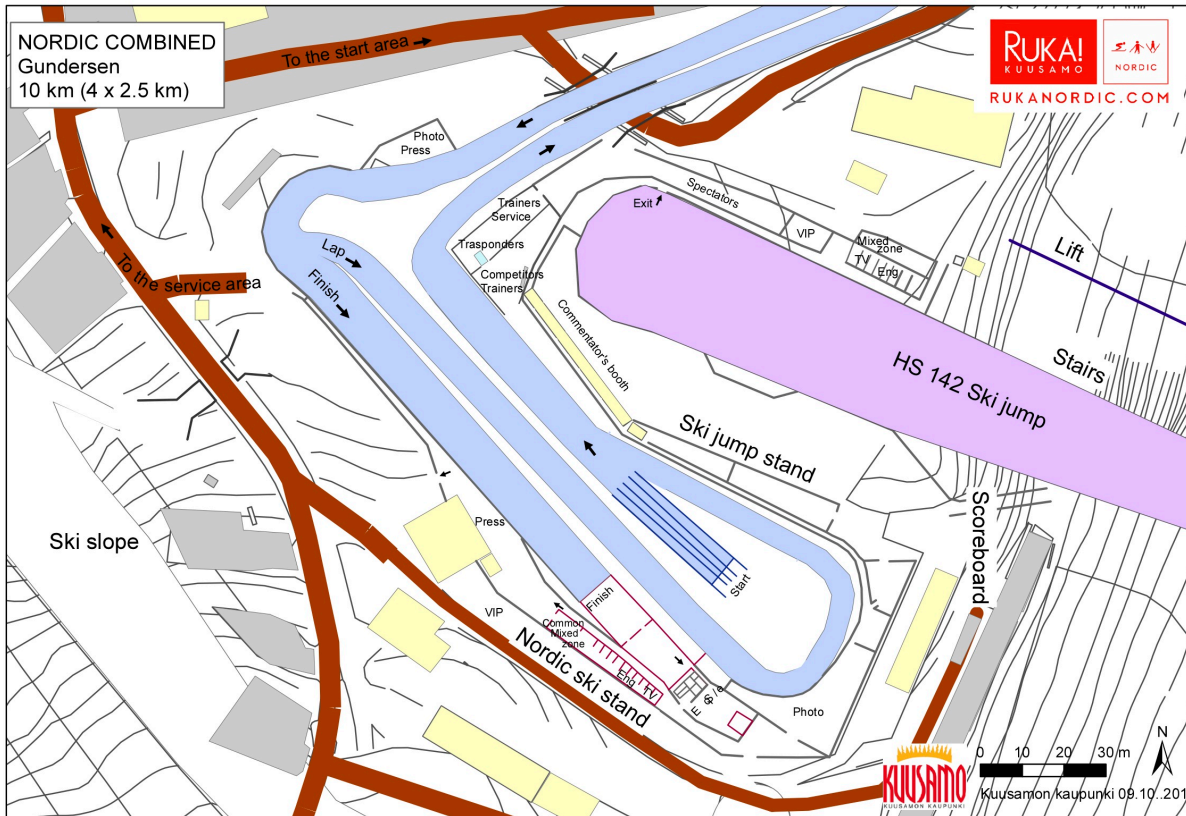
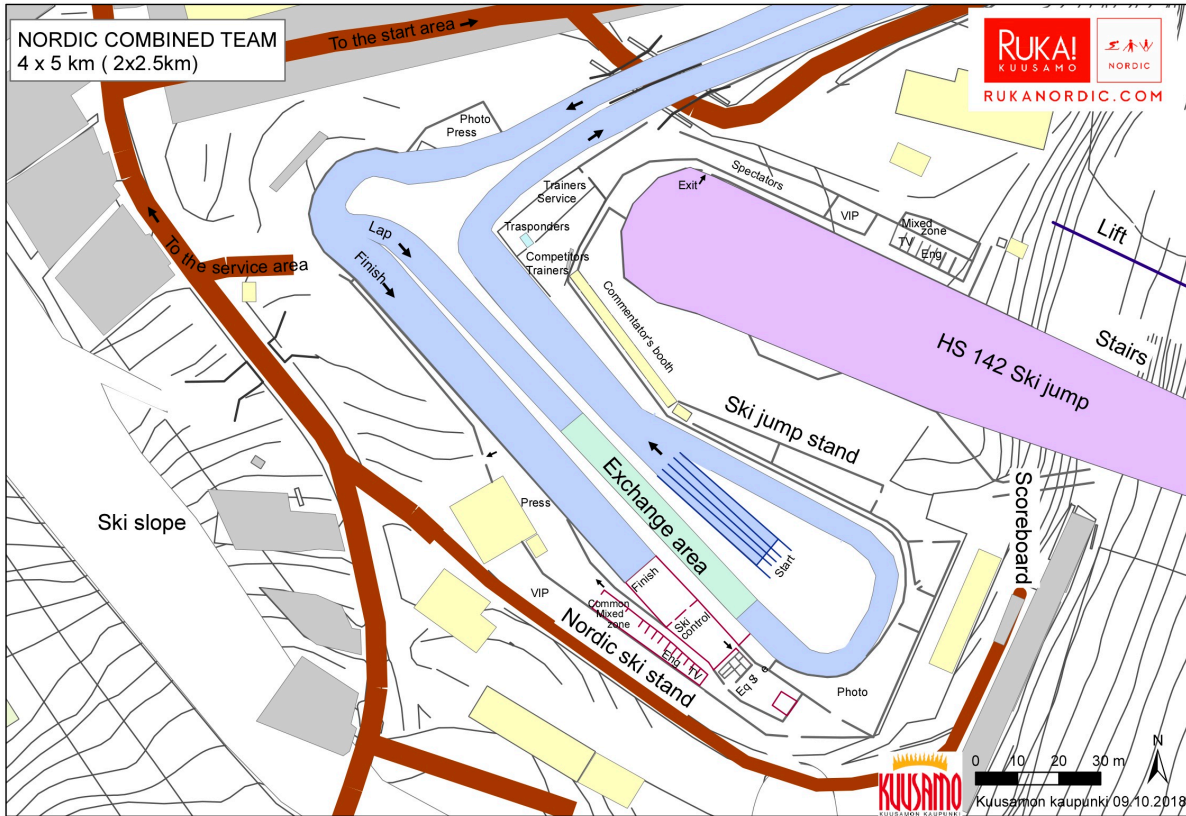
YouTube: <https://www.youtube.com/channel/UCDPTQrgtBt33Fj7Y4gz0Etw/videos>

Instagram: @rukanordic

#rukanordic

## 11. Maps

See below





10 km: Nordic combined, (4 x 2.5 km)  
 5 km: Team 4 x 5 km (2 x 2.5 km)

Kuusamo 2018  
 Ruka Finland  
 Kilparata Race course 2.5 km  
 Kartta 1:10 000  
 Profiili 1:50 000/1:5 000

