

QUEBEC (CAN)

Program

Date	Competition	TCM	Other
Friday 13/03/2020	Official training Sprint C 12:00 - 14:00	17:00	
Saturday 14/03/2020	10:50 Qualification Sprint C 13:20 Sprint Finals C	17:00	Prize giving ceremony after the rac
Sunday 15/03/2020	10:45 Qualification Sprin 13:15 Sprint Finals F		Prize giving ceremony after the rac

Contacts

Position	Name	Phone	Email
General Secretary	Claude Denis		inscriptions.fis.ski@gestev.com
Accommodation	Claude Denis		inscriptions.fis.ski@gestev.com
Transportation	Claude Denis		inscriptions.fis.ski@gestev.com
Finances	Claude Denis		inscriptions.fis.ski@gestev.com
Sport	Claude Denis		inscriptions.fis.ski@gestev.com
Wax Cabins	Claude Denis		inscriptions.fis.ski@gestev.com

Truck driving permission	Claude Denis	inscriptions.fis.ski@gestev.com
Medical Service	Claude Denis	inscriptions.fis.ski@gestev.com

Offices and their opening times

Office	Location	Opening times
Race office	Official Hotel Delta Hotel 690 Boul René-Lévesque East Québec, QC G1R 5A8	March 10: 8:30am-5pm March 11: 8:30am-5pm March 12 : 8:30am-5pm March 13 : 8:30am-5pm March 14 : 7am-5pm March 15 : 7am-5pm
Transportation	At Race Office (Delta Hotel)	See above
Finances	At Race Office (Delta Hotel)	See above
OC Office	Manège militaire	From March 9 to March 16

Logistical information

Accommodation (World Cup Rules Art. 13)

- Booking according the FIS Rules via FIS Online registration system
- The OC offers following accommodation (full board included)
- Additional information about the accommodation will be given to the teams after receiving preliminary entry and accommodation request.
- Limited amount of accommodation available next to venue, mainly for quota.

Official Hotel Information

Delta Hotel Quebec: 690 Boul René-Lévesque East, Québec, QC G1R 5A8
<https://www.marriott.com/hotels/travel/yqbdr-delta-hotels-quebec/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2>

Facilities: Outdoor heated pool, fitness center, free wifi
 Parking fee: 25\$CAD daily

Transport (World Cup Rules Art. 11)

- Official airports :
 - Québec City Jean-Lesage International Airport (YQB)
 - Montréal Pierre-Elliott-Trudeau International Airport (YUL)
- The organizing committee will arrange transportation between the airports and the hotels. 1 transport (from and to the airport) free of charge.
- Price for additional transport:

To/From YUL	Capacity	Costs
Bus	up to 35	\$ 1650 CAN
Mini-Bus	up to 15	\$ 1350 CAN
Van	up to 5	\$ 800 CAN

To/From YQB	Capacity	Costs
Bus	up to 35	\$ 600 CAN
Mini-Bus	up to 15	\$ 550 CA
Van	up to 5	\$ 200 CAN

- Information to the Shuttle ser
 - (hotels – venue) : no shuttle service (walking distance).

Reimbursement (World Cup Rules Art. 10 and 13)

- Accommodation costs: Teams will pay directly at the hotel chec
- **Over quota costs are to be paid by cash or credit card.**
- **Carrying costs/Reimbursement :**
 - **Expenses sheets will be received in financial office during the race weekend or by e-mail. Payments will be done by bank transfer.**

Prize money payment (Word Cup Rules Art. 8)

- Due to data protection rules the data's from the athletes have to be given directly to: inscriptions.fis.ski@gestev.com
- Or on-site at the financial office in the Race Office (opening times see above)
- Prize money form is available on FIS Website under:
<http://www.fis-ski.com/inside-fis/document-library/cross-country/#deeplink=forms>

Income tax information for prize money:

- Income tax of European citizen is 15%
- Income tax of non-European citizen is 15% (USA 0 %)

Waxing facilities (World Cup Rules Art. 14)

- Wax cabins : available from Tuesday March 10th. For earlier arrivals (drop off equipment), please contact the OC in advance
- Waxing trucks : teams arriving with trucks have to inform the OC before February 20th.
- The keys to the cabins are available at the Wax Village Office. The deposit is **100 \$CND/team**. Keys return and deposit return to the Wax Village Office on the day of departur
- Canada uses 120v electricity, transformers for 220v will be available on a limited basis.

Team Catering

- Team Catering facilities are at the official hotel from Monday night (dinner) t Sunday. Here is the schedule: **Hours TBC**.
- Possibility to have lunch boxes at the Wax Village from Friday to Sunday. Please make your reservation via the following link:
- https://docs.google.com/spreadsheets/d/13wm5JU7RzwrUonI8AciSFEKdq4H7OTUKGDm_EnQLVfo/edit?usp=sharing
- Costs for lunch service is 10 CHF per person per day if you haven't ordered and paid full board via the Organizing Committee.

Medical Service

- In case you have an emergency you can call the following number = 911
- Medical facilities
 - at the venue: on the Plains of Abrah
 - Hospitals near by: Hôtel-Dieu de Québec (less than 1km)

Regulations of radio equipment/Radio Frequencies:

- The import, export and the operation of radio equipment in Canada is regulated by national law. Permits for the use of radio transmission equipment must be requested according to national specifications.
- Each user of a radio transmitter subject to license must obtain a license granted by OC to assign the frequencies to be used. It is prohibited to use any other frequencies than the ones mentioned in the license. Please contact OC to get further information at inscriptions.fis.ski@gestev.com.

Regulations of Visa:

- Remember that citizens of some countries will need visa for visiting Canada.
- Please check with your embassy if you need a visa for Canada. For an official letter of invitation, please send a request t inscriptions.fis.ski@gestev.com

Special permissions for truck driving (Sunday- and night, other days with special regulations)

- Teams must give information when they will arrive to stadium and parking area. Send messages by email to inscriptions.fis.ski@gestev.com
No Sunday or night driving permission needed.

Special advices for the route and roads

(from the previous World Cup stage and to the next one): no special comments

Maps and Courses

Race	Course	Length
Saturday, March 14	Sprint classic	1650m
Sunday, March 15	Sprint free style	1650m

MINNEAPOLIS (USA)

Program

Date	Competition	TCM	Other
Monday 16/03/2020	16:00 - 18:00 Cours Inspection/Official Training	19:30 Doubletree Hotel	
Tuesday 17/03/2020	14:15 Sprint Qualification F 16:45 Sprint Finals		Prize giving ceremony after the ra