



Program for: AUDI FIS SKI CROSS WORLD CUP - FIS CROSS ALPS TOUR - 2019/20 / Val Thorens (FRA)

Program	2-Dez.-2019	Duration	Start time	Finish time	Last changes: 2019-12-02 / 1615 CET
Official Team arrival					
Race office open - Accreditation		7:45 0:15	12:00	19:45	Sports Club Meeting Room / Club de Sport (Ground floor)
First Team Captains Meeting		0:45	20:00	20:45	Church Town Center
Medical Meeting		0:15	20:45	21:00	Church Town Center

Program	3-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			8:30		Time of circ. 10'
Jury Meeting at Start		0:15	7:15	7:30	
Jury Coach Inspection & Setting		1:00	7:30	8:30	
Break		0:15	8:30	8:45	
Inspection Competitor Testers		0:45	8:45	9:30	
Break		0:15	9:30	9:45	
Competitor Testing		0:45	9:45	10:30	
Competitor-Jury De-Briefing		0:15	10:30	10:45	Finish Area
Course preparation		1:15	10:45	12:00	
Inspection		0:45	12:00	12:45	Admission until 12:30
Course preparation & Forerunner		0:15	12:45	13:00	
Training		1:30	13:00	14:30	RUNs / Competitor: 2 Start training allowed: no
Jury Meeting in Finish Area		0:15 3:15	14:30	14:45	
Team Captains Meeting / Info		0:20	18:00	18:20	Church Town Center

Program	4-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			9:00		Time of circ. 10'
Jury Inspection, Course Setting		1:30	8:30	10:00	
Inspection Group 1		0:30	10:00	10:30	Admission until 10:25
Break / Course Prep.		0:30	10:30	11:00	
Training Group 1		1:00	11:00	12:00	RUNs / Competitor: 2 Start training allowed: no
Break / Course Prep.		0:30	12:00	12:30	
Inspection Group 2		0:30	12:30	13:00	Admission until 12:55
Break / Course Prep.		0:30	13:00	13:30	
Training Group 2		1:00	13:30	14:30	RUNs / Competitor: 2 Start training allowed: no
		3:30			
Voluntary Equipment Tests		1:30	15:30	17:00	Church Town Center
Team Captains Meeting / Draw		0:30	18:00	18:30	Church Town Center

Program	5-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			8:30		Time of circ. 10'
Jury Inspection, Course Setting		1:00	7:45	8:45	
Inspection M+W		0:30	8:45	9:15	Admission until 9:10
Break / Course Prep. / Forerunner		0:30	9:15	9:45	
Training Men		0:30	9:45	10:15	RUNs / Competitor: 1 Start training allowed: no
Training Women		0:15	10:15	10:30	RUNs / Competitor: 1 Start training allowed: no
Break / Course Prep. / Forerunner		0:30	10:30	11:00	
Qualification Men		1:00	11:00	12:00	Int 1-16 @ arrive 17-... @ 60 sec last-6 @ arrive
Break / Course Prep. / Forerunner		0:15	12:00	12:15	er
Qualification Women		0:45	12:15	13:00	val 1-16 @ arrive 17-... @ 60 sec last-6 @ arrive
Break		0:30	13:00	13:30	
Public Heat Selection		0:30	13:30	14:00	Finish area
Team Captains Meeting / Info		0:20	17:00	17:20	Church Town Center
Public Team Parade		0:30	18:00	18:30	Main Square in front of Club de Sport

Program	6-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			8:30		Time of circ. 10'
Jury Inspection, Course Setting	1:00		7:45	8:45	
Inspection Finalists	0:30		8:45	9:15	Admission until 9:10
Break / Course Prep.	0:30		9:15	9:45	
Training Finalists	0:30		9:45	10:15	RUNs / Competitor: 1 Start with gate: yes
Break / Course Prep.	0:35		10:15	10:50	
Forerunner-Heat	0:10		10:50		Men: 32
Pre Final Round	0:24		11:00	11:24	begin with: Eights Final
EF - Men	0:24:00		11:00:00	11:24:00	
Break / Course Prep.	0:26		11:24	11:50	
Forerunner-Heat	0:10		11:50		Women: 16 Men: 16
Final Round	0:58		12:00	12:58	begin with: Quarter Final begin with: Quarter Final
QF - Women	0:12:20		12:00:00	12:12:20	
QF - Men	0:12:30		12:12:20	12:24:50	
Break	0:02:30		12:24:50	12:27:20	
SF - Women	0:06:20		12:27:20	12:33:40	
SF - Men	0:06:20		12:33:40	12:40:00	
Break	0:02:30		12:40:00	12:42:30	
F - Women	0:08:00		12:42:30	12:50:30	
F - Men	0:08:00		12:50:30	12:58:30	
Break	0:03:30				
Prizegiving and WC leader bib in finish area			13:02		
Public Heat Selection	0:30		tba		Finish Area after Price Giving Ceremony
Team Captains Meeting / BIBs	0:30		17:00	17:30	Church Town Center

Program	7-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			8:00		Time of circ. 10'
Jury Inspection, Course Setting	1:00		7:15	8:15	
Inspection Finalists	0:30		8:15	8:45	Admission until 8:40
Break / Course Prep.	0:15		8:45	9:00	
Training Finalists	0:30		9:00	9:30	RUNs / Competitor: 1 Start with gate: yes
Break / Course Prep.	0:20		9:30	9:50	
Forerunner-Heat	0:10		9:50		Men: 32
Pre Final Round	0:24		10:00	10:24	begin with: Eights Final
EF - Men	0:24:00		10:00:00	10:24:00	
Break / Course Prep.	0:26		10:24	10:50	
Forerunner-Heat	0:10		10:50		Women: 16 Men: 16
Final Round	0:58		11:00	11:58	begin with: Quarter Final begin with: Quarter Final
QF - Women	0:12:20		11:00:00	11:12:20	
QF - Men	0:12:30		11:12:20	11:24:50	
Break	0:02:30		11:24:50	11:27:20	
SF - Women	0:06:20		11:27:20	11:33:40	
SF - Men	0:06:20		11:33:40	11:40:00	
Break	0:02:30		11:40:00	11:42:30	
F - Women	0:08:00		11:42:30	11:50:30	
F - Men	0:08:00		11:50:30	11:58:30	
Break	0:03:30				
Prizegiving and WC leader bib in finish area			12:02		