



Program for: AUDI FIS SKI CROSS WORLD CUP - FIS CROSS ALPS TOUR - 2019/20 / Innichen (ITA)

Program	18-Dez.-2019	Duration	Start time	Finish time	Last changes: 2019-09-20 / 1330 CET
Official Team arrival					
Accreditation		7:00	10:00	17:00	Tourist office Innichen
Race office open - Accreditation		2:45	17:00	19:45	Josef Resch Haus
		0:15			
Athletes Meeting		0:45	19:00	19:45	Josef Resch Haus / Theater Hall Innichen
First Team Captains Meeting		0:45	20:00	20:45	Josef Resch Haus
Medical Meeting		0:15	20:45	21:00	Josef Resch Haus

Program	19-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			8:00		Time of circ. 10'
Jury Meeting at Start		0:15	7:00	7:15	
Jury Coach Inspection & Setting		1:00	7:15	8:15	
Break		0:15	8:15	8:30	
Inspection Competitor Testers		0:45	8:30	9:15	
Break		0:15	9:15	9:30	
Competitor Testing		1:00	9:30	10:30	
Competitor-Jury De-Briefing		0:15	10:30	10:45	Finish Area
Course preparation		1:15	10:45	12:00	
Inspection		0:45	12:00	12:45	Admission until 12:30
Course preparation & Forerunner		0:15	12:45	13:00	
Training		2:30	13:00	15:30	RUNs / Competitor: 3 Start training allowed: no
Jury Meeting in Finish Area		0:15	15:30	15:45	
		2:15			
Team Captains Meeting / Draw		0:20	18:00	18:20	Josef Resch Haus

Program	20-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			7:45		Time of circ. 10'
Jury Inspection, Course Setting		1:15	8:30	9:45	
Inspection W+M		0:30	9:45	10:15	Admission until 10:10
Break / Course Prep. / Forerunner		0:30	10:15	10:45	
Training Women		0:15	10:45	11:00	RUNs / Competitor: 1 Start training allowed: no
Training Men		0:30	11:00	11:30	RUNs / Competitor: 1 Start training allowed: no
Break / Course Prep. / Forerunner		0:30	11:30	12:00	
Qualification Women		0:45	12:00	12:45	Int 1-16 @ arrive 17-... @ 60 sec last-6 @ arrive
Break / Course Prep. / Forerunner		0:15	12:45	13:00	er
Qualification Men		1:15	13:00	14:15	val 1-16 @ arrive 17-... @ 60 sec last-6 @ arrive
Team Captains Meeting / Info		0:20	17:00	17:20	Josef Resch Haus
Public Heat Selection		0:30	18:00	18:30	Christmas Market Innichen Center

Program	21-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			8:00		Time of circ. 10'
Jury Inspection, Course Setting	1:45		8:45	10:30	
Inspection Finalists	0:30		10:30	11:00	Admission until 10:55
Break / Course Prep.	0:30		11:00	11:30	
Training Finalists	0:30		11:30	12:00	RUNs / Competitor: 1 Start with gate: yes
Break / Course Prep.	0:20		12:00	12:20	
Forerunner-Heat	0:10		12:20		Men: 32
Pre Final Round	0:24		12:30	12:54	begin with: Eights Final
EF - Men	0:24:00		12:30:00	12:54:00	
Break / Course Prep.	0:26		12:54	13:20	
Forerunner-Heat	0:10		13:20		Women: 16 Men: 16
Final Round	0:58		13:30	14:28	begin with: Quarter Final begin with: Quarter Final
QF - Women	0:12:20		13:30:00	13:42:20	
QF - Men	0:12:30		13:42:20	13:54:50	
Break	0:02:30		13:54:50	13:57:20	
SF - Women	0:06:20		13:57:20	14:03:40	
SF - Men	0:06:20		14:03:40	14:10:00	
Break	0:02:30		14:10:00	14:12:30	
F - Women	0:08:00		14:12:30	14:20:30	
F - Men	0:08:00		14:20:30	14:28:30	
Break	0:03:30				
"Speck ceremony" and WC leader bib in finish area			14:32		
	2:28				
Team Captains Meeting / BIBs	0:30		17:00	17:30	Josef Resch Haus
Public Heat Selection and Pricegiving Ceremony	0:30		18:00	18:30	Christmas Market Innichen Center

Program	22-Dez.-2019	Duration	Start time	Finish time	
First run on lift for athletes			8:00		Time of circ. 10'
Jury Inspection, Course Setting	1:45		8:45	10:30	
Inspection Finalists	0:30		10:30	11:00	Admission until 10:55
Break / Course Prep.	0:30		11:00	11:30	
Training Finalists	0:30		11:30	12:00	RUNs / Competitor: 1 Start with gate: yes
Break / Course Prep.	0:20		12:00	12:20	
Forerunner-Heat	0:10		12:20		Men: 32
Pre Final Round	0:24		12:30	12:54	begin with: Eights Final
EF - Men	0:24:00		12:30:00	12:54:00	
Break / Course Prep.	0:26		12:54	13:20	
Forerunner-Heat	0:10		13:20		Women: 16 Men: 16
Final Round	0:58		13:30	14:28	begin with: Quarter Final begin with: Quarter Final
QF - Women	0:12:20		13:30:00	13:42:20	
QF - Men	0:12:30		13:42:20	13:54:50	
Break	0:02:30		13:54:50	13:57:20	
SF - Women	0:06:20		13:57:20	14:03:40	
SF - Men	0:06:20		14:03:40	14:10:00	
Break	0:02:30		14:10:00	14:12:30	
F - Women	0:08:00		14:12:30	14:20:30	
F - Men	0:08:00		14:20:30	14:28:30	
Break	0:03:30				
"Speck ceremony" and WC leader bib in finish area			14:32		
Winner ceremony Cross Alps Tour					