



2020 NORAM CUP
Centre de Ski Le Relais Lac Beauport
1084 Boulevard du Lac, Lac-Beauport, QC
FEBRUARY 28-29, 2020

Invitation

The Relais Ski Center Lac Beauport and the Organizing Committee (OC) are pleased to invite all eligible freestyle skiers, coaches and fans to attend the 2020 NorAm Cup to be held at Lac Beauport, Quebec, Canada on February 26 to 29, 2020

The Competition is comprised of two (2) events Aerials.

General Information

Date and Location

Aerials (AE) competitions and training will be in course no 8C.

Rules

The Federation Internationale de Ski ("FIS") is sanctioning this Competition. The Organizing Committee of the event will host the competition in accordance with the FIS Freestyle Ski NorAm Cup rules.

Entries

All athletes entered in a NorAm Cup competition must hold a valid FIS License issued under the authority of their national ski association and conform to the rules in the FIS ICR Sections 203 and 204.

EVENTS	FEES (\$ CAD)
Base entry fee	180
Second event	120
Poma access (12.50 \$ / day)	50

Entry Fees for each participant are **350.00\$ CAD** until Tuesday February 11 for the two events, including lift tickets and registration fee for four days. Below, here is the link for your payment. After February 11, the cost will be **370.00\$ CAD**.

Inscription: <https://csalrlb.proinscription.com>



Registration

Upon arrival at Lac Beauport each athlete should present himself or herself at the registration desk located in the Acrobatix water ramp building situated at the bottom of course no 8C, use south parking lot.

Lift Tickets

Lift tickets will be available

Competitors: **Included**
Coaches: **Not necessary**

Bibs

A bib deposit of **CAD\$ 20.00** is required. **Cash only please.** Bibs must be returned in good condition for a refund at the end of the event. Please note, we cannot guarantee that a bib deposit made in US dollars will be returned in US currency. All athletes on the course must wear bibs properly during official training and for all competitions as well as for medal ceremonies.

Athletes' Biographies

Biography forms will be distributed to each competitor at registration. Biographies must be completed and returned to the Organizing Committee at the registration desk.

Officials

Technical Delegate	John Gandolfo
Chief of Competition	Denis Laroche
Head Judge	Réal Robichaud

Transportation

Transportation in and around ski Lac Beauport is the responsibility of athletes and their coaches. Quebec City Jean Lesage International Airport (YQB) is the closest major international airport to Lac Beauport, Quebec, an approximate 20 – 25 minutes' drive.

Accommodations

Official's hotel of the event, Manoir du Lac Delage offer discounts for the NORAM event. You will find information about this establishment directly on its website and you can book with the reservation code by contacting them directly

Manoir du Lac Delage : <https://www.lacdelage.com/> 18 min (15.9 km) Réservation code : 321101
Until February 17: 119 \$

Other establishments are available nearby. Discounts could be offered by mentioning that you will be at Lac Beauport for a freestyle ski jumping competition.

Entourage sur le Lac: <https://entourageresort.com> 2 min (1.5 km)

Double Tree by Hilton Quebec resort: <https://doubletree3.hilton.com/en/hotels/quebec/doubletree-by-hilton-quebec-resort-YQBQCDT/index.html> 11 min (9.6 km)



**FREESTYLE SKI
NORAM CUP**



Liability and Accident Insurance

All athletes, officials and other members of the teams who attend and participate in the event shall do so at their own risk. Every competitor is required to have his/her own medical and life insurance that is adequate and covers maneuvers being performed in training and competition, as well as a valid membership to their National Association. The Organizing Committee, CFSA, Canadian Snowsports Association, FQSA and the Centre Ski Le Relais Lac Beauport shall not be responsible for accidents, damages to or lost equipment and belongings and/or second or third party claims during the staging of the event.

IMPORTANT NOTICE

Please note that there will be **ZERO TOLERANCE** for any offensive language or behaviour during the event. Any damages or disruption to hotel, to the Centre Ski Le Relais Lac Beauport facilities or other property related to this event will result in the offender(s) being immediately removed from the event and a complaint will be filed by the Organizing Committee with the offender's National Association.

Caroline Dubreuil

Organizing committee

581-307-1579

carolinedubreuil@hotmail.com

Event Program

Wednesday, February 26, 2020

14:30 to 17:00	Course maintenance
16:00 to 17:30	Athletes registration (Acrobatx Chalet) FIS-NorAm
17:30 to 18:00	Athletes landing prep
18:00 to 20:00	AE NorAm training (8C)

Thursday, February 27, 2020

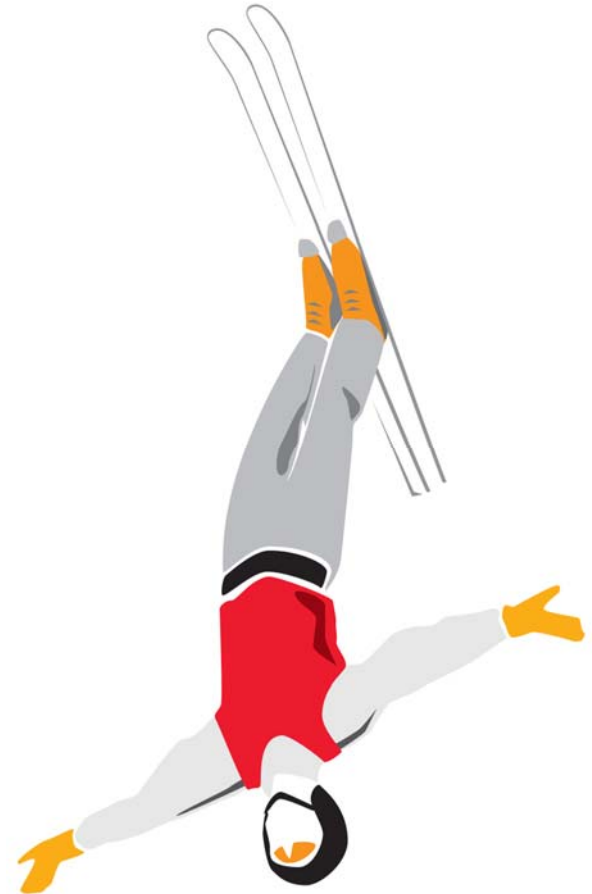
16:00 to 17:30	Athletes registration (Acrobatx Chalet) FIS-NorAm
17:30 to 18:00	Athletes landing prep.
18:00 to 20:00	AE NorAm training (8C)
20:15	AE Team Captains meeting (Acrobatx Chalet)

Friday, February 28, 2020

15:00 to 15:45	Preparation of the site Course maintenance
16:00	AE FIS-NorAm Speed test
16:15 to 17:45	AE FIS-NorAm training
17:45 to 18:00	Course maintenance
18:00 to 19:30	AE FIS-NorAm qualification (2jumps)
19:40 to 20:00	AE Training for the final
20:00 to 20:30	Final FIS-NorAm AE 1 jump for the top 6
21:00	Podium FIS-NorAm AE Awards ceremony
21:15	FIS-NorAm Team Leader Meeting

Saturday, February 29, 2020

16:00	AE FIS-NorAm Speed Test
16:15 to 17:45	AE FIS-NorAm training
17:45 to 18:00	Course maintenance
18:00 to 19:30	AE FIS-NorAm qualification (2 jumps)
19:40 to 20:00	AE Training for the final
20:00 to 20:30	Final FIS-NorAm 1 jump for the top 6
21:00	Podium FIS-NorAm Awards ceremony



Schedule subject to change until TCM

« GOOD LUCK TO EVERYONE »



TOURISME JACQUES-CARTIER

