











Centre d'Excellence Acrobatique Val Saint-Côme, Val Saint-Côme, QC, Canada February 27th – March 1st 2020

Invitation

Freestyle Canada (FC) and Le Centre d'Excellence Acrobatique Val St-Côme are pleased to invite eligible athletes to the **2020 NORAM Championships** that will be held at Le Centre d'Excellence Acrobatique Val St-Côme, Quebec on **February 29th and March 1st 2020.** The event is sanctioned by FIS and Freestyle Canada and part of the NORAM Cup.

- 1. The event is sanctioned by FIS and Freestyle Canada, and is organized by Le Centre d'Excellence Acrobatique Val Saint-Côme in collaboration with La Station Touristique Val Saint-Côme.
- 2. Rules are based on a combination of FIS Rules and Regulations for NORAM cup https://assets.fis-ski.com/image/upload/v1575614317/fis-prod/assets/CoC FS Rules 1920 clean.pdf
- 3. The Competition is comprised of 2 Moguls events (Single and Dual event)
- 4. All athletes must have a FC Air 4B certified coach present.

 Athlete Qualification is required for all inverted maneuvers with Aerial Passports readily available to present to the Event Jury

THU	February 27th 2020	MOGULS (MO) - TRAINING
FRI	February 28th 2020	MOGULS (MO) - TRAINING
SAT	February 29th 2020	SINGLE MOGULS (MO) – QUALIFICIATIONS AND FINAL
SUN	March 1st 2020	DUAL MOGULS (DM)

Please refer to the attached detailed schedule. Schedules are subjected to change by organizing committee















General Informations

<u>Date and location</u> – The Competition will proceed as follows:

Competitions will be held February 29th and March 1st 2020 at Le Centre d'Excellence Acrobatique Val St-Côme. Training will start on Thu February 27th 2020.

Click here for Map and Directions to Val St-Come https://www.valsaintcome.com/en/contact-us

Registration – Entry fees is 300\$ CAD/participant (Both Single and Dual events) Participants must register and make payments online using the registration system Registration closes February 21st at 5 PM.

Link: https://snowreg.com/#!/events/743-noram-vsc-2020

Refund policy as described in FIS Rules and Regulations for NORAM cup.

Field Size

Moguls: Maximum athletes to register as per FIS NORAM rules. The table below describes in detail the distribution:

	MO/DM	
	F	H
Canada	20	20
USA	20	20
Host country	5	5
Foreign Athletes	40 (max 20	per nation)
Total	13	0

Unused spots (max 75%) will be transferred to other gender.















Single mogul format (MO) - Alex-Bilodeau Run

Qualifications: single run

Final: Single run. Top 16 athletes of each gender taken from Qualifications Super Final: Single run. Top 6 athletes of each gender taken from Final

Dual Moguls Format (DM) – Alex-Bilodeau Run

Final: Dual format seeded from highest rank on either latest available FIS points ranking or current year

NORAM cup ranking.

Officials

Chief of Competition Daniel Thibault
Chief of course Serge Carrier
Head Judge Ian Hutchings
Technical delegate Tad Dziemian

Chief of Scoring Christine Lamoureux

Organizing committee

Organizing committee chair Daniel Thibault
Registration Director Claudia Rousseau
Official Director Patricia Leroux
Finances Director Carole Gagné
Competition secretary Kristine Ortamis















Organizing committee contacts

Daniel Thibault

Cell.: (514) 757-4100

Email: daniel.thibault915@bell.net

Licences

Canadian Athletes are required to have **a Can Free 4 FIS License.** International Athletes must have an active FIS license.

<u>Competition office</u> – The competition office will be located in Le Centre d'Excellence Acrobatique Val Saint-Côme. **ALL Participants must check in** and register on-site at the main desk to confirm participation in the event and to pick up competition bibs and lift tickets.

<u>Bibs</u> – \$20.00 CAD cash bib deposit is required at registration. Bibs must be returned at the end of course or to the race office, in good condition. If a bib is lost or forgotten there will be an additional \$20 CAD deposit. It is important that your bib number matches your event registration for judging and scoring, if you need to replace your bib please ensure the on-site registration staffs updates your entry information. Bibs **must** be worn properly for all on-site training, for the competitions and for awards ceremonies.

<u>Lift Tickets</u> – Lift tickets are available at competition office. <u>Lift tickets can optionally be purchased upon online registration along with registration fees.</u>

Athletes: 134\$ CAD for the event

Coaches and officials: Free

Bio – A Bio form will need to be filled upon arrival at Competition office in order to receive bibs.

Team Captain Meeting – Team Captain meeting will be held at Le Centre d'Excellence Acrobatique Val Saint-Côme, from Thursday February 27th at 2:30 pm for Moguls events. Refer to detailed schedule.

















Accident insurance and liability - All athletes, officials and other members who attend and participate in the event shall do so at their own risk. Every competitor is required to have his/her own medical and life insurance as well as valid NSA Membership. The Organizing Committee, Freestyle Canada, Le Centre d'Excellence Acrobatique Val St-Come, Freestyle Quebec, and the Canadian Snowsports Association shall not be responsible for the accidents, damages or lost equipment and belongings and/or second or third party claims during the staging of the event.

Transportation – Athletes and Coaches are responsible for transportation from and to Val St-Come ski station.

Accommodation – Teams are responsible for booking and paying directly for their own accommodations. Please check the terms of cancellation before confirming your reservation. The Auberge Val St-Côme is our preferred partner. Please check with the Auberge for room rates, occupancy conditions and special team dinner rates. We advise that you book early. Use MOGUL code to benefit from these preferential rates.

200 Rue de l'Auberge Saint--Côme, Québec J0K 2B0 (450) 883--0701

Please visit http://lanaudiere.ca/en/accommodation-lanaudiere/for-other-accommodations in the Saint-Côme area.

IMPORTANT NOTICE

Please note that there will be **ZERO TOLERANCE** for any offensive language or behaviour during the event. Any damages or disruption to hotel, to Le Centre d'Excellence Acrobatique Val St-Come facilities or other property related to this event will result in the offender(s) being immediately removed from the event.

Schedule – The organizing committee reserves the right to change the schedule of events

Gym – Coaches are responsible to establish a schedule to share gym equipment as fairly as possible. If an agreement cannot be reached to share equipment, gym will remain close for the rest of the event. Also, gym can be requisitioned by Organizing committee without notice for out of their control activities. Organizing committee will notify coaches as soon as possible if this occurs.

















Wednesday February 26th 2020

14:00 - 17:00 Registration at CEAVSC

Thursday February 27th 2020

9:00 - 14:00	Registration at CEAVSC
10:00 - 12:00	Women Training
12:00 - 12:30	Course Maintenance
12:30 - 14:30	Men Training

14:30 Team Captain Meeting at bottom of the course

Friday February 28th 2020

9:00 - 14:00	Registration at CEAVSC
10:00 - 12:00	Women Training
12:00 - 12:30	Course Maintenance
12:30 - 14:30	Men Training
15:00	Team Captain Meeting and draw at CEAVSC

Saturday February 29th 2020

8:30 - 8:45	Women Inspection
8:50 - 9:30	Women Training
9:30 - 9:45	Course Preparation
9:45 - 10:00	Fore runners
10:00 - 11:00	Women Qualifications
11:00 - 11:15	Course Preparation and Men Inspection
11:20 - 12:00	Men Training
12:00 - 12:15	Course Preparation
12:15 - 13:45	Men Qualifications
13:45 - 14:00	Course Preparation
14:00 - 14:10	Inspection for Final – Men and Women
14:10 - 14:30	Training for Final – Men and Women
14:30 - 15:00	Final (16 W and 16 M)
15:00 - 15:15	Super Final (6W and 6 M)
15:30	Awards ceremony – Finish area
16:00	Team Captain Meeting at CEAVSC

Sunday March 1st 2020

8:30 - 8:45	Inspection – Men and Women
9:00 - 10:00	Training – Men and Women
10:50 - 10:20	Course Preparation
10:20 - 10:30	Fore runners
10:30 - 14:00	Duals
14:30	Awards ceremony – Finish area

Note: The organizing committee reserves the right to change the schedule of events from those stated in the program. A more detailed schedule will be presented at the daily team captains' meetings.

