

2019/20 FREESTYLE NORAM INVITE

Bristol Mountain



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Dear NorAm Athlete,

Welcome! Bristol Mountain Resort, Bristol Mountain Freestyle, and the Rochester Community are excited to host the 2020 FIS NorAm Cup Aerial Events, the first FIS NorAm event to take place at Mikey's Jump located in our new HighPoint Terrain Park.

Included in this packet are event and registration details. Please feel free to reach out with any questions.

We wish the best of luck to all of the competitors and we are looking forward to watching you compete,

The Bristol Mountain Event Team



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ONLINE REGISTRATION

Online Registration is required for all athletes. Registration CLOSSES on March 2nd, 2020 at 12:00 AM (midnight).

Registration is a Two Step Process. Please complete both steps to complete registration.

Step 1

Go to <https://www.surveygizmo.com/s3/5443025/Bristol-Mountain-NorAm-Freestyle-Aerials-Registration>

Step 2

After completion of the above survey you will be directed to Bristol Mountain's Online Store to complete the transaction and purchase the registration item.

Registration Fee:
\$235

Registration contact info:
sfuller@bristolmt.com
(585) 374-1132

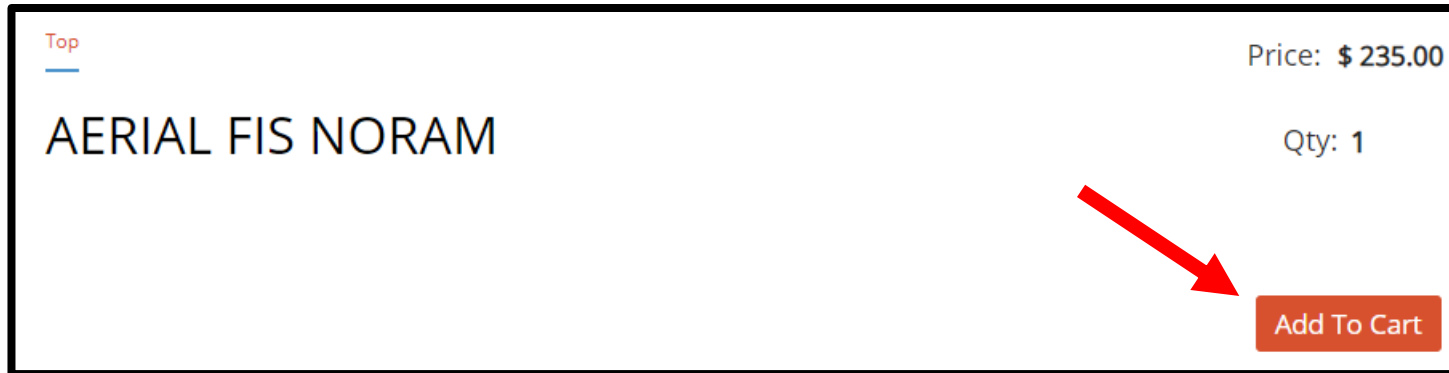


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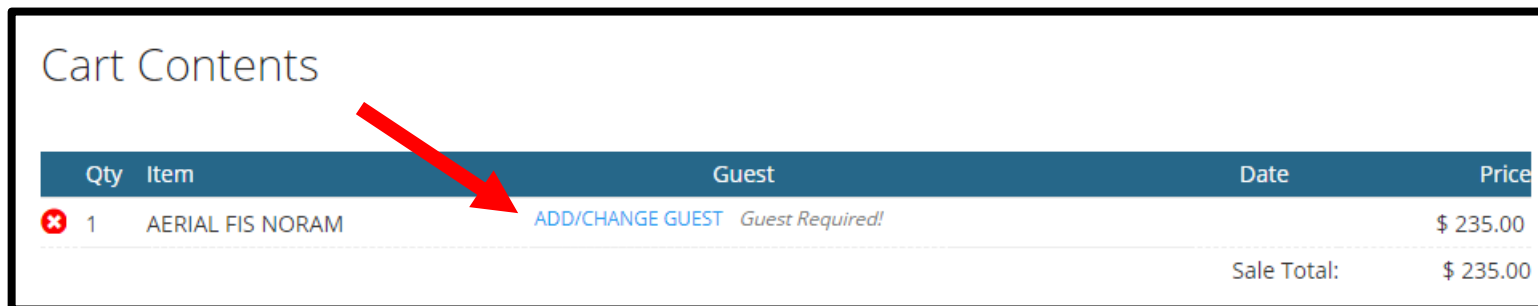
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ONLINE REGISTRATION

While in the Bristol Mountain Online Store, please add to the cart the event you are signing up for.



When the item is in your cart, complete registration by selecting ADD/CHANGE GUEST to add your contact information to the registration item and complete to check-out.



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COMPETING IN US NATIONAL CHAMPIONSHIPS ALSO?

Please email sfuller@bristolmt.com regarding additional discounted ski pass options to cover non-training or competition days.



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ONSITE CHECK-IN

See Check-In hours below. All competition participants (including competitors and officials) must report to the Registration Area for check-in before proceeding to the competition venues.

Bristol Mountain
Sunset Lodge – Dining Room
5662 RT 64
Canandaigua, NY 14424

HOURS:

Thursday March 5, 2020 – 9:00am-10:00am

Onsite Check-In Contact info:
Jamie Lillis
Jamie.Lillis@RCSDK12.org



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SCHEDULE



Thursday, March 05, 2020

AE - Training

	<u>Start</u>	-	<u>Finish</u>	<u>Duration</u>	<u>Event</u>	-	<u>Location</u>
MTG	9:15	-	9:35	0:20	Aerial Team Captains Meeting and Medical Briefing	-	Sunset Lodge
	9:00	-	10:00	1:00	Athlete arrival and bib pick up		Mikey's Jump
	10:00	-	10:15	0:15	Aerial Inspection and Speed Checks		Mikey's Jump
	10:15	-	10:20	0:05	Course Preparation		Mikey's Jump
AE	10:20	-	12:30	2:10	Training Session Group 1		Mikey's Jump
	12:30	-	13:00	0:30	Course Preparation		Mikey's Jump
	13:00	-	13:15	0:15	Aerial Inspection and Speed Checks		Mikey's Jump
	13:15	-	13:20	0:05	Course Preparation		Mikey's Jump
	13:20	-	15:30	2:10	Training Session Group 2		Mikey's Jump



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SCHEDULE



Friday, March 06, 2020

AE - Training

	<u>Start</u>	-	<u>Finish</u>	<u>Duration</u>	<u>Event</u>	-	<u>Location</u>
	10:00	-	10:15	0:15	Aerial Inspection and Speed Checks	-	Mikey's Jump
	10:15	-	10:20	0:05	Course Preparation		Mikey's Jump
	10:20	-	12:30	2:10	Training Session Group 2		Mikey's Jump
AE	12:30	-	13:00	0:30	Course Preparation		Mikey's Jump
	13:00	-	13:15	0:15	Aerial Inspection and Speed Checks		Mikey's Jump
	13:15	-	13:20	0:05	Course Preparation		Mikey's Jump
	13:20	-	15:30	2:10	Training Session Group 1		Mikey's Jump
MTG	16:00	-	16:30	0:30	Draw		Sunset Lodge



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SCHEDULE



Saturday, March 07, 2020

AE - Competition #1

	<u>Start</u>	-	<u>Finish</u>	<u>Duration</u>	<u>Event</u>	-	<u>Location</u>
	9:00	-	9:15	0:15	Ladies Aerial Inspection and Speed Checks	-	Mikey's Jump
	9:15	-	10:15	1:00	Ladies Aerial Training		Mikey's Jump
	10:15	-	10:25	0:10	Course Preparation and Forerunners		Mikey's Jump
	10:25	-	10:50	0:25	Ladies Aerials Qualifications #1 (12)		Mikey's Jump
	10:50	-	11:15	0:25	Ladies Aerials Qualifications #2 (12)		Mikey's Jump
	11:50	-	11:55	0:25	Course Preparation and Ladies Finalist Training		Mikey's Jump
	11:55	-	12:05	0:10	Ladies Aerials Finals (6)		Mikey's Jump
	12:05	-	12:20	0:15	Mens Aerial Inspection and Speed Checks		Mikey's Jump
AE	12:20	-	13:50	1:30	Mens Aerial Training		Mikey's Jump
	13:50	-	14:00	0:10	Course Preparation and Forerunners		Mikey's Jump
	14:00	-	14:40	0:40	Mens Aerials Qualifications #1 (25)		Mikey's Jump
	14:40	-	15:20	0:40	Mens Aerials Qualifications #2 (25)		Mikey's Jump
	15:20	-	15:45	0:25	Course Preparation and Mens Finalist Training		Mikey's Jump
	15:45	-	15:55	0:10	Mens Aerials Finals (6)		Mikey's Jump
	15:55	-	16:00	0:05	Break		
	16:00	-	16:05	0:05	Awards Presentation - Ladies (top 3)		HighPoint Podium
	16:05	-	16:10	0:05	Awards Presentation - Mens (top 3)		HighPoint Podium
MTG	16:30	-	16:50	0:20	Draw		Sunset Lodge



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SCHEDULE



Sunday, March 08, 2020

AE - Competition #2

<u>Start</u>	<u>Finish</u>	<u>Duration</u>	<u>Event</u>	<u>Location</u>
9:00	- 9:15	0:15	Ladies Aerial Inspection and Speed Checks	Mikey's Jump
9:15	- 10:15	1:00	Ladies Aerial Training	Mikey's Jump
10:15	- 10:25	0:10	Course Preparation and Forerunners	Mikey's Jump
10:25	- 10:50	0:25	Ladies Aerials Qualifications #1 (12)	Mikey's Jump
10:50	- 11:15	0:25	Ladies Aerials Qualifications #2 (12)	Mikey's Jump
11:15	- 11:30	0:15	Mens Aerial Inspection and Speed Checks	Mikey's Jump
11:30	- 13:00	1:30	Mens Aerial Training	Mikey's Jump
AE 13:10	- 13:20	0:10	Course Preparation and Forerunners	Mikey's Jump
13:20	- 14:00	0:40	Mens Aerials Qualifications #1 (25)	Mikey's Jump
14:00	- 14:40	0:40	Mens Aerials Qualifications #2 (25)	Mikey's Jump
14:40	- 15:20	0:40	Course Preparation and Ladies/Mens Finalist Training	Mikey's Jump
15:20	- 15:30	0:10	Ladies Aerials Finals (6)	Mikey's Jump
15:30	- 15:40	0:10	Mens Aerials Finals (6)	Mikey's Jump
15:40	- 15:45	0:05	Break	
15:45	- 15:50	0:05	Awards Presentation - Ladies (top 3)	HighPoint Podium
15:50	- 15:55	0:05	Awards Presentation - Mens (top 3)	HighPoint Podium



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GENERAL INFO

FIRST TEAM CAPTAINS MEETING

Sunset Lodge
Thursday March 5, 2020
9:15am – 9:35am

MEDICAL PLAN

Medical plan will be distributed at the Team Captains Meeting.

LIABILITY

ACCIDENT INSURANCE

All competitors must have their own medical insurance. Bristol Mountain, the Organizing Committee, sponsors, suppliers, their agents, employees and volunteers, the FIS and U.S. Ski and Snowboard decline any responsibility for accidents, damaged or lost equipment and second and third party claims during the event.

LIABILITY

All athletes, officials and members of National Associations who attend and participate in the event shall do so at their own risk. Bristol Mountain, the Organizing Committee, sponsors, suppliers, their agents, employees and volunteers, the FIS and U.S. Ski and Snowboard shall not be responsible for any losses or injuries incurred or suffered by any athlete, official or other person in conjunction with the organizing and staging of the event.



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SAFE SPORT

PLEASE READ.

All participants at U.S. Ski & Snowboard events must do the following:

Adhere to the U.S. SKI & SNOWBOARD – [CODE OF CONDUCT](#).

Follow the [SafeSport Code](#) to provide an atmosphere free of emotional, physical, and sexual misconduct.

Follow the MINOR ATHLETE ABUSE PREVENTION POLICIES ([MAAPP](#)) for all interactions with minor athletes.

REPORTING VIOLATIONS of SafeSport or MAAPP to either the:
U.S. Center for SafeSport (T: 720-531-0344, www.safesport.org)
[U.S. Ski & Snowboard](#).



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LODGING

Homewood Suites by Hilton Rochester – Victor (32 minutes)

575 Fisher Station Drive

Victor, NY 14564

(585) 869-7500

Room Rates:

\$104 – Studio Suite

\$114 – 1 bedroom

\$134 – 1 bedroom with 2 queens

Booking Code: BMF



2019/20 FREESTYLE NORAM INVITE

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LODGING

Hampton Inn & Suites Rochester/Victor (31 minutes)

7637 NY-96

Victor, NY 14564

(585) 924-4400

Room Rates:

King Suite: \$149

Double: \$109

Booking Link: [Freestyle Aerials NORAM CUP](#)

Group Name: 'US Freestyle NorAm Tour'



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LODGING

Holiday Inn Express Canandaigua - Finger Lakes (22 minutes)

330 Eastern Blvd

Canandaigua, NY 14424

(585) 396-3669

Room Rates:

Double: \$109

NORAM Ski Booking Link: [NORAM SKI TOURNAMENT BOOKING LINK](#)



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LODGING

Woodcliff Hotel and Spa (39 minutes)

199 Woodcliff Dr
Fairport, NY 14450
1 (800) 365-3065

Room Rates:

Double: \$131

Ask for the Bristol Mountain – NorAm Room Block when making your reservations

Any rooms not booked by **02/28/2020** will be released for general sale



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TRANSPORTATION

The closest airport to Bristol Mountain is the Greater Rochester International Airport (ROC), 51 minutes.

Rental Cars

Avis Car Rental 1-800-331-1212	Hertz Rental Car 1-800-654-3131
Budget Rent-A-Car 1-800-527-0700	National Rental Car 1-800-227-7368
Enterprise Rent-A-Car 1-800-736-8222	Thrifty Car Rental 1-888-400-8877

Rochester Airport Taxis

<http://www.airportacecab.com/>
<http://brightontaxiservice.com/>
<http://www.taxifarefinder.com/main.php?city=Rochester-NY>
UBER

Other Regional Airports

Syracuse Hancock International Airport (SYR) – 1 hour 29 minutes
Buffalo Niagara International Airport (BUF) – 1 hour 38 minutes



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COMMON DRIVE TIMES

Greater Rochester International Airport (ROC) to:

- Bristol Mountain - 51 Minutes
- Town of Victor Lodging - 27 Minutes
- City of Canandaigua Lodging - 46 Minutes

Town of Victor Lodging to Bristol Mountain - 32 Minutes

City of Canandaigua Lodging to Bristol Mountain - 22 Minutes



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ON SITE PARKING

- Parking is reserved for event participants, coaches, judges, volunteers, and media on event days
- The Reserved Lot is the first row of the gravel lot, closest to the Event Center

