

LILLEHAMMER (NOR)

05.12. - 08.12.2019

Competition Programme:

Date	Format	Hill/Course	SJ/XC
Sat, 07.12.	Team	HS 140, 2.5 km lap	1 jp / 4x5 km
Sun, 08.12.	Ind. Gundersen	HS 140, 2.5 km lap	1 jp / 10 km

Event Programme (LOC time = CET)

Date	Competition	Trainings	Meetings	Other
Thu, 05.12.			19:00 TCM at Scandic Hotel Lillehammer	
Fri, 06.12.	16:00 PCR / Qualification	10:00-13:00 XC Official training 14:30 SJ HS140 Official training		Directly after the race Prize Giving ceremony
Sat, 07.12.	10:00 SJ HS140 Team 14:30 XC 4x5 km Team	09:00 SJ HS140 Trial Round		Directly after the race Prize Giving ceremony
Sun, 08.12.	09:15 SJ HS140 Ind. Gundersen 13:30 XC 10 km Ind. Gundersen	08:15 SJ HS140 Trial Round		

Deadlines

Preliminary Entries + Wax Trucks	Final Numbers	Final Entries
25/10/2019	25/10/2019	05/12/2019 at 19:00

Spectator Information

Tickets	World Cup Nordic Skiing Lillehammer post@olympiaparken.no www.worldcuplillehammer.no
Ticket Prices	Weekend Tickets: (both venues all competitions CC/NC/SJL) NOK150 / 17 €
VIP Ticket	VIP Ticket – more info, please contact: Oyvind.dannemark@olympiaparken.no
Spectator Parking	Some parking spaces close to both venues. We recommend using public buses for traveling to the venues.
Catering	Food and beverage stalls available at the hill and at the CC Stadium
Side Events	TBC.



Organising Committee

Head Quarters	OC Secretariat +47 90 06 21 98 post@olympiaparken.no
Chief of OC	Roar Olsen +47 91 170 733 Roar.olsen@olympiaparken.no
Assistant Chief of OC	Fanny Horn Birkeland +47 95 27 27 29 fanny.birkeland@olympiaparken.no
OC Secretary	Bente Laugen +47 480 74 467 Bente.laugen@olympiaparken.no
Chief of Competition	Jørn Olav Bekkelund +47 95 75 85 68 Jorn.olav.bekkelund@oppland.org
Assistant Chief of Competition	Sverre Rotevatn +47 90 62 83 54 sverrerotevatn@hotmail.com
Accommodation Office	Bente Laugen +47 480 74 467 Bente.laugen@olympiaparken.no
Financial Office	Silje Botnen Solbakken +47 476 20 321 silje.solbakken@olympiaparken.no
	Frode Linnerud +47 913 78 297 Frode.linnerud@olympiaparken.no
Transportation Office	Lars Erik Sønsteli +47 916 38 609 Lars.Erik.Sonsteli@boreal.no
Wax Cabins	SJ: Tore Sørum; CC: Per Otto Bergersen tore.sorum@betonmast.no per.otto.bergersen@olympiaparken.no Tore: +47 970 57 324 Per Otto: +47 90 94 04 41

Team Information

1. Accreditation

- Season Accreditation (team staff) will be provided from FIS. Additional accreditations (athletes, officials) and parking cards will be handed out at the OC Office/Info Desk at Scandic Lillehammer Hotel from Wednesday 5/12.
- Requests for additional accreditation and parking cards must be send via the FIS Online System or to the OC Secretariat at bente.laugen@olympiaparken.no.
- **FIS Family tickets:** Athletes can request FIS Family Tickets (max 2 per competing athlete for each competition) from the organisers using this link: <https://docs.google.com/spreadsheets/d/13n33QIUIGReSE2Cd7tkpm043uvhAaJ0UEAasXk--z2c/edit?usp=sharing>

2. Race Office / OC Offices

Office	Location	Opening times
Race Offices	CC stadium and SJ Hill Note: 5/12 and 6/12 Race Office at Scandic Lillehammer Hotel	6/12: 08.00-20.00 7/12: 08.00-16.00 8/12: 08.00-16.00
Transportation	Scandic Lillehammer Hotel Turisthotellvegen 6, 2609 Lillehammer, Norway	2/12-8/12: 08.00-20.00
Finances	Scandic Lillehammer Hotel Turisthotellvegen 6, 2609 Lillehammer, Norway	5/12: 15.00-20.00 6/12: 08.00-20.00 7/12: 12.00-20.00 8/12: 12.00-20.00
OC Office/ Info Desk	Scandic Lillehammer Hotel	2/12-8/12: 08.00-21.00

3. Accommodation

- The OC offers accommodation for all Nordic Combined Teams at the **Birkebeineren Hotel & Apartments** located close to the Ski Jumping Hill. Booking according to the FIS Rules via the FIS Online Registration system. **Deadline: 25th of October, 2019.**
- **Accommodation costs:** The OC will pay for persons within the quota according to FIS Rules. Price for additional accommodation outside of the quota: 115 € per person in double room or apartment (minimum number of persons occurs). Price for additional single rooms outside of the quota: 160 €. We retain the right for changes.

4. Catering

- **Lunch Service:** To reduce food waste, please inform the OC where you plan to take your lunch. List your preferences (with Nation, "NC" and the amount of people eating) here: <https://docs.google.com/spreadsheets/d/1rxNbAraHFxPtqMvzcSAQ4IL5uELTujasAG5nNf54x-l/edit?usp=sharing>
- **Opening Times:** Team Catering facilities are open Friday 10:00-16:00, Saturday and Sunday 09:00-16:00.
- Costs for lunch service is 10 CHF per person per day if you haven't ordered and

paid full board via the Organising Committee. Vouchers must be ordered in the google doc above.

- Vouchers and bracelets for the lunch service will be handed out to Team Leaders at the OC desk in Scandic Lillehammer Hotel and Birkebeineren Hotel & Apartments from Thursday 5/12.

5. Transport

- **Official airport:** Oslo Lufthavn Gardermoen
- **Airport shuttle:** The OC will provide transportation between the airport and the hotels in Lillehammer. 1 transport (from and to the airport) free of charge. Price for additional transport: 30 CHF per person one way (will be deducted from the reimbursement). Booking through FIS Online registration system (preliminary deadline 25/10/19).
- We also recommend transport by train. Visit www.vy.no for time schedule and prices (from Oslo Airport to Lillehammer).
- **Shuttle service:** A shuttle service from Birkebeineren Hotel & Apartements to the venues is available (for shuttle times see the Info desk at the hotel).

6. Payments

- **Accommodation costs:** Over quota costs are to be paid in cash or credit card directly in the financial office
- **Carrying costs/Reimbursement:**
Expenses sheets will be received in financial office during the race weekend or by email: silje.solbakken@olympiaparken.no.
- Payments will be done by bank transfer.

7. Waxing Facilities

- **Wax cabins:** available from 2/12/2019 at 12:00.
- **Key pick up:** The keys to the cabins are available at the wax building office in CC venue and SJ venue.
SJ: Please contact Tore Sørum, +47 970 57 324. CC: please contact Per Otto Bergersen, +47 90 94 04 41. Keys return to the wax building office (sub-race office) on the day of departure.
- **Wax trucks:** Teams arriving with trucks must inform the OC until **25/10/2019** with exact measurements of the truck and details of needs. To do so, **please fill out this form** (NC is on the second page, rider below)
https://docs.google.com/spreadsheets/d/1DHfXxlcDyLXQ90ODhkGLt5HIA7_Uf7BK9PRn1QKb188/edit?usp=sharing
- There is no need for a special permission for truck driving on Norwegian roads. No special rules and regulations, except for the normal Norwegian weather and snow conditions and the need of snow tires.

8. Radio Equipment Regulations

- The import, export and the operation of radio equipment in Norway is regulated by national law. Permits for the use of radio transmission equipment must be requested according to national specifications.
- For information and application form please see <https://eng.nkom.no/technical/forms/frequency/frequencies>. Fill in the form 'Application for temporary use of radio equipment in Norway' and return it to

firmapost@nkom.no. Deadline: as soon as possible.

9. Visa Regulations

- Remember that citizens of some countries will need a visa for visiting Norway. Please check with your embassy if you need a visa for Norway. For an official letter of invitation, please send a request to:
fanny.birkeland@olympiaparken.no.

10. Prize Money and Taxes

- Prize Money:** will be transferred electronically.
- Each athlete is responsible to inform the OC of their account and personal data, please fill out the Prize Money form on the FIS website and send it to silje.solbakken@olympiaparken.no
- Taxes:** Tax will be deducted by the OC according to the Norwegian Foreign Artist Taxation Act, and taxes will be paid by the OC according to the regular tax legislation in Norway. Income tax of European citizens is 15%, Income tax of non-European citizens is 15% (USA 0 %).

11. Media & Communications

<http://www.worldcuplillehammer.no>
<https://www.facebook.com/WCLHMR>
<https://twitter.com/wclhmr>
<https://www.instagram.com/wclhmr/>

#wclhmr

12. Maps

