

Coop FIS Tour de Ski *performance*

by Le Gruyère AOP Dobbiaco

05.06.2021 + 06.01.2021



Health & Protection Plan

TEAMS

Elaborated by LOC Toblach /Dobbiaco

Last update (05/12/2020)

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1. Introduction

The FIS Tour de Ski in Dobbiaco will take place on 05.01+06.01.2021.

The Tour de Ski is an important event for the tourist region and has a high national and international visibility. The event is of great economic and tourist importance, which is why the local organising committee (LOC), the national SKI federation FISI as well as the international ski federation FIS are interested in a safe and successful realisation.

The organiser of the event, OC Dobbiaco, together with FIS, the Italian Ski Federation and the regional health authorities, has set up a COVID-19 task force to minimise the risks during the pandemic.

The COVID-19 Task Force aims to plan and organise a safe competition event for all participants. The rules and guidelines are based on the national regulations and laws in Italy/South Tyrol. These instructions and rules of the competition are designed on the basis of the current national and regional rules and regulations regarding COVID-19.

Changes are possible if necessary (due to changes in the decrees).

In order to minimise the spread of the virus, the Organising Committee has decided that neither spectators nor guests will be admitted to the competition venues and that no side events will be organised for the Tour de Ski 2021.

2. Objectives & Aims

The health of the athletes, the staff, the volunteers and all other participants on site has the highest priority.

Protection from Covid-19 means taking responsibility- Responsibility for yourself as well as for others.

In the interest of the Community, it is a very clear civic duty to respect the rules in force and to be careful. Without this responsibility the massive spread of Covid-19 cannot be prevented.

It is therefore important to keep the minimum distance of 1 metre, cover your mouth and nose all the time it's necessary, observe the rules of hygiene, be vigilant and respect each other.

The LOC acts in solidarity and follows strictly the guidelines of the Autonomous Province of Bolzano and the Government of Italy. The containment and control of Covid-19 is a top priority.

The processes and rules of the concept should be clear and comprehensible. All participants have to strictly follow them, otherwise the accreditation will be revoked and the participants will be excluded from the event.

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3. General rules and measures in force in South Tyrol and Italy:

STOP CORONA VIRUS- GENERAL RULES

CORONA PREVENTION GUIDELINES

3.1. THE USE OF MOUTH-NOSE PROTECTION

It is mandatory to carry a face mask with you at all times. These must be worn, not only in closed spaces accessible to the public, but also in indoor spaces in general, other than private homes, and also in all outdoor spaces.

Exceptions are made in cases where, due to the characteristics of the place or the actual circumstances, the condition of isolation from non-residents is continuously guaranteed.

- Children under six years of age
- People with pathologies or disabilities incompatible with the use of a face mask and those who interact with the latter, are excluded from the obligation to wear a face mask.
- Furthermore, the use of a face will not be mandatory during any sports activity.

Correct use of mouth-nose protection:

Surgical masks or those of a higher category are used to protect the respiratory tract.

The mask must be worn correctly and must cover both- the mouth and the nose.

Therefore, according to current regulations, the use of masks is mandatory at the entire venue! The mask has to be changed if it is dirty.

3.2. HYGIENE MEASUREMENTS

It is particularly important to wash your hands as often as possible. All persons in the organisation should regularly wash their hands with soap and water or use hand sanitiser to disinfect them.

This is especially important when arriving at the workplace, when there is a change of activity and before or after breaks and bathroom visits. You will find disinfection devices at all entrances and exits; please use them all the times when entering and leaving the facilities.

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3.3. KEEP THE MINIMUM DISTANCE

Outdoors and in indoor areas, the minimum distance of one metre between people must be maintained. This applies to the entire event site, indoors and outdoors.

3.4. STAY AT HOME- IF YOU DO NOT FEEL WELL

Only those who are in complete health, have no previous illnesses or disease/covid 19 symptoms or have NOT been in contact with sick persons may take part in the event.

All participants must complete the "FIS Health Questionnaire" by confirming that there has been no contact with infected COVID 19 people in the 14 days prior to the event, that one has not been in quarantine in the last 14 days, that one has not tested positive for COVID-19.

Furthermore, it must be confirmed that there are no typical acute respiratory diseases (e.g. cough, sore throat, shortness of breath), fever, muscle aches or sudden onset of anosmia or ageusia (loss of smell or taste). Diarrhoea and nausea are also considered symptoms.

Anyone who does not feel healthy should stay away from the event!

3.5. PROTECTION MEASURES OF LOC

The LOC and the volunteers wear protective masks all the time and are obliged to disinfect their hands regularly. A handshake as a greeting is not allowed. Disinfectants are available wherever necessary. Always keep a minimum distance of 1 metre.

At the end of each event day, the entire venue (all rooms) will be thoroughly cleaned and disinfected.

3.6. Tracking [App IMMUNI](#)

The LOC strongly recommends to download the [IMMUNI App](#) on your mobile phone, which, if correctly used, sends a report in case of a possible contact with a positive person, and offers further information. For assistance and clarifications on the use of the App call the toll-free number 800 91 24 91.

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4. Travel Restrictions:

Given the growing number of new infections it will be compulsory to wear a mask in all publicly indoor and outdoor spaces at all public transport access points across Italy:

this includes, for example, restaurants, hotels, shops and theatres and railway stations, airports, bus, shuttle buses etc.

More information on the current situation in Italy can be found on the following website

<http://www.viaggiasesicuri.it/approfondimenti-insights/saluteinviaggio>

<http://www.provinz.bz.it/sicherheit-zivilschutz/zivilschutz/coronavirus.asp>

Travelling rules vary, depending on the country of **origin or destination and the reasons for travelling**.

Here you find all the regulations:

<http://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto>

Under the link below you will find a questionnaire in which you can enter your data and you will be informed of the relevant regulations.

https://infocovid.viaggiasesicuri.it/index_en.html

<https://siag.limequery.org/483785?lang=de>



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When entry into Italy is not allowed

Entry into Italy is not allowed in case of positives cases, symptoms and close contacts:

- positive diagnosis for COVID-19
- showing symptoms of COVID-19:
 - Fever $\geq 37.5^{\circ}\text{C}$ and chills
 - Dry cough
 - Breathing difficulties
 - Loss of taste or smell
 - Nose congestion
 - Sore throat
 - Diarrhoea or nausea/vomiting (mostly in children)
 - Close contact (e.g. less than 2 metres for more than 15 minutes) with a confirmed positive case of COVID-19 in the 14 days prior to travel

Last update: 5th of December 2020

Useful numbers from the Ministry of Health:

- from Italy: 800751751 (8 am to 8 pm)
- from abroad: +39 0232008345 - +39 0283905385

Green Number for South Tyrol



From abroad +39 0471 1632355 (Kostenpflichtig)

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4.1. Journey to Dobbiaco

- Do not travel to the venue with symptoms of COVID-19.
- If people close to you are infected with COVID-19, please contact your supervisor and refrain from travelling to the event.
- Avoid stopovers on your way to the event location.
- Avoid contact with other people - especially team members. (category red)

5. Accommodation:

- body temperature may be measured at the moment of the check in
- Keep minimum distance (1 meter) in all areas.
- Wear mouth-nose protection in all public areas – (check in, hall, lift, corridors, restaurant etc.)
- Teams accommodated on the same floor, access to hotel facilities through stairs (avoid elevators)
- In some hotels also other guests are accommodated- so maintain the minimum distance and use the face mask all the time
- No housekeeping service while guests are in the room

5.1. Meals

- Wear mouth-nose protection in the restaurant area- so not remove it until you are sitting at the table.
- Separate dining rooms/areas from other hotel guests with sufficient space
- If buffet area would be allowed- Mouth-nose protection is obligatory in the buffet area and can be taken off only at the table.
- Water/drinks are already available on the tables
- Please Book full board at the hotel- due to Covid-19 restrictions and preventions, all athletes and teams will eat all meals in the hotels.
- For those who will need to stay in the venues for a longer time, please coordinate with your team hotel directly to pack lunch bags if necessary.
- If you require lunch packs at the venue, please contact Sarah Dapoz: info@worldcup-dobbiaco.it

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6. The Venue Nordic Arena Toblach /Dobbiaco

Organisation of the facilities and definition of the various groups of people:

The stadium is located at Nordic Arena Dobbiaco. (Via Lago 16) Access to the stadium is only permitted to those persons who have a valid accreditation. (This will only be issued after presentation of a negative COVID- 19 test - see point 12)

The restaurant and ski rental, which are located in the Nordic Arena, will be closed during the event - these facilities are available to the LOC. No private persons, spectators or other non-participating persons will have access.

7. Definition of the different groups of people:

According to the FIS guidelines, all persons involved in a World Cup event are divided into groups (Snow Flakes).

The different groups are strictly separated from each other, the procedures are planned so that these groups of people do not mix with each other.

The definition of the colours is as follows:

RED	All persons who are travelling with the World Cup team or are in direct contact with them.
BLUE	All persons involved in the organisation on the track, in the start/finish area or at other locations of the event.
YELLOW	All media representatives like Host Broadcaster, Rightsholders, (Infront-Global), Speaker, Journalists & photographs with accreditation for Sub-Press Centre.
GREEN	LOC (O.C. Toblach/Dobbiaco, Volunteers, Personal)
PURPLE	Journalists and photographers in the Media Centre- Grand Hotel- <u>Dobbaico</u> <u>No Access to the Stadium</u>

- A person can only belong to one group (exceptions possible in special cases) and should not mix with people from other colour groups if possible.
- The LOC keeps an overview list with all accredited persons.
- The different zones are defined and visible on the zone plan.
The traffic flows are managed in such a way that the different groups do not mix with each other.

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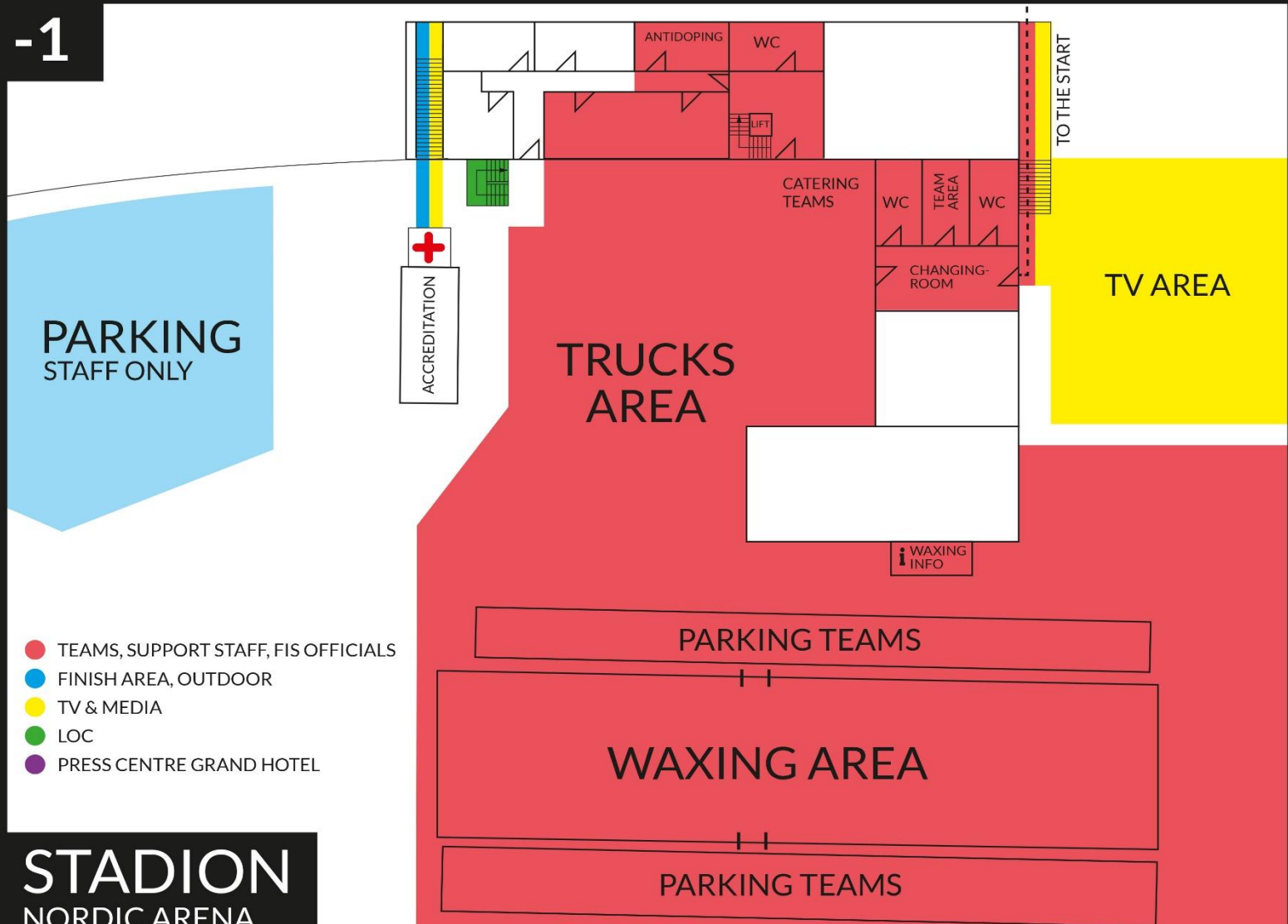
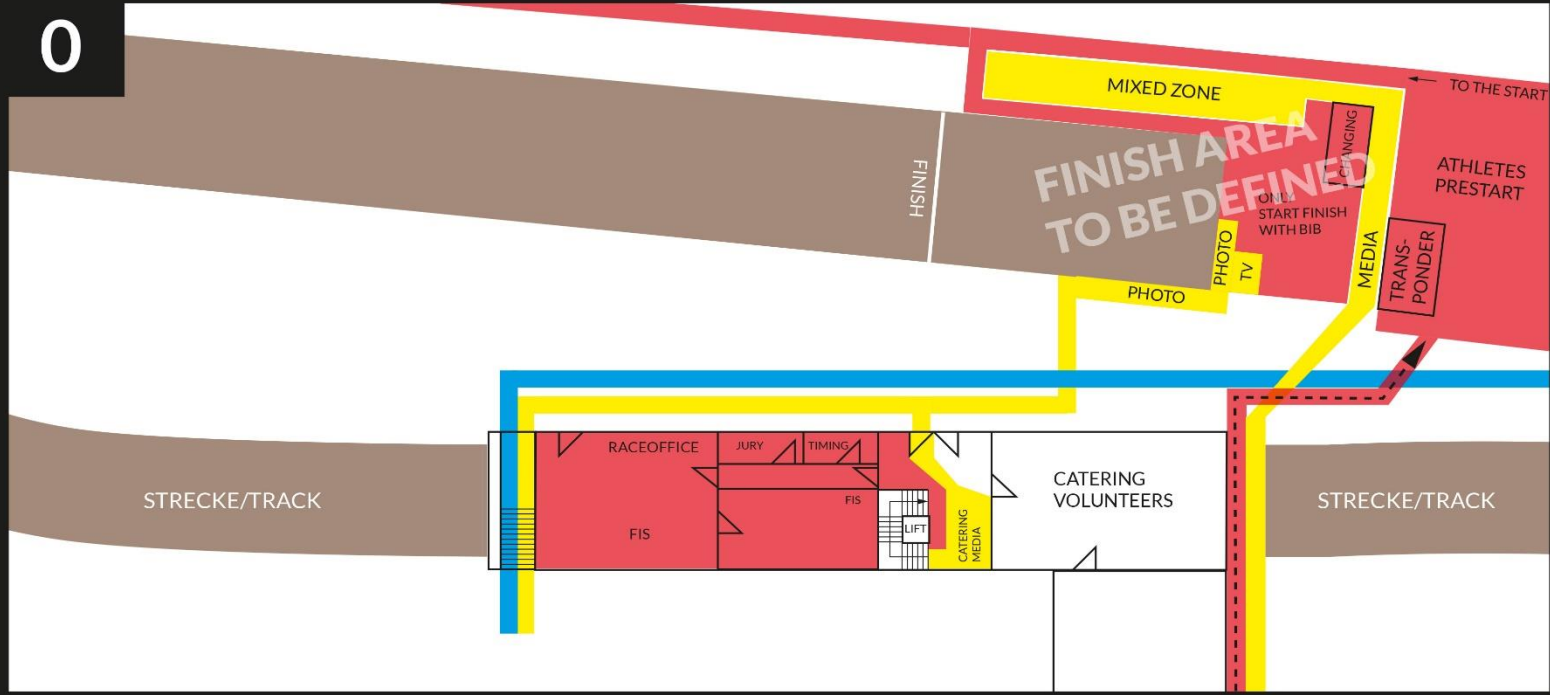
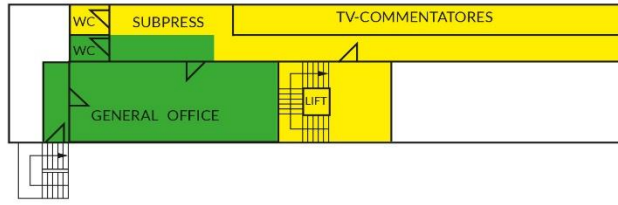


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+1 VENUE PLAN



- TEAMS, SUPPORT STAFF, FIS OFFICIALS
- FINISH AREA, OUTDOOR
- TV & MEDIA
- LOC
- PRESS CENTRE GRAND HOTEL

9. Accreditation –

The accreditation for teams/staff/technicians/officials/coaches/SRS must be requested, like in the past season, through the FIS online system.

According to the FIS Covid-19 Prevention Protocol Guideline all accreditations will be released only as soon as the OC receives a negative Covid-19 test of all participants

To obtain accreditation in Dobbiaco, a negative COVID-19 test-a antigen-rapid test (or PCR) must be presented (this test must not be older than 72 hours - when the accreditation is collected) In addition, you have to make registration on The FIS Passport and complete the FIS Health Questionnaire.

If a question in the FIS Health Questionnaire is answered with "Yes", a Covid-19 test must be taken on site. And you must remain in self-isolation until the test result is received. Under no circumstances is it permitted to enter the venue

The accreditation office is located in the Nordic Arena -Via Lago 16- 39034 Dobbiaco

Opening Times Accreditation Office

Coming soon

Without a valid accreditation you will not be allowed to enter into any of the four zones. Masks are compulsory for all visitors.

Due to the strict safety regulations, the LOC must limit the number of accredited persons. In the team zones and sport-related zones, only team officials have access in accordance with the FIS quota.

The LOC reserves the right to refuse access to the event if the regulations cannot be complied with. (failure to follow the health and safety protocols and rules presented in this document will lead to exclusion from the event.)

The procedure for picking up the accreditation will be published soon

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10. COVID-19 Test Station Toblach Nordic Arena Toblach

Testing Procedure FIS Tour de Ski performance by Le Gruyère 2021

- Testing before arrival to Val Müstair: PCR not older than 72h,
- 2nd Test on Sunday, 3rd January: Antigen, all athletes will be tested after their race. In case a PCR Tests needs to be done the test result is expected to be available on 4th Jan (Rest day) around early afternoon, a transport to Toblach will be arranged in case of a negative result.
- Next test in Val di Fiemme on 6th of January

Testing Station in Dobbiaco:

The test station in Dobbiaco' will be operational from 3rd January to the 6th of January.

The exact opening hours will be published soon.

As all athletes + staff, FIS staff and others coming from Switzerland will be tested in Val Müstair before arriving at Dobbiaco, (on 3rd January) it will not be necessary to repeat the test on site.

Unless someone has COVID-19 symptoms or does not feel well, an antigen test will be carried out immediately.

11. COVID - 19 Organisation

LOC COVID Manager – Irene Schubert + 39 3470840449 irene@watschinger.it

Coming soon

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12. Reporting policy in case of a participant's illness

Participant's experiences COVID-19 symptoms or feels otherwise ill with related symptoms
(Athletes, Team-Staff, Media, LOC, Volunteers etc.)

ISOLATE YOURSELF IMMEDIATELY AND inform your team captain or division manager

Report to the **LOC COVID-19 Coordinator Irene Schubert immediately by phone**
+ 39 347 0840449

Covid-19 19-coordiantor informs the event task force

Anyone who has been in contact with the symptomatic person will be asked to self-isolate until such time as the COVID-19 testing results are known

Decision on further action (test, departure, quarantine etc.)
Consultation with medical staff of regional health authorities
Information to higher authorities and persons concerned

All communication concerning COVID-19 must be discussed and agreed with FIS and the LOC.

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13. Eventorganisation

The following chapter deals with various aspects of event organisation.

13.1. Transfer to the venue

The transport of the different groups of people to the event area must be organised individually and is their own responsibility (teams/TV/ media etc.)

Due to the given situation the LOC will not offer a press shuttle service. (from the Grand Hotel to the stadium or hotel/stadium).

If teams/nations do not have the possibility to organise the journey to Dobbiaco themselves, this will be organised by the LOC. (e.g. from an airport to Dobbiaco) Please inform the LOC secretary office **by 15.12. 2020**: info@worldcup-dobbiaco.it

During the transport there is not allowed to have contact to other people (except the chauffeur). The transport organised by the LOC is subject to the current guidelines, wearing a mask is mandatory.

13.2. START

- The start area is reserved for athletes, team members and start personnel (in any case all with RED-Accreditation)
- it is fenced in and cannot be entered by staff (except RED Group)

13.3. Competition Area

Coming soon

Mixed Zones & Photo Zones

- The mixed zone will have double fencing of at least 1 meter between athletes and journalists.
- On the journalist side of the fence, social distancing should also be obeyed, however to allow freedom of movement in the mixed zone, barriers will not be built on the journalist side of the mixed zone Journalists are expected to respect social distancing guidelines amongst each other.
- Athletes should wear masks everywhere except the Field of Play (finish area).

Photo Zones

- A mouth and nose protection must be worn the whole time
- Observe the distancing rules
- Photographers are not allowed to enter the finish area to take pictures of the award ceremony.

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13.4. Event Catering

According to the currently valid decree of the Autonomous Province of Bolzano, ([Nr. 68 08.11.2020 Punkt 27](#)) the distribution of food and drinks is prohibited in any case, both indoors and outdoors;

If this regulation should change before the event takes place in January, the catering will be organised in the form of different distribution points with lunch packets.

A separate catering area will be provided for each group of people.

Pre-packed snacks, meals and drinks will be offered:

- **RED:** Outdoor serving area in front of the entrance to the Nordic Arena
- **YELLOW 2nd floor:** on the 1st floor in front of the stairs leading to the 2nd floor
- **YELLOW TV-AREA:** bar /Restaurant entrance from the terrace (not definitive)
- **PURPLE:** Grand Hotel Media centre (Only sandwiches)
- Catering for volunteers: serving in the bar

13.5. Press conference

No press conferences are held during the Tour de Ski Toblach.

13.6. Ceremonies

The award ceremony will take place exclusively in the Finish Area on the event site. The participants are limited to the athletes and one representative each of the FIS and the LOC. No sponsors, partners or other representatives will participate.

13.7. Race OFFICE & BIB Distribution

The race office is accessible only for **group red**.

Is located on the first floor. See Venue Plan

The opening times are as follows:

TBD

Bib's will be handed out in the Race Office – Masks are obligatory!



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14. Communication

Try to communicate as much as possible via digital communication channels (e-mail- WhatsApp Online Meeting etc.).

Here: you will find a list with all contact data of the responsible persons.

If you need to meet on a face to face basis, try to arrange these meetings outdoors. (always keep a minimum distance and wear a mask)

Info boards and posters will be distributed throughout the entire event site, indicating the applicable safety guidelines.

The speaker will make regular announcements about the guidelines and measures and pass on important current information

15. Acting outside the event site

Leisure activities during your stay in ITALY

- During all leisure activities always keep COVID-19 measures, such as distancing, mouth-nose protection, hygiene, and no contact, in mind.
- Limit your leisure activities to necessary **avoid visits in bars, pubs, or other hot spots during the event.**
- Spend your free time only with members of your team/group.

To minimise the risk of infection the LOC recommends:

- Avoid contact with sports teams.
- Limit contact to other persons.
- Avoid contact with tourists' other guests in the hotels
- Frequent hand washing and disinfection.

Always keep in mind the 3 basic principles: Mouth - nose protection, hand hygiene, keep the distance.

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16. Personal Responsibility

- The responsibility for implementing and controlling the defined measures belongs to the LOC Tour de Ski Toblach.
- The LOC can expel participants and volunteers from the venue and withdraw their accreditation if the protective measures are disregarded.
- Before receiving accreditation, all participants of Tour de Ski Dobbiaco must sign a declaration that the protection concept has been read and understood.
- The event participants are obliged to implement the prescribed measures consistently and to report any symptoms of illness immediately to the COVID 19 representative
- The protection concept is published online and is accessible to everyone

PROTECT YOURSELF AND OTHERS – BE RESPONSIBLE!

We appeal to EVERYONE to act RESPONSIBLE and to keep and implement all measures and recommendations!

Toblach, 5. Dezember 2020

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