



# Medical & Health protection plan

*(ver 12 February 2021)*



FIS XC SKIING WORLD CUP  
NOVÉ MĚSTO NA MORAVĚ  
20.–21. 2. 2021

## Covid-19 Testing before arrival

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Covid-19 tests should be performed before arrival to Nové Město na Moravě / Czech Republic, in accordance with FIS Covid Protocol, shown in FIS Covid-19 Passport.

An approved PCR-test at the latest 72 hours before your arrival (i.e. time of the accreditation).

## \*Arriving in the Czech Republic

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\* When arriving from countries in the **dark red** & **red** & **orange** category, it is mandatory to complete an arrival form and submit a PCR test result before entering the Czech Republic. PCR tests shall be at most 72 hours old.

A list of countries according to risk of infection can be found [here](#).

All team members who arrive in Nové Město earlier than Wednesday February 19 must pass an extra antigene test directly in the sports venue immediately after arrival. The test is free of charge.

Arrivals (with Antigene tests requests by names) must be reported to email: [barbora.tomesova@vysocina-arena.cz](mailto:barbora.tomesova@vysocina-arena.cz)

### General rule

All team members move solely between the competition venue, their hotel and the test centre/ accreditation in the NMNM Sports Hall. Movement outside of these zones only in exceptional justified cases.

## Obligatory PCR Team testing at the Nové Město Sports Hall

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The testing facility is indoor with an outdoor waiting area.

The address of the testing facility is Sportovní č. p. 1583, Nové Město na Moravě

Route: <https://bit.ly/3tzLz8Y>

Following conditions set by the Department of Epidemiology and Public Health by the MoH (Ministry of Health) for organizing the World Cup, PCR testing of all team members (athletes, service, and officials) is requested from Wednesday 17 February to Friday 19 February. Czech Lab by the Central Military Hospital in Prague will perform the testing. Results by 7:00 next morning.

Testing windows for individual teams will be sent to teams by email based on their arrival dates.

The LOC NMNM COVID-19 doctor will contact possible positives and advise consecutive steps.

### Tests, prices and payment

PCR-test 125 EUR. Payment onsite via credit card.

## WCH Oberstdorf PCR Testing on 20 February

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For all athletes and team members leaving to the WCH in Oberstdorf FIS is organizing a PCR Testing possibility by a German laboratory Synlab MVZ Weiden in order to have a PCR Test to enter Germany and also the World Championships venue (attention: you need to be at the venue within 48h after the test).

The testing will take place on Saturday 20 February in the evening hour at the Nové Město Sports Hall. See for address above. Exact schedule will be announced at a later time.

### Tests, prices and payment

PCR-test 125 EUR. Payment onsite via credit card.

# COVID-19 Guidelines and information about measures in the Czech Republic

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Each person is responsible and obliged to follow the health guidelines stated in the link:  
<https://covid.gov.cz/en/situations>

To avoid the risk for a queues or a gathering of people, please pay attention to signs and distance markings.

## **If you feel unwell**

It is very important to report all symptoms of infection/illness immediately to the LOC COVID-19 doctor MUDr. Dušan Mach at [mach.dusan69@gmail.com](mailto:mach.dusan69@gmail.com) or phone: +420 603 990 292 and we will act accordingly.

## **Quarantine Definition & Rules in Czech Republic**

[https://koronavirus.mzcr.cz/wp-content/uploads/2020/09/214\\_EM\\_quarantine-and-isolation\\_24092020.pdf](https://koronavirus.mzcr.cz/wp-content/uploads/2020/09/214_EM_quarantine-and-isolation_24092020.pdf)

## Protective facemasks

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Wearing a respirator of min. class FFP2 is obligatory in all public areas (including hotels and sports grounds).

All organizers, volunteers and members of security service in force will be PCR tested and required to wear face masks of KN95 standard, both indoors and outdoors.

## Protective measures at accommodation

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All hotel staff will be PCR tested upfront! Only staff with a negative test will be allowed to work during the event.

All of the hotels are accustomed and have adapted their routines according to Covid-19 regulations for hotel residences.

In preparation that someone may become sick at the hotel, it is recommended in advance to book an extra room (own expense), all hotels will have free rooms for quarantine.

If someone becomes sick and isolation is required, the organizer will support them to find an extra room for the time duration that it is required. The team/company is responsible for these extra costs.

The hotels are following the FIS prevention guidelines for accommodation and meals such as:

- Dining rooms and buffets separated as much as possible
- Separated floors and room sections as much as possible
- Slot times for meals if necessary

## Protective measures in the venue of competition

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Zones, checkpoints and flows are clearly marked in order to reduce risks for the spread of the Corona virus. Follow the official security service instructions about which flow you must follow! Refer to map.

### **Changing rooms**

It is recommended for safety reasons to change and shower at the hotel. There is a limited amount of changing rooms indoors (containers) available in the Team Area.

Toilets are separated between the different groups and are often cleaned by separate personnel.

### **First Aid Clinic for athletes and teams**

First Aid Clinic for athletes and teams is located inside the team area (will be signposted). Only emergency service and first-aid treatment of injuries will be provided by event doctors!

### **Sanitary stations and waste bins**

Frequent numbers of sanitary stations and bins for used face masks will be placed all over the venue of competition.

### **Public, audience**

The whole venue will be fenced and closed for spectators.

Isolation room will be provided by the OC in the venue for suddenly unwell cases during competition and official training.

## Contact: LOC COVID-19 Doctor

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MUDr. Dušan Mach  
mach.dusan69@gmail.com  
mobile: +420 603 990 292

## 112- Emergencies

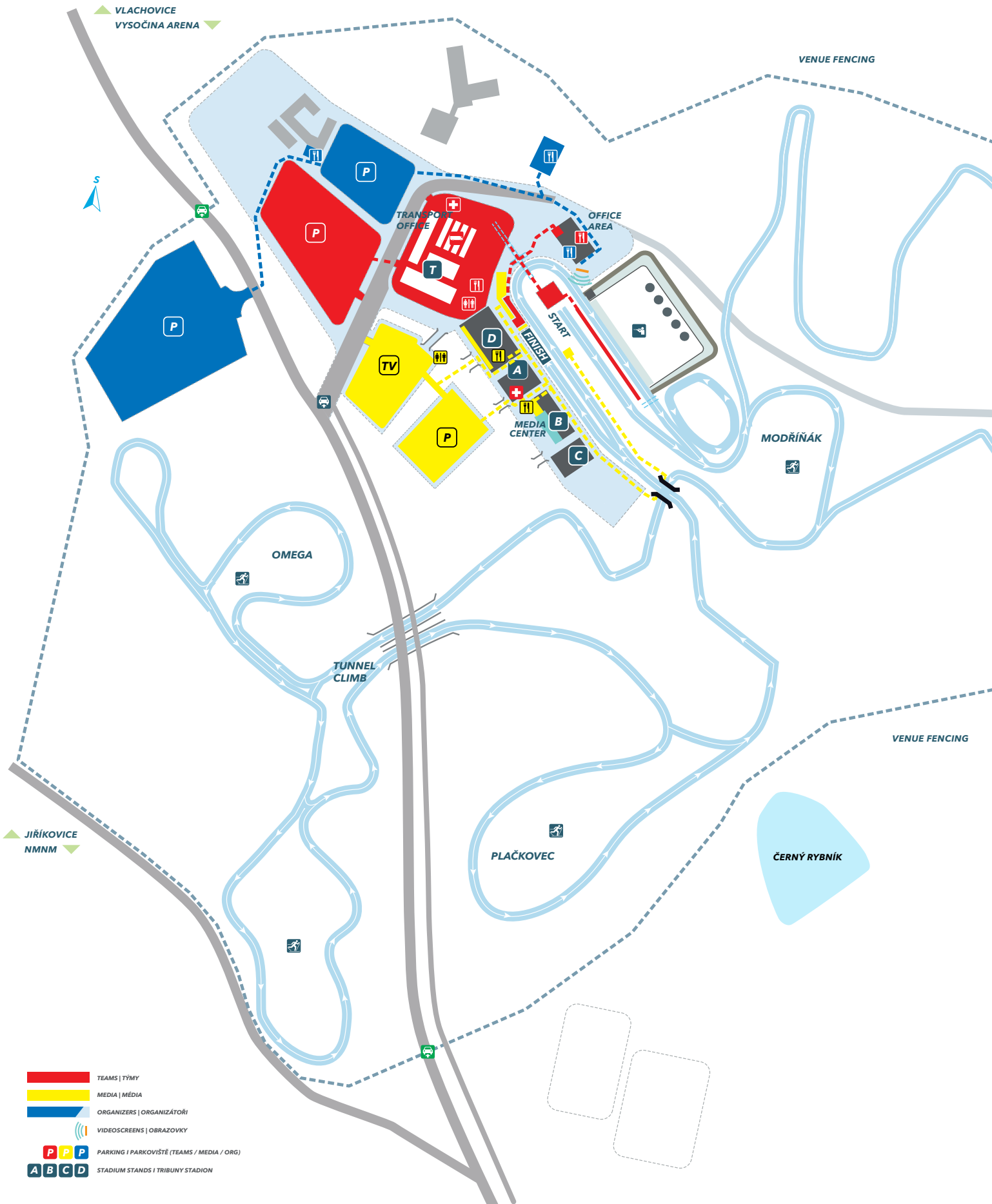
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Call 112, only in case of emergencies, such as urgent medical conditions, active crimes or fires. Declare arena address or the address of your respected hotels: Vysočina Arena, Vlachovická 1200, Nové Město na Moravě 592 31.

**MAPS**

NMNM WC 2021

# Vysočina Arena



- TEAMS | TÝMY
- MEDIA | MÉDIA
- ORGANIZERS | ORGANIZÁTOŘI
- VIDEOSCREENS | OBRAZOVKY
- PARKING | PARKOVIŠTĚ (TEAMS / MEDIA / ORG)
- STADIUM STANDS | TRIBUNY STADION

## Arrival to Venue / Accreditation / Covid-19 testing



### Accreditation Office COVID-19 Testing

address

Sportovní č. p. 1583  
Nové Město na Moravě

Route: <https://bit.ly/3tzLz8Y>

### Accreditation Opening:

<b>Thursday</b>	16. 1. 2020	09:00–18:00
<b>Friday</b>	17. 1. 2020	09:00–18:00
<b>Saturday</b>	18. 1. 2020	08:00–13:00
<b>Sunday</b>	19. 1. 2020	08:00–13:00



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