



INVITATION
FIS ROLLERSKI WORLD JUNIOR CHAMPIONSHIP 2020
Madona, LATVIA August 27th-30th 2020

Latvian Ski Federation in cooperation with Madona Municipality invites You to FIS Rollerski World Junior Championship 2020 event

Organizing Committee

Latvian Ski Federation
6B Grostonas Str., Riga, LV-1013, Latvia
Phone: +371 29283000
email: info@ski.lv, website: www.infoski.lv

General Program

Date	Format	Distance	Remarks
Fri, 28th August	Sprint F	200 m	Not valid for FIS points
Sat, 29th August	Mass Start F	15 km Women 20 km Men	
Sun, 30th August	Interval C	10 km Women 20 km Men	

Entries

Attention! Entries must be done using FIS Online Entry System

Please, contact your National Ski Federation to make an entry!

! Entering the participation, under the section EXTRAS: More needs – ski binding information (SNS Pilot / NNN) must be indicated for each athlete.

Address	Deadline
info@ski.lv	AUGUST 11th, 2020

According to 29.07.2020. decision of FIS s.c. ROL JWRSC medals will be awarded if OC receives at least entries from 8 nations from which at least 3 are from top 6 from FIS Rollerski World Cup Nation Cup standings 2020 (season). t.ly/G8m2

Logistical Information

Accommodation

EURO 60 person/day in standart room (max 2 persons in one room.)

EURO 70 person/day in single room (max 1 person in one room.)

The hotel offer includes food and accommodation. For accommodation reservation, please contact the OC: smecere@madona.lv

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PLEASE NOTE: for the accommodation the OC will ask for a pre-payment. Payment must be done until 22nd of August.

Location of accommodation: "Hotel Madona" or "Smeceres Krogs"

Transportation

Teams arriving or leaving by plane will be offered 1 free of charge transfer per team from Riga (RIX) airport to the venue and one from the venue to the airport. The arriving and departing times and number of persons have to be communicated to the organizer latest **AUGUST 11TH** 2020 by email gunars21@inbox.lv. Any extra transportation can be arranged by the OC for an additional charge. (Shuttle schedule will be arranged individually with each national team)

Visa

Regarding VISA support, please, contact agris@ski.lv as soon as possible. Take into consideration that the procedure may take a while.

Further Contacts

Office	Name	Telephone	Email
General Secretary	Agris Raugulis	+371 29283000	agris@ski.lv
Race Office	Jānis Irbe	+371 28398456	janisirbe@tvnet.lv
Press Office	Gita Sauka	+371 28326828	gita.sauka@onecom-latvia.com
Medical Service	Māris Gailums		

Competition Officials

Official	Name	Email
Chief of Organizing Committee	Guntis Ķeveris	guntis.keveris@madona.lv
Chief of Competition	Gunars Ikaunieks	gunars21@inbox.lv
Competition Secretary	Jānis Irbe	janisirbe@tvnet.lv
Chief of Course	Juris Borovikovs	
Chief of Time keeping and Data processing	Normunds Bērziņš	
Chief of Medical Service	Māris Gailums	
Chief of Control and Competition security		

Jury

Role	Name	Nation
FIS Technical Delegate	Germo KALPUS	EST
Chief of Competition	Gunars IKAUNIEKS	LAT
National TD Assistant	Janis PUIDA	LAT

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TCM

Date	Place
Thu, 27th August, 17:00	Headquarters of Madona municipality, 2 nd floor
Fri, 28th August, 20:00	Headquarters of Madona municipality, 2 nd floor
Sat, 29th August, 20:00	Headquarters of Madona municipality, 2 nd floor

Day 1 Thu, 27th August – Welcome Day

Time	
10:00 – 12:00	Unofficial training at Smeceres sils 2,5 km course; Classical technique only (own rollerskis)
15:00 – 17:00	Distribution of Classic Skis and skating wheels at Smeceres sils Provided by FF Rollerskis
17:00	Team Captains meeting at Headquarters of Madona municipality

Day 2 Fri, 28th August – Sprint F 200m

Time	
10:00 – 11:00	Official training for Mass start F at Madona city course
15:00 – 15:50	Official Training for Sprint F at Raina street, Madona
16:00	Sprint Qualification Women, Men (interval 15 s)
17:30	Sprint quarterfinals (1-16 from Qualification, 4 athletes in heat) Women, Men
18:00	Semi-finals: Women, Men
18:20	Finals: Women, Men
5 min after each Race	Flower ceremony
19:00	Official Opening and Prize giving ceremony, at city square
20:00	Team Captains meeting at Headquarters of Madona municipality

Day 3 Sat, 29th August – Mass start F

(race at Madona city with rubber wheels (speed 2), provided by FF ROLLERSKIS)

Time	
9:00 – 11:00	Official training for Team sprint F at Smeceres sils 2,5 km course
14:30	Mass Start Track open for warm-up
15:00	Women 15 km (5 x 3,3 km) at Madona city
	Flower Ceremony Junior Women
16:50	Men 20 km (6 x 3,3 km)

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	Flower ceremony for Men
19:15	Official Prize giving ceremony, at city square
20:00	Team Captains meeting at Headquarters of Madona municipality

Day 4 Thu, 30th August – Interval C

Time	
7:45 – 8:35	Warming up for the Interval race C
8:40	Women 10 km (4 x 2,5 km)
10:30	Junior Men 20 km (8 x 2,5 km)
15 min after each Race	Flower ceremony
13:00	Prize giving ceremony

! Athletes must return rollerskis immediately after the finish

Race Office Opening times

Office	Location	Opening times
Race office	Sports and recreational centre “Smeceres sils” Lazdonas pag., Madonas nov., LV-4824 Coordinates: 56°50'27.0"N 26°11'27.5"E Tel. +371 29347575; smeceressils.lv	Thursday 8:00 – 20:00 Saturday 8:00 – 11:30 Sunday 8:00 – 14:00
Race office	In Madona city at culture centre Coordinates: 56°51'13.0"N 26°13'02.1"E Tel. +371 29347575; madona.lv	Friday 8:00 – 20:00 Saturday 12:30 – 20:00

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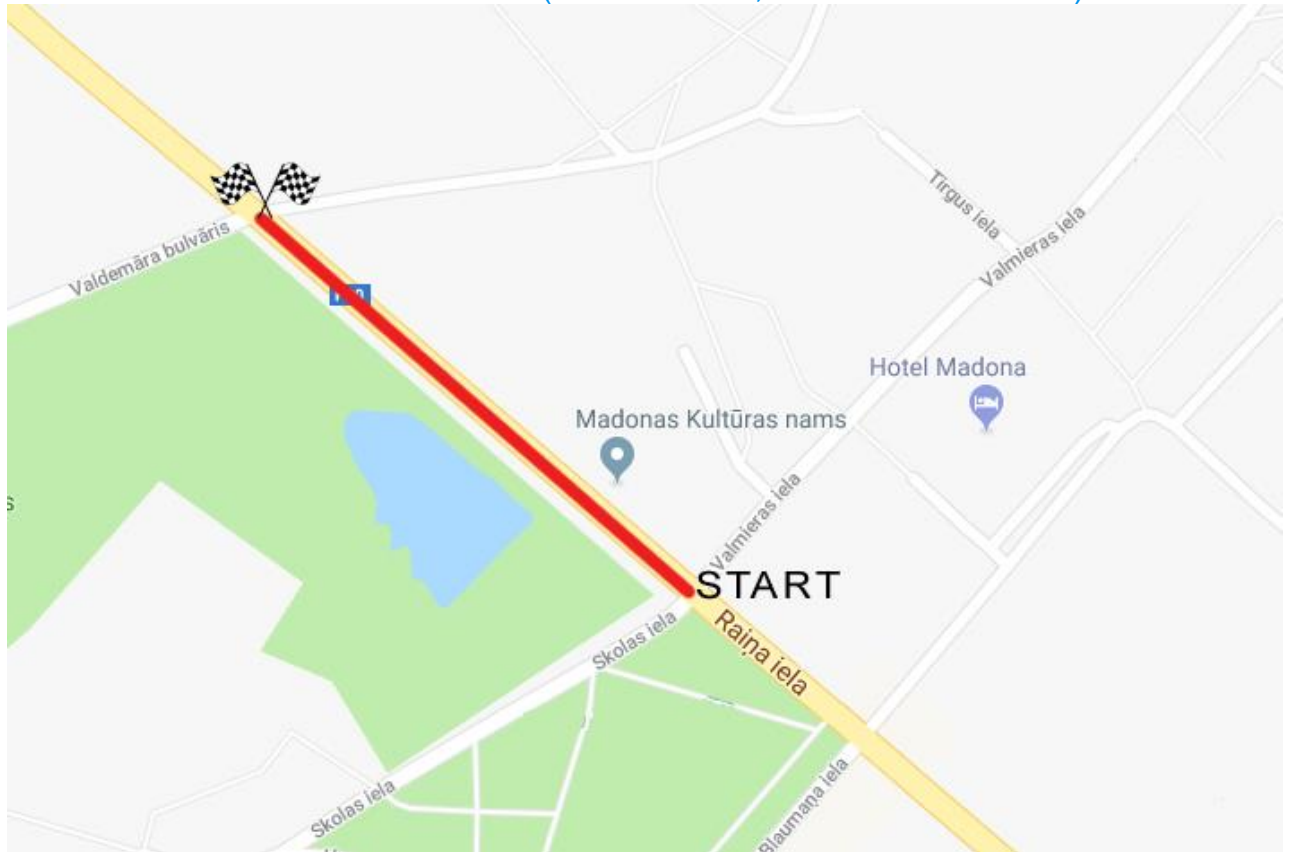
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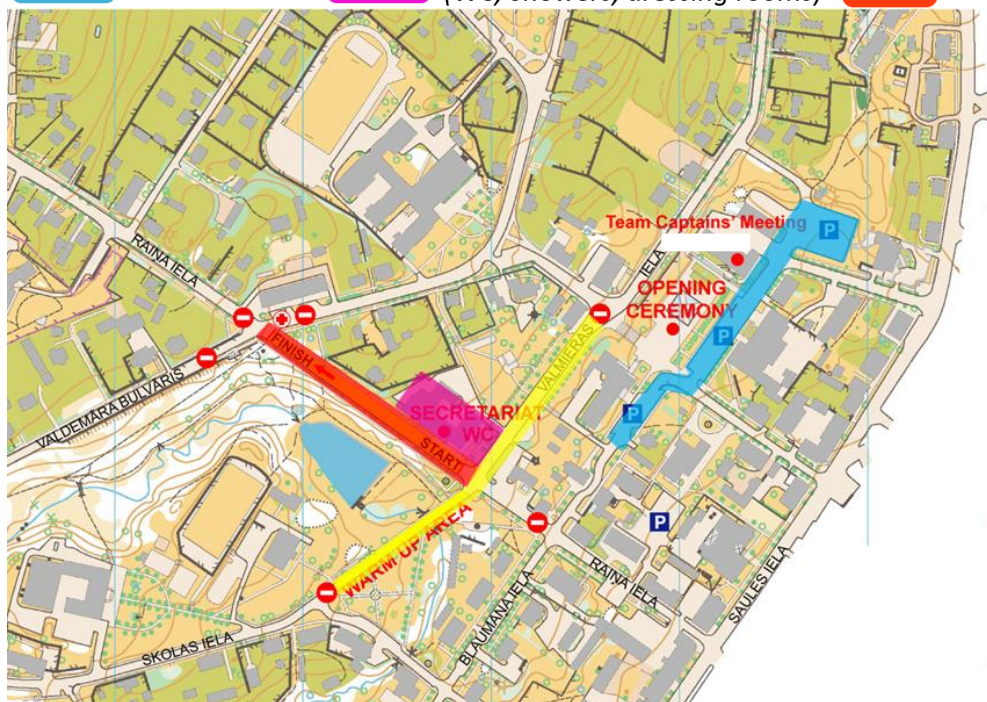
Course maps and data

SPRINT COURSE 200 m (IN THE CITY, 12 RAINA STREET)

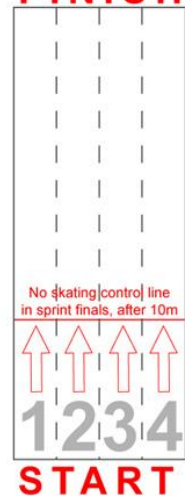


SPRINT COURSE VENUE OVERVIEW

- Parking Space
- Race Office
(WC, Showers, dressing rooms)
- Stadium, Race Course



FINISH



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MASS START COURSE 3,3 km (IN THE CITY)



MASS START COURSE HEIGHT PROFILE



MASS START VENUE OVERVIEW

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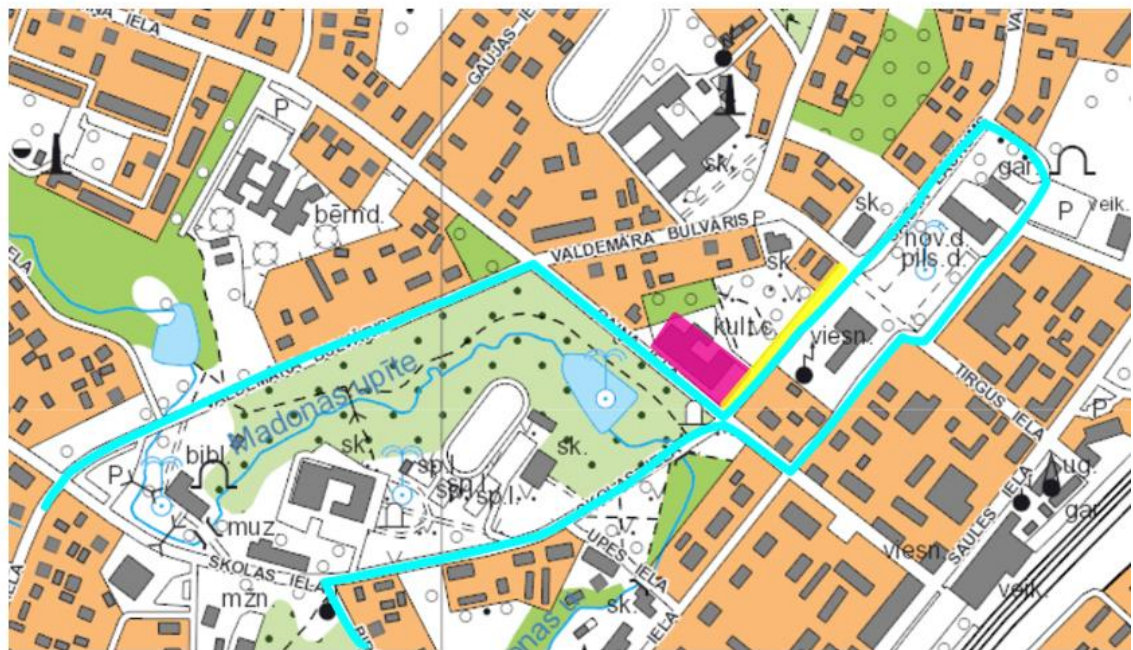
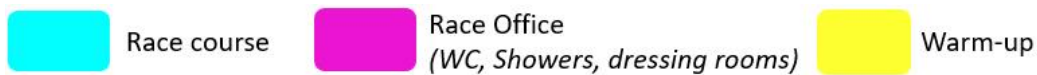


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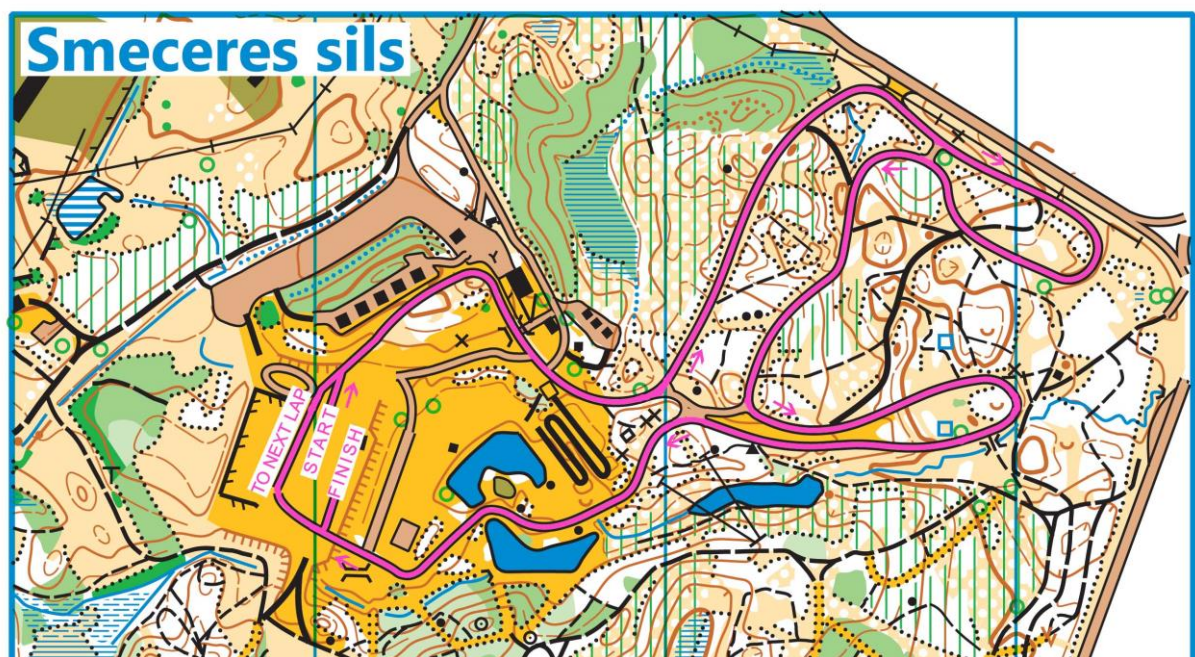


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INTERVAL C RACE COURSE 2,5 KM



INTERVAL C VENUE PLAN

Competition venue

Race office and individual race course are located in sports and recreational centre "Smeceres sils". Venue home page: www.smeceresils.lv; Competition venue map: <http://goo.gl/PYW8aT> Distance from Riga airport – 160 km.

Competition rules

- [FIS Rollerski World Cup and World Championships Rules \(vear. 2020\)](#)



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- [International Competition Rules \(ICR\) Cross Country](#)
- [International Competition Rules \(ICR\) Roller Skiing](#)
- **Juniors must be 2001 – 2005 years of birth. Competitor must have reached his 16th birthday before the end of calendar year.**
- [Guidelines for Rollerski Equipment Specification and Control](#)
- Sprint Finals will be organized starting with 1/4 finals with top 16 from qualification and with 4 athletes in a heat.

Rollerski equipment

- **For Individual Interval C competition** OC will provide **classical rollerskis**.
Wheels material – rubber with V-Track form. (Frame material – aluminium, length – 720mm wheelbase, weight – 2240g, incl. bindings)
- **For Mass start competition** OC will provide **skating wheels** with bearings.
!!! Teams must use their own distancers and bolts to install the wheels on frame.
Wheel material – rubber, speed 2. Diameter of wheel is 100mm, Width of skating wheel hub is 24 mm inner distance between bearings is 10 mm, 608 bearings in use.
- All rollerskis and wheels will be marked. Athlete or team are not allowed to make any adjustments of skis or wheels including lubrication. Distribution of classic rollerskis and skating wheels will be done before the TC meeting on Thursday, August 27th. Draw of classic rollerskis will be done on Thursday, August 27th. After the Interval race (C) on Sunday classic rollerskis must be returned. Skating wheels must be returned after the last race.
- Technical sponsor: **FF ROLLERSKIS AS (Norway)**. (Technical sheet from FF ROLLERSKIS will follow).

Additional information

- Live competition results will be available on FIS Live <https://www.fis-ski.com/DB/cross-country/live.htm> as well as live.infoski.lv
- PDF results, pictures and more info will be available at madona2020.lv
- Race office has free WI-FI internet access.

Data protection: Personal details given upon WC ROL registration will only be used for the race database and will not be given out to third parties.

Image rights: By entering the competition, participants allow the organizing committee, its partners and media in general, to use images in which he/she appears, taken on the occasion of his/her participation in the competition, on any media including: *promotional and/or advertising documents, all over the world and for the longest statutory duration.*

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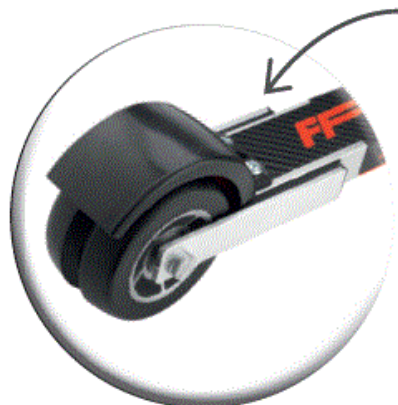
Specifications for FF Skis and wheels

Quality roller skis with new technology. V-wheels front and rear. This makes the wheel much more stable to run on. It will be easier to guide the skis in diagonal. (FF = floating fork) Rubber damping between the fork and the ski, which reduces vibration. It provides an amazingly comfortable and sturdy ski to run on. Reduces wear and tear, through less strain on joints and muscles. Both skis and wheels are handmade.

CLASSIC



- **Axsel distance: 720 mm**
- **Weight per par: 2240 gr inkl bindinger**
- **Wheels: 43 x 73 mm**
- **Wheels: 2 ply rubber with rim, (BASE PLY 48A AND PROTECTIVE PLY 78A.)**
- **Speed: 2**
- **Binding: Rottefella**



- **Wheel size: 100 mm x 24,3 mm, Same wheel size as (Swenor)**
- **Speed 2**
- Wheel include inside spacer and sealed bearing
- Athletes need to bring: Spacers between frame and wheel, ink 4 bolts and 4 nuts

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COVID-19 related information:

At this moment in Latvia it is allowed to organize events in August with up to 3000 persons in outdoors and 250 persons in indoors (500 persons if area is more than 1000m²).

Information for travellers to Latvia on the provisions for preventing the spread of COVID-19:
When travelling to Latvia, all people will not have to self-isolate for a 14-day period, unless the country from where the people are travelling or are crossing in transit, have not had a 14-day cumulative number of COVID-19 cases exceeding 16 individuals per 100,000. All travellers, including citizens and permanent residents of Latvia, who have arrived from countries in which the 14-day cumulative number of COVID-19 cases has exceeded 16 individuals per 100,000, must self-isolate for a 14-day period upon arrival in Latvia. Epidemiological statistical data regarding the European Union and third countries on the incidence of COVID-19 cases is being updated every Friday on the website of the Latvia's Centre for Disease Prevention and Control: <https://spkc.gov.lv/lv/tavai-veselibai/aktualitate-par-jauno-koronavi/valstu-saslimstibas-raditaji-a/>

As alternative of 14 day self-isolation:

- Person may submit to the organizer of an international sports event in Latvia a copy of a certifying document (presenting the original upon request) that he or she has undergone a laboratory examination for Covid-19 diagnostics not earlier than three days before arrival in the territory of the Republic of Latvia;
- Person has performed a laboratory examination for Covid-19 diagnostics no later than 24 hours after arrival in the territory of the Republic of Latvia and Covid-19 infection has not been detected therein by submitting a copy of the relevant fact document (presenting the original upon request) to a responsible medical person specified by Until the person has received the results of the said laboratory examination, Article 56.1 of these Regulations shall apply to him or her. the requirement for self-insulation referred to in subparagraph;
- If the person's stay in the Republic of Latvia related to participation in an international sports event exceeds five days, he / she has undergone a repeated laboratory examination for Covid-19 diagnostics on the 5th, 10th and 15th day after leaving the country published on the Centre's website , which is subject to special precautionary and restrictive measures and does not detect Covid-19 infection;
- Person prior to arrival in the territory of the Republic of Latvia (simultaneously with accreditation for an international sports event) or not later than 24 hours after arrival in the territory of the Republic of Latvia has submitted to the organizer of an international sports event in Latvia a confirmation that will comply with all restrictions specified for the prevention of the spread of Covid-19 infection.

If someone has more questions regarding COVID-19 restrictions, rules and possible accommodation options to withstand self-isolation period, please contact organizers.
This event is organized according to "FIS COVID-19 Prevention" Guidelines for Event Organisers.

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Free-time activities in Madona:

Madona Museum and Tourism Information Centre, 10 Skolas Street, Madona, tel. +371 26102225, 29332642 (lv, ru, en), madonasmuzejs.lv Exhibition halls, tourism information, souvenirs. Opening hours: Tuesday, Thursday: 8.00-17.00; Wednesday, Friday 8.00-18.00; Saturday, Sunday: 10.00-16.00.

Sweets Factory “Madonas karameles” (“Madona caramel sweets”), 1 Rīgas Street, Madona, tel. +371 26380073 (lv, ru, en), karameles.lv. Shop opening hours: Tuesday, Wednesday, Thursday, Friday: 9.00-17.00; Sunday 9.00-14.00.

Home wine factory “Domu Pietura” (“Mind's station”), 19 Raiņa Street, Madona, tel. + 371 26395710 (lv, eng, ru), domupietura.lv Tasting program, wine purchase. Visit by application!

J. Seikst's Ceramic Workshop, 16 Dumpu Street, Madona, tel. +371 26126247 (lv, ru, de). Excursion, pottery, beautiful garden, shop. Visit by application!

Tourism in Madona Municipality: www.visitmadona.lv (lv, ru, en, de, lt, ee)

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