



# **COVID-19 MANAGEMENT PROTOCOL**

## **FREESTYLE FIS WORLD CUP**

**January 12-19, 2021, Yaroslavl**  
**January 19-24, 2021, Moscow**

### **GENERAL TERMS**

This Protocol is composed in order to ensure organization and holding the Freestyle FIS World Cup Aerials and Aerials Team events in the conditions of the ongoing COVID-19 pandemic, as well as to provide information and guidelines for all participating groups, healthcare authorities of Russia, FIS Medical Committee, Freestyle Federation of Russia and organizers.

### **EVENTS**

Freestyle FIS World Cup Aerials and Aerials Team events to be held on January 12-19, 2021, in Yaroslavl, Podolino Sports Center

Freestyle FIS World Cup Aerials to be held on January 19-24, 2021, in Moscow, Vorobyovy Gory Sports Complex

This Protocol is composed on the basis of the FIS International Competition Rules (ICR), FIS World Cup Rules, Statutes of the Federal Law on physical culture and sports of the Russian Federation, Statutes of the Head Sanitary Authorities of the Russian Federation,

Regulations for holding sports events on the territory of the Russian Federation during the COVID-19 pandemic, and is aimed at ensuring safe conditions for holding the Events.

This Protocol defines procedures, requirements and obligations of the participating groups, that are the integral part of the Events. It is assumed that all participants will implement all possible measures in order to minimize COVID-19 spread risks, as well as to ensure safe organization of the Freestyle FIS World Cup events during the COVID-19 pandemic.

## **PARTICIPATING GROUPS**

All participating groups of the Events are requested to get acquainted with and follow this Protocol in order to prevent the spread of COVID-19, including:

Athletes, coaches, doctors, official representatives

FIS Officials, FIS Judges, FIS Data Service

TV personnel, sponsors and partners, event organizers

Local Organizing Committee: officials, personnel, medical and rescue team, security personnel, volunteers

Spectators

## **COVID-19 SITUATION IN RUSSIA**

Sporting events are held with spectators capacity of not more than 25% of grandstands area available.

Individuals must maintain social distance of 1,5 meters in public indoor areas.

**Masks and gloves** must be worn in all public indoor areas, as well as in public transport and Moscow Metro.

Restaurants are closed from 23.00 till 06.00.

## **TRAVEL TO RUSSIA**

In order to travel to Russia, it is necessary to have a negative COVID-19 PCR test, not older than 72 hours before the travel, which it also to be sent by mail to the event organizers.

The Organizing Committee will inform the local healthcare and security authorities about all participants, travelling to Russia, upon presentation of the flight details.

**Upon arrival, as well as to receive the event accreditation, it is mandatory to present a negative COVID-19 PCR test.**

The Organizing Committee will provide assistance and information for test procedures.

Airport Testing Service: <https://life-air.org/en>  
(approximate PCR test cost is about EUR 40-45)

Further information is available upon request.

All participants travelling to the Event (by plane, train or automobile) are to follow the guidelines:

- mandatory use of **masks and gloves**;
- masks should be changed every two hours, and should not be reused;
- social distancing of 1,5 meters is obligatory;
- avoid touching face with your hands;
- regular use of hand sanitizers;
- any person showing COVID-19 symptoms after the event, should be quarantined, undergo COVID-19 PCR testing and immediately inform the Organizing Committee;
- should the symptoms show after travelling from Russia, the Organizing Committee is to be immediately informed.

## **EVENT RULES**

FIS will register location of athletes and teams during the season, and the testing history of each team member will be available to the organizers in the FIS Passport. FIS Passport is to be updated regularly with negative COVID-19 PCR test not older than 72 hours. Teams are required to fill in the health questionnaire prior to the arrival, and to update it on a daily basis.

All participants are required to:

- limit their moving routes, and only leave accommodation in case of special needs or for training purposes;
- limit contacts with other persons, which are not necessary during the event;
- avoid hugs and handshaking;
- avoid contacts with other teams;
- avoid use of paper documents being handed from one person to another;
- use electronic versions of the documents, that might be distributed by mail or messengers;
- all participants should take special care to properly indicate their location and test results in the FIS Passport.

Team captain or coach is obliged to monitor health condition of every team member taking part in the Events on a daily basis, and carry out temperature measurements 2 times a day.

Organizing Committee will carry out temperature measurements of all participants of the event.

In case of symptoms of illness (rhinitis, cough, fever):

1. Immediately inform the Organizing Committee and the hotel administration;
2. Quarantine in a room to avoid contacts with other persons;
3. Organize medical supervision and COVID-19 PCR testing;

4. In case of a positive PCR test:

- define persons that were in contact with the positive test bearer during the past 72 hours;
- such persons should undergo COVID-19 PCR test and to be quarantined till the test results are available.

Teams are in charge of all the costs incurred by quarantine of the abovementioned persons.

The Organizing Committee will supervise the use of masks and gloves by all participating groups. This will not concern athletes during the running of competitions.

The Secretary General of the events will establish a group in one of the messengers for all organizational matters.

The participants of the group are:

- Race Director;
- Technical Delegate;
- Head Judge;
- Chief of Competition;
- Chief of Course;
- Secretary General;
- Team representative;
- Other participants by coordination with the Jury.

The Organizing Committee will instruct all teams about the requirements of this Protocol by means of the group.

Announcements will be made by means of the group.

In case of technical possibility, the Team Captains Meeting and the Draw will be carried out online, otherwise the TCM and the Draw will be carried out in the regular format, and the following measures will apply:

- not more than one representative from each team;
- the seating will be organized with consideration of social distancing requirements;
- all TCM participants should wear masks and gloves and keep social distance;
- hand sanitizers and proper room ventilation should be organized;
- Secretary General will provide sanitized and individually packed bibs for distribution.

Bibs will be handed to the Team Captain, and will be individually packed.

## **ACCOMMODATION**

All participants of the Events, such as athletes and coaches, should be accommodated not more than two persons in a room, and officials to be accommodated not more than one person in a room.

Official Hotels of the Events

**Azimut Yaroslavl**

**Azimut Tulskeya Moscow**

The following safety measures are to be implemented at the official hotels of the events in Yaroslavl and Moscow:

- all participants to be accommodated on dedicated floors with dedicated staircase access without access of other guests of the hotel;
- a dedicated entrance to the hotel with the access to the staircase will be provided to all participants;
- meals will be provided in the dedicated hall without access of other guests of the hotel;
- buffet style meals will be organized with necessary safety measures implemented by the hotel, participants will be served by the hotel personnel wearing masks and gloves;
- meal schedule will be composed and sent to the teams, all teams should strictly follow this schedule;
- maximum capacity per table will be four persons, proper distance between the tables will be maintained;
- check-in procedure will be carried out prior to the arrival of the participants, and the room keys will be handed to the team captains upon arrival;
- the hotel personnel will wear masks and gloves;
- hand sanitizers will be available in key areas at the hotel, as well as in the meal hall and the Race Office.

All participants should wear masks and gloves at all public places of the hotel (lobby, staircase, corridors).

## **TRANSPORTATION**

Transportation by shuttle buses will be provided, and each team will have a dedicated bus.

The bus drivers will wear masks and gloves at all times and will undergo COVID-19 PCR testing.

Regular cleaning of buses will be carried out.

Masks and gloves will be mandatory for the passengers.

## **ACCREDITATION**

Team captains should present negative COVID-19 PCR tests for all participants of their teams in order to receive accreditations.

Accreditations will be handed out at the Race Office upon arrival.

## **RACE OFFICE**

In order to assist teams with regard to the organizational matters of the event, Race Office will be functioning at the official hotels of the events.

Mask and gloves will be available at the Race Office, however, the quantity will be limited. Please make sure you have your own masks and gloves.

The admittance will be limited to a team representative at a time.

## **FIS Rate Payment**

### **Freestyle FIS World Cup Yaroslavl**

FIS Rate is to be paid by credit card at the reception of the official hotel of the event upon arrival.

### **Freestyle FIS World Cup Moscow**

FIS Rate will be payable via the bank transfer prior to the arrival to the event. The Organizing Committee will issue respective invoices and send to the teams.

Hand sanitizer will be available at the Race Office.

## **VOLUNTEERS**

Volunteer services will be available in the online format, if necessary.

## **EVENT VENUE**

All teams should arrive at the event venue according to the specifically composed schedule in order to carry out temperature measurements and preparation for the trainings and competitions.

While using the lift at the event venue:

- in case of a queue keep social distance of 1,5 meters;
- do not mix with other teams.

Team captains or coaches should control that their team members keep social distance at the event venue. At the start this duty is to be carried out by the starter.

After the event, each athlete should place the bib into the special plastic bag and keep social distance from other athletes.

Start area, judges stand and ski lift will only be available for teams, FIS Officials and Judges.

## **Finish Area**

Dedicated area at the finish area for doctors and team representatives, without access of media, organizers and spectators.

Athletes are requested to go straight to the ski lift after leaving the finish area.

## **Judges Stand**

Access to the judges stand will only be granted to the limited number of designated persons.

Masks and gloves are obligatory.

Hand sanitizers will be available.

## **COVID-19 COORDINATOR**

The COVID-19 Coordinator responsible for implementation of this Protocol will be assigned by the Organizing Committee.

The COVID-19 Coordinator is required to:

- work closely with the healthcare authorities;
- is informed about the latest healthcare directives;
- advise the Organizing Committee upon the measures necessary to prevent the spread of COVID-19;
- implement measures in case of positive test results.

For the efficient communication and solving of COVID-19 issues, a special Coordination Group will be formed, consisting of the FIS Officials, Organizing Committee, Freestyle Federation of Russia representatives and the COVID-19 Coordinator.

The duties of the Coordination Group are as follows:

- communication with the teams in case of positive COVID-19 PCR test results;
- implementation of this Protocol.

## **CONTACT INFORMATION**

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COVID-19 Coordinator Yaroslavl \_\_\_\_\_

COVID-19 Coordinator Moscow \_\_\_\_\_

**Organizing Committee requests use of masks and gloves, as well as keeping social distance of 1,5 meters at all times during the events. This will help prevent the spread of COVID-19. Stay safe!**

## REMINDER

A person with symptoms that might potentially indicate COVID-19 showing 10 days before the travel shall not take part in the event.

A person that was in contact with positive COVID-19 PCR test bearer or with persons showing COVID-19 symptoms 14 days after the arrival shall not take part in the event.

Should there be at least one positive answer in the questionnaire, this will lead to disqualification from the event.

In order to receive accreditation, please provide information about your location during the past 14 days.

All participants shall obtain a negative COVID-19 PCR test, including teams, organizing committee, mass media representatives, as well as to provide a negative COVID-19 PCR test before receiving the accreditation (on January 12<sup>th</sup> at the airport in Moscow, or in Yaroslavl, and on January 18<sup>th</sup> in Yaroslavl, before departure to Moscow).

Organizing Committee request use of masks and gloves, and well as to keep social distance of 1,5 meters.

COVID-19 symptoms include:

- cough
- fever
- short breath
- rhinitis
- sore throat
- absence of smell and taste
- muscle ache
- nausea or diarrhea
- fatigue



## QUESTIONNAIRE

### Contact Information

<b>Country</b>	
<b>Name</b>	
<b>Home Address</b>	
<b>Mail</b>	
<b>Phone</b>	

### Questions

<b>Have you had any of the following symptoms within the past 14 days</b>	<b>YES</b>	<b>NO</b>
<b>Fever</b>		
<b>Chest ache</b>		
<b>Headache</b>		
<b>Nausea</b>		
<b>Diarrhea</b>		
<b>Were you in contact with a person with positive COVID-19 test results?</b>		
<b>Were you in quarantine during the past 14 days?</b>		
<b>Have you had positive PCR test results during the past 14 days?</b>		