




# **COVID-19 Preventive Measures and Testing Procedure Audi FIS Ski Cross World Cup**

**Sunny Valley, March 09-14, 2021**

## **Information Guide for Participants**





For the purpose of ensuring a safe Audi FIS Ski Cross World Cup event and preventing the spread of COVID-19 coronavirus infection, the Organizing Committee has developed and approved COVID-19 Guidelines mandatory for all competitors, organizers and spectators for the following activity categories.

## FLIGHT AND BORDER CROSSING

1.1. No quarantine is required upon arrival to Russia but a negative COVID-19 PCR test certificate is to be submitted (antibody test is not valid in this case) for the arriving sports delegations (athletes, coaches, doctors and all relevant persons). **The PCR test shall be taken no earlier than 72 hours prior to boarding the flight to Russia.**

The results must appear in one's FIS PASSPORT 12 hours before the accreditation retrieval area opens for the race sanitary bubble so that the COVID-19 medical coordinator can review them.

Fill out the FIS questionnaire. To process your FIS passport: <https://fispassport.fis-ski.com/fis>

The previously infected person is allowed to join the competition after 14 days quarantine completed. They need to upload a new PCR test (not older than 72h) to the FIS Passport.

1.2. If you start feeling unwell during the flight, inform the crew immediately and notify the airport's sanitary control authorities as soon as you arrive.

1.3. During the flight or upon arrival to Russia on board the plane, fill in a questionnaire and submit a negative COVID-19 PCR test certificate in Russian or English (should the certificate be provided in a different language, a translation certified in the Russian Consulate is required).

**Please have a negative COVID-19 PCR test certificate on you at all times. Do not lose it and do not leave it in your luggage.**

1.4. There are English-speaking volunteers working at Chelyabinsk airport.

1.5. A safety face mask and protective gloves shall be used at all times in premises with public spaces and shall be replaced regularly. It is especially important to meet this requirement in a situation where the distance of 1.5 m cannot be kept.

## TRANSPORTATION

**2.1. Transfers by shuttle buses will be provided for the following routes:**

Chelyabinsk Airport – Sunny Valley – Chelyabinsk Airport

Sports Residence Hotel – Sunny Valley – Sports Residence Hotel

**2.2. As per COVID-19 prevention requirements, the following measures will be in place in shuttle buses:**

- ▶ staggered seating for passengers in designated seats;
- ▶ face masks, protective gloves and hand sanitizers for passengers inside shuttle buses;
- ▶ daily thermometry and physical health interviews for all drivers;
- ▶ keeping the social distance of at least 1.5 m and using face masks, protective gloves and hand sanitizers by the driver when transporting passengers;
- ▶ running full disinfection of vehicles daily;
- ▶ sanitizing vehicle cabin panels throughout the day during the breaks between runs.

## HOTEL AND RECEPTION

3.1. Upon arrival to Sunny Valley ski resort, team captain or representative may get accreditation badges and radios for the entire team at the Race Office (Sports Residence Hotel), as well as check in at Sunny Valley Reception Desk for the entire team while the other team members are waiting in the vehicle or in front of the hotel.

3.2. Sunny Valley Reception Desk will feature air disinfection recirculators, personal protective equipment and hand sanitizer dispensers. At the entrance to the reception building, temperature will be checked and you will be asked to put on a face mask and gloves.


3.3. After check-in, all participants (**regardless of expiration date of their negative COVID-19 PCR test**) will be tested at **Sunny Valley Hotel's Medical Room** as scheduled (the price of this PCR test will be 70 euros **payable by VISA/Master Card only**). Before taking the tests, all participants will sign a consent form to submit test results to the event organizers; test results will be available before 10:00 on March 10, 2021.

3.4. All hotel staff will also be tested for COVID-19 no earlier than 72 hours before starting work; they shall operate in accordance with the national healthcare authorities regulations.

3.5. The hotel will have 'accredited area' (bubble) principles in place. Accommodation at Sunny Valley Hotel will only be available for accredited event participants and organizers. The rooms will be disinfected daily and sanitized additionally. Cleaning will be done while the guests are not in the rooms. Hotel buildings will have hand sanitizer dispensers in place.

3.6. Sunny Valley Hotel will feature a 24/7 medical room.





3.7. It is recommended to use personal protective equipment (face masks and gloves) on the hotel territory and in other public places.

3.8. If test results are required to continue your travel (after the competitions in Russia), COVID-19 testing will be organized at Sunny Valley Hotel (event venue) on March 12, 2021 (the price of this PCR test will be 70 euros, results availability within 3 or 4 hours).

### RACE OFFICE, ACCREDITATION

4.1. Race Office will be located at Sports Residence Hotel, a dedicated entrance and a shuttle bus from Sunny Valley Hotel will be provided for event participants.

4.2. Race Office will have air disinfection recirculators, individual protection equipment and hand sanitizer dispensers.

4.3. At the entrance, temperature will be checked and you will be asked to put on a face mask and gloves..

### RESTAURANT

5.1. Sunny Valley Restaurant will have air disinfection recirculators, individual protection equipment and hand sanitizer dispensers.

5.2. There is an English-speaking volunteer working at the restaurant.

5.3. Athlete meals will be provided at Sunny Valley Restaurant; **only accredited event participants will be granted access to the restaurant provided they have an accreditation badge and personal protective equipment.** At the restaurant entrance, temperature will be checked and you will be asked to put on a face mask and gloves.

5.4. Dining area seating will be organized so as to keep the social distance of 1.5 m. Tables will be serviced after the participants leave them.

## SKI RESORT

- 6.1. The handles of ski lifts and turnstiles are to be disinfected daily. Athletes will be allowed to go through the turnstiles only with a face mask and gloves on.
- 6.2. Access to the ski lift will be organized as to keep the social distance of at least 1.5 m, with scattered seating on designated seats.
- 6.3. Athlete Area will be fenced (no contact with third parties will be allowed).
- 6.4. Ski resort will also have a dedicated room with closed access – in case of any suspicion of COVID-19 or other infection, the person will be immediately isolated from others in this room.

## HEATING ROOM IN START AREA

- 7.1. Heating room will have air disinfection recirculators, individual protection equipment and hand sanitizer dispensers.
- 7.2. Athletes are offered drinks and snacks in individual packaging only. Everyone present shall wear a face mask and gloves.

## COACH AREA IN FINISH AREA

- 8.1. Coaches shall wear a face mask and keep the social distance of 2 m in this area.

## MIXED ZONE

- 9.1. Mixed Zone will have air disinfection recirculators, individual protection equipment and hand sanitizer dispensers.
- 9.2. At the entrance to the zone, temperature will be checked and you will be asked to put on a face mask and gloves
- 9.3. TV/Radio/Press shall keep the social distance, use a face mask and have a negative COVID-19 test result obtained no earlier than 72 hours before the event starts or before they start their work at the venue.
- 9.4. An English-speaking volunteer works in the Mixed Zone.





## TEAM CAPTAINS' MEETING (TCM)

10.1. TCM will be held in a videoconference format, with FIS and Organizing Committee representatives connected from the Race Office at Sports Residence Hotel.

## STAFF AND VOLUNTEERS

11.1. The number of the Organizing Committee staff / volunteers will be adjusted as needed. All of them will adhere to hygienic rules including the use of face masks and regular hand sanitizing, as well as a negative COVID-19 test result obtained no earlier than 72 hours before the event starts or before they start their work at the venue. Organizing Committee members and volunteers undergo a daily medical checkup and thermometry.

## SPECTATOR AREA

12.1. The number and presence of spectators will be determined depending on the current situation in the region. All spectators will be wearing face masks and gloves, and their temperature will be measured at Access Control Points.

12.2. Social distance will be ensured by drawing individual squares for every spectator. All spectator flows will have additional signage.

12.3. The Course Area will have additional safety nets that will form separate zones with signage and spectator capacity limitations.

12.4. Social distance compliance will be controlled by event volunteers and security staff.

## PROCEDURES IN CASE OF COVID-19 DETECTION

13.1. If any event participant displays any acute respiratory viral infection (ARVI) symptoms, he/she shall be immediately isolated in a dedicated single room at Sunny Valley Hotel, with meals delivered to the room.

13.2. The participant displaying ARVI symptoms and team members sharing the apartment with him/her are to take a mandatory COVID-19 PCR test.

13.3. The apartment where these participants are staying shall undergo a sanitary treatment immediately. After this, the other team members having no ARVI symptoms shall be isolated at the apartment until they get a negative PCR test result (results will be available within 5-6 hours). All these participants are forbidden to move freely and visit public places; if they fail to meet these requirements, their accreditation may be cancelled.

13.4. Coronavirus infection PCR test results will be received by a FIS response team comprising of one representative from FIS management, Organizing Committee, Russian Freestyle Federation each, as well as the Organizing Committee's healthcare coordinator and COVID manager.

13.5. If a positive PCR test is detected, the participant shall be quarantined for 14 days until recovery and negative PCR test result (one). Sunny Valley Hotel isolation room accommodation fee shall be paid by the team or the athlete.

13.6. If there are no clinical signs and the disease progression is mild, the participant with a positive PCR test shall be observed by medical staff at Sunny Valley Hotel isolation room. In the isolation room, the event participant shall be checked twice a day: overall state, thermometry, saturation, heart rate, respiratory rate, and arterial blood pressure.

13.7. If the health state of the participant with a positive PCR test deteriorates, the event's Chief Medical Officer shall send the participant to a specialized medical organization with an ambulance team while ensuring epidemiological safety measures for medical evacuation.

13.8. Upon quarantine expiration, the Organizing Committee shall assist the athlete to choose the ticket to their place of residence or next event location..

## CONTACT INFORMATION

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