



Audi FIS Ski Cross
World Cup



COVID-19 Prevention measures and recommendations for teams as part of the Audi FIS Ski World Cup 2020/21 in Arosa, Switzerland

Last update: December 7, 2020

Due to the COVID-19 pandemic, the **Audi FIS Ski World Cup in Arosa from 15th to 16th December 2020** must be held under increased security measures. According to the current regulations of the Switzerland Federal Ministry of Health (BAG) and the additional measures from the "Verein Internationale Schneesport Events Arosa" as the organizer in addition the regulations from the FIS, we hereby send the protocol of the current measurements to be taken by the teams as from 07.12.2020.

By registering for this event, each team member confirms and accepts the content of this protocol of measurements for the above-mentioned event to the fullest.

Important safety measures

- Taking personal responsibility
- Hygiene measures (regular hand washing, regular disinfection)
- Maintain a minimum distance of 1.5 meter in all areas (social distancing)
- Wearing mouth and nose protector (surgical face mask or certified buffs)
 - on the entire event site, except
 - during mealtimes
 - during the practice of sport
 - athletes in the start and warm-up area
 - in all closed rooms
 - for all transports in buses, shuttles, gondolas, chair lifts and in common areas of your accommodation

Due to the Covid-19 situation, the organization committee is obliged to limit the number of accredited people. Therefore, only team officials, according to the current FIS quota, will be granted access to the team and sports relevant areas. People outside the current FIS-quotas will not be granted access to the above-mentioned areas and will not be able to stay in the exclusively designated team accommodation.

Journey to Arosa

- In case of COVID-19 symptoms do not travel to the venue!
- Avoid stops between the departure point and the event location
- Avoid contact with other people - especially outside the team

Mandatory testing protocol for teams prior to arrival to Arosa

- Mandatory registration in the FIS C-19 database.
- The following information must be uploaded to the FIS C-19 database by 12.00 noon on the day on which accreditations are to be collected = Sunday, 13 December 2020
 - **Negative Covid-19 PCR test result** including the testing date and the national laboratory certificate for each team member officially named by the respective National Ski & Federation via the FIS.
 - The PCR test presented must be recognized by the health authorities in the country where the test has been carried out.
IMPORTANT: No negative antibody tests are accepted in Arosa!



Audi FIS Ski Cross
World Cup



- "FIS Whereabouts"
- "FIS Health Questionnaires"
- Anyone who travels to the event without all the requisite documentation will not be provided with accreditation. This means that they will not be able to gain access to the event grounds and must self-isolate before filling out the documents according to the current regulations of the cantonal authorities of Graubünden.

Please also read the new FAQ regarding pre-arrival testing for Arosa on page 4***

- How to deal with individuals that have previously been diagnosed with COVID-19
- What happens if a team has a Covid-19 positive result 72 hours before the event?

Accreditation and race office

- For the test protocols we need at least one contact person (team captain or team doctor) including contact details (name, mobile number, e-mail address) - please announce this at the FIS online entry.
- **Each team member must also bring the current health questionnaire prescribed by the FIS to the event** (see appendix 1)
- Only after these documents have been presented, checked and documented, accreditations be handed over to the team captain or one nominated person and the reserved rooms in the hotel can be occupied.
- Only the team captain or **one** representative of the team may receive the accreditations collectively.
- Employees of the accreditation/racing office wear a mouth-and-nose protection or are separated by a physical barrier/screen (aerosol protection).

Hotel

- The LOC has reserved team accommodation.
- The hotels are currently reserved only for athletes and officials according to the FIS quota for the period of the official arrival 13.12.2020 until the official departure on 17.12.2020.
- Should team members arrive early or leave later, please inform the LOC immediately at the following e-mail address: patrick.kiener@arosa.swiss (capacity is limited)
- Check-in of all team members by the team captain. Each team member is obliged to stay in the accommodation allocated by the LOC for the duration of the event.
- Wearing a mouth and nose protector in all public areas is mandatory.
- **In the buffet area a mouth and nose protector are mandatory and can be taken off at the table.**
- **Furthermore, at dinner and breakfast tables there are no more than 4 people each table. Those 4 people shall remain the same for the whole stay in Arosa. The only place you can take off your mask is when sitting at the table or in your room.**
- Maintain social distancing in all areas.
- Further hygiene measures according to the hotels policy. These precautions make sure that the bubble system works out neatly.

Drive from the accommodation to the event site

- Preferred transport in the own team vehicles.
- Avoid stops between the hotel and the venue.
- Only use the allocated and designated parking space for your team at Parkhaus Brüggli



Audi FIS Ski Cross
World Cup



Event site

- Maintain social distancing
- Remain in the assigned and marked team zones (red zone).
- The team zone (red zone) is fenced off and only accessible to designated accredited people.
- Avoid direct contact with other teams, employees, staff, or press.
- Mouth and nose protection must be worn on the event site. Exceptions:
 - During the practice of sport
 - Meal times
 - At the start and warm-up area, athletes do not need mouth-and-nose protection, but mouth-and-nose protection is mandatory for all coaches/service staff/officials.
- This number is serviced 24 hours a day from the official arrival until the official departure.
- In case of symptoms, an isolation room is reserved near the event site.

Mixed Zone & Media

- TV/radio/press must maintain social distance from athletes.
- TV/radio/press must wear masks (FFP2) during interviews.
- The number of media representatives will be severely restricted in agreement with the FIS.

Team Captains Meeting (TCM)

- **The TCM takes place physically at the Ice rink. 1 person per NSA allowed.**

Doping Control

- If a doping control will take place, athletes, doctors, team doctors and chaperones must wear a mouth and nose protector throughout the entire doping control.
- Wash and disinfect hands before and after the doping control.

COVID-19 Communication

- **If any member of the team feels unwell or has COVID-19 symptoms, contact the LOC immediately at the Single Point of Contact +41 79 557 39 99 activates the rescue chain.**
- All communication regarding COVID-19 must be coordinated with the FIS and the LOC.

Training and competition protocol

- Before each training and competition, a training and competition protocol (see appendix 2) must be handed in to the LOC by each team, in which the health status of the individual team members is documented.

Covid-19 Testing in Arosa during your stay

- Only PCR test are available in Arosa (prize CHF 160.00/person, has to be paid via team captain via Race office).
- If in need for the next destination, please contact accreditation/race office and book your slot via [Google Doc](#) until 07.12.2020
- Testing facilities are situated opposite to the "Medical Centre of Arosa", directly in the Sports- and Conference Centre Arosa.

Leaving the Arosa region between the official day of arrival and official day of departure

- If, in exceptional cases, someone should have to leave Arosa after arrival and before departure, this must be notified immediately in writing to the administration office at patrick.kiener@arosa.swiss



Audi FIS Ski Cross
World Cup



To minimize the risk of infection, the LOC recommends the following safety measurements:

- Remain in small groups.
- Avoid contact with other teams.
- Avoid contact with LOC staff.
- Avoid contact with tourists/fans.
- Interviews with journalists only with socially accepted distance and mouth and nose protection.
- Wash and disinfect your hands regularly.
- Documentation of your current health status.

We appeal to EVERYONE to take their OWN RESPONSIBILITY and comply and implement all measurements and recommendations made! Guidelines are used to implement or control compliance with the COVID-19 specifications. For your own safety and the safety of other people, you must follow the instructions of the operational staff.

We reserve the right to exclude you from the event and to take legal action in the event of non-compliance with the COVID-19 regulations.

The measurements defined were determined in accordance with the current regulations in Switzerland by the government from 28.10.2020. The organizer reserves the right to make necessary changes, which will be announced immediately.

**Thank you very much.
Your LOC Arosa**

*****FAQ regarding pre-arrival testing for Arosa, last update 07.12.2020**

LOC Arosa: How to deal with individuals that have previously been diagnosed with COVID-19

The LOC Arosa has the following general policy for return to competition in place:

- Every person who can show proof of a previous positive C-19 infection (with either a positive PCR test or a positive serological test for antibodies) between 3 months and 2 weeks prior to arrival, as well as at least 3 days symptoms-free, will be allowed to participate at the event (without another PCR test). The individual can ask for an individual review by the LOC C-19 Health Coordinator of her/his status for participation.
- The individual is kindly asked to report a positive result immediately also to the FIS Passport so follow-up actions can be implemented.
- If a previous positive C-19 infection older than 3 months is proven, the LOC requests a new negative PCR-test of the individual person.

LOC Arosa: What happens if a team has a Covid-19 positive result 72 hours before the event?

- In this specific case, the cantonal health authority will be advised through the LOC C-19 Task Force immediately.
- The cantonal health authority of GR will review the case under the given circumstances and the individual needs in first instance to follow the national rules that apply. (in most cases this is immediate isolation for a specified period of time, actually 10 days quarantine; in some cases this also includes follow up testing after a specified time).



Audi FIS Ski Cross
World Cup



Annex 1 - Health questionnaire **One-time submission before arrival**

Name: _____

Nation: _____

Area (athlete, coach, service): _____

Date: _____

- Have you had any cold symptoms in the last 14 days (cough, runny nose, sore throat, difficulty breathing, loss of taste or smell)?

Yes

No

- Have you had any of the following symptoms in the last 14 days?

- fever
- chest pain
- Headaches
- nausea / vomiting
- diarrhoea

Yes, please tick above

No

- Have you been in contact with someone with a confirmed infection with Covid-19?

Yes

No

- Have you been in quarantine in the last 14 days?

Yes

No

- Have you tested positive for COVID-19 in the last 14 days using the PCR (Polymerase Chain Reaction) test?

Yes

No

pdfelement

Signature



swisski

BKW

PistenBully

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graubünden



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Annex 2 - Health questionnaire - daily training and competition protocol Daily submission

Name: _____

Nation: _____

Area (athlete, coach, service): _____

Date: _____

- Do you have a fever of 38°C or higher?

Yes

No

- Do you have to cough more than usual, especially dry coughs?

Yes

No

- Do you experience shortness of breath?

Yes

No

- Do you have a loss of taste and/or smell, a stuffy nose, unusual body aches, unusual fatigue, unusual headaches or nausea/vomiting and diarrhea?

Yes

No

If you answer YES to any of the answers, please call the Single Point of Contact (SPOC) at +41 79 557 39 99 immediately.

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Signature



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