





# COVID-19 PREVENTION AND MITIGATION PLAN FIS SKI JUMPING CONTINENTAL CUP ZAKOPANE, POL 2021

#### **EVENT MEDICAL & COVID-19 COORDINATOR**

Stanisław Szymanik

Member of FIS Medical Committee and C-19 Support Group

mobile +48 664 463 031 (available 24/7 during competition weekend)

Competitions shall be carried out in accordance with recommendations from Polish health authorities (National Institute of Hygiene and Sanitary, Epidemiological Station), World Health Organisation and International Ski Federation.

As of 3<sup>rd</sup> February 2021 there are no restrictions for teams and officials travelling into Poland for international sport events (no PCR entering Poland, nor quarantine required) provided that entering individuals are able to prove the fact of the event being held and that they are officially entered as participating athletes/team officials, judges, accredited journalists.

After name entries are submitted by given deadlines, LOC will provide each team/official with written confirmation that might be required on entering Poland.

Shall there be any updates, we will inform everybody concerned accordingly.

#### **ENTERING POLAND**

Entering Poland via organised means of transport (plane, ship, train, regular bus line) – regular rules Everybody arriving with one of the above is subject to 10 days quarantine, unless a negative PCR results are provided on arrival (valid 48 hours from test result made available).

All arriving with one of the above are requested to inform the LOC at a.baczkowska@tzn.pl about date/time/travel modus (incl. flight number) so that relevant authorities can be informed prior to arrival.

On entering the country

- Random body temperature and general health state check-ups
- Public Health Passenger Locator Form to be filled up

Use your own transportation whenever possible, both travelling into Poland and once on site.

For interested teams LOC shall facilitate car rental from airports.

On request, airport pick-ups will be provided, as well as on-site shuttle made available. Drivers will wear face protection at all times. Vehicles shall be sanitised regularly.







Please be aware of various restrictions in countries on your way to Poland For most recent updates please visit https://reopen.europa.eu/en/map/POL/5001

In case of doubt (symptoms, contact, ambiguous C-19 testing results) person in question will be subject to antigen test on site before accreditation is issued.

Decision will be made by Event C-19 Coordinator MD Stanisław Szymanik (24/7 coordination with local COVID Centre), who will coordinate the process in person. The test will be provided at the person in question's cost.

In case a test is ordered, the person in question will be required to sign a relevant consent for the LOC to collect his/her test result from relevant laboratory/hospital.

#### **PCR TEST ON DEPARTURE**

Shall there be any teams who require PCR test on departure from Poland, please inform LOC by 10<sup>th</sup> March 2021 (a.baczkowska@tzn.pl) so these can be arranged in time. Afterwards, the LOC does not guarantee availability of tests on site.

For order and consent, please use the attached form.

RT\_PCR test price – 100 Euro pp.

Antigen test with certificate – 30 Euro pp.

### **POLAND'S GENERAL SITUATION**

# face masks/nose & mouth covering are required and mandatory in all public areas both indoor (shops, public transportation, offices, etc.) and outdoor public areas (excluding parks, woods, travelling in private cars), as well as all hotel public areas (corridors, lifts, restaurant until seated) # hand sanitation

# social distancing 1,5-2 metres

#### OTHER INFORMATION

- # shops and shopping malls open
- # limit of people inside stores/shops based on the available space
- # hotels closed
- # restaurants, bars closed, only take-away available
- # public gathering up to 5 pax. only
- # organisation of sport events allowed with max. 250 participants (excluded LOC staff)
- # sport activities for clubs, federation, event organisers allowed
- # mandatory nose and mouth covering; hands sanitation







# some actions might not comply with relevant national laws and/or COVID-19 restrictions and as such can subject to monetary fines or criminal prosecution

### **NSA/LOC** key officials / VOLUNTEERS

# all NSA/LOC staff working in contact with teams will have been pre-tested on site # adjusted number of staff/volunteers according to requirements

#### **ACCREDITATION**

# LOC of Zakopane will require all accreditation holders to fill in and sign relevant COVID-19 related declaration

# accreditations should be picked up by team's/group's representative

#### **HOTEL**

- # all teams and FIS representatives will be accommodated at the COS SPORT HOTEL
- # since the hotels are still closed in Poland, the hotel will only be available to event participants
- # access to hotel with valid accreditation only
- # face masks/nose & mouth covering in all hotel public areas (corridors, lifts, restaurant until seated)
- # hand sanitation
- # social distancing 1,5-2 metres
- # isolation rooms available in the hotel
- # recommended use of staircases rather than lifts

#### **TCM**

- # TCM presentation, start lists available electronically
- # only 1 team representative per TCM on site
- # online streaming will be provided to others team officials
- # social distancing
- # FFP 2 face masks required

#### **VENUE GENERAL**

- # changing rooms, service containers, office space, start warm-up room, judges tower, etc. sanitised daily
- # limited access to athletes' compound
- # catering buffet available; no sitting/eating lounge for teams/athletes available
- # face masks/nose & mouth covering required, excluding warm-up
- # single use surgical masks provided by LOC available at lift, start and exit gate







- # lift access 1 person at a time, with face masks only
- # hand sanitation liquids available at various places at the venue
- # if re-used starting bibs will be sanitised before re-use
- # prize-giving ceremony held according to FIS C-19 guidelines

#### **WARM-UP ROOM AT START**

- # please limit the number of athletes in the warm-up room at start
- # only bottled drinks, no open snacks
- # face masks required

#### **EQUIPMENT CONTROL AT START**

# athletes with face masks on

#### **COACHES' PLATFORM**

- # face masks/nose & mouth covering required
- # social distancing
- # please limit the number of coaches on coaches' stand

### **EXIT GATE**

- # social distancing
- # please limit the number of team officials in the cool-down area
- # put your face mask on

### **EQUIPMENT CONTROL AT EXIT GATE**

- # face masks/nose & mouth covering required
- # LOC helpers at social distance from athletes

#### **MIXED ZONE**

- # TV/Radio/Press at social distance
- # face masks/nose & mouth covering required
- # double fencing between athletes and media







### **COVID-19 AUTHORISATION FORM**

## **FILL IN CAPITAL LETTERS!!!!**

NAME, SURNA	AME (AS IN PASSPORT)	
NATION		
DATE OF BIRT	TH	
PLACE OF BIR	RTH	
MOBILE PHON	IE NUMBER	
E-MAIL ADDRI	ESS	
PASSPORT/ID	NUMBER	
RT_PCR	(100 Euro)	
ANTIGEN	(30 Euro)	
time and location	on to be confirmed on site	
(Tatrzański Zwi	iązek Narciarski, ul. Br. Czec	Local Organising Committee of Zakopane ha 1, 34-500 Zakopane) to access result of mying Continental Cup weekend 12-14 March
Date		
Legible signatu	re	