

**COVID-19 Prevention measures and recommendations for teams
as part of the Viessmann FIS world cup nordic combination ladies and gentlemen
and ladies skijumping on december, 17.-20.2020 in Ramsau
Status per 04.12.2020**

Due to the COVID-19 pandemic, the **Viessmann FIS world cup nordic combination and skijumping** must be held under tight security measures. Based on the current regulations published by the Austrian Federal Ministry of Health and further measures taken by FIS and the Austria Ski Nordic Veranstaltungs GmbH, as the organiser of the event, we would like to present the following catalogue of measures to all teams published on 3 December 2020. We kindly ask you to forward this information to all team members (athletes, coaches, staff, NSA officials etc.) registering for the event via the FIS platform. By registering for this event, each team member fully confirms and accept the content of this catalogue of measures for the above-mentioned event.

Important information:

- Take responsibility
- Follow hygiene measures (regularly wash your hands and disinfect)
- Maintain at least 1 metre distance from others wherever you go
- Wear a face mask
 - within the entire event venue; exceptions:
 - when drinking or eating
 - athletes during sport
 - athletes in the start and warm up area during race preparation
 - in closed rooms
 - when using any type of transport such as buses, shuttles, gondolas and chair lifts
 - in the common spaces of accommodation

As the organiser of the event, we are obliged to limit the number of accredited people due to the COVID-19 situation. Therefore, only team officials are granted access to team and sports relevant areas, in line with the respective FIS quotas. People outside the applicable FIS quota are not allowed to enter the above-mentioned areas and do not have the possibility to stay at accommodation exclusively booked for teams!

Journey to Ramsau

- In case of COVID-19 symptoms do not travel to the venue.
- Avoid stops between the departure point and the event location.
- Avoid contact with other people - especially outside the team.

Accreditation/Race Office

- Every team member officially named by the respective national ski association via the FIS online system is obliged to present a **negative PCR test not older than 72 hours**. The PCR test presented needs to be recognised by the health authority of the respective country! **The corresponding test protocol needs to be uploaded to the FIS Passport platform at least 12 hours prior to arrival.**

Together with the test protocols, you need to name at least one contact person (team captain or team doctor) including contact details (name, mobile phone number, email address) - please provide this information via the FIS Online Entry System.

- **If individual team members are present at the event for 6 days or longer, an additional test - PCR or antigen rapid test - is necessary in line with the 72h regulation.** Example: If the PCR test was taken 48h prior to arrival, the respective person needs to be tested again on day 4 of the event.
- **Furthermore, the medical confirmation below (according to Appendix 1), which is required by the authorities in Austria, must be completed and signed by each team at the accreditation.**
- Only after presentation, examination and documentation of these documents will the accreditations be handed over to the team captain or a person appointed in advance and will the team members receive the keys to their rooms.
- Only the team captain or **one** representative of the team is allowed to collect all accreditations for the entire team.
- Members of the accreditation/race office either wear a face mask or they are structurally separated (spitting protection).

Hotel

- The LOC has reserved appropriate team accommodation, office@ramsasport.com, Mag. Andrea Hammerer
- In the event of team members arriving early or departing later, please inform the LOC immediately by sending an email to office@ramsasport.com, Mag. Andrea Hammerer
- Every team member is obliged to stay at the accommodation assigned to them by the LOC for the entire duration of the event.
- Wear a face mask in all public areas.
- A face mask is always mandatory in the buffet area but it can be taken off at the table.
- Further hygiene measures may be displayed at the hotel.
- Check-in for all team members via team captain.
- Maintain minimum distance of 1 metre in all areas.

Drive from the accommodation to the event site

- Preferred transport in the own teams' vehicles.
- Avoid stops between the hotel and the venue.
- Only use the allocated and designated parking space for your team (red parking space).

Event site

- Maintain social distancing
- Remain in the assigned and marked team zones (red zone).
- The team zone (red zone) is cordoned off and only accessible to designated accredited people.
- Avoid direct contact with other teams.
- Avoid direct contact with employees/press.

- Mouth and nose protection must be worn on the event site. Exceptions:
 - During the practice of sport.
 - Meal times
 - In the team hospitality area, the mouth and nose protector may only be removed when seated.
 - At the start and warm-up area, athletes do not need mouth-and-nose protection, but mouth-and-nose protection is mandatory for all coaches/coaches/officials present.
- Team members will eat in their hotels. A team hospitality area is available for service members who do not have the opportunity to drive to the hotel.
- In the team hospitality area, please sit exclusively with your teammates (avoid contact with other teams).
- If any member of the team feels unwell or has COVID-19 symptoms, contact the LOC immediately at the Single Point of Contact **+43 664 750 73 590**. The number is available 24 hours a day from the official arrival until the official departure.
- In case of symptoms, an isolation room is reserved near the event site.

Mixed Zone/Media

- TV/radio/press must maintain social distance from athletes.
- TV/radio/press must wear masks during interviews.
- The number of media representatives will be severely restricted in agreement with the FIS.

Team Captains Meeting (TCM)

- The TCM procedure is communicated via the FIS.

Doping Control

- Athletes, doctors, team doctors and chaperones must wear a mouth and nose protector throughout the entire doping control.
- Wash and disinfect hands after the doping control.

COVID-19 Communication

- In case of symptoms immediately inform the LOC at the Single Point of Contact **+43 664 750 73 590**. LOC activates the COVID-19 rescue chain
- All communication regarding COVID-19 must be coordinated with the FIS and the LOC.

Leisure activities during your stay in the Semmering region

- During all leisure activities, please respect COVID-19 measures such as maintaining physical distance, wearing a face mask, hygiene and avoiding contact.
- Restrict your leisure activities to necessary purchases and tasks that cannot be postponed.
- Spend your free time only with members of your team or your small group.

Daily health check

- Prior to every training session and competition, every team member must fill in the daily health check and provide it to the LOC. **Therefore, please scan the QR code of your accreditation every morning and fill in the respective questionnaire online. This is mandatory for all team members!**

Leaving the Ramsau region between the official date of arrival and the official date of departure

- In the exceptional case of anyone needing to leave the Semmering region after arrival and before departure, this must be communicated in writing to the administration office (office@ramsausport.at).

In order to minimise the risk of infection, the LOC makes the following recommendations:

- Form small groups
- Avoid contact with other teams
- Avoid contact with staff members of the LOC
- Avoid contact with tourists/fans
- Wear a face mask and maintain the minimum distance to journalists during interviews
- Regularly wash your hands and disinfect
- Document your physical condition

We ask EVERYONE, to TAKE RESPONSIBILITY and comply with all the measures and recommendations listed above! There will be stewards in place to check and enforce the COVID-19 guidelines. Please follow the instructions of the staff for your own safety and the safety of others.

In case of violation or non-compliance with the COVID-19 guidelines, we reserve the right to exclude you from the event and take legal action.

The measures were determined in accordance with the current regulation, last updated on 4 December 2020. The organiser reserves the right to make necessary changes, which will be announced immediately.

The privacy policy of the organiser applies (only available in German) – available at <https://www.oesv.at/datenschutz>.

Annex 1 – Medical confirmation - one time fee on arrival at the accreditation

Nation: _____

Date: _____

- Has anyone from the team had any cold symptoms in the last 14 days (cough, runny nose, sore throat, difficulty breathing, loss of taste or smell)?

Yes

No

- Has anyone from the team had any of the following symptoms in the last 14 days?

-fever

-chest pain

- Headaches

-nausea / vomiting

-diarrhoea

Yes, please tick above

No

- Has anyone from the team been in contact with someone with a confirmed infection with Covid-19?

Yes

No

- Has anyone from the team been in quarantine in the last 14 days?

Yes

No

- Has anyone from the team tested positive for COVID-19 in the last 14 days using the PCR (Polymerase Chain Reaction) test?

Yes

No

Signature: _____