

# NOTICE

ITALIAN RULES REGARDING THE DURATION OF THE ISOLATION AND OF THE QUARANTINE DUE TO COVID-19.

Introduction

ISOLATION (of the patients that are proved to be infected by Covid-19): with this term we indicate the separation of the infected people from the rest of the community, for all the duration of the contagiousness, in a space and in such conditions that aim at preventing the spread of the infection

QUARANTINE: this term indicates the restriction of movement of healthy people, for the duration of the incubation period, that had close contact with a positive person.

Close contact means:

- A person that lives in the same house of a patient confirmed positive to Covid-19
- A person that had a direct physical contact with a patient confirmed positive to Covid-19 (for example: handshake)
- A person that had a direct and not protected contact with the secretions of a patient confirmed positive to Covid-19 (for example: touching with bare hands a used tissue)
- A person that had a direct contact (face to face) with a patient confirmed positive to Covid-19, at a distance of less than 2 metres, and for more than 15 minutes
- A person that stayed in a closed space (for example: meeting room, classroom, waiting room) together with a patient confirmed positive to Covid-19, without any adequate personal safety devices
- A person that gives direct assistance to a patient confirmed positive to Covid-19 without using the recommended personal safety devices, or using personal safety devices that are not adequate
- A person that travelled on train, plain or any other means of transport seated within a space of 2 seats in each direction in relation to a patient confirmed positive to Covid-19; close contacts are also the travelling companions and the personnel that worked in the section of train/plain where the positive case was seated

(Regulatory reference: circular of the Ministry of Health 12.10.2020, ordinance of the Autonomous Province of Trento nr. 57 24.11.2020).

Treatment of positive cases (isolation) and close contacts (quarantine)

### Asymptomatic positive cases

Asymptomatic persons confirmed positive to Covid-19 can go back to community after an isolation of at least 10 days since the appearance of the positivity, and after they get a negative PCR test at the end of these 10 days (10 days + negative PCR).

If the PCR test results positive, the procedure is repeated (further 10 days of isolation and at the end another PCR test). If the PCR results positive again, the case will be treated like a long term positive case (see specific point)

### Symptomatic positive cases

Symptomatic persons confirmed positive to Covid-19 can go back to community after an isolation of at least 10 days since the appearance of the symptoms (not considering anosmia and ageusia/dysgeusia that can have extended persistence), and after they get a negative PCR test; the test must be done after at least 3 days without symptoms (10 days, of which 3 without symptoms + negative PCR).

If the PCR test results positive, the procedure is repeated (further 10 days of isolation and at the end another PCR test). If the PCR results positive again, the case will be treated like a long term positive case (see specific point)

### Long term positive cases

All people that have no more symptoms but keep on resulting positive to the PCR test, can interrupt the isolation after 21 days since the appearance of the symptoms, but only if they do not show any symptoms since at least one week (not considering anosmia and ageusia/dysgeusia that can have extended persistence for long time after the healing).

Important notice: all persons that are confirmed positive to Covid-19 by an antigen test will be signaled, according to the current rules, to the Provincial Health Authority.

### Asymptomatic close contacts (quarantine)

Close contacts must observe:

- A quarantine of 14 days since the last contact with the positive case; or
- A quarantine of 10 days since the last contact with the positive case, after getting a negative result of an antigenic or PCR test made on the tenth day;

(Regulatory reference: circular of the Ministry of Health 12.10.2020)

Please notice: the identification of the close contacts, in case of a positive result to the antigen test, must be done by the Covid-19 responsible of the team, who will also have to communicate the names of these close contacts to the Doctor of the LOC responsible for Covid-19. The communication to the doctor must include all the necessary data of the close contacts, that are: name, surname, date and place of birth, phone number, e-mail address and address of the hotel/apartment where the person will stay in quarantine; also the data of the positive patient must be included.

This procedure is necessary in order to inform correctly, according to the rules, the Provincial Health Authority.

Alternatively, the Covid-19 responsible of the team can inform directly the Local Authority sending an e-mail to [cslcovid@apss.tn.it](mailto:cslcovid@apss.tn.it)

(Regulatory reference: ordinance of the Autonomous Province of Trento nr. 57 24.11.2020).