



BUCK HILL

G★TEAM
SNOWBOARD & FREESKI

2021 Race to The Cup Tour
Buck Hill Resort, Minnesota
February 25-28th



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Introductions

Dear Alpine Snowboard athletes, coaches, clubs and families,

On behalf of the organizing committee, we are pleased to invite you to register for the 2021 RACE TO THE CUP at Buck Hill Resort FIS PSL Competitions.

RACE TO THE CUP is a U.S. Ski & Snowboard FIS event that follows FIS rules and formats.

In the 2020- 21 season RACE TO THE CUP events will be sanctioned as FIS International races.

There will be prize money awarded to podium winners.



Organizing Committee Contact Information

The G Team - Snowboard and Freeski

PO Box 926, Prior Lake MN 55372

Jessica Zalusky, Chief of Race/Event Director – Jessica@thegteam.com

Therese Gesteland, Covid Coordinator – covidcoordinator@thegteam.com

Jacob Sterling, Coach Representative – jacob@thegteam.com

Ashley Deibold, Sport Development Manager – ashley.deibold@usskiandsnowboard.org

Dan Chayes– Technical Delegate



Registration

Registration: Available only online through the U.S. Ski & Snowboard Membership Page <https://my.usскиandsnowboard.org/myussa>

- Cost of Registration – **\$130 per event** – Race Day Lift Tickets are included in entry fee
- Bibs will be included in the registration fee and athletes will use the same bib for the entirety of the season. At the end of the season, the bib is then yours to keep.
 - If you lose your bib, there will be a **\$50 replacement fee.**
- Lift Tickets - **Training day lift tickets** are available at the www.buckhill.com.
 - U.S. Ski & Snowboard Certified or foreign equivalent coaches will receive complimentary lift tickets
- Waiver - All participants must complete this electronic waiver by February 24.
 - <https://bit.ly/2ZbMwWV>
- Per ICR rule 215.3 Only National Ski Associations are entitled to make entries for international competitions. Every entry should include: 215.3.1 code number, name, first name, year of birth, National Ski Association; 215.3.2 an exact definition of the event for which the entry is made. Please send entry forms to Kelsey Berquam (kelsey@thegteam.com)

Refunds: will not be given except in a medical emergency with a letter from the physician, or if you are unable to come due to a positive Covid test which would disqualify you from the event.



Registration Requirements

- **All credentialed athletes, coaches, service technicians, and officials must register** for each competition online at <https://my.us Skiandsnowboard.org/> There is no cost for coaches, judges, official etc. In addition, all [Enhanced Covid Protocols for High Level Competitions](#) will be in place. All participants (athletes, coaches, service technicians, officials and volunteers) must complete this [COVID-19 Screening Form](#) both 24-48 hours prior to the first day of training or volunteering, and on the morning of each event day.
- Competitors are required to have current US Ski & Snowboard and FIS membership in order to register for a competition. **You will not be able to register online if you do not already have an active membership for both US Ski & Snowboard and FIS . The minimum age for entry into the contest is 15 (year of birth 2005).** All adult members (18 and over) must clear a background screen and pass Safe Sport education protocols prior to registering for the event.
- Please find instructions for how to register for the event using this link: t.ly/mqjd
- **For Foreign athletes,** please find registration instructions using this link: <https://bit.ly/3jkriPK>



COVID Protocol - Testing

Travel

No participant should travel if they believe they have had close contact* to COVID-19 or exhibited symptoms within 14 days of travel date.

PCR or FDA EUA approved Antigen Negative Test

Each credentialed athlete, coach, service technician, official, course worker, and any volunteer who may have close contact with other individuals at the competition must present a negative **COVID-19 test result from a test sample collected within 72 hours of the Team Captain Meeting at 7:00 PM on Wednesday, February 25th.**

All participants must provide proof of a negative COVID-19 PCR or FDA EUA test result **from a test sample collected** no earlier than February 22nd, 2021 to be able to compete at the event or attend training starting February 25th, 2021. The earliest a sample can be provided is February 22, 2021.

Anyone who has had a positive PCR Covid-19 test between November 27, 2020 and February 10, 2021 will not be required to test, but will be required to submit a copy of their positive test to the COVID-19 coordinator.

Anyone who has been vaccinated must still test.

***Close contact:** any individual who was within six (6) feet of an infected person for at least 15 minutes (accumulated over any 24 hour period) starting from two (2) days before illness onset (or, for asymptomatic patients, two (2) days prior to positive specimen collection) until the time the patient is isolated.



COVID Protocol - Submitting Test Results

Athletes, coaches, service technicians and officials must submit test results (copy of the result, not an email) in this google form: <https://forms.gle/RDvovJwy9kJaD13R8>

These test results must be submitted between February 23rd and 25th, 2021. Please fill out all sections of the form. Test result must be received by training on February 25th in order to train, and by the Team Captain Meeting on 7:00 PM February 25th in order to compete.

The negative COVID-19 test result will be submitted to the COVID-19 Coordinator. The negative COVID-19 test result should include the following information:

- Email address / Patient Name
- U.S. Ski & Snowboard Membership Number
- Date of sample collection - must be within 72 hours of the Riders Meeting before your first competition. No earlier than February 25, 2021
- Method of collection (saliva, nasal) and analysis (PCR, antigen)

If a negative COVID-19 test is not submitted to the COVID-19 Coordinator the individual will be denied a credential/access to the venue.



COVID Protocol - Daily Symptom Checks

Starting the morning of February 25th (first day of training) all participants are required to submit a COVID-19 Screening Form daily prior to their arrival at Buck Hill and no later than 9am C.T.:

<https://forms.gle/Dsni45Q3MHsWngiz9>

- No participant is allowed in the competition venue if they are exhibiting COVID-19 symptoms.
- No participant is allowed in the competition venue if they have an incomplete symptom check questionnaires.

If a participant has tested positive or exhibited symptoms (either beginning, middle or end of symptoms) between February 11 - February 25, 2021 they cannot compete.



COVID Protocol - Testing and Symptom Checks

Indirect Exposure

If a participant believes they have had secondary close contact* to COVID-19 between February 11—February 25 (i.e. have been around someone who believes they have been exposed to COVID-19) please notify **covidcoordinator@thegteam.com**. This will be handled on a case by case basis. The participant can still attend the event, however, if the individual you know does prove a positive result, this will result in a 14 day isolation period.

Positive case protocol in Dakota County

If a participant tests positive while in Dakota County, the Dakota County Department of Public Health will be notified and a 10 day isolation order imposed. The current State of Minnesota quarantine for an individual with a positive test is 10 days from the onset of symptoms or the positive test date, if the individual is asymptomatic.

COVID-19 Resources

- Enhanced Covid-19 Protocols For High Level Competition: t.ly/BdWZ
- Testing in Dakota County: <https://mn.gov/covid19/get-tested/testing-locations/index.jsp>
- U.S. Ski & Snowboard Testing Resources: t.ly/kxtJ



COVID Protocol - General Policies

- All participants must wear face masks that cover their nose and mouth at all times. When athletes are on course they may drop their mask.
- All participants must maintain 6 ft distance between household groups (teams).
- No mingling or gathering allowed unless within your team.
- Please respect and follow the request of anyone who reminds you to cover both your nose and mouth when not on course.
- There will be limited (if any) access inside. The chalet is open but limited in occupancy and time inside. Please be prepared to be outside the whole day.



Schedule

Daily Schedules and updates will be available on the U.S. Ski & Snowboard webpage and on the Race to the Cup Team App.



Helpful Links:

- <https://usskiandsnowboard.org>
- <https://racetothecup.teamapp.com>

Tentative Schedule. All times subject to change.

Thursday, February 25

11:00am-2:00pm - PRACTICE – Buck Hill

7:00pm – Team Captain meeting via Google Meets

Friday, February 26 - PSL

9:30am – Qualifiers

11:30am – Finals

5:00 – Team Captain meeting via Google Meets

Saturday, February 27 – PSL

9:30am – Qualifiers

11:30am – Finals

5:00 – Team Captain meeting via Google Meets

Sunday, February 28 – PSL

9:30am – Qualifiers

11:30am – Finals



Competition Protocol

Race Day Information

The program, medical plan, points list, start lists, DQ's, brackets will be posted on the Team App.

Team Captain Meetings Google Meets - <https://meet.google.com/vqf-kqgw-soz>

Start area protocol

In the start you have three functions.

- Inspection
- Training
- competition

In all phases of the event athletes/coaches will use a 3 step process of “at bat”, “on deck”, “in the hole”.

Finish Area protocol

Athletes must exit the finish area immediately after training or competition.

Bags will be dropped in a designated area. A map will be provided to best understand this area.

No spectators

No gathering/mingling/congregation allowed anywhere at any time. This includes anywhere around the finish or along the course. Spectators will be asked to leave.

Our number one goal is to keep all participants safe and the event moving forward. Please respect and follow the rules of anyone who requests you to relocate to prevent gathering.

Awards

There will be no awards ceremony in order to prevent congregating after the event. Prize money and medals can be collected on-site, from an event management member, at the conclusion of each race day.



Bib Pick Up

Bibs will be distributed to Team Representatives / Coaches.

Where: **Race Office in the Main Chalet at Buck Hill**

When: **February 25, 12-1 pm**

If the Team has a planned time slot, within the designated distribution time, that they will be in the area to collect, please send your time request to Kelsey at kelsey@thegteam.com



Lodging and Travel Information

HOST HOTEL INFO - DISCOUNTED ROOMS!

We have a block of rooms available through Feb 19. Our Host Hotel will also offer a complimentary shuttle to/from the airport, Buck Hill, Mall of America and the surrounding area. Complimentary breakfast too!

Hilton Garden Inn – Minneapolis/Eagan

1975 Rahncliff Ct | Eagan, MN 55122

Phone: 651-686-4605

Reservations:

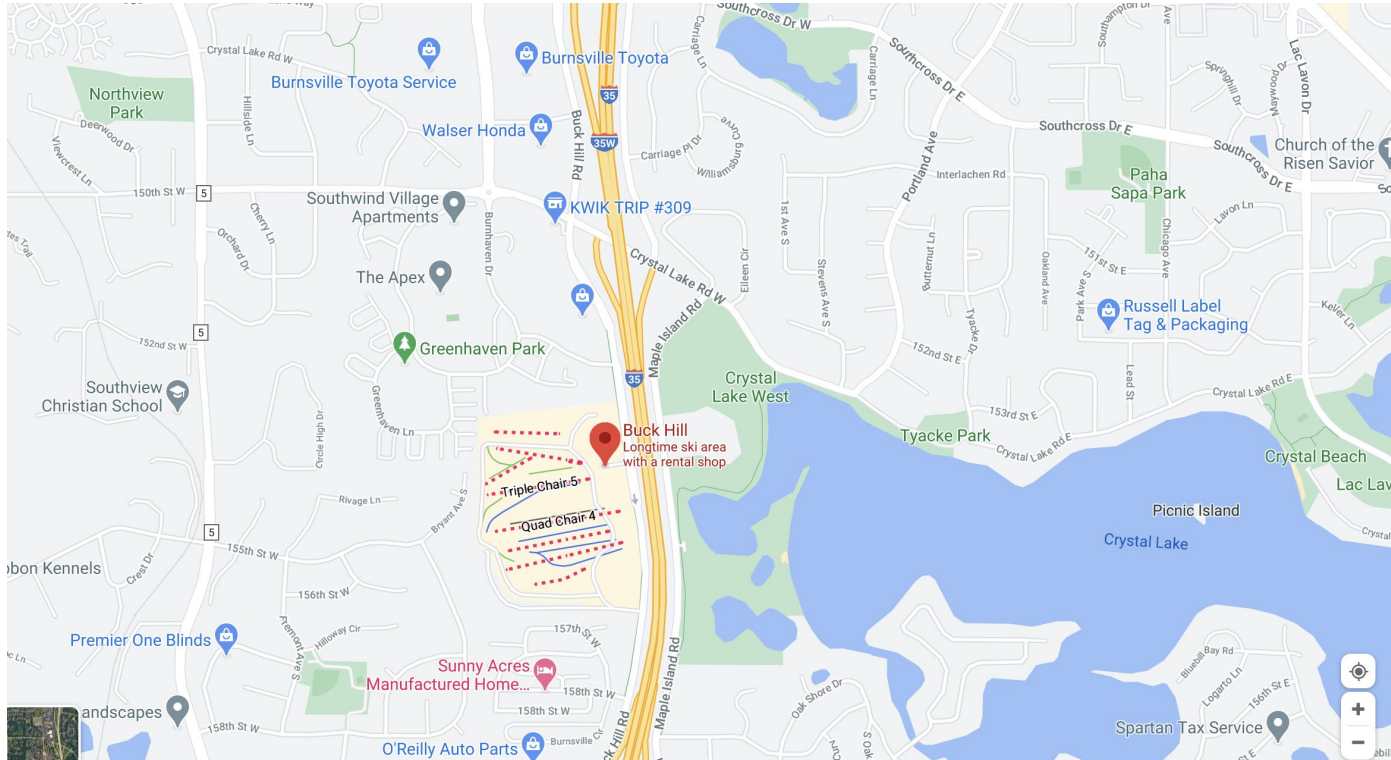
Individuals can make reservations online using the link below:

[Click To Make Reservations At Hilton Garden Inn](#)

Special needs or requests may be made by contacting the hotel directly and asking for the “Race to the Cup 2021” block rate when making reservations.



Location



Team App Set Up

Team App will be used for all communication purposes, before and during the event. If you have not used Team App before, please follow the steps below to download the app, and ensure that you will receive notifications.

If you have used Team App before, you may skip to Part 1, Step 8 to join the Team App for the Race to the Cup.

There are 2 parts to these instructions:

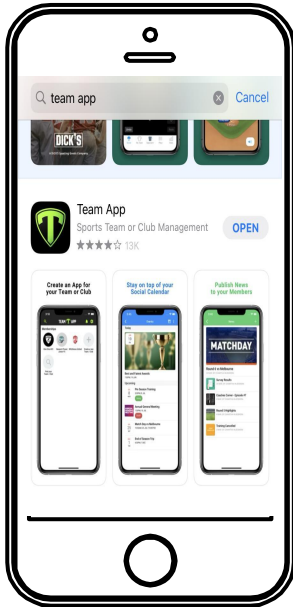
1. To Install Team App (steps 1-12)
2. To Turn Notifications On (steps 13-15)



Team App Set Up Instructions

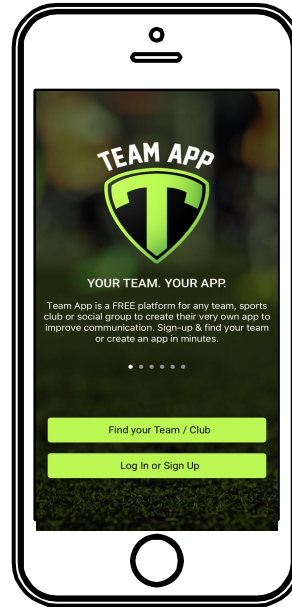
STEP 1:

Please download the free app by searching on the App Store or Play Store on Android for **“Team App”**.



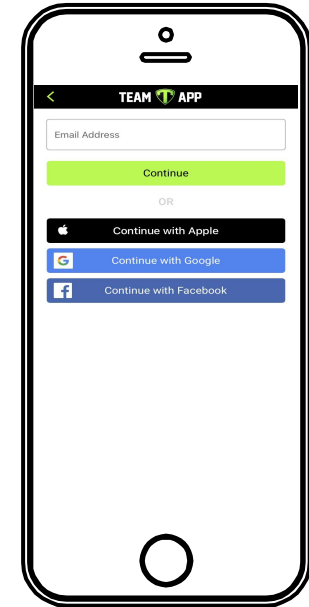
STEP 2:

Select “Log in or Sign Up”



STEP 3:

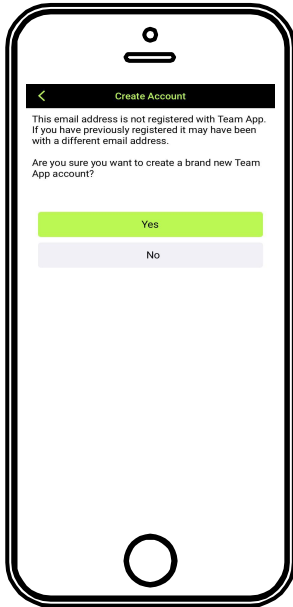
1. Enter your email address
2. Select “continue”



Team App Set Up Instructions

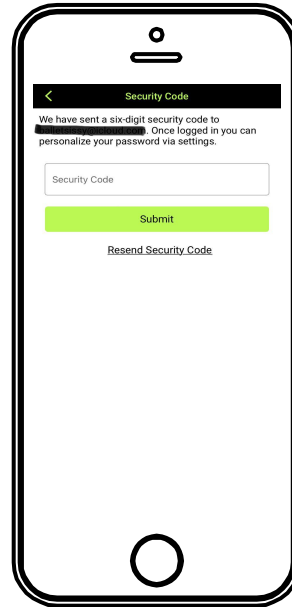
STEP 4:

Click “Yes”



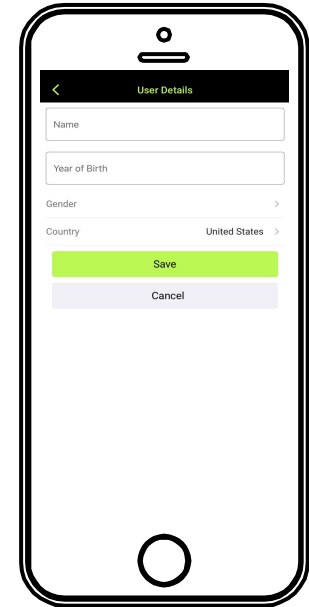
STEP 5:

1. Check your email (the one you entered in Step 3), and enter the security code here
2. Click “Submit”



STEP 6:

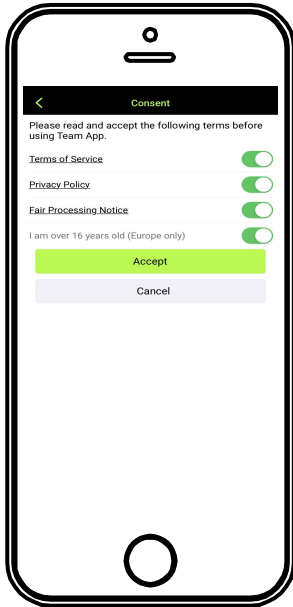
1. Enter user details - Name, Year of Birth, Gender, Country
2. Click “Save”



Team App Set Up Instructions

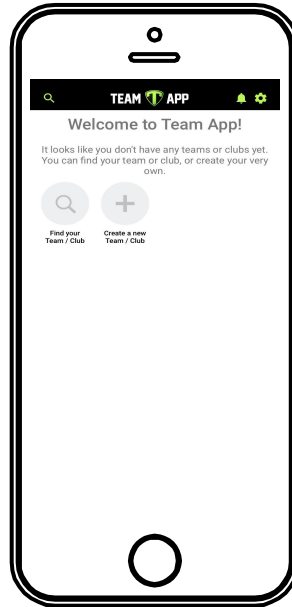
STEP 7:

1. Read and accept the Terms of Service by selecting all 4 boxes on the right side.
2. Click "Accept"



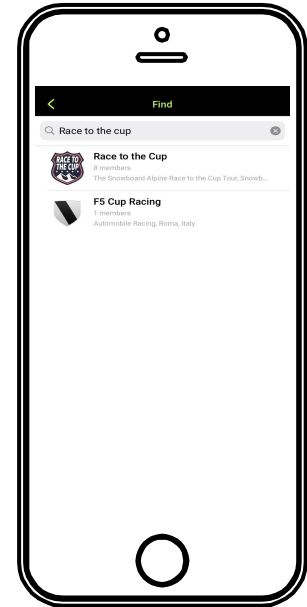
STEP 8:

Click "Find Your Team/Club"



STEP 9:

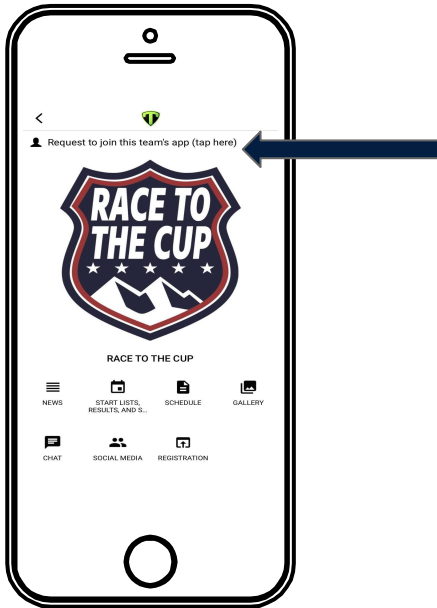
Enter "Race to the Cup" in the search bar and click on the page.



Team App Set Up Instructions

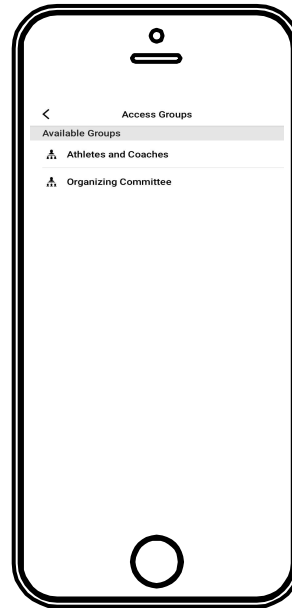
STEP 10:

Click “Request to join this team’s app (tap here)”



STEP 11:

Click the “Athletes/Coaches” group.

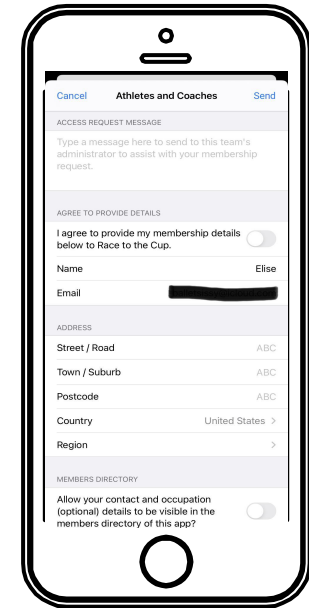


STEP 12:

Enter your information:

1. Access Request Message: Enter your Nation/status (athlete, parent, coach)

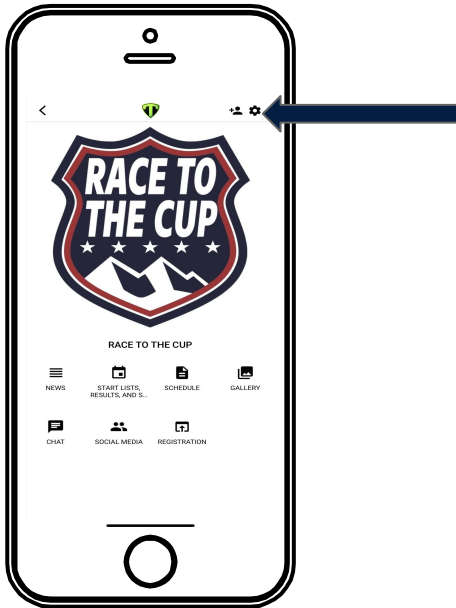
2. Check the box to agree to provide details 3. Enter your name



Team App Set Up Instructions

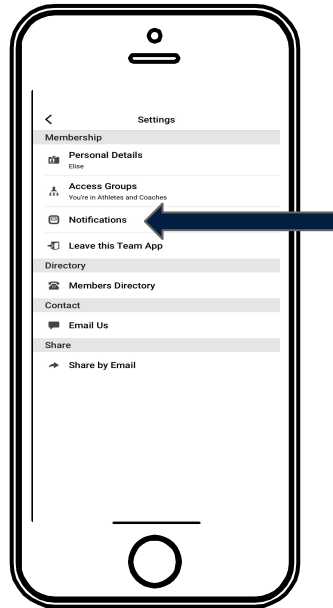
STEP 13:

Click the settings button



STEP 14:

Click "Notifications"



STEP 15:

Click on the box on the right to make sure notifications are enabled.

