



COVID-19 HEALTH AND SAFETY PROTOCOLS

FIS RACES & OTHER INTERNATIONAL RACES

GUIDELINES AND PROTOCOLS ESTABLISHED BY
FFS – applicable from 1st january 2021

HEALTH & SAFETY PROTOCOLS

The following protocols were established by the **French Ski Federation**, working closely with the national (**Health Ministry, Sport Ministry, and ARS - the Regional Health Agency**).

The protocol guidelines are as follows:

- ❖ Redaction, by the Organizing Committee, of a list with contact details – postal mail and phone number of the racers, staff members and officials.
- ❖ Limit as much physical contact and interaction as possible by establishing sanitary bubbles.
- ❖ Adhere to physical distancing protocols and protective measures everywhere.
- ❖ Wearing a mask is required at all times, in every area both indoors and outside.
- ❖ A policy of tests :
 - nasal RT-PCR tests for race bubble, performed no later than 72 h prior to the declared arrival on site by the team captain or racers. Possibility to add 24h to this duration if the test has to be done on a Sunday or public holiday. Results have to be sent by mail to the organizers, with pmartin@ffs.fr in copy for men races and jmagnellet@orange.fr for women races, if possible 24 h before the first race.
 - provision of antigen tests in any case of doubts or symptoms.
 - antigen tests encouraged for organizers bubble
- ❖ Obligation, for all the race bubble, to send the « Contact sheet » (annex n°1) and the FIS questionnaire (annex n°2) to the organizers, the day before the arrival, on the mail address given by the organizers.

The French Ski Federation recommends that all people working at the event download the **TOUSANTICOVID** mobile app and get a flu vaccination shot.

SANITARIETY BUBBLES

ORGANIZERS

RACE

MEDIA



Limited interaction with the RACE bubble
FFP2 masks required

Regulated and supervised interaction with the other bubbles
FFP2 masks required

Supervised interaction with the RACE bubble
FFP2 masks required

HEALTH & SAFETY PROTOCOLS by zone

Accommodations & Meals :



**FACE MASK
REQUIRED**

- ❖ Establishment of a Recalls Book for the contact tracing
- ❖ If possible, a separate and specific entrance for the team.
- ❖ Teams housed on the same floor, access to the hotel's amenities using the stairs (to avoid the elevators), try to keep the teams separate from the hotel's other guests.
- ❖ Maintain appropriate distancing between twin beds.
- ❖ An additional cleaning / disinfection schedule before their arrival.
- ❖ Do not clean rooms when team members are present (avoid all contact with housekeeping personnel).
- ❖ Make isolation rooms available if needed.
- ❖ Rules for using shared facilities (gym, meeting rooms).
- ❖ Make sure that there is the required space between the team's dining room / dining areas from the other hotel guests.
- ❖ Prepare the dining room / dining areas before the teams arrive.
- ❖ Avoid buffet-style meals.
- ❖ Use a table service or self service system with meals already on plates.
- ❖ Enough water/beverages already at each table.

HEALTH & SAFETY PROTOCOLS

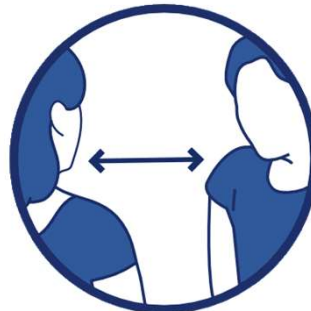
Goals and basic principles:

Protect the health of participating athletes and everyone involved in the event, as well as ensure that all races go as planned



PROTECTION

Wearing a mask is required
Use hand sanitizer frequently



DISTANCING

Always maintain proper physical distancing



SAFETY & HYGIENE

Do not interact with the general public
(autographs and selfies are strictly forbidden)



TESTING

Follow Covid-19 testing protocols
Presented above and in conjunction with the French Health Ministry



CONFINEMENT

Stay within one's sanitary bubble and avoid all unplanned or unsafe outside contact



TRANSPARENCY

Alert the doctors and organizing committee of any symptoms
Identify any contacts at risk



VENTILATION

Ventilate any and all enclosed spaces

HEALTH & SAFETY PROTOCOLS by zone



FACE MASK
REQUIRED

Race office & Team captain meeting :

On site, only the following people : Jury members, FIS staff + 1 Race Office representative, 1 Covid Doctor designated by the organizers + 1 representative per nation

❖ Program available online on the whats app of the races after the TCM.

HEALTH & SAFETY PROTOCOLS by zone

Lift Acces :



**FACE MASK
REQUIRED**

- ❖ Wearing a mask is required when riding the lifts.
- ❖ Frequently disinfect lifts and all other means of transportation.