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FIS Roller Ski World CUP Madona – LATVIA

COVID-19 PROTOCOL / Hygiene Concept Guideline

FIS PASSPORT REGISTRATION PROCEDURE

All stakeholders travelling to the Roller Ski events should register. This includes, but is not limited to, athletes, coaches, servicemen, media, NSA representatives and more. The Covid- 19 FIS Passport is a database and test management portal for registered individuals and provides information to Local Organizing Committees to help streamline the accreditation process for individuals participating or attending summer FIS events. Go to <https://fispasport.fis-ski.com/fis/> Enter FIS Passport Access Code: FIS2022 (the password is case sensitive!)

= answer the health questionnaire and upload all your Covid-19 test results!

COVID-19 CONTACT PERSON

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The FIS Roller Ski World Cup Madona Task Force consists of:

FIS representative: Martins Niklass,

Race Director: Gunars Ikaunieks,

LOC administration: Janis IRBE

LOC Covid-19 manager: Daiga Silinska

LOC Health - medical coordinator: Maris Gailums

TRAVELLING TO LATVIA:

1. PLEASE, CHECK YOUR AIRLINE'S SPECIFIC C-19 RULES!

2. CROSSING THE BORDER:

All persons who intend to enter Latvia must fill in an electronic confirmation form on the Covidpass.lv website. The certificate must be completed within 48 hours before crossing the border of the Republic of Latvia!

[FAQ about Covidpass](#)

The requirements of entering Latvia differ for vaccinated, recovered and unvaccinated persons and visited countries prior arrival. [Please, check the information here!](#)

3. PRIOR ARRIVAL AT THE VENUE:

You will need negative PCR result (the same criteria as for FIS passport)

All participants should ensure that they know the latest entry requirements for arrival in the host



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country, and for onward destination countries afterwards, as well as any countries passed through in transit.

4. TRANSFER FROM/TO AIRPORT:

All persons (including OC driver) wear a mask during the entire time of the transport. Transportation will be separate for the teams.

PARTICIPATION REQUIREMENTS

1. Have negative Covid-19 RT-PCR test (not older than 72 hours prior to arrival, respectively prior to accreditation) or have proof of positive PCR test between 6 months and two weeks prior to the event, and are symptom-free. This PCR test should be uploaded 12h before arrival. Regarding FIS requirement vaccination can not replace the PCR test.
2. Have completed a health questionnaire (Annex 1) in Covid-19 FIS Passport or directly to LOC as advised by LOC and have submitted/updated "Covid-19 FIS Passport" accordingly (it is required to upload information in to the FIS Passport at latest 12 hours before arrival).
3. Have to understand and follow the On-site testing protocol advised by LOC and follow all Covid-19 prevention guidelines and regulations designed by FIS and the Madona LOC.
4. Masks are mandatory for all participants in areas of the competition and in all areas of inside locations, transport, accommodation, and similar unless for eating, sleeping, or competing. If athletes leave the exit gate/field of play, masks should be worn. This includes leader boards and mixed zone, changing areas, and other restricted areas. Athletes should wear a mask also at all times during official ceremonies. (Look more p 4.3. Wearing the masks/face covering).
5. Have to keep at adequate and regular hygiene precautions –hand-washing, ventilation of any indoor spaces, sanitizing, regular cleaning of surfaces. (Look more p 4.4. Hand-washing).
6. Joint facilities (gym, meeting rooms etc.) are not used. Only personal training equipment can use.

Please provide for OC Covid-19 Contact person from each national team (NSAs)!

RESPONSIBILITY AND DISCIPLINE OF ALL PERSONS

In order to ensure the FIS Roller Ski World Cup Madona, it is the responsibility of every person to adhere to the policy, follow all procedures and instructions and behave in a disciplined manner at all times! All participants are required to fully comply with the respective Covid-19 policy! A breach of protocol will lead to withdrawal of the accreditation!

FIS passport and its registration

Every person requesting accreditation for a World Cup event, (eg. athletes, coaches, security persons, media, NSA representatives, and other participants), must have a Covid-19 FIS Passport. The Covid-19 FIS Passport is a database and test management portal for registered individuals and provides information to LOC to help streamline the accreditation process for individuals participating or attending FIS events.

FIS Passport has four functionalities: recording of test dates and results, recording of previous infections, include health questionnaire and contain vaccination status. An electronic application has been made available for self-registration for individuals requesting



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accreditation. Entries must also be made by the individual itself.

Note! FIS Passport does not replace testing.

For getting the Covid- 19 FIS Passport:

- Go to <https://fispasport.fis-ski.com/fis/> Enter FIS Passport
- Access Code: FIS2022 (the password is case-sensitive!)
- Answer the health questionnaire and upload all your Covid-19 test results.

INDOOR SPACES

Meeting rooms, accommodation, and meals, 2m physical distance. Windows and doors remain open to allow the flow of air through rooms and common indoor spaces. Air conditioning will be not used.

VACCINATION

All stakeholders must follow systematic pre-arrival testing and onsite testing strategies, consequent wearing of masks, keeping distance to others, avoiding closed rooms and appropriate hygiene measures such as hand-washing - must be maintained by vaccinated as well as non-vaccinated individuals! No difference will be between vaccinated, and non-vaccinated individuals. Vaccination is essential for EU green pass issue.

BUBBLES

OC is creating various types of bubbles:

All stakeholders who are being regularly tested and disciplined to follow rules and regulations will be limited to interact with persons not being subject to strict protocols.

OC is using separations:

Team & Staff group + LOC persons working with teams LOC working group

OC is providing accommodation bubble for all tested persons from Team & Staff group + LOC persons working with teams.

- hand washing
- no hand shaking, no high five, no hugs
- respiratory hygiene
- 2 m distancing
- mask all the time

ACCOMMODATION

- teams will be accommodated on the same floor
- access to hotel facilities through stairs (to avoid elevators)
- try to separate from other hotel guests
- single and twin-bedded rooms
- additional cleaning, and disinfection prior to arrival and during the stay
- hand disinfection and paper towels at multiple locations
- cleaning of rooms avoided when team members are in the accommodation (avoid contact with cleaning personnel)
- provision of isolation rooms



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MEALS

- separate dining rooms /areas from other hotel guests with sufficient space
- cleaning the table preferably after dining when an entire table has left, not during the meal

WEARING A MASK

Masks should always be worn when close contact with others is possible, and is important in many situations (e.g closed rooms, distancing not possible, contact with people outside the bubble). This equally applies to vaccinated persons! For closed indoor spaces, (at least) medical masks are preferred. Participants should ensure they have sufficient masks for the duration of the event; they should be replaced as soon as they become damp and (if re-usable) should be washed daily. A face shield is not an acceptable alternative to a mask. If athletes leave the exit gate/field of play, masks should be worn. This includes leader boards and, mixedzone, changing areas and restricted areas. Athletes should wear a mask at all times during official ceremonies.

PHYSICAL CONTACT ADVICE

It is important that every participant maintains physical distance from anyone other than those in the own bubble, and should aim to minimize contact with others for 14 days before travel (if applicable), respectively during the competitions.

CEREMONY:

Athletes should not shake hands, hug, etc. with the other athletes on the podium. Of course, safe gestures of respect: elbow bumping, nodding, bowing etc. are encouraged. Athletes should maintain all social distance guidelines until they leave the ceremony area. The leader bib will be handed to athletes on the podium, or before the ceremony, for them to put on themselves. There will be no joint pictures on the top step of the podium, all athletes should remain on their step through the ceremony. After the ceremony, the mask should be put backon through the rest of the accredited zones.

OBLIGATIONS OF THE PARTICIPANTS:

Have NEGATIVE Covid-19 RT-PCR Test (not older than 72 hours prior to arrival, respectively prior to accreditation).

Have completed a health questionnaire (in Covid-19 FIS Passport or directly to LOC).Have submitted/updated "Covid-19 FIS Passport" accordingly.

Understand and follow the On-site testing protocol as advised by OC Madona.

MUST follow all guidelines and regulations and remain in "bubbles" zones as designed by the OC Madona. Cooperate with OC Madona representatives (and naturally Local Health Authorities) in Contact Tracing to mitigate the risk for others in case of a positive result.