



Contact information

Organiser contact information

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Address	PSA - Polish Ski Association, Mieszczanska 18/3, 30-313 Kraków, 30-313 Kraków, Kraków
Website	http://www.pzn.pl
Social media	https://www.facebook.com/PolskiZwiazekNarciarski

Officials

FIS Technical Delegate Matus Jancik (SVK)

Event schedule

Event schedule (LOC times)

25.03.2022	Event	Location	Races
09:00	Training	Zakopane	26 Mar - SC Women's 5k 26 Mar - SC Men's 10k 27 Mar - SC Women's 10k 27 Mar - SC Men's 15k
17:00	Team Captains' Meeting	https://meet.google.com/bjv-owrj-wmr	26 Mar - SC Women's 5k 26 Mar - SC Men's 10k
26.03.2022	Event	Location	Races
09:30	Competition start	Zakopane	26 Mar - SC Men's 10k
10:30	Competition start	Zakopane	26 Mar - SC Women's 5k
20:00	Team Captains' Meeting	https://meet.google.com/vav-qsmg-rgj	27 Mar - SC Women's 10k 27 Mar - SC Men's 15k
27.03.2022	Event	Location	Races
09:00	Competition start	Zakopane	27 Mar - SC Men's 15k
10:00	Competition start	Zakopane	27 Mar - SC Women's 10k

OC Polish Ski Association

ul. Mieszczanska 18/3, 30-313 Kraków

Race Office Container at the CC courses in Zakopane

Contact details zgloszenia.biegi@gmail.com +48 722 234 504

Jury FIS Technical Delegate Matus Jancik

TD Assistant Mirosław Drzewosz

Chief of competition Wojciech Gawor

Date and location of competition

26-27.03.2022 Cross country course – COS OPO Zakopane



Entries

Entries should be send on FIS entry form with valid FIS Codes to zgloszenia.biegi@gmail.com until 3pm on 25th March 2022

OC Information

- o Participation fee is 10 euro per athlete per day.
- o Prize Giving Ceremony will be held for top 3 athletes after the end of competition
- o TCM will be held online with the link : <https://meet.google.com/vav-qsmprgj>
- o Covid-19 Manual and Statement attached. The statement should be signed and sent along with the application to the e-mail address zgloszenia.biegi@gmail.com or given to the race office.

The declaration has to be signed by all participants of the competition (competitors, coaches and technical staff).

Competition Program

Friday, 25.03.2022

9:00-11:00 Official training /trening oficjalny

17:00 TCM online /odprawa techniczna online <https://meet.google.com/vav-qsmprgj>

Sunday, 26.03.2022

9:30 Men's 10km C in 30s /start Mężczyzn 10km C co 30s

10:30 Women's 5km C in 30s /start Kobiet 5km C co 30s

Prize giving ceremony /ceremonia dekoracji

20:00 odprawa techniczna online <https://meet.google.com/vav-qsmprgj>

Saturday, 27.03.2022

9:00 Men's Masstart 12.5km F /Mass Start Mężczyzn 12.5km F

10:00 Women's Masstart 7.5km F /Mass Start Kobiet 7.5km F

Prize giving ceremony /ceremonia dekoracji

SLAVIC CUP

Polish Championships

ZAKOPANE, 26-27.03.2022

COVID – 19 PROTOCOL FOR FIS COMPETITION HELD IN POLAND

1. GENERAL – LOC and Polish Regulation

Use protection mask in all closed public areas and in the open space where you can't keep at least 1.5m distance from others

Clean hands and use hygienic liquids

Keep social distance min.1,5m

2. ARRIVAL TO POLAND

No quarantine after presenting the UE C-19 vaccination certificate or recovery certificate or negative C-19 result no older than 48h.

During planning travel to Poland keep in mind restrictions in other country on your way : <https://www.gov.pl/web/koronawirus/przyjazd-dopolski-ze-strefy-schengen>

3. RESTRICTIONS IN MOVING AROUND

Face covering (mouth and nose) is mandatory in public areas like shops, petrol station, public transportation and hotel. No need of face covering (mouth and nose) in the open space or private car where the distance min.1.5m can be kept.

4. VENUE



Mandatory use of mask except for athletes when worm-up and during the start. When athlete is not using the mask the social distance need to be kept.

in situation where 1,5m distance can't be keep (waiting room at the start, coach platform)

Every person who wishes to access a venue must complete a Health Questionnaire (see Annex 1).

Protection mask need to be used all the time : no need only during warm up and start in the competition.

During the prize giving ceremony athletes need to wear a mask. Mask can be take out only for photoshoots when social distance is kept.

Annex 1

For Slavic Cup and Polish Championships

The declaration of an accredited participant of the event

In connection with the participation in the event of FIS SLAVIC CUP held in Zakopane. In accordance with the recommendations of the Chief Sanitary Inspector during presence of virus Sars-CoV-2 in Poland.

1) Hereby, I solemnly declare that within 14 days prior to making this statement:

a) I am not infected with the Sars-Cov-2 virus that causes COVID19 disease

b) I am not under mandatory quarantine or under epidemiological surveillance

c) I do not have symptoms of COVID19 including a fever, a cough, shortness of breath and trouble with breathing.

2) In case I develop coronavirus symptoms in the 14 days after the event, I undertake to immediately inform the competent sanitary-epidemiological authority for the territory of the event and Polish Ski Association by email: zgloszenia.biegi@gmail.com and also to take all necessary activities according to Chief Sanitary Inspector guidance: <https://gis.gov.pl/kategoria/zdrowie/koronawirus-zdrowie/informacje-i-zalecenia-pl>

3) I agree to comply with event regulations, guidance on sanitary regime and hotel regulations. All information and particulars furnished here by me are true and correct to the best of my knowledge.

4) I can presenting the UE C-19 vaccination certificate or recovery certificate or negative C-19 result no older than 48h.

.....

Name (capital letters)

.....

Date signature

Contact information:

mobile phone numer:.....

address(when you will stay for the next 14 days after the event)

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I agree to transfer my personal data to competent sanitary-epidemiological authority (f.e. Chief Sanitary Inspector) upon request, for the purposes of epidemiological inquiry in case of infection with SARS-CoV-2 virus or detection that I have been in contact with infected person - in accordance with current legislation and in conjunction with The Extraordinary Solutions to Prevent and Counteract COVID-19 and Other Infectious Disease Crisis Situation Act (Journal of Laws 2020. Item 374). The Administrator shall be entitled to process the above personal data for a period of 14 days starting from the date of the event) I declare that I have read and accepted the contents of the data processing information clause, annexed to this declaration.

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Date signature