



CLUB DE SKI
ACROBATIQUE
NICOLAS FONTAINE

2022 NORAM CUP
Centre de Ski Le Relais Lac Beauport
1084 Boulevard du Lac, Lac-Beauport, QC
MARCH 1-4, 2022

Invitation

The Relais Ski Center Lac Beauport and the Organizing Committee (OC) are pleased to invite all eligible freestyle skiers, coaches to attend the 2022 NorAm Cup to be held at Lac Beauport, Quebec, Canada on March 1 to 4, 2022

The Competition is comprised of two (2) events Aerials.

***Vaccination**

Health Canada, the federal and provincial governments, the Public Health Agency of Canada, regional public health authorities, the Canadian Medical Association have all endorsed voluntary COVID-19 Vaccination for all adults who may safely receive a Vaccine.

FC requires that all Participants who are eligible and not exempt for medical or religious reasons, be Vaccinated at least 14-days prior to engaging in FC Activities or entering FC Premises. Participants must provide proof of Vaccination prior to entering FC Premises or participating in FC Activities.

Participants who are not Vaccinated or do not provide adequate Proof of Vaccination may be barred from entry or use of FC Premises and participation in FC Activities.

For further details please refer to the complete [Freestyle Canada COVID-19 Vaccination Policy - Event Attendance & Participation.](#)

General Information

Date and Location

Aerials (AE) competitions and training will be in course no 8C on March 2nd and March 3rd.

Rules

The Federation Internationales de Ski ("FIS") is sanctioning this Competition. The Organizing Committee of the event will host the competition in accordance with the FIS Freestyle Ski NorAm Cup rules.



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Entries

All athletes entered in a NorAm Cup competition must hold a valid FIS License issued under the authority of their national ski association and conform to the rules in the FIS ICR Sections 203 and 204.

EVENTS	FEES (\$ CAD)
Base entry fee	200 \$
Second event	130 \$

Entry Fees for each participant are **200 \$for one competition 330 \$ CAD for both** until Tuesday February 21 for the two events, including lift tickets to site and registration fee for four days. Below, here is the link for your payment and registration.

Inscription: <https://snowreg.com/#!/events/43323-2022-noram-cup-le-relais>

Registration

Upon arrival at Lac Beauport each athlete should present himself or herself at the registration desk located in the Acrobatx water ramp building situated at the bottom of course no 8C, use south parking lot.

Lift Tickets

Lift tickets will be available to access aerial site only.

Competitors: **Included to access the site**

Coaches: **Not necessary**

Bibs (TBC)

A bib deposit of **CAD\$ 20.00** is required. **Cash only please.** Bibs must be returned in good condition for a refund at the end of the event. Please note, we cannot guarantee that a bib deposit made in US dollars will be returned in US currency. All athletes on the course must wear bibs properly during official training and for all competitions as well as for medal ceremonies.

Athletes' Biographies

Biography forms will be distributed to each competitor at registration. Biographies must be completed and returned to the Organizing Committee at the registration desk.

Officials

Technical Delegate John Gandolfo

Chief of Competition Denis Laroche

Head Judge Mélissa Corbo

Transportation

Transportation in and around ski Lac Beauport is the responsibility of athletes and their coaches. Quebec City Jean Lesage International Airport (YQB) is the closest major international airport to Lac Beauport, Quebec, an approximate 20 – 25 minutes' drive.



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Accommodations

Establishments are available nearby for the NORAM event. Discounts could be offered by mentioning that you will be at Lac Beauport for a freestyle ski jumping competition.

Entourage sur le Lac: <https://entourageresort.com> 2 min (1.5 km)

Manoir du Lac Delage : <https://www.lacdelage.com/> 18 min (15.9 km)

Double Tree by Hilton Quebec resort: https://www.hiltonhotels.com/fr_FR/canada/doubletree-by-hilton-quebec-resort/ 11 min (9.6 km)



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Liability and Accident Insurance

All athletes, officials and other members of the teams who attend and participate in the event shall do so at their own risk. Every competitor is required to have his/her own medical and life insurance that is adequate and covers maneuvers being performed in training and competition, as well as a valid membership to their National Association. The Organizing Committee, CFSA, Canadian Snowsports Association, FQSA and the Centre Ski Le Relais Lac Beauport shall not be responsible for accidents, damages to or lost equipment and belongings and/or second or third party claims during the staging of the event.

IMPORTANT NOTICE

Please note that there will be **ZERO TOLERANCE** for any offensive language or behavior during the event. Any damages or disruption to hotel, to the Centre Ski Le Relais Lac Beauport facilities or other property related to this event will result in the offender(s) being immediately removed from the event and a complaint will be filed by the Organizing Committee with the offender's National Association.

Contact:

Martine Delagrave
418-572-3972
noramlerelais@outlook.com

Event Program*

Monday, February 28, 2022				
Start	Finish	Duration	Event	location
			Arrival day	
12:00	16:00	04:00	Registration and bib pick up	Chalet Acrobatx
12:00	16:00	04:00	Jump Shaping	8C (Air site)
Tuesday, March 01 2021				
Start	Finish	Duration	Event	location
08:30	09:45	01:15	Course maintenance	8C (Air site)
09:45	10:00	00:15	Inspection and speed check	8C (Air site)
10:00	12:00	02:00	Training group 1	8C (Air site)
12:00	12:45	00:45	Course maintenance	8C (Air site)
12:45	13:00	00:15	Inspection and speed check	8C (Air site)
13:00	15:00	02:00	Training group 2	8C (Air site)
15:00	16:00	01:00	Jump Shaping	8C (Air site)
Wednesday, March 02 2022				
Start	Finish	Duration	Event	location
08:30	09:45	01:15	Course maintenance	8C (Air site)
09:45	10:00	00:15	Inspection and speed check	8C (Air site)
10:00	12:00	02:00	Training group 1	8C (Air site)
12:00	12:45	00:45	Course maintenance	8C (Air site)
12:45	13:00	00:15	Inspection and speed check	8C (Air site)
13:00	15:00	02:00	Training group 2	8C (Air site)
15:00	16:00	01:00	Jump Shaping	8C (Air site)
16:00	16:20	00:20	Aerial Draw/ team captain meeting	Chalet Acrobatx

Thursday, March 03 2022				
Start	Finish	Duration	Event	location
08:00	09:00	01:00	Course maintenance	8C (Air site)
09:00	09:15	00:15	Ladies Aerial Inspection and Speed Checks	8C (Air site)
09:15	10:15	01:00	Ladies Aerial Training	8C (Air site)
10:15	10:25	00:10	Course preparation and forerunner	8C (Air site)
10:25	10:50	00:25	Ladies Aerial Qualifiaction (Jump 1)	8C (Air site)
10:50	11:15	00:25	Ladies Aerial Qualifiaction (Jump 2)	8C (Air site)
11:15	11:20	00:05	Course maintenance	8C (Air site)
11:20	11:30	00:10	Ladies Aerials Finals (6)	8C (Air site)
11:30	12:00	00:30	Course maintenance	8C (Air site)
12:00	12:15	00:15	Mens Aerial Inspection and Speed Checks	8C (Air site)
12:15	13:30	01:15	Mens Aerial Training	8C (Air site)
13:30	13:40	00:10	Course preparation and forerunner	8C (Air site)
13:40	14:20	00:40	Mens Aerial Qualifiaction (Jump 1)	8C (Air site)
14:20	15:00	00:40	Mens Aerial Qualifiaction (Jump 2)	8C (Air site)
15:00	15:05	00:05	Course preparation	8C (Air site)
15:05	15:15	00:10	Mens Aerials Finals (6)	8C (Air site)
15:15	15:30	00:15	Break	8C (Air site)
15:30	15:40	00:10	Awards Presentation - Ladies (top 3) - Mens (top 3)	Podium (bottom of 8C)
15:40	15:15	00:35	Jump maintenance	8C (Air site)
16:15	16:30	00:15	Aerial Draw/ team captain meeting	Chalet Acrobatx

Friday, March 04 2022				
Start	Finish	Duration	Event	location
08:00	09:00	01:00	Course maintenance	8C (Air site)
09:00	09:15	00:15	Ladies Aerial Inspection and Speed Checks	8C (Air site)
09:15	10:15	01:00	Ladies Aerial Training	8C (Air site)
10:15	10:25	00:10	Course preparation and forerunner	8C (Air site)
10:25	10:50	00:25	Ladies Aerial Qualifiacion (Jump 1)	8C (Air site)
10:50	11:15	00:25	Ladies Aerial Qualifiacion (Jump 2)	8C (Air site)
11:15	11:20	00:05	Course maintenance	8C (Air site)
11:20	11:30	00:10	Ladies Aerials Finals (6)	8C (Air site)
11:30	12:00	00:30	Course maintenance	8C (Air site)
12:00	12:15	00:15	Mens Aerial Inspection and Speed Checks	8C (Air site)
12:15	13:30	01:15	Mens Aerial Training	8C (Air site)
13:30	13:40	00:10	Course preparation and forerunner	8C (Air site)
13:40	14:20	00:40	Mens Aerial Qualifiacion (Jump 1)	8C (Air site)
14:20	15:00	00:40	Mens Aerial Qualifiacion (Jump 2)	8C (Air site)
15:00	15:05	00:05	Course preparation	8C (Air site)
15:05	15:15	00:10	Mens Aerials Finals (6)	8C (Air site)
15:15	15:30	00:15	Break	8C (Air site)
15:30	15:40	00:10	Awards Presentation - Ladies (top 3) - Mens (top 3)	Podium (bottom of 8C)

*Schedule subject to change until TCM

« **GOOD LUCK TO EVERYONE** »