

**Information for participants on  
preventive measures and the  
organization of testing for Covid-19  
during**

**FIS Ski Jumping Women  
World Cup – Russian tour  
«Blue Bird»**

**Nizhny Tagil  
Chaikovsky**

**18.03 - 27.03.2022**

Ver. 16.02.2022

COVID-19 protocol will be updated  
during preparation for the events



## Current restrictions:

- Doing sports in open spaces is allowed without restrictions, with restrictions (masks, social distance) it is allowed indoors and in gyms;
- Face masks are required in parking lots, elevators, taxis and public transport;
- Compulsory vaccination for certain categories of citizens;
- Shops and retail outlets are open, including street vendors;
- Cafes and restaurants are open (1.5-2 meters between tables or with a partition installed between them), hotels, as well as parks and squares are available for visitors, provided that visitors observe the social distance
- Sports events are allowed with compliance with all methodological recommendations with a 75% capacity of the venue for spectators (the actual number must be agreed in the sanitary doctors and depends on the current epidemiological situation in the region)

## LOC COVID-19 COORDINATOR of the Blue Bird Tournament

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## THERE IS NO QUARANTINE UPON ARRIVAL IN RUSSIA FROM EUROPE

## BEFORE ENTERING IN RUSSIA

A negative PCR-test for Covid-19 must be done not earlier than 48 hours before border crossing. The test result must be printed in English. (a positive antibody test is not a reason for refusing to provide a negative PCR-test)



## GENERAL INFORMATION

1. Use a face mask and gloves in all public places;
2. Wash your hands and use hand sanitizer, which will be provided in places of accommodation, canteen, wax cabins, race office and other public places.
3. Keep the social distance of 1,5 m whenever possible
4. Include COVID-19 treatment and isolation costs in insurance

During the FIS Ski Jumping World Cup it is planned to use **the principle of "bubbles"**, i.e. several zones will be formed in order to maximally separate athletes / members of teams / FIS representatives from other groups.

**PLEASE NOTE: the event in Chaikovsky will take place on the same venues at the same time as the FIS Ski Jumping Continental Cup.**

**To comply with the "bubbles", all participants are prohibited from moving independently and visiting public places in the city (except for the venues of the event), otherwise their accreditation may be withdrawn.**

**All team's members, officials and partners will be provided with FFP-2 masks without a valve in an amount of at least 2 pieces per official day.**





## ARRIVAL TO RUSSIA

Before boarding the flight to Russia, it will be necessary to fill out the Questionnaire and upload the result of the PCR test (made no earlier than 48 hours before entering Russia) into the FIS COVID-19 Passport system, as well as take with you in a printed format for presentation at passport control. In case of deterioration of health during the flight, it is necessary to inform the member of the crew about this, and upon arrival inform the representatives of the sanitary control service of the Koltsovo airport (Ekaterinburg), which will meet the participants on board an aircraft.

**During the flight or upon arrival in Russia on board the aircraft**, you will have to fill out a questionnaire.

Before leaving the aircraft passengers will undergo a visual health examination and a thermal imaging control.

**In addition, passengers must provide the filled questionnaire and a negative result of PCR-test in Russian or English (if the certificate is presented in another language, a translation certified by the Russian consulate is required).**



## IN ORDER FOR ACCREDITATION TO BE RECEIVED, EACH PARTICIPANTS MUST FILL OUR IN FIS PASSPORT FOLLOWING INFORMATION:

- ❖ Upload to the FIS COVID-19 Passport (before crossing the border) negative PCR TEST (made not earlier than 48h before entering to Russia), please have PCR Test (nose/throat swab) printed with you for presentation at passport control;
  - ❖ Pre-Event Questionnaire
- ❖ Send to LOC (until March, 11th) a completed questionnaire about the vaccination status or infection suffered by all team members
- ❖ **For person who was previously infected C-19 or vaccinated:**
  1. Upload to the FIS COVID-19 Passport (until March, 11th) medical certificate proving previous infection (if person was infected COVID-19 no more 6 month prior to the event) or vaccination certificate.

If it is necessary to provide a test results for a further flight (after the event in Nizhny Tagil or Chaikovsky), testing can be organized 1-2 days prior to the departure (the cost of the PCR-test is 70 euros)



## TRANSPORT

Transportation of all groups of participants will be carried out as follows:

### Transfers

- ❖ «airport Koltsovo – hotel»
- ❖ «hotel - ski jumping hill»
- ❖ «hotel - railway station», «railway station – «Shezhinka» complex»
- ❖ «Shezhinka» complex» - airport»

**will be provided with a social distance of at least 1.5 meters.**

The same seating arrangements will be in place during transfers to training and competitions

**in Nizhny Tagil.**



**The choice of the transport carrier will be carried out in accordance with the requirements to counter the spread of Covid-19:**

**drivers have a negative test result for COVID-19 by PCR method received not earlier than 2 days before the first transportation of the participants**

**Daily thermometry and wellness surveys for drivers**

**When transporting passengers, the driver maintains a social distance of at least 1.5 meters and uses PPE (mask FFP-2 without valve, gloves), uses hand sanitizers**

**Complete disinfection of vehicles is carried out daily**

**Disinfecting of interior surfaces of the vehicle is required during the day in the intervals between the runs**

**in Nizhny Tagil:** The parking for shuttle buses will be located on the territory of the ski jumping complex – as close to changing rooms and wax-cabins as possible. A separate path will be available for athletes and FIS officials. This path will not be available for other client groups.



## CHARTER TO CHAIKOVSKY

The transportation from **Nizhny Tagil** to **Chaikovsky** will be organized by a charter train. Before boarding the train, participants will measure the temperature (in the hotel). Boarding the train will take place without visiting the railway station. Train personnel will have a negative COVID-19 test result and use a FFP-2 mask without a valve.

The train will be disinfected regularly.

In each car, a special area will be allocated to isolate the passenger if necessary. During the charter, temperature measurements will be organized for passengers.

The equipment will be transported by separate cargo vehicles.

## COVID-19 TESTING

**Before leaving for Chaikovsky, on the territory of the hotel (in Nizhny Tagil) on March 20th, a testing will be organized using the PCR method, if the participants have a negative test result, they will ensure the admission on a charter trip and competition in Chaikovsky.**



Test results will be provided to the participants by email within 24 hours after passing the test. Before passing the tests, all participants sign a document stating that the results can be disclosed to the organizers of the event. **The cost of the PCR test is 70 euros**, the test results will be provided in English, the results are ready in up to 24 hours.

For all participants "express antigen tests" will be available at any time (Test cost - 20 euros).

Additional PCR tests can be organized for participants **(if it is necessary to organize testing of a special format, need to make a request to LOC for this in at least 2 weeks before taken the test).**

Before departure from Russia, If you need a PCR test to fly from Russia to the next country/region, a PCR testing will be organized on the territory of the hotel. Test results will be provided to the participants by email within max. 24 hours after taking the test.

Athletes, team members, FIS officials, technical staff and partners will be allowed to hotel and competition venue if there is a negative PCR-test result, which made no more than 48h before official arrival day.

### Preparation for the PCR test (nose/throat swab):

Preparation is necessary in order not to influence the test results. The main condition is not to disturb the natural microflora of the mouth and nose

2 hours before taking the smear it is FORBIDDEN:

1. Drink any liquid
2. Eat food
3. Brush your teeth
4. Rinse your mouth
5. Chew gum
6. Use medicine for irrigation of the nose or mouth area
7. Use tablets or other chewing pills (lozenge)



## HOTEL

**The captain of a team representative can check-in for the entire team while other athletes are waiting in front of the hotel or in the cars.**

After arriving at the hotel, **participants' temperature will be measured**, the following days the temperature of the participants will be measured **twice a day**.

In the hotel, as in other public places, it is recommended to use PPE (masks, gloves). **Participants will be provided with class FFP-2 masks without a valve in the amount of 2 pieces for each official for every official day of the competition.**

**In addition, an additional supply of usual masks will be placed throughout the hotel.**





**All hotel staff will be tested for Covid-19 and will work in accordance with the requirements of the National Health Organization.**

Recirculators for air disinfection and hand sanitizers will be located on the hotel premises, **contact personnel will use FFP-2 masks without a valve.** Seating in food areas will be organized with social distance of 1.5 m, partitions will be installed.

**In Nizhny Tagil:** The hotel will observe the principles of separation of flows with the allocation of separate zones and flights of stairs for participants of the World Cup, where access of other residents will be limited. Up to 4 floors will be allocated for the FIS Ski Jumping Women World Cup members (depending on the number of participants). **Access to elevators in the hotel will be limited.**

**The access of other guests to these floors will be limited. Rooms will be disinfected daily, as well as additionally decontaminated.**

**Representatives of teams from different countries will not be able to accommodate in the same room. Cleaning will take place when there is no one in the room.**

**The athletes will be catered at a special area located separately from the other guests of the hotel.** Seating in food areas will be organized with social distance of 1.5 m, partitions will be installed. During the participants' meals access to this dining room for other hotel guests will be prohibited.

**In Chaikovsky:** accommodation will be arranged in a hotel «Snezhinka» (on the territory competition venue) where access denied for other people. The entire to SJ venue will be in «a bubble».

Meals for participants will be organized in the canteen. The rest of the competition staff, including volunteers and judges, will eat separately from athletes and team's members.



## ON SKI JUMPING HILLS COMPLEX

Recirculators for air disinfection and hand sanitizers will be installed in all public places at the facility, as well as markings for keeping the social distance of at least 1.5 meters.

LOC provides clean wax / changing rooms that will be disinfected regularly. **All public areas (Including exit in the out-run area) will contain a supply of usual masks.**

**Only packed food and water is allowed at food points on the ski jumping complex.**

**A FFP-2 mask without a valve must be used permanently in public areas.** It is especially important to comply with this requirement in a situation where it is impossible to observe a distance of 1.5 m (waiting room at the start, equipment control room).

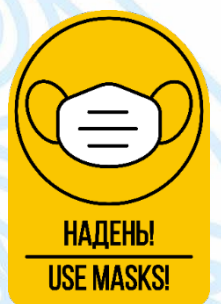
**Personnel in contact with participants will also use a FFP-2 mask without a valve.**

**After the jump, athletes will be provided normal medical mask for temporary use. After the athletes leave the finish area, they will have to replace the normal medical mask with a mask FFP-2 without a valve.**

**An isolated ward with a restricted access will be located at the ski jumping complex** – any person will be immediately isolated in case of any signs of Covid-19 or other infection

The parking for shuttle buses will be located on the territory of the ski jumping complex – as close as possible to changing rooms and wax-cabins. A separate path will be available for teams and FIS officials. This path will not be available for other visiting groups.

**The athletes' area will be fenced off (no contact with spectators).**





## **WAITING ROOM IN THE SKI JUMPING TOWER**

Drinks and snacks in disposable containers only, using FFP-2 masks without a valve (preferred) or normal medical mask.

This area will contain a supply of normal medical mask.

Regular sanitization with antiseptic agents, as well as air disinfection.

No more than 3 people can use the elevator at a time.

## **TCM**

TCM will be held in the conference hall of the «Aist» hotel in **Nizhny Tagil** and in a «Snezhinka» hotel in **Chaikovsky** with one member from each team, keeping the social distance in the hall and using a FFP-2 mask without a valve. Info for teams will be also provided in pdf-format via e-mail. An online TCM stream will also be organized for those who will not be present in person.

## **EQUIPMENT CONTROL AT THE START**

The area will be cleaned regularly. The equipment controller and the LOC assistants will wear FFP-2 masks without a valve and sanitize hands on a regular basis. It will be possible to take a FFP-2 mask.

## **COACHING PLATFORM**

Coaches must wear a FFP-2 mask without a valve and keep their distance of 1,5 meters.

## **MIX ZONE**

TV / Radio / Press must keep the social distance and wear a FFP-2 mask without a valve.

## **PRESS CONFERENCE**

The press conference will be organized via video communication, without contact with media representatives.

A place for the press conference (a room for top-3 athletes) will be in the immediate vicinity to the hill (and wax-cabines **in Nizhny Tagil**).



## **SPECTATORS' AREA**

The number of spectators will be adjusted according to the epidemiological situation in the Sverdlovsk region and approved by the NHO (At the moment this is no more than 500 spectators for **Nizhny Tagil** and **Chaikovsky**)

### **Spectators will follow this rules:**

- ❖ Social distance for spectators.
- ❖ The spectators' area is located more than 4 m from the athletes' area.
- ❖ Each participant and staff who in the "bubble" will not be allowed to move in the area of the movement of spectators.
- ❖ Spectators will not be allowed to the front rows of the stands in order to increase the safe distance to the athletes' zone.
- ❖ The road of movement of spectators does not intersect with the road of movement of athletes, team's member and FIS officials.
- ❖ On the territory of competition's venue, spectators are using masks.
- ❖ The security service will monitor the location of each spectator (any contact with participants will not be possible) and control over the use of masks.



## **ACTIONS UPON COVID-19 CASES DETECTION**

Room for a separate stay will be prepared at the hotel. If someone has any symptoms of illness or a positive test result for Covid-19 is obtained, that person will be immediately isolated from other event participants.

For infected person medical examination will be organized by a specialized doctor. The chief doctor will determine the hospital and further stages of the treatment (this will depend on the case). After that, the chief doctor of the competition will send the participant to the medical center in a specialized medical transport. This participant will quarantine for until receiving a negative PCR-test (additional test can be performed after 72 hours). After 7 days of quarantine, the participant can be released from isolation if there are no symptoms of the disease (even if there is a still positive result) by agreement with the attending doctor and Russian Health Organization.

At the end of the quarantine, the LOC will help the participant to choose a ticket to return to the place of residence or to the next event.

The nearest contact persons (team members) will be tested for COVID-19 according to FIS rules and will not be isolated if a negative result is obtained.

A participant with a positive result can be isolated and treated in a state clinic in **Nizhny Tagil** or **Chaikovsky** (cost will depend on the required treatment and will be about 70 euros per day, the final invoice can be issued to the NSA or directly to the infected participant) or in a private “UMMC-Health” clinic in Ekaterinburg with more comfortable conditions. Clinic website - <https://www.ugmk-clinic.ru/> (the cost will depend on the necessary treatment and will be about 300-380 euros per day, the final invoice can be issued to the NSA or directly to the infected participant, it is also possible to pay by card or through an online payment link).

**Please include C-19 treatment in your insurance.**

**[Communication and interaction with participants will be supported by the LOC C-19 coordinator \(Kseniya Zubareva, +7-982-49-222-92\)](#)**

**Information about a positive test result will be received by the FIS Event Task Force which consists of one senior management representative from FIS, the LOC, the NSA, and the LOC Health Coordinator representing the national health authorities.**



**If the actions of the participant, who received a positive test result for COVID-19, or the one who had a close contact with them, do not meet the requirements of the National Health Organization of Russia or FIS C-19 Protocol, the responsibility for possible consequences is assigned directly to these participants.**

The NSA of an infected participant can arrange a medical charter flight for participants with a positive PCR-result for COVID-19, while the LOC should assist in coordinating the boarding of the charter and the departure of the participants with the authorities of the receiving party, as well as the transportation of the participants from the place of stay to the charter.

To provide transportation to the airport, it is necessary to use a car that allows to maintain a social distance between passengers, while the driver must be at a safe distance and use a medical protective suit.

To organize walking from the hotel to the car, a separate staircase and exit will be designated, which allows not to mix with other guests of the hotel.

Before the participants leave their room, where they have been isolated, LOC must provide masks and gloves, as well as organize a contactless checking out process. Check-in for the charter should be made contactless, without visiting the airport.

## **PERSONS WITH A PREVIOUSLY DIAGNOSED C-19 INFECTION AND VACCINATED PERSONS**

Evidence of previous infection: medical certificate (on the medical organization form, with test results) confirming the infection suffered earlier (if person was infected COVID-19 between 6 months and two weeks prior to the event) must be upload to the FIS COVID-19 Passport.

**Please send to LOC to email [health@skijumping.ru](mailto:health@skijumping.ru) (until March, 11th) a completed questionnaire about the vaccination status or infection suffered by all team members.**

***Link to questionnaire form:***

***<https://disk.yandex.ru/i/FrwSGsDb08cbtw>***

**PLEASE NOTE:** previously infected or vaccinated persons must also present a negative PCR test for border crossing and for accreditation



## FINANCING OF SPORTING DELEGATIONS

1. PCR testing services before charter to **Chaikovsky** and before departure from Russia (only if the test result is required to travel to the next country/region) for representatives of sports delegations (70 euros per person), rapid-antigen test for self-control (20 euros per 1 test).
2. Accommodation and treatment during isolation (if a positive COVID-19 test is detected) for infected participants and contact persons.

**TAKE CARE  
AND KEEP MAKING  
SKI JUMPING GREAT!**

