



## NATIONS CUP STANDING MEN

**I. Period**

1	Ruka (FIN), Men Individual Gundersen LH/5.0km	26 NOV 2021
2	Ruka (FIN), Men Individual Gundersen LH/10.0km	27 NOV 2021
3	Ruka (FIN), Men Individual Gundersen LH/10.0km	28 NOV 2021
4	Lillehammer (NOR), Men Team Gundersen NH/4x5.0km	4 DEC 2021
5	Lillehammer (NOR), Men Individual Gundersen LH/10.0km	5 DEC 2021
6	Otepaeae (EST), Men Mass Start NH/10.0km	11 DEC 2021
7	Otepaeae (EST), Men Individual Gundersen NH/10.0km	12 DEC 2021
8	RamsauamDachstein(AUT), Men Individual Gundersen NH/10.0km	18 DEC 2021
9	RamsauamDachstein(AUT), Men Individual Gundersen NH/10.0km	19 DEC 2021

**II. Period**

10	ValdiFiemme(ITA), Mixed Team Gundersen NH/5.0,2.5,2.5,5.0km	7 JAN 2022
11	Val di Fiemme (ITA), Men Individual Gundersen NH/10.0km	8 JAN 2022
12	Val di Fiemme (ITA), Men Individual Gundersen NH/10.0km	9 JAN 2022
13	Klingenthal (GER), Men Individual Gundersen LH/10.0km	15 JAN 2022
14	Klingenthal (GER), Men Individual Gundersen LH/10.0km	16 JAN 2022
15	Planica (SLO), Men Individual Gundersen NH/10.0km	22 JAN 2022
16	Planica (SLO), Men Individual Gundersen NH/10.0km	23 JAN 2022
17	Seefeld (AUT), Men Individual Gundersen NH/0.0km	28 JAN 2022
18	Seefeld (AUT), Men Individual Gundersen NH/10.0km	29 JAN 2022

19 Seefeld (AUT), Men Individual Gundersen NH/0.0km

30 JAN 2022

**IV. Period**

20	Lahti (FIN), Men Team Sprint LH/2x7.0km	26 FEB 2022
21	Lahti (FIN), Men Individual Gundersen LH/10.0km	27 FEB 2022
22	Oslo (NOR), Men Individual Gundersen LH/10.0km	5 MAR 2022
23	Oslo (NOR), Men Individual Gundersen LH/10.0km	6 MAR 2022
24	Schonach (GER), Men Individual Gundersen NH/10.0km	12 MAR 2022
25	Schonach (GER), Men Individual Gundersen NH/15.0km	13 MAR 2022

RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
1	NORWAY	NOR	2223	244	84	202	400	220	207	186	238	242	200															
2	GERMANY	GER	2208 -15	138	335	179	350	201	168	255	178	254	150															
3	AUSTRIA	AUT	1472 -751	185	137	189	250	163	91	107	102	73	175															
4	JAPAN	JPN	1069 -1154	73	88	81	300	74	127	108	56	37	125															
5	UNITED STATES of AMERICA	USA	328 -1895	9	5	4	200	1	17	3	11	3	75															
6	FRANCE	FRA	302 -1921	20	4	25	150	15	40	16	15	17																
7	FINLAND	FIN	262 -1961	13	9	26		26	46	9	79	54																
8	ITALY	ITA	239 -1984		1	4	100		9	2	11	12	100															
9	ESTONIA	EST	180 -2043	32	50			18	14	32	16	18																
10	SLOVENIA	SLO	54 -2169			2			2				50															



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RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
11	CZECH REPUBLIC	CZE	33 -2190	4	3	6					12	8																
12	RUSSIA	RUS	25 -2198										25															
13	POLAND	POL	2 -2221		2																							



## NATIONS CUP STANDING WOMEN

1	Lillehammer (NOR), Women Individual Gundersen NH/5.0km	3 DEC 2021	6	Val di Fiemme (ITA), Mixed Team Gundersen NH/5.0, 2.5, 2.5, 5.0km	7 JAN 2022
2	Lillehammer (NOR), Women Individual Gundersen NH/5.0km	4 DEC 2021	7	Val di Fiemme (ITA), Women Mass Start NH/5.0km	8 JAN 2022
3	Otepaeae (EST), Women Mass Start NH/5.0km	11 DEC 2021	8	Planica (SLO), Women Individual Gundersen NH/5.0km	23 JAN 2022
4	Otepaeae (EST), Women Individual Gundersen NH/5.0km	12 DEC 2021	9	Schonach (GER), Women Individual Gundersen NH/5.0km	12 MAR 2022
5	Ramsau am Dachstein (AUT), Women Individual Gundersen NH/5.0km	17 DEC 2021	10	Schonach (GER), Women Individual Gundersen NH/7.5km	13 MAR 2022

RK	NAME	NSA	TOTAL	1	2	3	4	5	6	7	8	9	10
1	NORWAY	NOR	1450	285	295	230	240	200	200				
2	GERMANY	GER	567 -883	91	80	82	85	79	150				
3	JAPAN	JPN	504 -946	52	61	84	76	106	125				
4	ITALY	ITA	498 -952	102	72	77	91	56	100				
5	SLOVENIA	SLO	395 -1055	54	60	53	72	106	50				
6	AUSTRIA	AUT	362 -1088	50	60	18		59	175				
7	RUSSIA	RUS	323 -1127	48	52	67	69	62	25				
8	UNITED STATES of AMERICA	USA	154 -1296	14	10	22	18	15	75				
9	FRANCE	FRA	71 -1379	10	16	16	16	13					
10	CZECH REPUBLIC	CZE	37 -1413	6	6	10	8	7					
11	FINLAND	FIN	29 -1421			14	15						